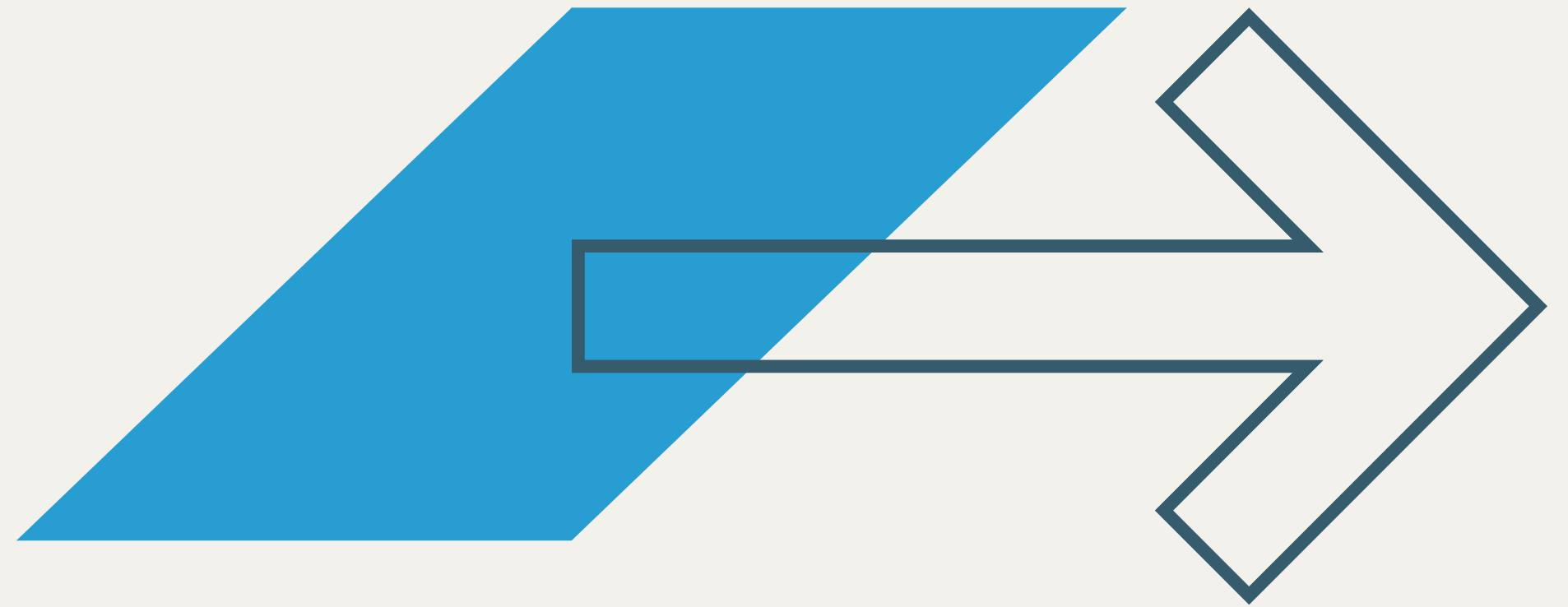
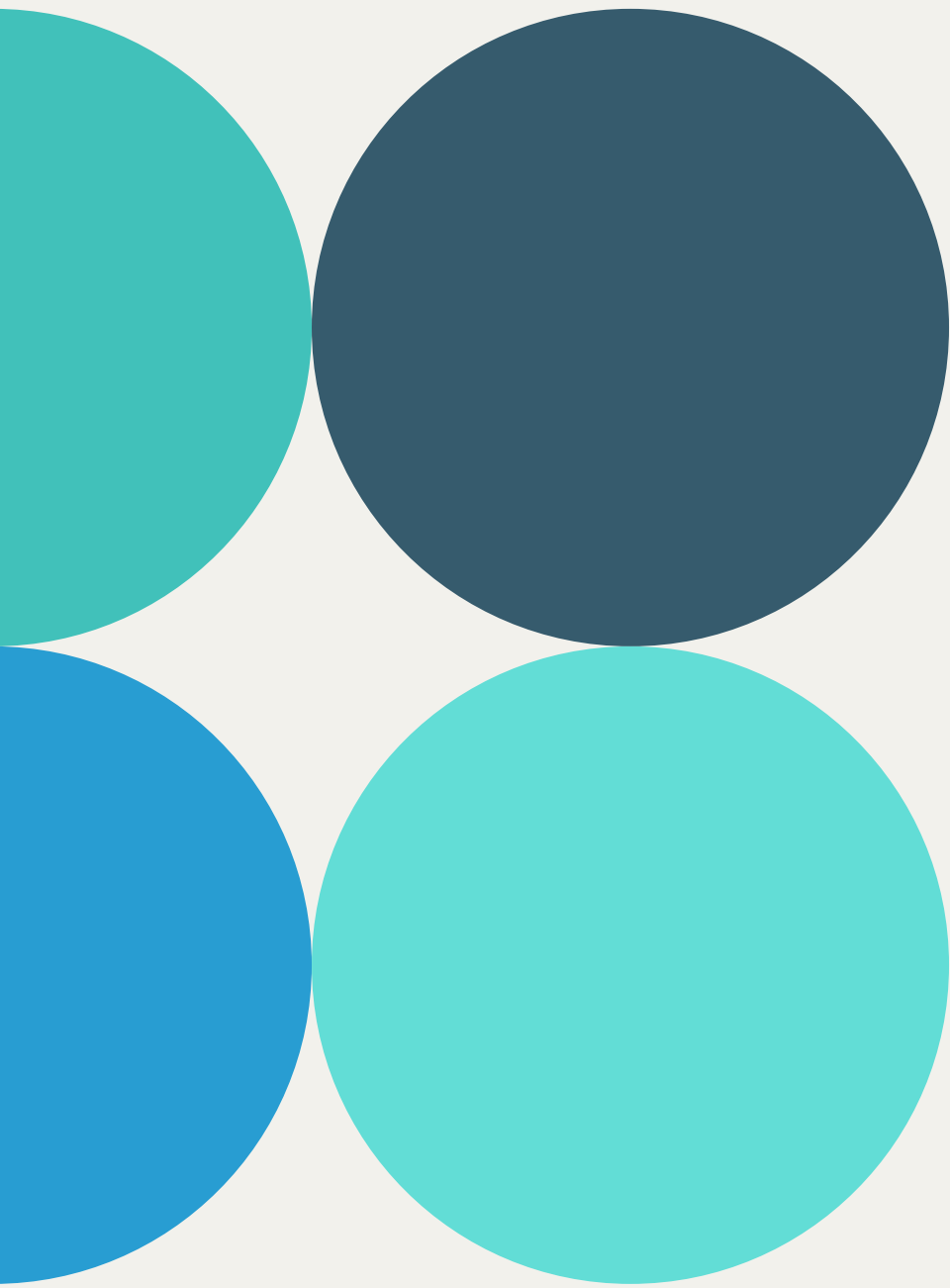




