#### Aging in Place

The research group TRAM (Transportation Research at McGill University) is currently undertaking research aimed at understanding how older Canadians experience transport in their areas and what their public-transit needs are. This research will be used to help public transport providers design service in a way that supports federal and provincial objectives to help older Canadians age comfortably, safely and happily in place.

This is a one-time survey. However, you will be asked at the end of this survey about your willingness to participate in further research to gain a deeper understanding of older Canadians' daily travel habits.

**25-30 minutes** of your time can help us understand your transport needs and improve the lives of older adults across Canada. Your participation is greatly appreciated. All participants who choose to provide their email address will be entered into a draw to win one of several prizes such as:

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iPad (1)
Smart Watch (1)
Kindle Fire HD 10 (4)
Kindle Paperwhite (4)
Noise-cancelling Headphones (4)
Portable speakers (5)
Fire TV stick (4)
Amazon $25 gift cards (10)
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The draw will take place approximately two weeks following the closure of the surveys, expected in **March 2023**. The odds of winning the draw are approximately 1/100.

This project is led by Meredith Alousi-Jones (PhD student) and Dr. Aryana Soliz (Post-Doctoral Researcher) at the McGill School of Urban Planning, under the supervision of Ahmed El-Geneidy, professor at the McGill School of Urban Planning. This research is funded by the National Research Council of Canada (fund # 257754 NRC AiP-023-1).

This survey will take approximately 25 minutes to complete. Participation is voluntary, and you may exit the survey and withdraw from the study at any time. If you wish to withdraw your responses after completing the survey, you may do so by emailing tram@mcgill.ca (mailto:tram@mcgill.ca?subject=NRC%20Survey %3A%20Withdrawal%20of%20response). In cases of withdrawal before the publication of the results, any data you have provided will be destroyed unless you indicate otherwise. In cases of withdrawal after publication of the results, data will be removed from further analysis and further publication.

The findings of the survey may be presented to different stakeholders in your region to inform them of the impacts that public transit and transportation have on older adults' well-being and satisfaction. Other research resulting from the survey may be published in various academic journals and at conferences. All survey responses will remain confidential, stored in password-protected files (through

the platform McGill LimeSurvey) on a password-protected computer, and participants will not be identified in any publications or reports. Non-identifiable data gathered in this study may be kept for future research purposes.

By submitting the survey responses, you indicate consent for inclusion in this study. If you provide your email address at the end of the survey, the data will remain confidential. **Participants are encouraged to print a copy of this form for future reference.** 

If you have any questions or concerns regarding this research project, please send an email to tram@mcgill.ca. (mailto:tram@mcgill.ca?subject=NRC%20survey%20%3A %20Question%20from%20respondent) If you need urgent assistance, you may call TRAM at 514-398-4058. If you have any questions or concerns regarding your rights or welfare as a participant in this research study, please contact the McGill Research Ethics Officer at 514-398-6831 or lynda.mcneil@mcgill.ca (mailto:lynda.mcneil@mcgill.ca). The research ethics number associated with this project is: REB# 22-06-040.

We recommend you use a desktop or laptop computer to complete the survey. Though possible, certain features in this survey might not work on tablets or mobile telephones.

Please forward this invitation!

Thank you for your participation!

There are 128 questions in this survey

### **Eligibility Questions**

We would first like to ask a couple of general questions that will help determine whether or not you are eligible to participate in this study.

Are you 65 years old or older?

Please choose only one of the following:

- Yes, I am 65 years old or older
- No

If you would like to be entered in the prize drawing once you complete this survey, please provide us with a **valid email address** where we can reach you.

If you choose **not to provide** a valid email address, you will **not be eligible** to win a prize.

Please write your answer here:

#### **General Questions**

We would like to ask a couple of general questions.

What **year** were you **born**?

Please choose only one of the following:

- 1958
- 1957
- 1956
- ..
- 1900

In which of the following regions do you live?

Please choose only one of the following:

- Greater Victoria
- Greater Vancouver
- Greater Saskatoon
- Greater Toronto
- Greater Montréal
- Greater Halifax

Do you currently have a valid driver's license?

