$$\min_{\omega} \left\{ \int (\omega) = \frac{1}{2} \mathbb{E} \left[ (y - \omega T x)^{2} \right] \right\}$$

$$\omega_{wr} = \operatorname{argmin} \mathbb{E}[(y - \omega^T x)^2]$$

Proof

$$\frac{\partial}{\partial \omega} \mathbb{E}[(y - \omega^T x)^2]$$

$$=\frac{2}{N}\sum_{i=1}^{N}(y_i-\omega X_i)X_i=0$$

$$\frac{2}{N} \sum_{i=1}^{N} (y_i - \omega X_i) X_i = \frac{2}{N} \sum_{i=1}^{N} y_i X_i - \frac{2}{N} \sum_{i=1}^{N} (\omega X_i) X_i$$

Therefore,

$$\sum_{i=1}^{N} (\omega^{T} X_{i}) X_{i} = \sum_{i=1}^{N} y_{i} X_{i}$$

$$\geq (\omega^T X_{\hat{z}}) X_{\hat{z}}^T$$

$$= \sum_{i=1}^{N} (X_i X_i^T)^T w = N \left[ X_i X_i^T \right] w = N \left[ X_i X_i^T \right] w = N \left[ X_i X_i^T \right] w$$

$$= R_{\alpha} \gamma_{\alpha y} \square$$