Can indicators of heart diseases also indicate diabetes?

Prepared by
Lee Yu Xuan
Ler Lian Ping
Ng Teng Hian





Why choose diabetes?

Accordingly to World Health Organization

9th LEADING CAUSE OF DEATH




Estimated 1.5 MILLION Deaths
caused directly by diabetes

48%



Occurred before the age of 70


Personal Key Indicators of Heart Disease

 KAMIL PYTLAK · UPDATED 2 MONTHS AGO

318

New Notebook

Download (3 MB)



Personal Key Indicators of Heart Disease

2020 annual CDC survey data of 400k adults related to their health status

[Data](#) [Code \(69\)](#) [Discussion \(6\)](#) [Metadata](#)

About Dataset

Key Indicators of Heart Disease

2020 annual CDC survey data of 400k adults related to their health status

What topic does the dataset cover?

Usability ⓘ
10.00

License
[CC0: Public Domain](#)

Expected update frequency
Annually

<https://www.kaggle.com/datasets/kamilpytlak/personal-key-indicators-of-heart-disease>

Flow of Sequence

01

**Data
Cleaning/
Filtering**

Removing
irrelevant
samples and
outliers, Under-
sampling

02

EDA

03

**Machine
Learning**

Classification
Tree and
Random Forest

01 – Data Cleaning/Filtering

Removing samples that were

- 1) No, borderline diabetes
- 2) Yes (during pregnancy)

```
: #To check how many diabetics patients were stated  
print(dataset["Diabetic"].value_counts())
```

```
No                269653  
Yes               40802  
No, borderline diabetes    6781  
Yes (during pregnancy)    2559  
Name: Diabetic, dtype: int64
```

01 – Data Cleaning/Filtering

Quantified categorical columns into 0 to represent "No" and 1 to represent "Yes"

- 1) Diabetes
- 2) Kidney Disease
- 3) Heart Disease
- 4) Difficulty Walking
- 5) Smoking
- 6) Alcohol

Diabetes	KidneyDisease_Quantified	HeartDisease_Quantified	DiffWalking_Quantified	Smoking_Quantified	Alcohol	agecategory
1	0	0	0	1	0	7
0	0	0	0	0	0	12
1	0	0	0	1	0	9
0	0	0	0	0	0	11
0	0	0	1	0	0	4
...
1	0	1	1	1	0	8
0	0	0	0	1	0	3
0	0	0	0	0	0	5
0	0	0	0	0	0	1
0	0	0	0	0	0	12