Please choose only one of the following:

- Yes
- No

When was the last time you drove a car? (if you have a valid driver's license)

Please choose **only one** of the following:

- Today
- Yesterday
- Last week
- Last month
- Three months ago
- Longer than three months ago
- I don't remember

When was the last time you drove a car? (if you DO NOT have a valid driver's license)

- Last month
- Last year
- Many years ago
- I've never driven a car
- I don't remember

#### General opinions about public transit

We're interested in your general opinions of public transit in your region.

Over the past year, approximately how often did you use public transit in your city to reach a desired destination? (By public transit, we refer to: regular public transit service (bus, metro, train, tramway), paratransit, dial-a-ride/taxi booked through your public-transit service, etc.)

Please choose **only one** of the following:

- Everyday
- Five to six times a week
- Two to four times a week
- Once a week
- Twice a month
- Once a month
- A couple of times a year
- Never
- I don't know/I don't remember
- There is no public transit in my area

Which mode(s) of public transit did you use at least once in the past year in your region? Please choose **all** that apply:

- Regular bus service
- Regular subway service
- SkyTrain
- Metro
- Regular streetcar service
- Regular commuter train service (exo)
- Regular commuter train service (GO Transit)
- Regular commuter train service (West Coat Express)
- Ferry
- Paratransit (Wheel-Trans)
- Paratransit (HandyDART)
- Paratransit (Access Transit)
- Paratransit
- Paratransit (Access-A-Bus)
- Other (please specify):

Which destination(s) did you use public transit to reach in the past year? Please choose **all** that apply:

- Work/volunteering
- Grocery store
- Other shopping
- Recreation/leisure activity
- Visiting friends and/or family

- Medical appointments
- Other appointments (for example, esthetician, hair salon, pharmacy, etc.)
- Support service (community and senior centres, etc.)
- Religious
- Other (please specify):

Thinking about the public transit service in your region, please rate the following statements related to your agreement with them.

Please choose the appropriate response for each item:

	Strongly disagree	Disagree	Agree	Strongly Agree	I don't know	Does not apply
Public transit in my						
region is an affordable						
way of traveling						
Public transit in my						
region is a convenient						
way of traveling						
Public transit in my						
region is a comfortable						
way of traveling						
Public transit in my						
region is a reliable way						
of traveling						
Public transit in my						
region is a safe way of						
traveling						
I feel safe from crime						
and unwanted attention						
on public transit						
I feel safe from racism						
and discrimination on						
public transport						

Thinking about public transit in your region, please rate the following statements related to your agreement with them.

Please choose the appropriate response for each item:

	Strongly disagree	Disagree	Agree	Strongly Agree	I don't know	Does not apply
I plan to keep using public transit in my region within the next year						
I plan to use public transit in my region in the next year						

Would recommend			
public transit in my			
region to a friend or a			
family member			
Public transit positively			
impacts my quality of			
life			
Overall, I am satisfied			
with the public transit			
services in my region			

In your opinion, what would be a *reasonable* travel time to reach your desired destinations from your home by public transit in your region?

Please choose only one of the following:

- 10 minutes or less
- About 15 minutes
- About 20 minutes
- About 25 minutes
- About 30 minutes
- About 35 minutes
- About 40 minutes
- About 45 minutes
- About 50 minutes
- About 55 minutes
- 60 minutes or more
- Other:

To my knowledge, if I chose to use it, the public-transit system around my house COULD get me to the following destinations in a reasonable time from my home:

Please choose the appropriate response for each item:

	Yes	No	It would be challenging	I don't know
Work/volunteering				
Grocery store				
Other shopping				
Recreation/leisure activity				
Visiting friends and/or family				
Medical appointment				
Other appointment (for				
example, esthetician, hair salon,				
pharmacy, etc.)				
Support services (community				
and senior centres, etc.)				
Religious				

Are you aware that public transit in Montréal will be free for people aged 65 and over as of July 1, 2023? Please choose **only one** of the following:

- Yes, I am aware
- No, I wasn't aware

Will your use of public transit in Montréal be impacted by it being free? Please choose the appropriate response for each item:

	Much less often	Less often	No change	More often	Much more often	I don't know yet
With public transit being free, I will use it						

Is there anything that would improve your experience taking public transit in your region? Do you have any other comments or concerns you would like to add about public transit in your area? Please write your answer here:

Is there anything that would make you choose to take public transit in your region? Do you have any other comments or concerns you would like to add about public transit in your area? Please write your answer here:

Do you have any other comments or concerns you would like to add about public transit in your area? Please write your answer here:

# Most recent public transit trip

We're interested in your most recent public transit trip in your region.

