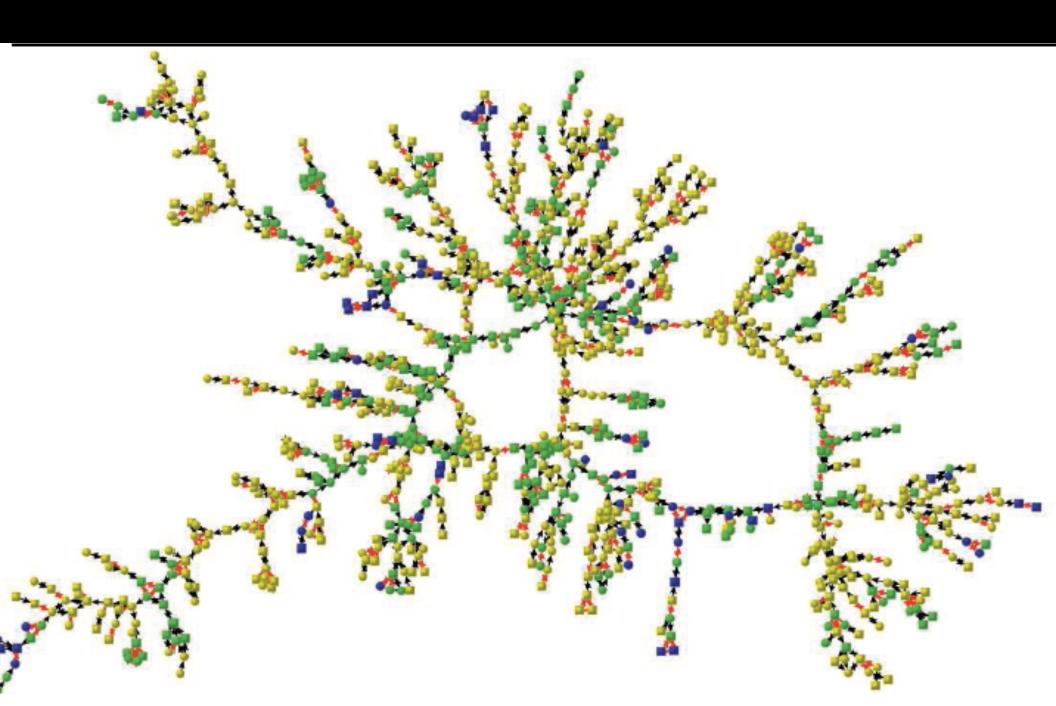
SOC 3510; WEEK 12, 11/8/16

## SOCIAL CAPITAL AND FAMILY/LIFE COURSE I



#### NETWORKS AND SOCIAL CAPITAL



#### SOCIAL NETWORKS

- Map the connections between individual or collective social actors (Pescosolido 2011)
  - Individuals are interdependent and mutually construct and are constructed by their connections with others
  - Implicated in social support, basis of therapy, and determine whether health care system is well integrated

#### SOCIAL NETWORKS

- Actual human contact is key, but the connection provides the mechanism
  - Structure of these connections shapes the flow of information, beliefs, and scripts for action

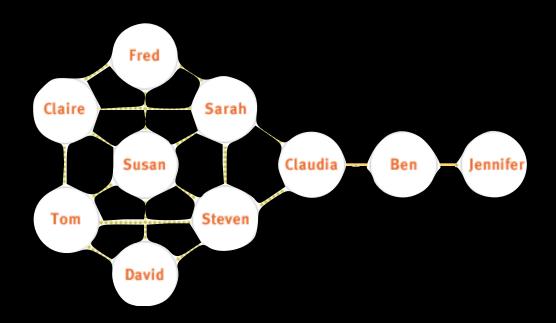
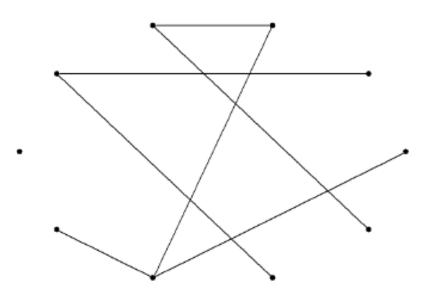
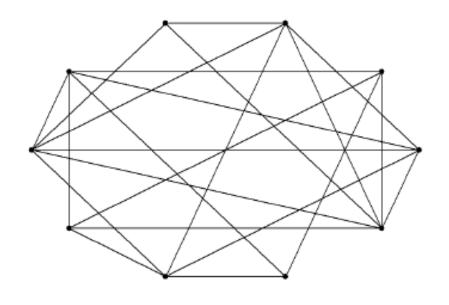