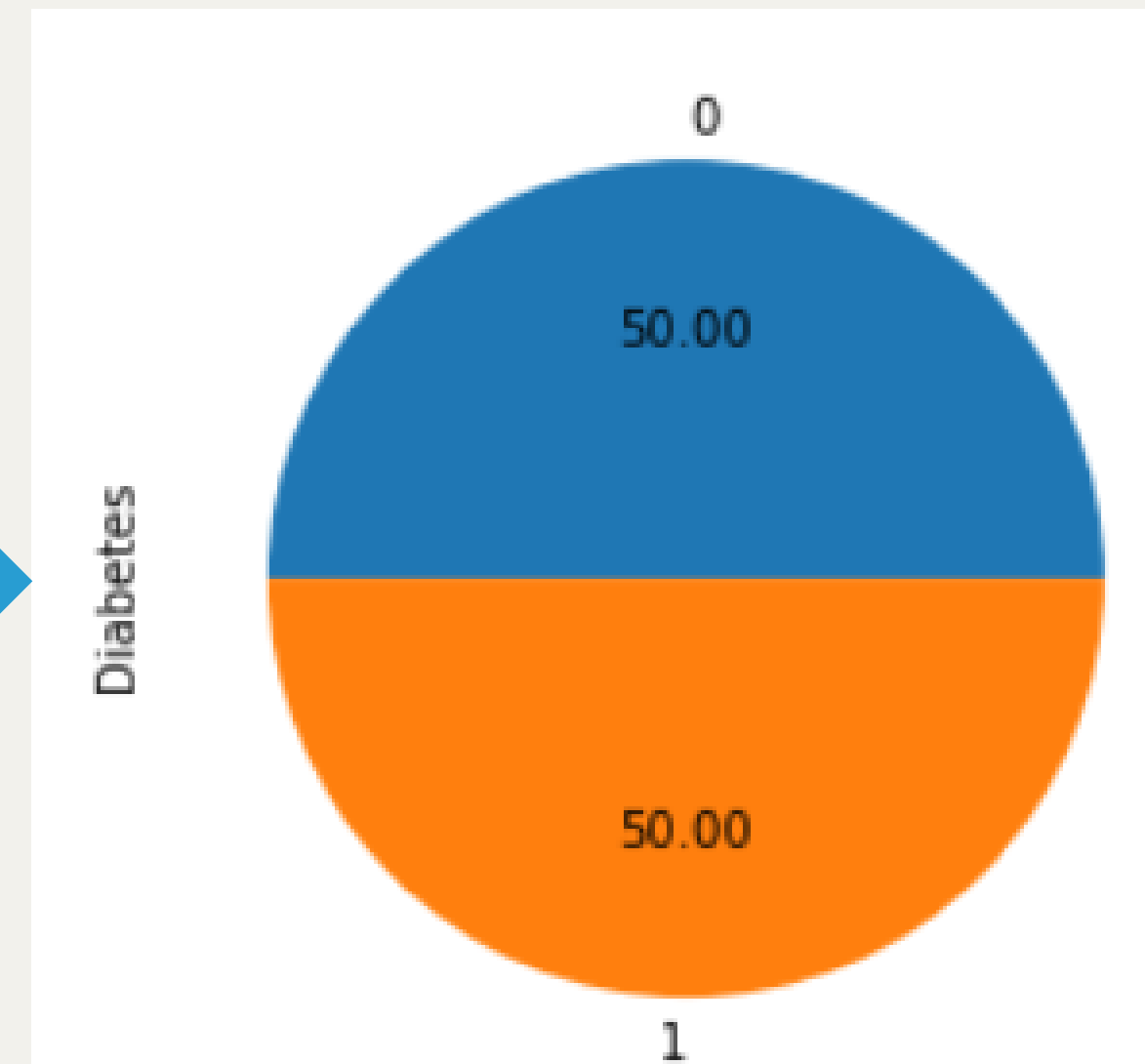
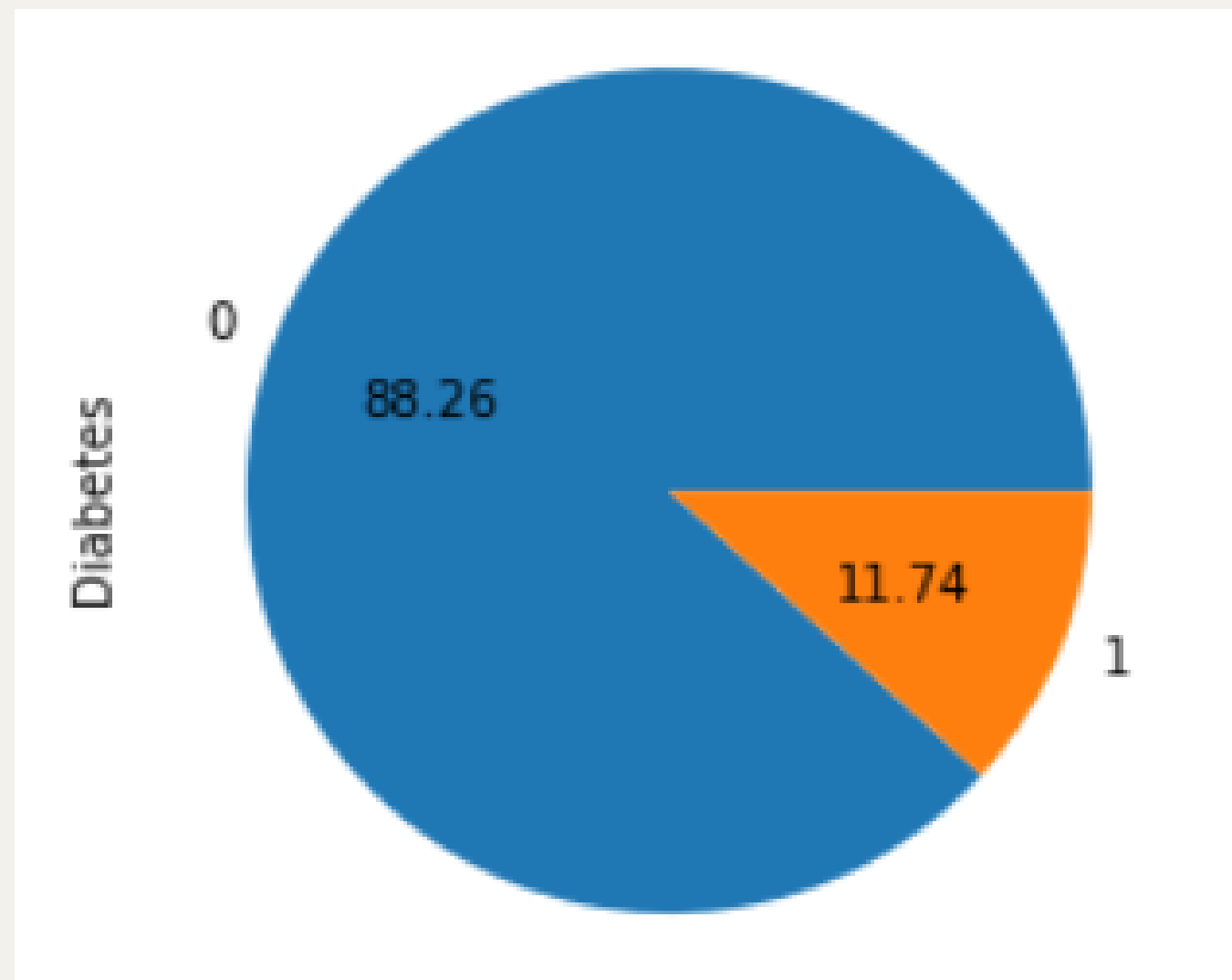
01 – Data Cleaning/Filtering