Approximately, when was **the last time** you used public transit in your region? Please choose **only one** of the following:

- Today
- Yesterday
- Within the last 7 days
- Within the last 14 days
- Within the last month
- More than a month ago
- I can't remember

Was this public transit trip on a weekday (Monday - Friday) or on the weekend (Saturday or Sunday)? Please choose **only one** of the following:

- Weekday (Monday-Friday)
- Weekend (Saturday or Sunday)
- I don't remember

What time of day did you leave your home? If possible, try and record the exact time. Please choose **only one** of the following:

- 6:00AM or earlier
- 6:30AM
- 7:00AM
- 7:30AM
- 8:00AM
- 8:30AM
- 9:00AM
- 9:30AM
- 10:00AM
- 10:30AM
- 11:00AM
- 11:30AM
- 12:00PM
- 12:30PM
- 1:00PM
- 1:30PM
- 2:00PM
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- 4:00PM

- 4:30PM
- 5:00PM
- 5:30PM
- 6:00PM
- 6:30PM
- 7:00PM
- 7:30PM
- 8:00PM
- 8:30PM
- 9:00PM
- 9:30PM
- 10:00PM or later
- I don't remember what time I left

Could you estimate what time of day you left your home?

Please choose **only one** of the following:

- Early morning [6AM-9AM]
- Morning [9AM-11AM]
- Mid-day [11AM-1PM]
- Early afternoon [1PM-3PM]
- Late afternoon [3PM-5PM]
- Evening [5PM-7PM]
- Night [7PM or later]
- No, I really can't remember

Thinking about **this last trip** using public transit, approximately how long did it take you to get to your destination from your home?

Please choose **only one** of the following:

- 10 minutes or less
- 15 minutes
- 20 minutes
- 25 minutes
- 30 minutes
- 35 minutes
- 40 minutes
- 45 minutes
- 50 minutes
- 55 minutes
- 1 hour or longer
- Other:

Thinking about **this last time** you used public transit, which destination did you go to? Please choose **only one** of the following:

Work/volunteering

- Grocery store
- Other shopping
- Recreation/leisure activity
- Visiting friends and/or family
- Medical appointments
- Other appointments (for example, esthetician, hair salon, pharmacy, etc.)
- Support service (community and senior centres, etc.)
- Religious
- Other (please specify):

On the following map, please adjust the zoom using the +/- buttons at the top left-hand corner of the maps and drag the pin to this destination location. If you place the pin at the wrong spot by accident, you can drag it with your mouse to the correct spot. Please write your answer here:

Which of the following, would you consider as your **main mode** of transportation for your most recent public transit trip? (*The mode that you travelled the farthest using*)

Please choose only one of the following:

- Regular bus service
- Regular subway service
- SkyTrain
- Metro
- Regular streetcar service
- Regular commuter train service (exo)
- Regular commuter train service (GO Transit)
- Regular commuter train service (West Coat Express)
- Ferry
- Paratransit (Wheel-Trans)
- Paratransit (HandyDART)
- Paratransit (Access Transit)
- Paratransit
- Paratransit (Access-A-Bus)
- Other (please specify):

Thinking about the last time you used public transit in your region, please rate the following statements related to your satisfaction with **your main mode** regarding **this last trip**.

Please choose the appropriate response for each item:

	Strongly disagree	Disagree	Agree	Strongly Agree	I don't know	Does not apply
I was satisfied with how long it took me to reach my stop/station						
The waiting time at the stop/station was reasonable						

Information about			
schedules,			
announcements, etc., was			
easy to understand			
I felt that the public transit			
vehicle was in good			
condition (clean, etc.)			
I was satisfied with the			
length of time I spent on			
public transit			
Overall, I was satisfied with			
my experience on public			
transit during my trip			

Was this the most recent trip you took, leaving your home to reach any destination, *no matter the mode*?

- Yes, this is my most recent trip
- No, I have taken a more recent trip

#### Most recent trip

We're interested in your most recent trip in your region.