Figure 1. Alter Networks with Varying Levels of Alter-Density



Panel A
Alter-density = 15%
Large Fragmented Network



Panel B
Alter-density = 50%
Large Cohesive Network

#### NETWORKS AS SOCIAL COHESION

- Highlights the "good" social features of an individual's environment (home, work, school...)
  - Trust, reciprocity, information, social support/ solidarity, social norms/sanctioning, emotional energy
  - Associated with lower risk of distress (Phongsavan et al. 2006; Song and Lin 2009), lower mortality and higher self-rated health (Kim et al. 2008), fewer depressive symptoms (Almedom and Glandon 2008), and lower rates of smoking, drinking, risky sexual behaviors (Lindstrom 2008)

## SOCIAL CAPITAL AND HEALTH (KAWACHI 2010)

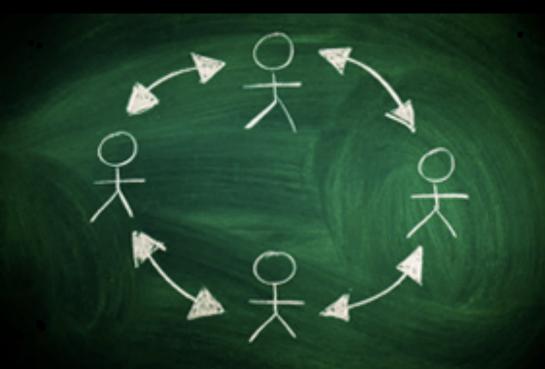
 Social cohesion makes collective action easier (collective efficacy)

Ability of group to maintain and enforce norms

(informal social control)

