Sample Markdown

This is some basic, sample markdown.

Second Heading

- Unordered lists, and:
    1. One
    2. Two
    3. Three
- More

    Blockquote

And **bold**, *italics*, and even *italics and later **bold***. Even ~~strikethrough~~. [A link](#) to somewhere.

Here is a table

Name	Lunch order	Spicy	Owes
Joan	saag paneer	medium	$11
Sally	vindaloo	mild	$14
Erin	lamb madras	HOT	$5

Or inline code like `var foo = 'bar';`.

Or an image of bears

The end ...