Approximately, when was **the last time** you left your home to reach a desired destination by any mode? Please choose **only one** of the following:

- Today
- Yesterday
- Within the last 7 days
- Within the last 14 days
- Within the last month
- More than a month ago
- I can't remember

What time of day did you leave your home? If possible, try and record the exact time.

- 6:00AM or earlier
- 6:30AM
- 7:00AM
- 7:30AM
- 8:00AM
- 8:30AM
- 9:00AM
- 9:30AM
- 10:00AM
- 10:30AM
- 11:00AM
- 11:30AM
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- 4:00PM4:30PM
- 5:00PM
- 5:30PM
- 6:00PM
- 6:30PM
- 7:00PM
- 7:30PM

- 8:00PM
- 8:30PM
- 9:00PM
- 9:30PM
- 10:00PM or later
- I don't remember what time I left

Could you estimate what time of day you left your home?

Please choose only one of the following:

- Early morning [6AM-9AM]
- Morning [9AM-11AM]
- Mid-day [11AM-1PM]
- Early afternoon [1PM-3PM]
- Late afternoon [3PM-5PM]
- Evening [5PM-7PM]
- Night [7PM or later]
- No, I really can't remember

Thinking about this last trip, which was your main destination?

Please choose only one of the following:

- Work/volunteering
- Grocery store
- Other shopping
- Recreation/leisure activity
- Visiting friends and/or family
- Medical appointments
- Other appointments (for example, esthetician, hair salon, pharmacy, etc.)
- Support service (community and senior centres, etc.)
- Religious
- Other (please specify):

On the following map, please adjust the zoom and drag the pin to your destination location.

Please write your answer here:

Thinking about **this last trip**, approximately how long did it take you to get to your destination from your home?

- 10 minutes or less
- 15 minutes
- 20 minutes
- 25 minutes
- 30 minutes
- 35 minutes
- 40 minutes
- 45 minutes

- 50 minutes
- 55 minutes
- 1 hour or longer
- Other:

Which mode(s) did you use during your last trip to get to this destination?

Please choose all that apply:

- Drive (Personal Vehicle)
- Drive (Carshare)
- Passenger (Private Carpool)
- Taxi/Uber/Lyft
- Walk
- Bicycle, Tricycle
- Bikeshare
- Motorcycle
- Scooter
- Regular bus service
- Regular subway service
- SkyTrain
- Metro
- Regular streetcar service
- Regular commuter train service (exo)
- Regular commuter train service (GO Transit)
- Regular commuter train service (West Coast Express)
- Ferry Paratransit (Wheel-Trans)
- Paratransit (HandyDART)
- Paratransit (Access Transit)
- Paratransit
- Paratransit (Access-A-Bus)
- Other (please specify):

Which of the following, would you consider as your **main mode** of transportation for your most recent trip?

(The mode that you travelled the farthest using.)

- Drive (Personal Vehicle)
- Drive (Carshare)
- Passenger (Private Carpool)
- Taxi/Uber/Lyft
- Walk
- Bicycle, Tricycle
- Bikeshare
- Motorcycle
- Scooter

- Regular bus service
- Regular subway service
- SkyTrain
- Metro
- Regular streetcar service
- Regular commuter train service (exo)
- Regular commuter train service (GO Transit)
- Regular commuter train service (West Coast Express)
- Ferry Paratransit (Wheel-Trans)
- Paratransit (HandyDART)
- Paratransit (Access Transit)
- Paratransit
- Paratransit (Access-A-Bus)
- Other (please specify):

Thinking about **this last trip**, please rate the following statements related to your satisfaction. Please choose the appropriate response for each item:

	Strongly	Disagree	Agree	Strongly	I don't	Does not
	disagree			Agree	know	apply
Overall, I was satisfied						
with my experience						
during this trip						

## Where I need to go versus Where I want to go

To better understand your accessibility and mobility needs, we would like to know more about where you need to go and where you want to go, and how they might differ.

Please specify "Other":

Please write your answer here:

How frequently do you **NEED** to go to these destinations?