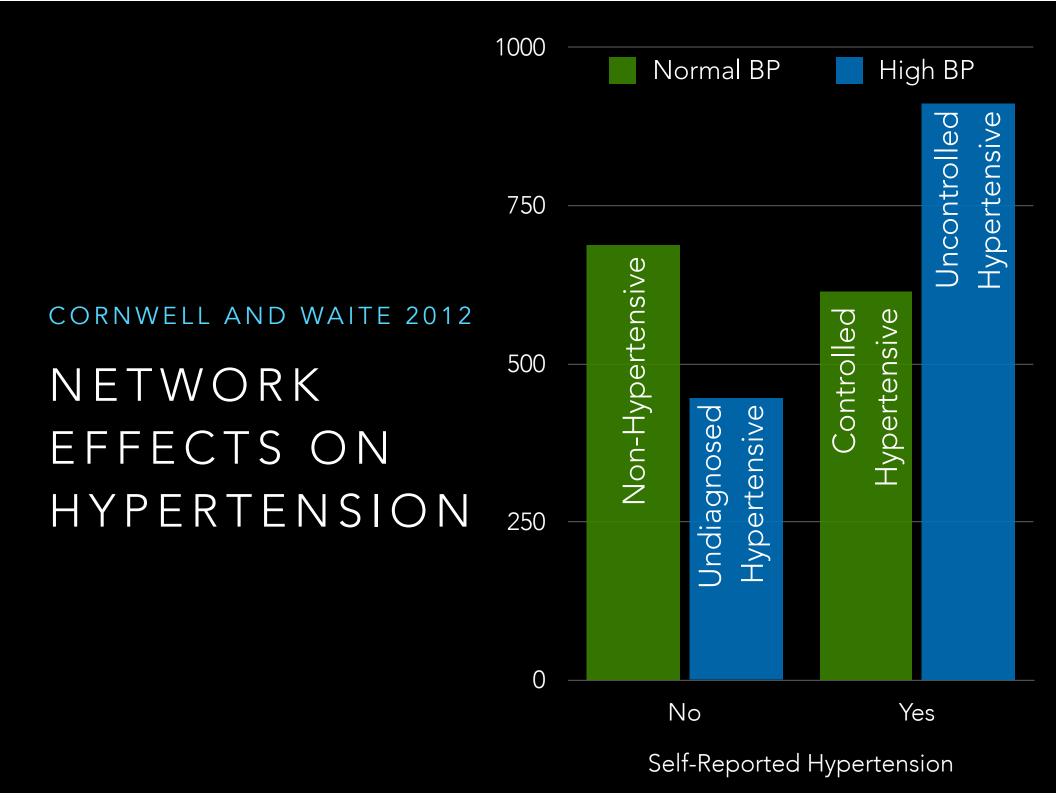
Reciprocity

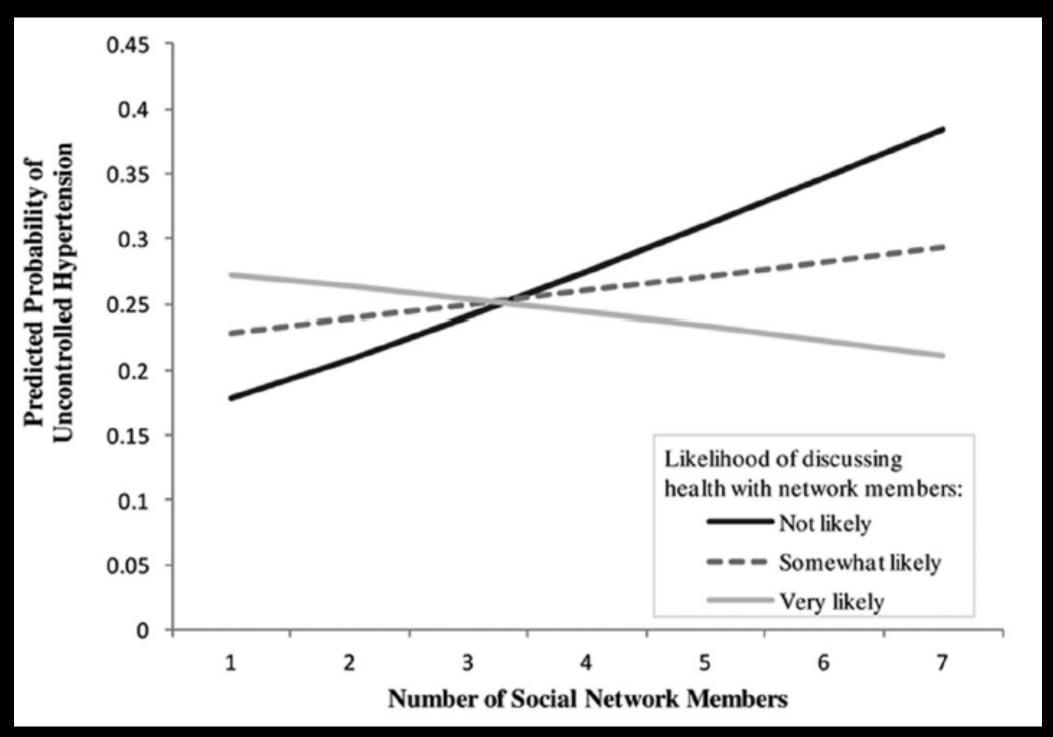
Diffusion of resources



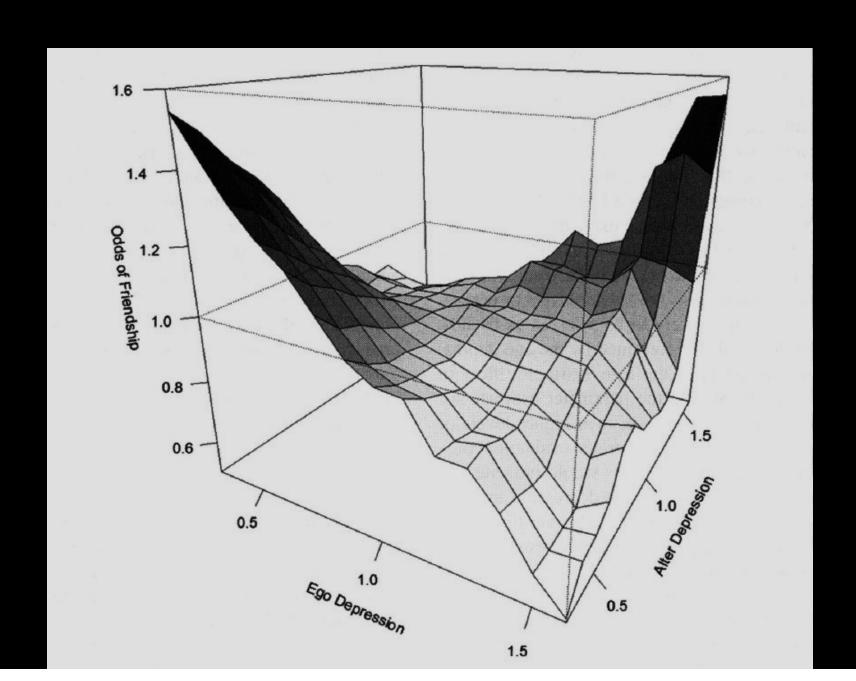
#### SOCIAL NETWORKS

- Connections not always positive
  - Sources of monitoring, control, hassle (Pescosolido 2000)
  - Too much regulation and/or support can lead to negative consequences (Falci and McNeely 2009; Pescosolido 1994)
- Inequalities can arise because not all networks are structured the same





## MISERY DOES NOT LOVE COMPANY - DEPRESSION HOMOPHILY (SCHAEFER ET AL. 2011)



## MISERY DOES NOT LOVE COMPANY DEPRESSION HOMOPHILY (SCHAEFER ET AL. 2011)

- Remember the modified labeling debate about whether the label alone produces negative consequences for the unwell?
  - Homophily through withdrawal
  - Homophily through alter avoidance

Results?

