0.5

APE Variance,  $Jkg^{-1}$ 

1.0

1.5

2.0

2.5

3.0

0.0

APE Variance,  $Jkg^{-1}$ 

0.5

1.0

1.5

2.0

-1.0

-1.5

-0.5

0.0

-0.5

-2.0

-1.5

-1.0