

SOC 3510; WEEK 5, 9/20

SOCIAL STRESS PARADIGM I



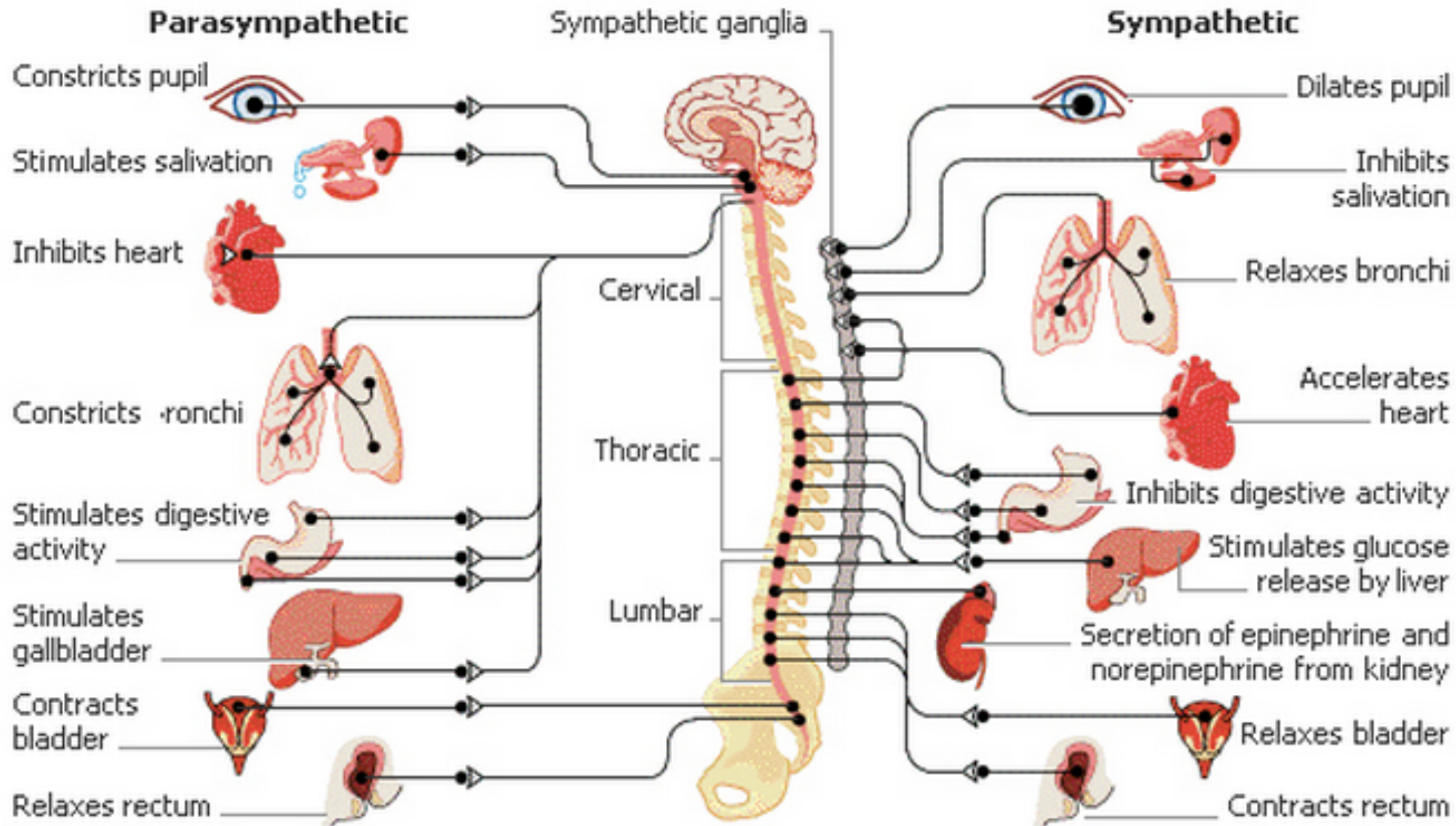
NEGATIVE SOCIAL IMPLICATIONS OF GENETICIZATION

