

# Esthetics

With Eminence Organic Skin Care

## Services

Facial	60min	\$ 95
	75min	\$ 120
Body Scrub	45min	\$ 100
Body Wrap	60min	\$ 145
Manicures	45min	\$ 50
+ French Polish	15min	\$ 15
+ Paraffin	15min	\$ 15
Pedicures	60min	\$ 70
+ French Polish	15min	\$ 15
+ Paraffin	15min	\$ 15

## Waxing

Brows:	\$20	Chin/Lip: \$ 15
Bikini:	\$35	Brazilian: \$ 55
1/2 leg:	\$40	Full leg: \$ 60
Full leg & bikini:	\$85	Chest/back: \$ 55
Arm:	\$40	Under arm: \$ 20

## Tinting

Brow Tint: \$20	Lash Tint: \$ 35
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## Packages

Bliss ~ 60min facial, pedicure & manicure (\$172)

Renew ~ 60min massage, body scrub, steam & 60min facial (\$228)

Wellness ~ 60min massage, 60min facial, lunch, manicure & pedicure (\$275)

# Massage Therapy

All of Leela's RMT's are registered and accepted with all health insurance providers. We can direct bill with major insurance providers including Alberta

Blue Cross, Sunlife & Greenshield.

Relaxation, Therapeutic & Sports	Hot Stone
60 min: \$90; 90 min: \$130	60 min: \$105; 90 min: \$145;
60 min couples: \$180;	60 min couples: \$210;
90 min couples: \$260	90 min couples: \$290
Thai	Pre & Post Natal
60 min: \$105; 90 min: \$145	60 min: \$100; 90 min: \$135

# Natural Medicine

## Acupuncture

Dr. Sandra Blackwell

Acupuncture has many benefits that can help deal with stress, anxiety, fertility issues and many more.

Assessment: \$120

Treatment: \$85

## Manual Therapy

Dr. Tanya Rampersad

Visceral Manipulation is assessment and treatment of body organs through gentle movements. These movements are relaxing, much like receiving a massage for your internal organs.

Assessment: \$185

Treatment: \$105



## Massage ~ Esthetics ~ Yoga ~ Natural Medicine



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			9:30-10:45 Mindful Flow	9:30-10:45 Energizing Flow	10:00-11:15 Karma Class	9:45-11:00 Prenatal
	11:00-12:00 Mom & Baby		11:00-12:00 Mom & Baby		1:00-2:15 Neck & Shoulders	11:15-12:30 Yin/Yang
5:30-6:45 Discovery	5:30-6:45 Core Power	5:30-6:45 Prenatal	5:30-6:45 Discovery	5:30-6:45 Vinyasa Flow	2:30-3:45 Vinyasa Flow	1:30-2:45 Hips & Back
7:00-8:15 Critical Flow	7:00-8:15 Vinyasa Flow	7:00-8:15 Ashtanga Inspired		7:00-8:15 Restorative	4:00-5:15 Critical Flow	3:00-4:15 Discovery
8:30-9:45 Yoga Nidra	8:30-9:45 Yin	8:30-9:45 Restorative	8:30-9:45 Yin			7:00-8:15 PS I Love Yoga

Drop in: \$15 1 month: \$75 10x pass: \$110 + GST - Ask about other passes also available.

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Leela Eco Spa & Studio



@LeelaEcoSpa



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