Quantified age groups with numbers from 0-12, with largest number representing oldest age group.

18-24	0
25-29	1
30-34	2
35-39	3
40-44	4
45-49	5
50-54	6
55-59	7
60-64	8
65-69	9
70-74	10
75-79	11
80 or older	12

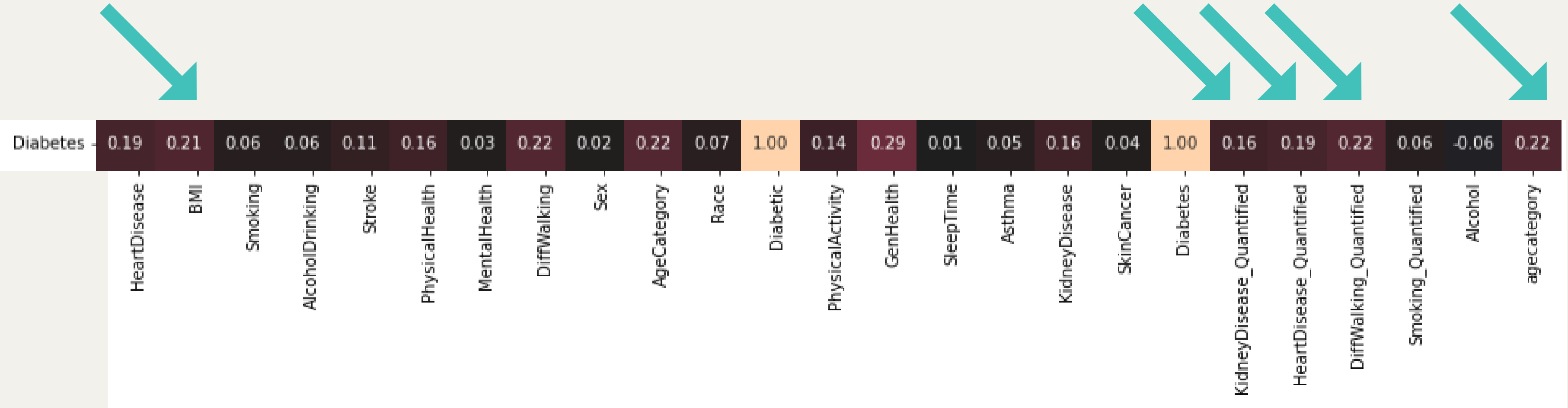
01 – Data Cleaning/Filtering (Under-Sampling)

Ensure that the number of samples who have Diabetes is equal to the number of samples who do not have Diabetes