- Genetic reductionism/essentialism
- Genetic determinism/fatalism

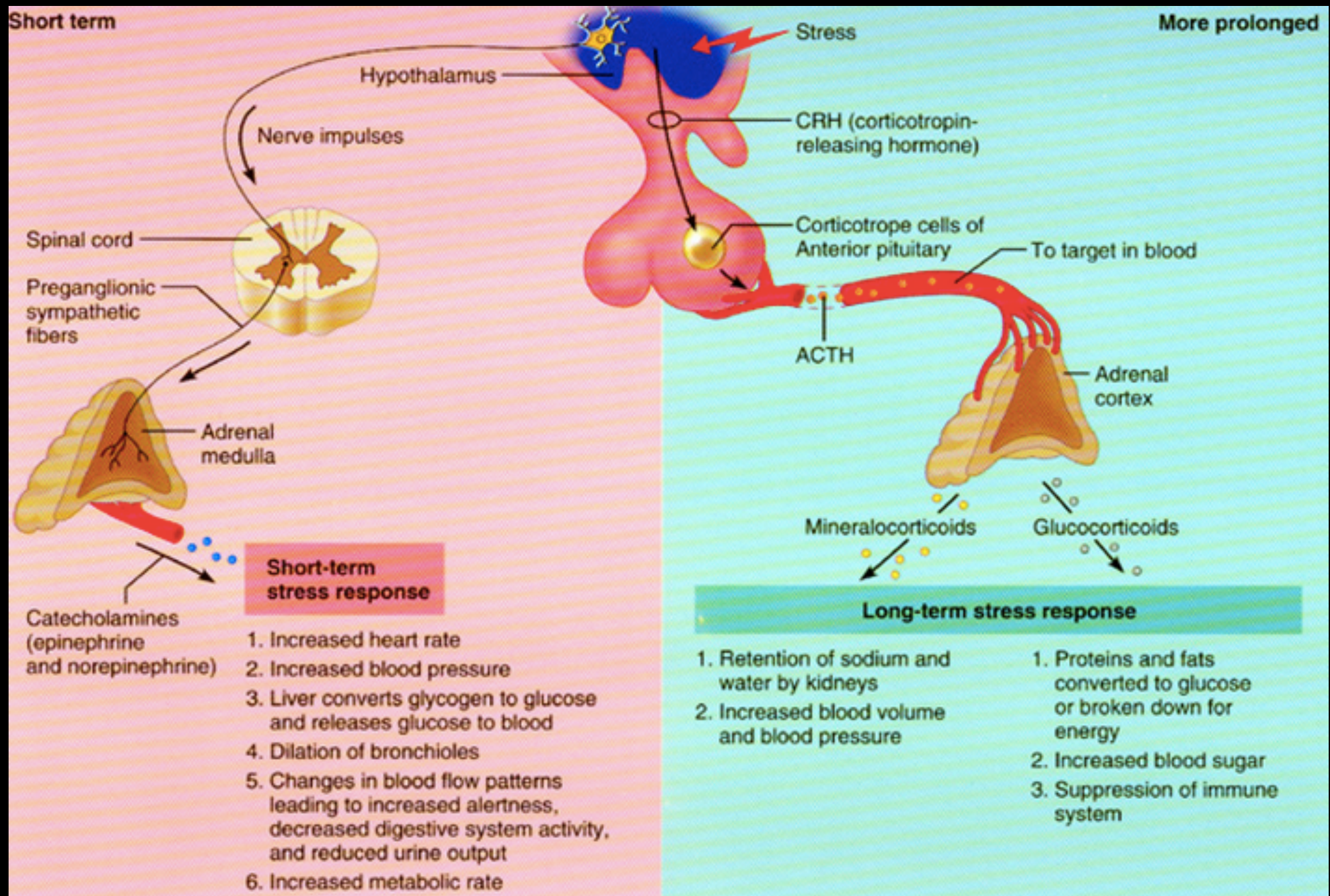
STRESS PARADIGM



WHAT IS A 'STRESS RESPONSE': NERVOUS SYSTEM STRESS RESPONSE



Hormonal Stress Response: Cortisol



"Filled with delightful twists and turns, personal anecdotes, and nuggets of odd information—on voodoo death, Peter Pan, and the hunting skills of hyenas. . . . First-rate science for the nonscientist."
—KIRBY REVIEWS

