

Rumination

1: Rumination

PositiveAffect

- 2: Energy
- 3: Wakefulness
- 4: Satisfaction

NegativeAffect

- 5: Sadness
- 6: Irritation
- 7: Anxiety
- 8: Restlessness

Events

- 9: EventUnpleasantness
- 10: EventPleasantness

Other

• 11: Distraction