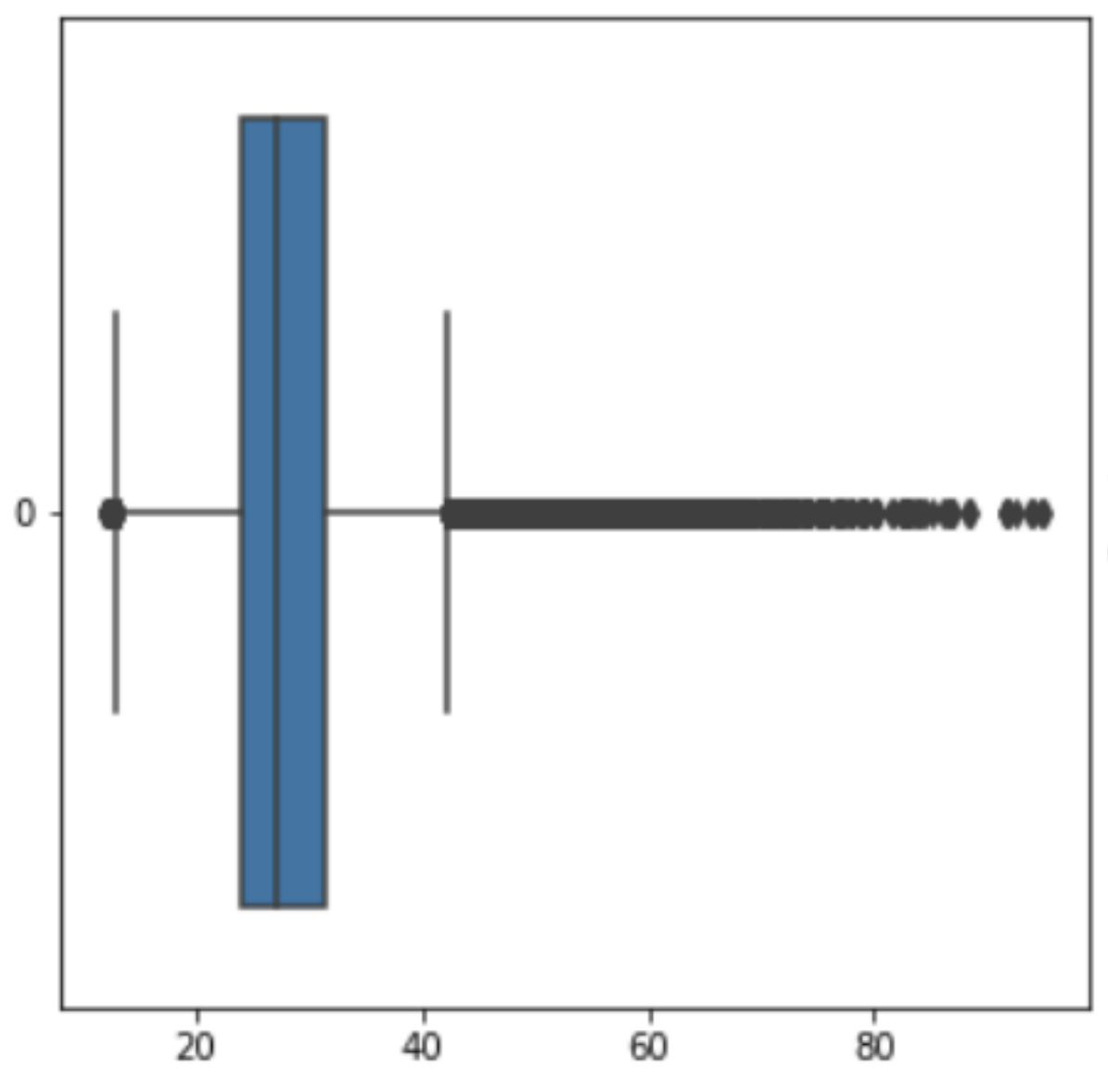
02 - EDA

Compute the Categorical Correlation with Dython library and display Correlation Matrix accordingly.



02 - EDA

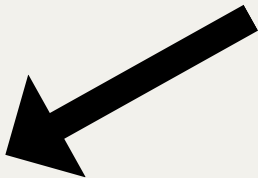
Removing outliers via BMI



BMI	
count	310455.000000
mean	28.274180
std	6.328361
min	12.020000
25%	23.990000
50%	27.280000
75%	31.320000
max	94.850000