WHY ZEBRAS DON'T GET ULCERS

An Updated Guide to Stress,
Stress-Related Diseases, and Coping

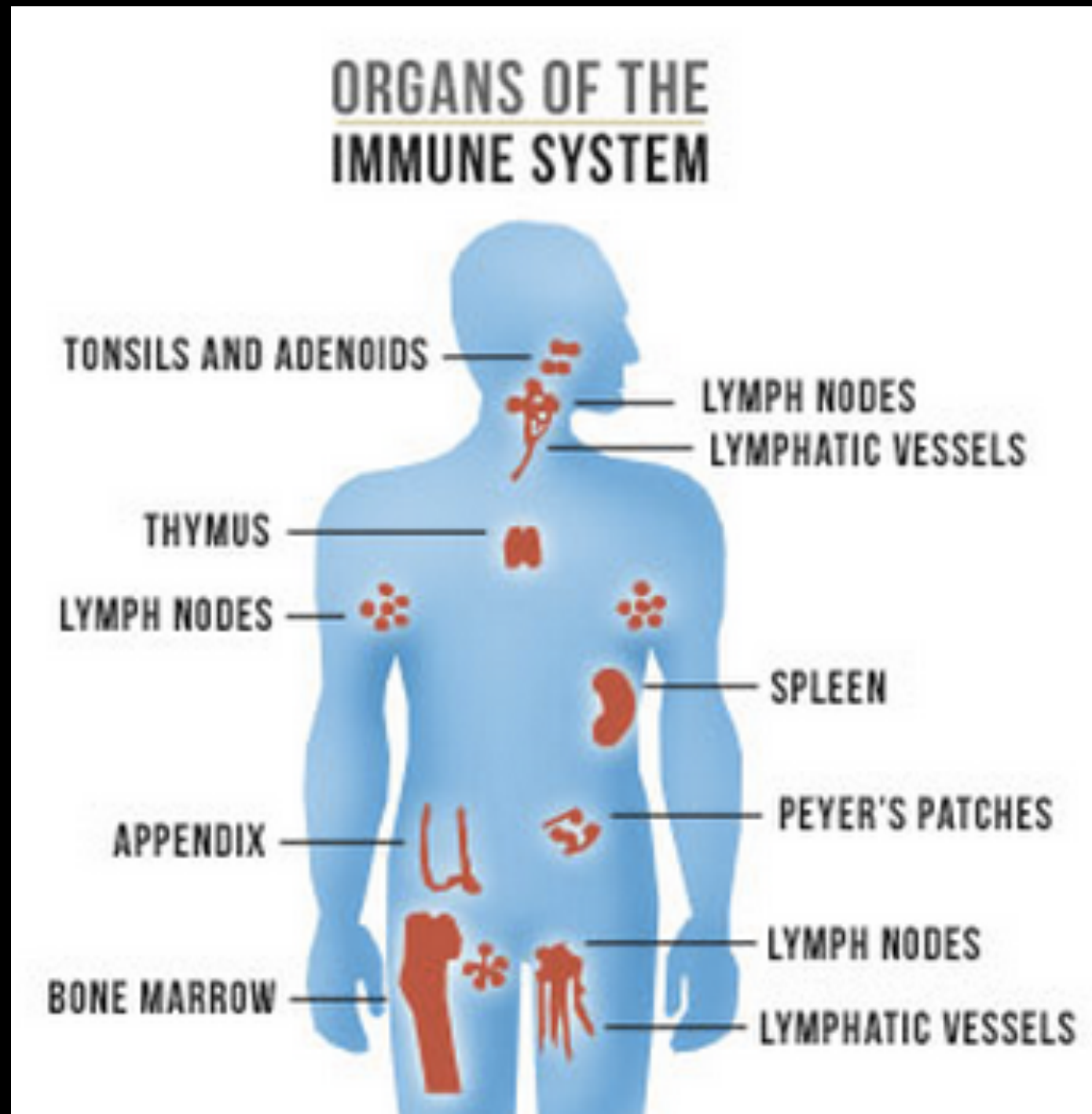


Robert M. Sapolsky



STRESS EFFECTS

IMMUNE FUNCTION



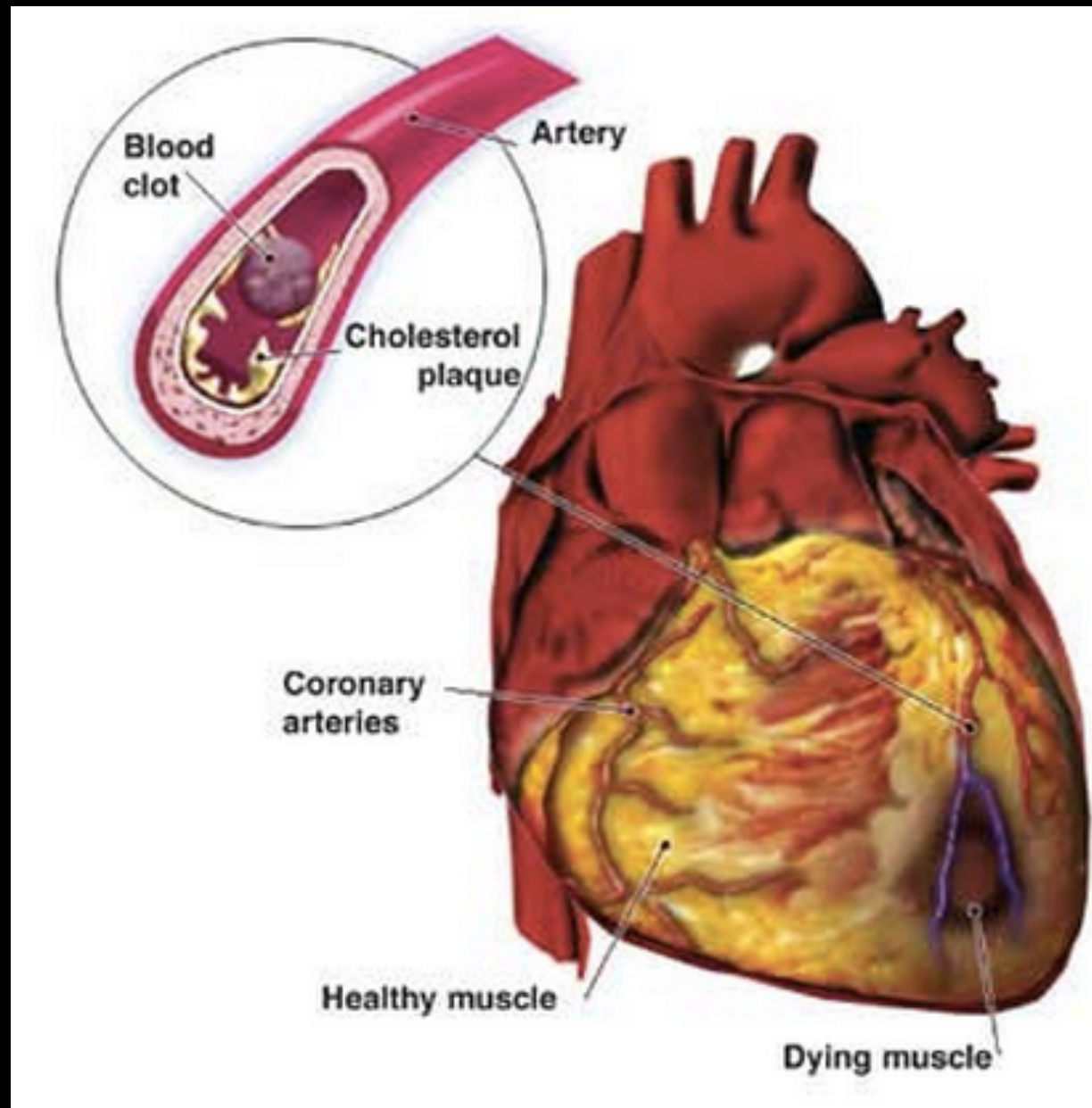
