



Changes Salon & Day Spa, Inc.
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POST WAXING INFORMATION

Each person's skin is unique and it changes with age, medications, skincare products, etc. Please follow these recommendations for the best results after your wax service.

- ✓ You might experience red bumps or small white pustules after your waxing service. This is normal and is often experienced the first time you wax an area.
- ✓ You may have slight bruising or redness.
- ✓ Do not tan for 24 hours before or after waxing.
- ✓ Avoid chlorinated pools & hot tubs for 24 hours after waxing.
- ✓ Do not work out immediately after waxing - the saline (salt) in your body may cause irritation.
- ✓ Do not exfoliate or "loofah" for at least three days or until all redness and/or irritation is gone.
- ✓ Do not use ingrown hair prevention topicals (PFB or Tend Skin) until all redness and/or irritation has completely subsided.

Before your next visit - ask your technician about the benefits of pre-waxing products like PFB or Bare Ease.