

What does this app do:

- Users input their productivity goals and study schedules.

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- The app tracks phone usage and alerts the user when they exceed set limits.

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Timer-based study sessions

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- Sync with class schedules to send reminders for focused study periods.

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Consumer Impact

- Users might ignore notifications or dismiss warnings.

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- Privacy concerns related to tracking app usage or personal schedules.

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- Over-reliance on the app without building self-discipline.

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- Compatibility issues across devices (Android/iOS).

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Potential Solutions

Make notifications customizable and motivational

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Ensure the app collects minimal data and complies with privacy standards

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- Offer educational content on building focus habits.

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- Provide offline functionality to minimize distractions.

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