

TEAMWORK

1 What you do well

You are good at:

- ✓ Expressing your ideas clearly and actively engaging in group discussions.
- ✓ Adapting to new roles within a team, though you may need a moment to settle in.
- ✓ Handling minor conflicts effectively, even if more proactive resolution could further enhance outcomes.

2 Where these skills could lead you

Home Health Aide:

Your ability to work well with others supports quality patient care. By improving your collaborative skills, you can contribute to more cohesive care strategies and better support for patients.

Medical Assistant:

Your role in supporting clinical and administrative tasks relies on effective teamwork. Enhancing your collaborative approach can lead to smoother operations and improved patient outcomes.

Hotel, Motel, and Resort Desk Clerk:

In hospitality, your ability to work with multiple departments is essential for delivering a seamless guest experience. Fine-tuning your teamwork skills can further elevate service quality and operational efficiency.

3 Try this next

- 1. Join Interdepartmental Initiatives:**
Participate in projects that require collaboration across various functions, allowing you to practice adapting to different communication styles and coordination methods.
- 2. Engage in Role-Playing Exercises:**
Simulate common workplace scenarios to practice resolving conflicts and clarifying roles, which will help you manage group challenges more proactively.
- 3. Enroll in Communication Enhancement Workshops:**
Attend training sessions that focus on active listening, clear expression, and conflict management, sharpening your ability to collaborate effectively.
- 4. Organize Group Reflection Sessions:**
After team projects, lead debriefings that discuss what worked well and what could be improved in terms of collaboration, fostering continuous learning and refinement.
- 5. Request Constructive Peer Feedback:**
Regularly ask colleagues for input on your participation and teamwork style. Use their feedback to identify small, targeted improvements that elevate your overall performance.

