

학생독후활동

소 속 : 현대청운고등학교 3학년 06반 19번

작 성 자 : 이승준

책 이 름 : Migraine(감상문쓰기)

저 자 : Oliver Sacks

글 자 수 : 1514자

관련과목 : 없음

작성일자 : 2022년 08월 17일

제목

Migraine

This book is the first book written by Oliver Sacks. The many manifestations of migraine can vary dramatically from one patient to another, even within the same patient at different times. Among the most compelling and perplexing of these symptoms are the strange visual hallucinations and distortions of space, time, and body image which migraineurs sometimes experience. Portrayals of these uncanny states have found their way into many works of art, from the heavenly visions of Hildegard von Bingen to Alice in Wonderland. Sacks argues that migraine cannot be understood simply as an illness, but must be viewed as a complex condition with a unique role to play in each individual's life. He also points out that a violent throbbing headache is only one symptom of migraine, and that headache can last from three hours to several days. Other symptoms may include nausea, vomiting, dizziness, vertigo, sensitivity to light and sounds, abdominal pain, dropping pulse rate, unusual drowsiness, and etc. Although this book is very clinical and filled with jargon, I still found it fun to read; especially in that red migraines and white migraines differ. Or the many weird forms the symptoms of migraine can take.

There were lots of interesting character profiles of people who dealt with severe and often abnormal migraine types — Sacks looked for the weirdest cases. There were interesting historical perspective on what people did and thought about migraines before the medical aspect was understood or accepted.