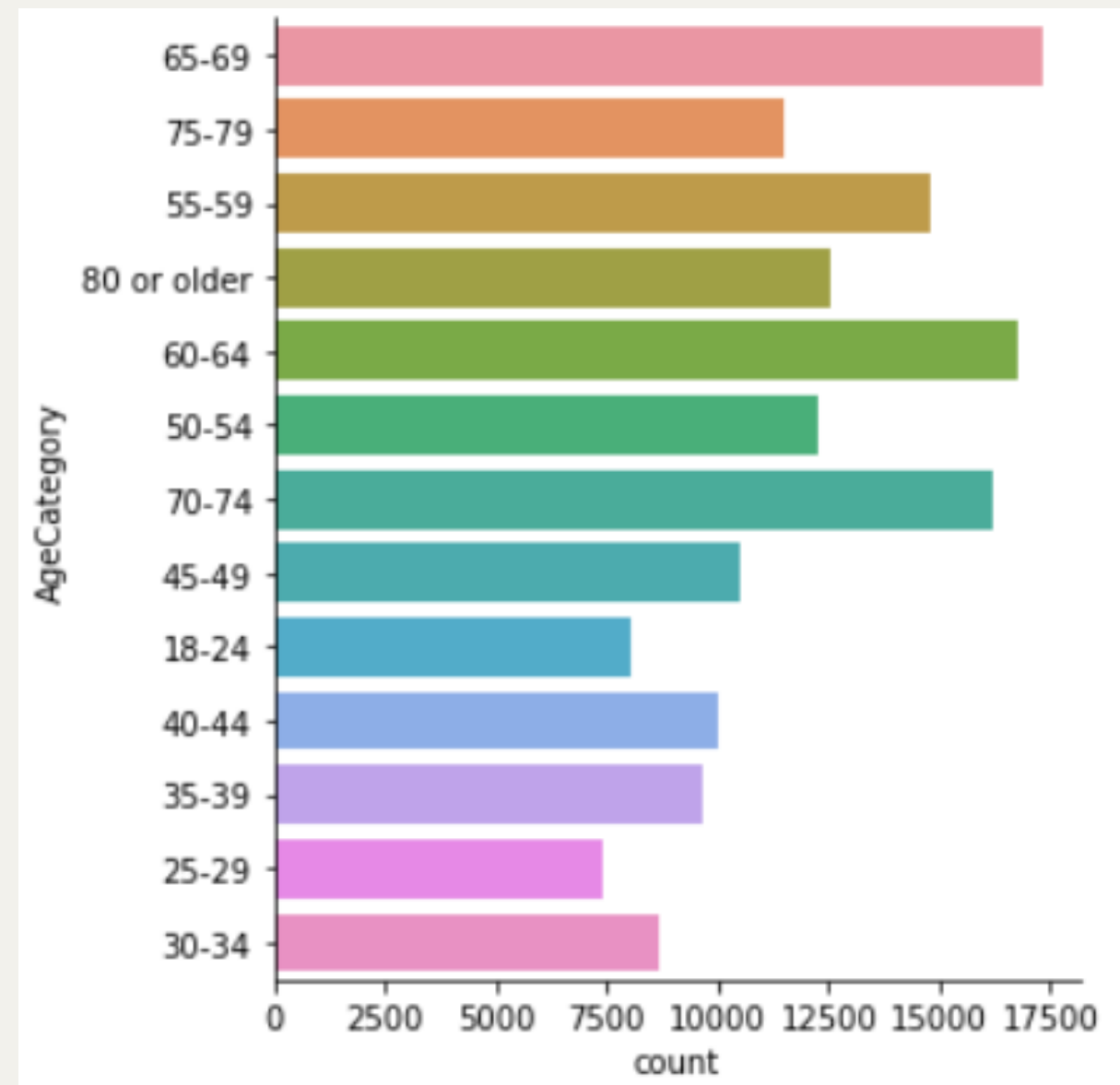
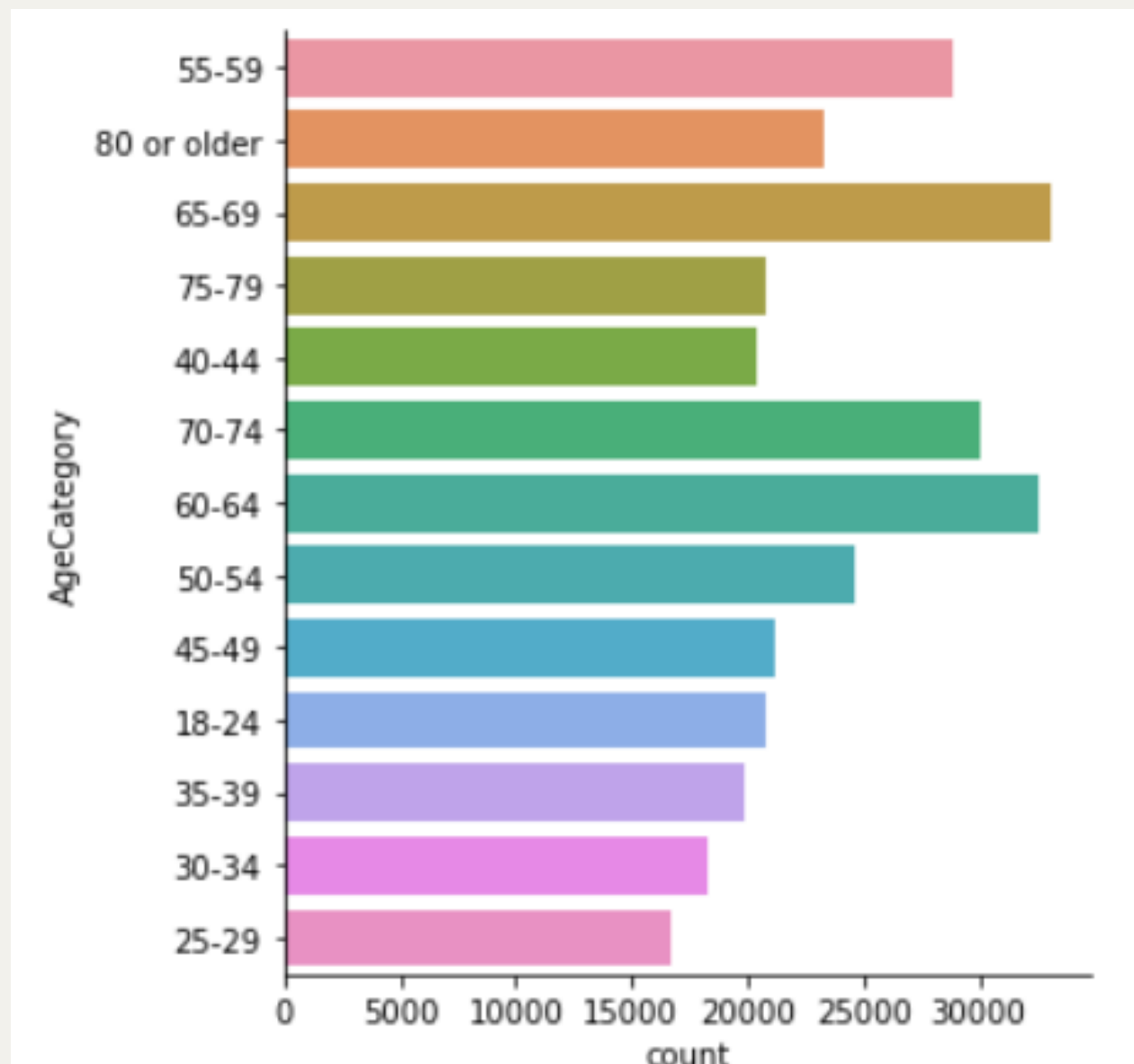


