



## Rumination

- 1: Rumination

## PositiveAffect

- 2: Energy

- 3: Wakefulness

- 4: Satisfaction

## NegativeAffect

- 5: Sadness

- 6: Irritation

- 7: Anxiety

- 8: Restlessness

## Events

- 9: EventUnpleasantness

- 10: EventPleasantness

## Other

- 11: Distraction