

## Thinking About Hiring A Life Coach?

Greetings,

If you're prepared to make significant changes in your life with the advantage of having a professional in your corner, then this might be one of the most important decisions you'll ever consider.

Here's why:

Top performers in all walks of life use coaches and the reason is simple. Having a professional who is highly tuned to your life circumstances and your goals, activates the potential of your mind in a unique way.

Let me ask you; have you ever had someone take the time with you to understand everything that you're interested in, everything that you're aligned with, your passions, your ambitions, your dreams, your relationships, your achievements, the key people in your life, your history...

Take the time with you to understand all of that and your current situation; then get to the bottom of what you really care about the most and what you want to focus on in your life...

And then support you in every step of the way to help you get exactly what you want?

This is what I do as a Life Coach.

The coaching conversation and relationship activates and motivates persons in a uniquely powerful way.

If you call me and we schedule a complimentary coaching session, you can experience the special benefits of the the coaching conversation, designed to help you move forward in your life.

Skepticism is normal and healthy so let me give you three good reasons to try a coaching session.

### Three reasons to call for a complimentary session

Reason one: When you call me we'll have an initial conversation about the help you're seeking and your expectations. I'll tell you about coaching and how I do it. If what you're looking for is a match for my services, we'll schedule a first coaching session so you can experience the real thing at no

cost to you and without obligation. Most importantly, you get a coaching session prepared with an assignment, ready to be coached, and get real time coaching.

Reason two: Having a real coaching session will help you decide if Life Coaching provides the type of support you could use AND to know if I'm the right Coach for you.

Reason three: Like you, my time is valuable. I want to get the most out of each moment and I want to enjoy myself at my work and with whom I work. When we do the complimentary session, I can also determine if you are the type of person I'm best at coaching. If we both make an informed decision to enter into a coaching relationship, we have the potential to make it one of the most important relationships in your life.

### **Here's a summary of benefits of having coach in your corner**

- Stay focused and on track
- Maintain your momentum
- A resource for new ideas, perspectives and practices
- Get a better return for your efforts, be more productive
- Make better decisions
- Accountability to a partner who's only interest is your success
- Learn advanced techniques to *neutralize* limiting thoughts and beliefs

Now, let me explain how I do this.

Clients meet with me (in-person or on the phone) weekly for 30-60 minutes. The conversations are focused and structured around your agenda and are supported by additional voice, e-mail or text correspondence as needed between sessions.

The process of Life Coaching, the way I do it, automatically puts into motion the ingredients of success. In essence these are: .

1. Getting clarity on your needs and purpose.
2. Identifying the thoughts and beliefs which support fulfilling your needs.
3. Taking clear and concise action.

Simple, right? But not so easy to implement by yourself with your work and personal responsibilities, demands and distractions.

Coaching gives you the structure to help you stay focused. The structure and process of coaching makes you accountable; honest with yourself.

**Warning: Do NOT buy coaching services unless it meets the following 3 criteria.**

There is a some confusion about the role of a Life Coach. Some persons, in their desire to help others simply hang up a sign and call themselves a coach. I want to give you 3 criteria or elements you must insist on from any Coach.

**One:** They must be highly trained and experienced in the art of life changing conversations. One does not get this from a 4-6-12 month coach training school alone. There is a saying: "The map is not the territory." Having learned a coaching model and having some practice session is WAY different from having spent years with boots on the ground, so to speak.

**Two:** Your coach must be dedicated to your success and hold your goals and choices above their own. Coaching is for your agenda only.

**Three:** Your coach must be trustworthy. This is a professional and personal relationship. You must feel safe to speak openly and honestly with your coach.

**In summary, here's how I get started with you.**

An initial consultation begins the process, to see if we're a fit and to set up an initial coaching session if that is indicated. This is a live coaching session with a real issue. My goal for the session is to help you gain clarity and to develop an initial plan of action.

You get the experience of working with me live and the benefit of the coaching conversation.

The first session is always free. If it goes well for each of us, I will invite you to continue as a client and we'll discuss fees and schedules.

**You can't lose with my 100%,  
iron clad, money back guarantee**

I've made it easy for us to work together. You are not asked to commit to a long term contract, my service is month to month and you can cancel at any time.

After the first month of coaching, if you are not completely satisfied with the value you have received, I will give you a 100% refund.

I'm willing to accept this amount of risk for your satisfaction because I KNOW if there's something you're wanting and you show up ready to be coached and implement your strategy you'll be pleased with your results.

What I'm saying is, don't decide now if coaching is for you. Just try it out.

If it doesn't give you what you need, if you don't save time and frustration, if it isn't LIFE-CHANGING, if it doesn't work for you for whatever reason, you have nothing to worry about because you can get every dime of your money back.

So you have nothing to lose and everything to gain.

Note: You have to put the coaching into action of course in order to get the results you want. You can't be like those who want change but are unwilling to do anything different!

**Here's how to get started right now!**

Go to <http://coachreins.com> and schedule a qualifying call from the pop up window. The system will take care of all the needed communication. But you can still call me at 678-928-9292.

Looking Forward,

Michael Reins

P.S. There is something important you want in your life. Your biggest risk is choosing to do nothing and having nothing change.