





# Session 2: Hands-on exercise: BOLD Signal and Design Matrix

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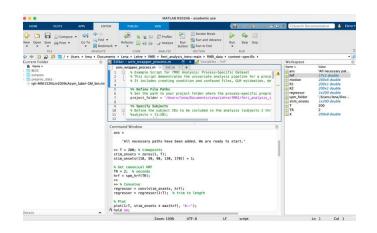
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## Hands-on exercises

#### **Topics and questions**

- -Matlab Basics
- -HRF
- -BOLD Signal
- -Design Matrix



- 1. Why do we convolve condition onsets with the HRF?
- 2. Why are nuisance regressors not convolved?
- 3. What is a beta estimate?
- 4. How do we interpret contrasts?
- 5. What do condition files contain?
- 6. What do confound files contain?
- 7. Why use first-level (subject-level) models?

## Setup Requirements

#### **Download Jimmy Shen's toolbox:**

https://www.mathworks.com/matlabcentral/fileexchange/8797-tools-for-nifti-and-analyze-image

#### Add it to your MATLAB path:

addpath(genpath('/your/path/to/nifti\_toolbox'));

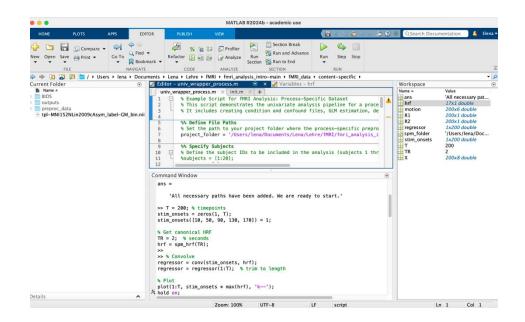
load\_nii and load\_untouch\_nii are pure MATLAB and compatible with .nii.gz files without needing compiled MEX or toolbox dependencies.

#### Learn to:

- Use the Command Window
- Create and manipulate variables
- Plot simple functions
- Write and run scripts
- Navigate the file system

#### The MATLAB Environment

- Command Window Try things out interactively
- Editor Write reusable scripts
- Workspace See variables in memory
- Current Folder Navigate and manage your files



#### **Variables and Simple Math**

%Code:

2 + 3

a = 2 + 3

disp(a)

Try it out:

- Change the numbers
- Use multiplication \*, division /, or power ^

#### **Create and Plot a Signal**

```
%Code:
t = 0:0.1:10;
y = \sin(t);
plot(t, y);
title('Sine Wave');
xlabel('Time (s)');
ylabel('Amplitude');
```

#### **Navigate Folders and Files**

%Code:

pwd

dir

cd('/your/folder/path')

#### **Create Your First Script**

- 1. Click New Script
- 2. Write code, e.g.:

```
x = 0:0.01:2*pi;
y = cos(x);
plot(x, y);
title('Cosine Function');
```

- 3. Save as yourscriptname.m
- 4. Click Run

#### **Bonus – Loops and Display**

```
%Code:

for i = 1:5
    disp(['This is loop number ', num2str(i)])
end
```

#### Combine for loops and if statements

```
Code Example:
for i = 1:5
  if mod(i, 2) == 0
     disp(['Loop ', num2str(i), ': even number'])
  else
     disp(['Loop ', num2str(i), ': odd number'])
  end
end
```

## **Exercise 1: Simulate a Hemodynamic Response**

```
Goal: Understand convolution with HRF.
% Simulate onsets
T = 200; % timepoints
stim onsets = zeros(1, T);
stim onsets([10, 50, 90, 130, 170]) = 1;
% Get canonical HRF
TR = 2; % seconds
hrf = spm hrf(TR);
% Convolve
regressor = conv(stim_onsets, hrf);
regressor = regressor(1:T); % trim to length
% Plot
plot(1:T, stim onsets * max(hrf), 'k--');
hold on;
plot(1:T, regressor, 'r');
legend('Stimulus', 'Convolved');
title('HRF Convolution');
```

# Exercise 2: Visualize the BOLD Signal in a Voxel

```
% Load NIfTI data using load nii from Jimmy Shen's NIfTI toolbox
data folder = '/Users/lena/Documents/Lena/Lehre/fMRI/content data/sub-01/func';
cd(data folder)
nii = load nii('sub-01 task-LTM run-1 bold.nii.gz');
% Automatically handles .nii or .nii.qz
Y = nii.img; % Dimensions: [x, y, z, time] % Extract 4D data array
x = 53; y = 62; z = 25; % Choose voxel coordinates
ts = squeeze(Y(x, y, z, :)); % Extract the time series at the voxel
% Plot the time series
plot(ts);
xlabel('Time (TRs)');
ylabel('BOLD signal intensity');
title(sprintf('Time series at voxel [%d %d %d]', x, y, z));
```

**Goal:** Inspect time series in a single voxel to see BOLD signal variability.

# **Exercise 3: Design Matrix Visualization**

```
% Create 2 regressors (conditions)
T = 200:
R1 = zeros(T,1); R2 = zeros(T,1);
R1(20:40) = 1; R2(80:100) = 1;
% Create 6 motion regressors
motion = randn(T,6)*0.1;
% Combine into design matrix
X = [R1 R2 motion];
% Visualize
imagesc(X); colormap(gray);
xlabel('Regressors'); ylabel('Timepoints');
title('Design Matrix');
```

**Goal:** Build a simple GLM with two conditions and motion regressors.

### Hands-on exercises

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