* + **Prepare LB media**
    - 25 g of LB solid dissolved in 1L MilliQ water in 1-L bottle
      * 10 g Tryptone
      * 5 g Yeast Extract
      * 10 g NaCl
    - Autoclave & cool down
    - Spike 1000 uL CB antibiotic in the cooled-down 1-L bottle when use.
  + **Prepare agar petri dishes**
    - 20 g of LB Agar solid dissolved in 500 mL MilliQ water in 500-mL bottle
      * 10 g Tryptone
      * 5 g Yeast Extract
      * 10 g NaCl
      * 15 g Agar
    - Add 20 g of solid to 200 mL water in the bottle. Place bottle in hot bath.
    - Make sure it’s dissolved before topping off with 300 mL water
    - Autoclave
    - After autoclave, CAREFULLY mix the hot bottle over sink.
    - Let cool down until it’s lukewarm but before jelly stuff appears
    - When cool to touch, spike 500 uL CB antibiotic