Please choose the appropriate response for each item:

	Once a year	Twice a year	Once a month	Once a week	Almost daily
Work/volunteering					
Grocery store					
Other shopping					
Recreation/leisure activity					
Visiting friends and/or family					
Medical appointment					
Other appointments					
Support services (community					
and senior centres, etc.)					
Religious					
Other (as specified above)					

When you **NEED** to go to these destinations, do you require any assistance? Please choose the appropriate response for each item:

	No, I don't require	Someone I know	Someone I know	Someone I know	Someone gives me	Someone helps me
	assistance	drives me	drops me	picks me	directions	carry my
			off there	up there		things
Work/volunteering						
Grocery store						
Other shopping						
Recreation/leisure						
activity						
Visiting friends and/or						
family						
Medical appointment						
Other appointments						
Support services						
(community and						
senior centres, etc.)						
Religious						
Other (as specified						
above)						

Please specify "Other":

Please write your answer here:

How frequently do you **WANT** to go to these destinations?

Please choose the appropriate response for each item:

	Once a year	Twice a year	Once a month	Once a week	Almost daily
Work/volunteering					
Grocery store					
Other shopping					
Recreation/leisure activity					
Visiting friends and/or					
family					
Medical appointment					
Other appointments					
Support services					
(community and senior					
centres, etc.)					
Religious					
Other (as specified above)					

When you **WANT** to go to these destinations, do you require any assistance? Please choose the appropriate response for each item:

	No, I don't	Someone I	Someone I	Someone I	Someone	Someone
	require	know	know	know	gives me	helps me
	assistance	drives me	drops me	picks me	directions	carry my
			off there	up there		things
Work/volunteering						
Grocery store						
Other shopping						
Recreation/leisure						
activity						
Visiting friends and/or						
family						
Medical appointment						
Other appointments						
Support services						
(community and						
senior centres, etc.)						
Religious						
Other (as specified						
above)						

Does anyone assist you in travelling by any of the following means of transport? This includes having someone accompany you, pick you up and/or drop you off.

Please choo		

	Always	Sometimes	No	I don't use this mode
Walking				
Cycling				
Bus				
Metro/subway				
Commuter train				
Taxi/Uber				
Other				

Please specify "Other":	PΙ	ease	specify	' "Other":
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Please write your answer here:

## General travel perceptions and experiences

To better understand how daily travel figures into your life, we would like to know more about your perceptions and experiences with travel in your region.

How much do you agree with the following statements regarding your daily travel? Please choose the appropriate response for each item:

	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree	Does not
Daily travel contributes positively to my quality of life	uisagree				Agree	apply
I enjoy my conducting daily travel activities alone/independently						
As I get older, it is important for me to continue to travel independently						
My family/friends and I have similar daily travel habits						

How much do you agree with the following statements regarding driving? Please choose the appropriate response for each item:

	Strongly	Disagree	Neutral	Agree	Strongly	Does not
	disagree				Agree	apply
If I were to stop driving,						
I could maintain my						
preferred quality of life						
If I were to stop driving,						
there would be no						
adequate travel						
alternatives around my						
home						
If I were to stop driving,						
I would have to move						
from my current						
home/neighbourhood						

How much do you agree with the following statements regarding driving? Please choose the appropriate response for each item:

	Strongly	Disagree	Neutral	Agree	Strongly	Does not
	disagree				Agree	apply
Since I've stopped driving, I have						
maintained by preferred quality of						
life						
Since I've stopped driving, I have						
been using other transport options						
available around my home						
Since I've stopped driving, I have						
been able to remain in my current						
home/neighbourhood						

How much do you agree with the following statements regarding using public transit in your region? Please choose the appropriate response for each item:

	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree	Does not apply
If I were to use public transit, my quality of life would improve						
If I were to use public transit, I could get to all the destinations I need to go to						
If I were to use public transit, I could get to all the destinations I want to go to						

Did you ever, at any point in your life, regularly use any of the following modes of transport? Please choose the appropriate response for each item:

	Yes, regularly	Sometimes, not	Never	I don't
		regularly		remember
Walking				
Cycling				
Bus				
Metro/subway				
Commuter train				
Taxi/Uber				
Other				

Please	specify	"Other":
Dlagge		

Please write your answer here:

### Your neighbourhood

To better understand how your home location and neighbourhood characteristics impact your daily travel and satisfaction, we would like to ask you about your current home location. Please note that all answers remain confidential.