BMI	
count	155633.000000
mean	27.369929
std	2.061895
min	23.990000
25%	25.700000
50%	27.290000
75%	29.050000
max	31.320000



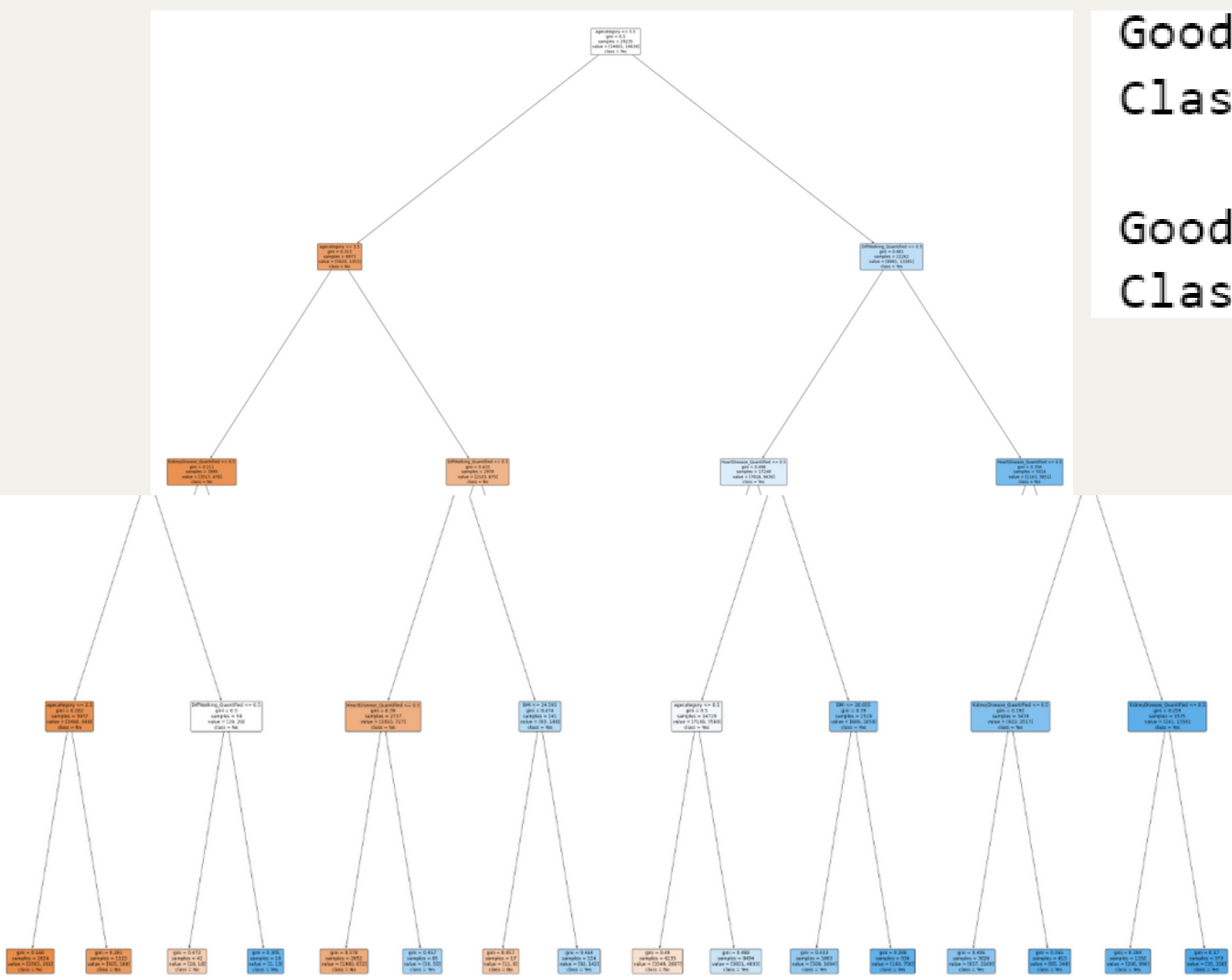
02 - EDA

Show the Age Category after removing outliers



03 - Machine Learning

Classification Tree for Classification Accuracy and Confusion Matrix

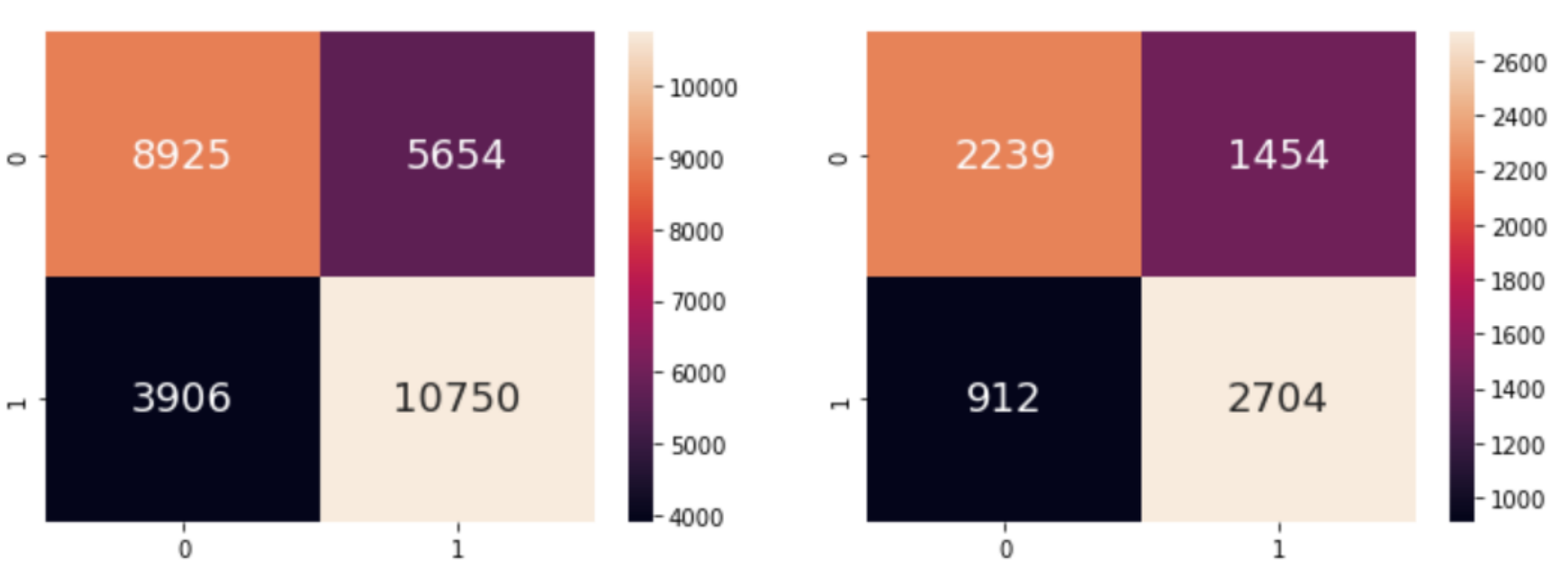


Goodness of Fit of Model
Classification Accuracy

Goodness of Fit of Model
Classification Accuracy

Train Dataset
: 0.6729946981357962

Test Dataset
: 0.6762895060883842



03 – Machine Learning

Use Random Forest Classification Tree for better accuracy

```
print("Accuracy = ", metrics.accuracy_score(B_test, prediction_test))
```

```
Accuracy = 0.8473208677586124
```

```
feature_list = list(A_train.columns)
feature_imp = pd.Series(model.feature_i
print(feature_imp)
```

```
BMI                0.754509
agecategory        0.108113
DiffWalking_Quantified 0.059584
HeartDisease_Quantified 0.039513
KidneyDisease_Quantified 0.024846
Alcohol            0.006893
Smoking_Quantified 0.006542
dtype: float64
```

```
feature_list2 = list(A_test.columns)
feature_imp2 = pd.Series(model.feature_
print(feature_imp2)
```

```
BMI                0.754509
agecategory        0.108113
DiffWalking_Quantified 0.059584
HeartDisease_Quantified 0.039513
KidneyDisease_Quantified 0.024846
Alcohol            0.006893
Smoking_Quantified 0.006542
dtype: float64
```

Conclusion + Recommendation

Indicators of Heart Diseases can be used to help detect Diabetes but it should not be fully relied on

You can use these indicators for specifically testing for diabetes but it should be combined with other factors as well

Reference

Diabetes. (2021, November 10). World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/diabetes>

PYTLAK, K. A. M. I. L. (2022, February 18). Personal Key Indicators of Heart Disease. Kaggle. <https://www.kaggle.com/datasets/kamilpytlak/personal-key-indicators-of-heart-disease>