

THE FALSE SELF

Security and significance achieved
by what we have, what we can do
and what others think of us

Happiness sought in autonomy
from God and in attachments

Identity is our idealized self (who
we want others to think we are)

Achieved by means of pretense
and practice

Maintained by effort and control

Embraces illusion as a means of
attempting to become a god

THE TRUE SELF

Security and significance achieved
by being deeply loved by God

Fulfillment found in surrender to
God and living our vocation

Identity is who we are—and are
becoming—in Christ

Received as a gift with gratitude and
surrender

Maintained by grace

Embraces reality as the place of
meeting and being transformed by
God