-0.3

-0.2

-0.1

0.0

APE Variance, Jkg^{-1}

0.1

0.2

0.3

0.4

0.5

-0.30

-0.45

-0.15

0.00

APE Variance, Jkg⁻¹

0.15

0.30

0.45

0.60