



**Canadian  
Blood  
Services** **Société  
canadienne  
du sang**

## Q-pass

Print this page or send it to your mobile device. This Q-pass cannot be reproduced in clinic. If lost, damaged or forgotten the questionnaire will have to be completed again.

### Clinic visit checklist:

- ☐ Bring this Q-pass
- ☐ Bring your donor ID card (if you have one) or other proof of identity
- ☐ Bring your medication list with you
- ☐ Read the applicable pre-donation **brochure**
- ☐ Drink at least 500 mL of water or juice and have something salty to eat.



There are many ways to get involved with Canadian Blood Services to help save lives.  
Visit [www.blood.ca](http://www.blood.ca) to find out how.

Thank you

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Please fold here.

If you are unable to keep your appointment please contact us as soon as possible  
at [www.blood.ca](http://www.blood.ca) or call 1 888 2 DONATE (1-888-236-6283).

**Last name: Di Federico**  
**First name: Linda Maria**

\*Please note: All personal information provided has been used  
to generate this Q-pass and is not stored in any application.



**Please do not fold**  
Folding over 2D barcode  
could make it unreadable.