To provide us with the appropriate location of your primary home location, which of the following would you prefer to do? This will help to better understand the travel behaviour of people in your area Please choose **only one** of the following:

- Type my home postal code
- Place a pin on a map

On the following map, please adjust the zoom and drag the pin to your primary home location. Please write your answer here:

Please enter your primary home postal code. Please use the format XXX XXX (For example: H3A 0C2) Please write your answer here:

Do you agree with the following statements concerning your neighbourhood? Please choose the appropriate response for each item:

	Yes	No	I don't know	Does not apply
The characteristics of my neighbourhood improve my quality of life				
It is easy for me to walk around my neighbourhood				
It is easy for me to drive around my neighbourhood				
It is easy for me to access public transit in my neighbourhood				

Do you agree with the following statements concerning your neighbourhood? Please choose the appropriate response for each item:

	Yes	No	I don't know	Does not apply
The government is investing in				
my neighbourhood				
The government is investing in				
public transport in my				
neighbourhood				
I am concerned about whether				
I will be able to remain in my				
neighbourhood because of				
rising costs				

Do you agree with the following statements concerning your neighbourhood? Please choose the appropriate response for each item:

	Yes	No	I don't know	Does not apply
As I get older, it is				
important for me to				
continue to live in my				
current home				
As I get older, it is				
important for me to				
continue to live in my				
current neighbouthood				
I am concerned about				
whether I will be able to				
remain in my				
neighbourhood because of				
my changing transport				
needs and capabilities as I				
get older				

What year did you move into your current home? If you are unsure, estimate the closest year. Please choose **only one** of the following:

- 1900
- 1901
- 1902
- ...
- 2019
- 2020
- 2021
- 2022
- 2023
- Prefer not to answer
- I don't remember

Is your current primary residence owned by you or someone in your household? Please choose **only one** of the following:

- Vo
- No, I/We pay rent to the owner of the residence
- I don't know
- Prefer not to answer

Did you help choose your current home?

- Yes, I participated in the choice
- No, other people selected my residential location

- I don't remember/I don't know
- Prefer not to answer

What type of home is your current primary residence? Please choose **only one** of the following:

- Residence for older adults
- Apartment or condo Multi-unit (6 units or less)
- Apartment or condo Large multi-unit (more than 6 units)
- Row-house or townhouse
- Semi-detached house
- Detached, self-standing house
- Prefer not to answer
- Other:

When you moved into your current home, did you consider any of the following factors in your decision?

Please choose the appropriate response for each item:

	Yes	No	Not sure/I can't remember	Does not apply
Being in a neighbourhood				
where it is pleasant to walk				
Being in a neighbourhood				
where it is practical to move				
around and park by car (e.g.,				
traffic is light, there is good				
access by car, payment and				
availability of parking)				
Being near public transport				
Being near cycling				
infrastructure				

When you moved into your current home, did you consider any of the following factors in your decision?

Please choose the appropriate response for each item:

	Yes	No	Not sure/I can't remember	Does not apply
Being near my primary work location/school, or the work/school location of a member of my household				
Being near shops, services, doctors, pharmacies, etc.				
Being near family and/or friends				

Previous familiarity with the		
neighbourhood		
Presence of parks and green		
spaces		
Affordability of housing		
Social safety/low crime		

Do you have any other comments or concerns you would like to add about your home and/or neighbourhood?

Please write your answer here:

## Future housing plans

We would like to understand your future housing plans.

Are you considering moving from your current home to a different location in the next 5 years? Please choose **only one** of the following:

- Yes
- No

Are any of the following factors contributing to your consideration of moving from your current home to a different location?

Please choose the appropriate response for each item:

	Yes	No	Not sure	Does not apply
Being closer to friends and				
family				
Being closer to grocery				
stores and services				
Being closer to medical				
services and hospitals				
Being closer to community				
and social centres				
Being closer to parks and				
nature				
Moving to a place where I				
can have assistance				
Moving to a place where I				
can have more				
independence				

Are any of the following factors contributing to your consideration of moving from your current home to a different location?

