Diameter of glucose molecule	1 nm
Diameter of DNA helix	2 nm
Diameter of insulin molecule	5 nm
Thickness of cell wall (gram negative bacteria)	10 nm
Size of typical virus	75 nm
Diameter of the smallest bacterium	200 nm
Diameter of red blood cell	8.4 µm
Diameter of average cell in human body	10 µm
Diameter of the largest bacterium	750 µm