STRESS EFFECTS

CHILD GROWTH AND DEVELOPMENT

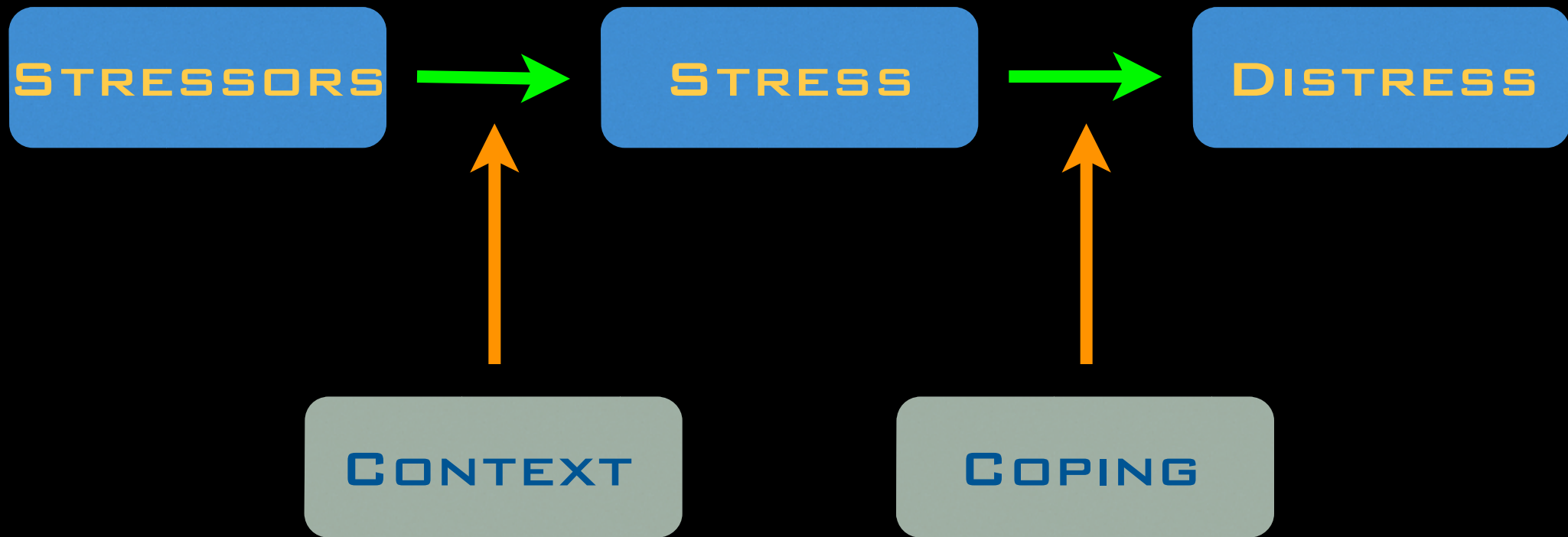


STRESS EFFECTS

CARDIOVASCULAR DISEASE



BASIC CONTEMPORARY MODEL



TYPES OF STRESSORS

- Chronic Stressors
 - Threats
 - Unrealistic demands
 - Structural constraints
 - Underreward
 - Unmanageable role complexity
 - Uncertainty
 - Conflict

TYPES OF STRESSORS

- Daily Hassles
- Nonevents
- Life Events
- Traumatic Event