



Fueling Better Futures: A Data Story On Food Choices And Health

"What the Dashboard Tells Us"

This dashboard highlights key patterns in students' food choices, income levels, exercise habits, and health perceptions.

"Turning Insights Into Action"

Suggestions

- Partner with dining halls to offer healthier versions of preferred cuisines.
- Launch food awareness campaigns around BMI, meal prep, and health perception.
- Encourage regular exercise with gym incentives or wellness clubs.
- A healthier student body means stronger minds, better performance, and a thriving campus culture.