Please choose the appropriate response for each item:

	Yes	No	Not sure	Does not apply
Being in a more affordable				
location				
Being in a more walkable				
environment				
Being in a more cyclable				
environment				
Being in a region with better				
public transit				
Other				

Please specify "Other":

Please write your answer here:

Do the public transit services in your region meet your daily travel needs? Please choose **only one** of the following:

- Yes
- No

Would you remain in your current home location if public transit suited your daily travel needs? Please choose **only one** of the following:

- Yes
- No

Do you have any comments on how public transport could be improved in your region to suit your travel needs?

Please write your answer here:

# General measures of subjective happiness, health, and life satisfaction

We would like to know more about how you evaluate your current happiness, health, and life satisfaction.

Thinking about your current life and personal circumstances, how satisfied are you with... (0 - Completely dissatisfied, 10 - Completely satisfied)

Please choose the appropriate response for each item:

	1	2	3	4	5	6	7	8	9	10
Your life as a whole										
Your standard of living										
Your physical health										
Your mental health										

#### Ease of travel

In this section, we will ask you about your perceptions regarding the ease of daily travel for multiple modes of transport.

To what extent to do you agree or disagree with the following statements? Please choose the appropriate response for each item:

	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree
I can confidently cycle (i.e, bicycle, tricycle, etc.)					
I can confidently drive a car					
I know how my local public transit systems work					
I can confidently find my way around					
Online services play an important role in my ability to find my way around (i.e., GPS, Google Maps, Waze, etc.)					
My travel is physically challenging for me					
Reaching my destination is the only good thing about transportation					
I value my daily travel					
I like to explore new places while I am travelling					

To what extent to do you agree or disagree with the following statements? Please choose the appropriate response for each item:

	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree
I have longer travel					
durations than desired					
I spend more money on					
travel than desired					
I have access to a car					
whenever I need it					

I can comfortably walk			
from my home to my			
desired destinations or			
public transport			
I can comfortably cycle			
from my home to my			
desired destinations or			
public transport			
I can comfortably take			
public transit from my			
home to my desired			
destinations or public			
transport			
There is always a			
transport option			
available to me at the			
times I need it to get to			
my desired destinations			

#### Disability questions

We would like to better understand how your disabilities or limitations, or lack thereof, impact your mobility and daily travel.

Do you identify having any disabilities or health conditions, whether temporary or permanent, that limit your mobility?

Please choose only one of the following:

- Yes
- No
- Prefer not to answer

Which type of disability or health condition(s) do you identify having?

Please choose all that apply:

- Permanent
- Recurring
- Temporary
- Prefer not to answer

Do you identify as having any of the following disabilities?

Please choose all that apply:

- Please choose all that apply:
- Deafness or hearing impairment
- Blindness or vision impairment
- Physical disabilities or physical conditions that limit any of your physical activities, such as walking, climbing stairs, bending, lifting, or carrying things
- Intellectual disability
- Learning disability
- Other, including any long-standing illness
- Prefer not to answer

Do you use a mobility aid device (such as a cane, a wheelchair, etc.) to assist you in your daily activities in order to improve your mobility?

Please choose **only one** of the following:

- Yes
- No
- Prefer not to answer

Which type of mobility assistance device(s) do you use?

Please choose all that apply:

- Walking aids (canes, crutches, walkers, walking frames)
- Manual wheelchair
- Power wheelchair
- Electric mobility scooter
- Prefer not to answer
- Other:

Do you currently have any difficulty walking, climbing stairs, standing, bending, lifting, carrying, or doing any similar activities?

- Yes, all the time
- Yes, often
- Yes, sometimes
- No
- Prefer not answer

## Sociodemographics

This final section allows us to gather more general information.

How do you identify?

Please choose only one of the following:

- Man
- Woman
- Non-binary or non-conforming
- Agender
- Prefer not to answer
- Other

What is your marital status?

Please choose only one of the following:

- Single (never married)
- Married (or common law)
- Separated or divorced
- Widowed
- Prefer not to answer

How many people live in your household, including yourself?

Please choose only one of the following:

- 1
- 2
- 3
- 4
- 5
- ...
- 18
- 19
- 20
- 21 or more

How many adults aged 18 or older live in your household, including yourself? Please choose **only one** of the following:

- 1
- 2
- 3
- 4
- 5
- ...
- 29

30

How many children under the age of 18 live in your household? If no children under 18 live in your household, select 0.