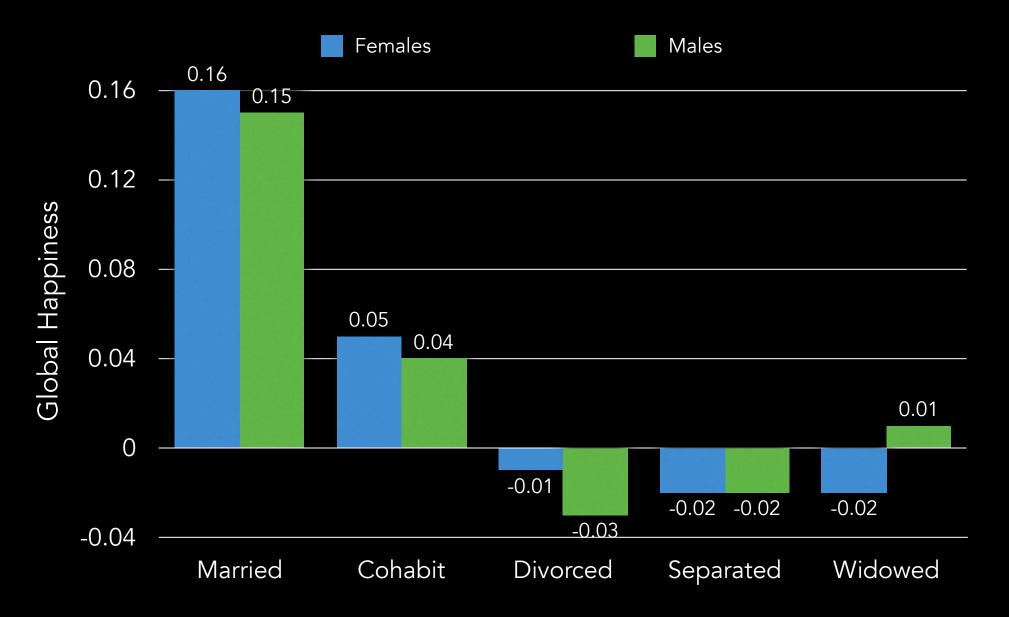
# FAMILY AND LIFE COURSE EFFECTS



#### MARRIAGE AND HEALTH

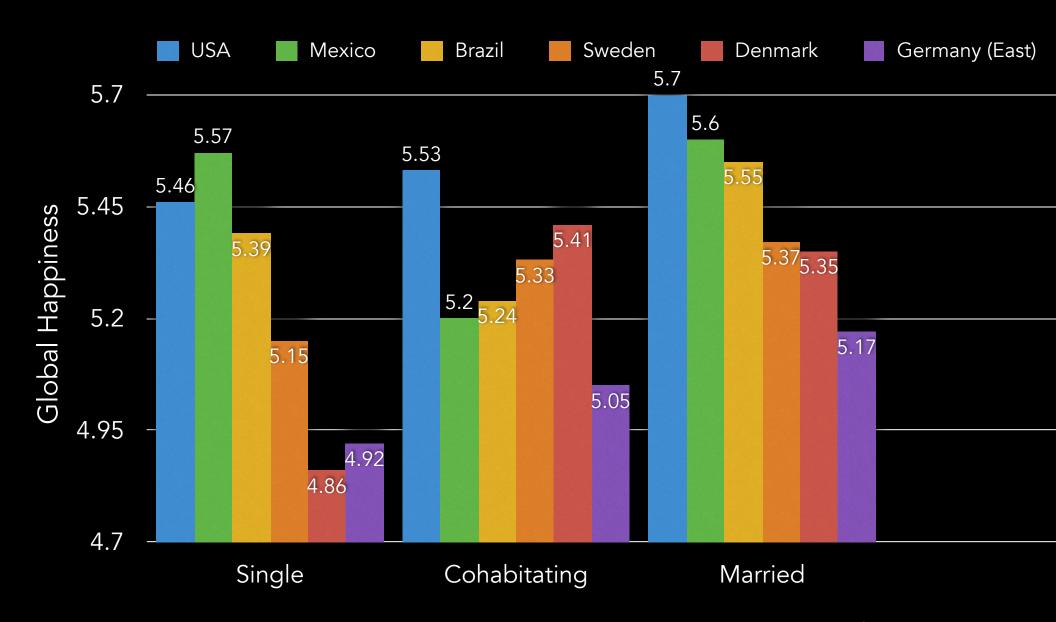
- Married people (especially men) report fewer chronic and acute health problems, have higher self-rated health, better mental health, higher perceived quality of life, and higher levels of happiness
  - Less alcoholism/problem drinking as well

#### GENERAL TRENDS



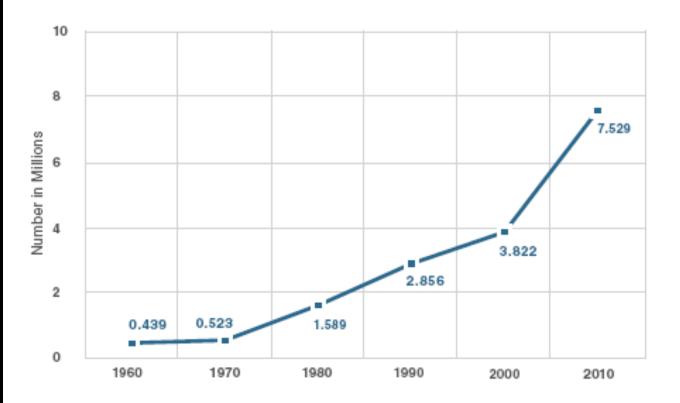
Stack and Eshleman 1998

#### CROSS-NATIONALLY



Lee and Ono 2012

#### FIGURE 8. NUMBER OF COHABITING, UNMARRIED ADULT COUPLES OF THE OPPOSITE SEX, BY YEAR, UNITED STATES



NOTE: Prior to 1996, the U.S. Census estimated unmarried-couple households based on two unmarried adults of the opposite sex living in the same household. After 1996, respondents could identify themselves as unmarried partners.

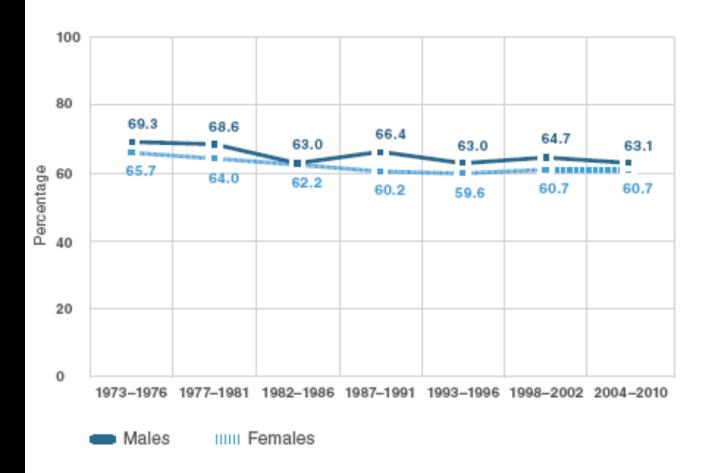
SOURCE: U.S. Census Bureau, Current Population Reports, "America's Families and Living Arrangements" for 2010 (Table UC3), available online from www.census.gov/population/www/socdemo/hh-fam/cps2010.html.

#### MARITAL RESOURCE MODEL

What do we gain when we get married?



