TAKE 100%

RESPONSIBILITY FOR

YOUR LIFE

You must take personal responsibility. You cannot

Change the circumstances, the seasons, or the wind,

but you can change yourself.

JIM RHOHN

America’s foremost business philosopher

One of the most pervasive myths in the American culture today is that we are entitled to a great entitled to a great life—that somehow,somewhere,someone (certainly not us)is responsible for filling our lives with continual happiness, exciting career options, nurturing family time, and blissful personal relationships simply because we exist.

But the real truth—and the one lesson this whole book is based on –is that there is only one person responsible for the quality of the life you live.

That person is you.

If you want to be successful, you have to take 100% responsibility for everything that you experience in your life. This includes the level of your achievements, the results your produce, the quality of the relationships, the state of your health physical fitness, your income, your debts, your feelings –everything!

This is not easy.

In fact, most of us have been conditioned to blame something outside of ourselves for the parts of our lives we don’t like. We blame our parents, our bosses, our friends, our astrological chart, our lack of money—anyone or anything we can pin the blame on. We never want to look at where the real problem is—ourselves.