Please choose **only one** of the following:

- 0
- 1
- 2
- 3
- 4
- ...
- 17
- 18
- 19
- 20 or more
- Prefer not to answer

Are you a caregiver?

Please choose only one of the following:

- Yes
- No
- I don't know
- Prefer not to answer

What is the age of the person you take care of?

Please choose **only one** of the following:

- Prefer not to answer
- 0-5 years old
- 6-12 years old
- 13-18 years old
- 19-65 years old
- 66-120 years old

Which language do you speak most often at home?

Please choose only one of the following:

- English
- French
- Other:

In a typical year, how many months do you spend living in Canada?

- 0
- 1
- 2
- 3
- 4
- 5

- 6
- 7
- 8
- 9
- 10
- 11
- 12
- I don't know/I don't remember

Were you born in Canada?

Please choose **only one** of the following:

- Yes
- No
- Prefer not to answer

When did you move to Canada?

Please choose only one of the following:

- 2022
- 2021
- 2020
- 2019
- 2018
- 2017
- ...
- 1914
- 1913
- 1912
- 1911
- 1910
- I don't know

In which country did you spend the most time growing up until you turned 18? Please write your answer here:

How would you characterize the environment where you grew up? Please choose **only one** of the following:

- Urban
- Suburban
- Rural

To which ethnic or cultural group(s) did your ancestors belong? Please choose **all** that apply:

- Aboriginal
- Asian
- Black

- Caucasian/ White
- Latin American
- Middle Eastern
- Prefer not to answer
- I don't know
- Other:

Which category best describes your **annual household income**, taking into account **all sources** of income (including social programs, pensions, and private retirement savings)?

Please choose **only one** of the following:

- Less than \$10,000
- \$10 000 to \$29 999
- \$30 000 to \$59 999
- \$60 000 to \$89 999
- \$90 000 to \$119 999
- \$120 000 to \$149 999
- \$150 000 or more
- I don't know
- I prefer not to answer

What is your current employment status?

Please choose all that apply:

- Retired
- Volunteering
- Homemaker
- Employed full-time
- Employed part-time
- Student (full-time, part-time, or independent)
- Other:

What is your highest level of education obtained?

Please choose only one of the following:

- Primary/Elementary school diploma
- Secondary school diploma
- Trade/Technical school or college diploma (e.g., CÉGEP)
- Undergraduate degree
- Graduate degree
- Prefer not to answer
- I don't know

How many private automobiles do you have regular access to? Include only those owned, leased or borrowed on a long-term basis by you or someone else in your household and which you are permitted to drive. **Do not** include car-share.

Please choose **only one** of the following:

None

- 1
- 2
- 3
- 4
- 5 or more
- Prefer not to answer
- I don't know/Does not apply

Select from the following the statement(s) that apply to you.

Please choose all that apply:

- I own a bicycle or tricycle
- I have a carsharing membership
- I have a bikesharing membership/subscription
- I have used a carpooling service in the past year
- I have used a ridehailing service (such as Uber) in the past year
- None of the above

Do you have a transit pass?

Please choose only one of the following:

- No
- Yes, a monthly pass
- Yes, an annual pass
- Yes, single-use tickets
- I don't know
- Does not apply
- Other:

Do you receive a reduced public transit fare?

Please choose only one of the following:

- Yes
- No
- I don't know
- Does not apply

Are you eligible for paratransit?

Please choose only one of the following:

- Yes
- No
- There is no paratransit service in my area
- I don't know

How many licensed drivers are in your household, including yourself? Please choose **only one** of the following:

- None
- 1

- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10 or more

#### Comments

Do you have any general comments or concerns you would like to add? Please write your answer here:

Would you be willing to participate in further research to gain a deeper understanding of older Canadians' daily travel habits? This could take the form of a shorter follow-up survey in the spring (May or June 2023) and/or a short (30 minutes) interview in the summer.

Please choose only one of the following:

- I would be willing to participate in a second, shorter survey
- I would be willing to participate in a short interview
- I would be willing to participate in both
- No, I do not wish to participate in further research about this topic

Please provide an email at which we can reach you to send you the information about further participation:

Please write your answer here:

## End of survey