#### FIGURE 4. PERCENTAGE OF MARRIED PERSONS AGE 18 AND OLDER WHO SAID THEIR MARRIAGES WERE "VERY HAPPY," BY PERIOD, UNITED STATES



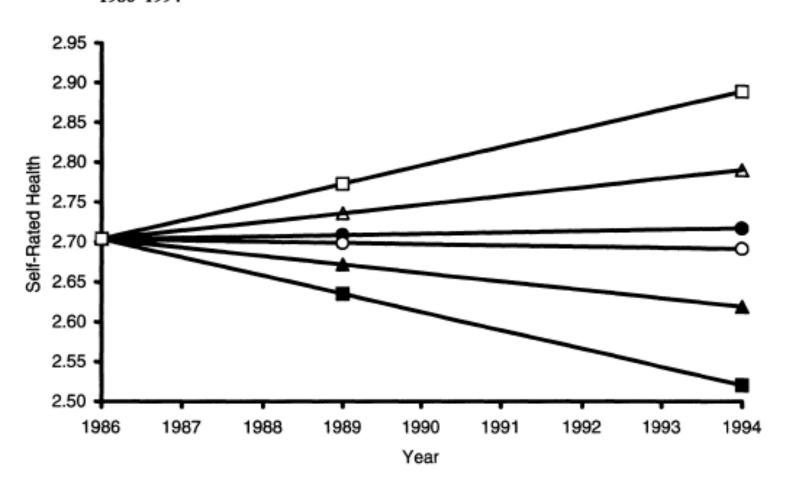
NOTE: The number of respondents for each sex for each period is about 2,000-except for 19771981, 1998-2002, and 2004-2008, with about 1,500 respondents for each sex.

SOURCE: The General Social Survey, conducted by the National Opinion Research Center of the University of Chicago.

### YOU MAKE ME SICK: MARITAL QUALITY AND HEALTH OVER THE LIFE COURSE (UMBERSON ET AL. 2006)

- Martial relationship quality/conflict an important moderator of marriage's effect on health
  - Those in conflictual relationships tend to have worse health outcomes than those who eventually divorce (Williams 2003)
  - Marital conflict increases stress response
    - Deleterious effects over time

FIGURE 1. Predicted Trajectories of Self-Rated Health by Age and Negative Marital Experience, 1986–1994



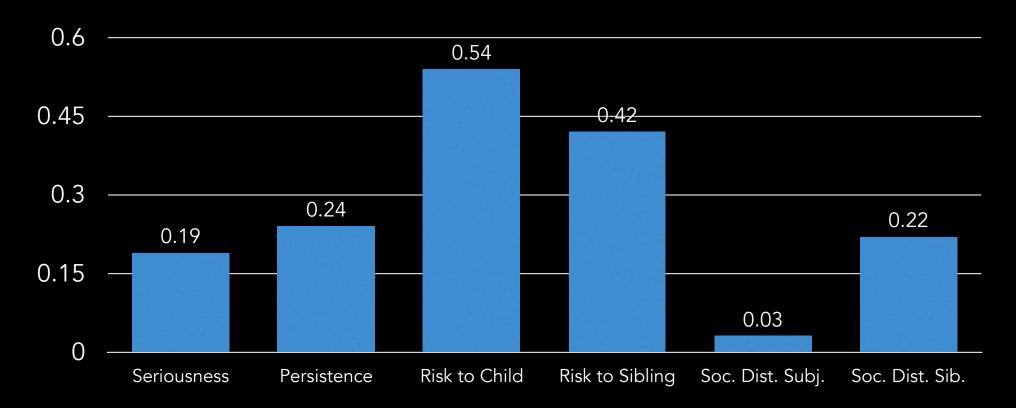
High negative marital experience, age 30
High negative marital experience, age 50
High negative marital experience, age 70
Low negative marital experience, age 30
Low negative marital experience, age 50
Low negative marital experience, age 70

 How does the extent to which one believes that mental illness is caused by genetic factors impact marriage for the mentally ill and their family members?

- Data: Nationally representative survey
- Method: Vignettes
  - Schizophrenia, major depression, or ruptured disc (control condition)

- "When she was at the hospital, an expert in genetics said that Anne's problem was due to genetic factors....her problem had a very strong genetic or hereditary component."
- "....partly due to genetic or hereditary factors....her genetic makeup played a role in contributing to the problem, but other factors were also involved."
- "....not due to genetic or hereditary factors. Her problem was definitely not genetic."

Genetic Attribution



Genetic Essentialism Factors