

# PDF 生成

編號	Text	快樂	難過	害怕	憤怒	愛	驚喜	備註
1	i didnt feel humiliated		1					提及負面情緒（羞辱），即使是否定形式，核心話題仍是負面感受。
2	i can go from feeling so hopeless to so damned hopeful just from being around someone who cares and is awake	1						明確表達了從絕望到充滿希望的轉變，核心是正面情緒。
3	im grabbing a minute to post i feel greedy wrong		1					表達了內疚、錯誤的感覺。
4	i am ever feeling nostalgic about the fireplace i will know that it is still on the property					1		懷舊通常帶有對過去的溫情和喜愛。
5	i am feeling grouchy				1			明確表達了煩躁、易怒的情緒。
6	ive been feeling a little burdened lately wasnt sure why that was		1					感覺負擔沉重，是負面情緒。
7	ive been taking or milligrams or times recommended amount and ive fallen asleep a lot faster but i also feel like so funny						1	描述了一種奇怪、不尋常的感覺（"funny"在此偏向奇怪），帶有驚訝或意外感。
8	i feel as confused about life as a teenager or as jaded as a year old man			1				表達了困惑和迷茫。
10	i feel romantic too					1		明確表達了浪漫的感覺。
11	i feel like i have to make the suffering i m seeing mean something		1					感受他人的痛苦並試圖尋找意義，但核心是感受痛苦。
12	i do feel that running is a divine experience and that i can expect to have some type of spiritual encounter	1						描述跑步為神聖體驗，是積極、愉悅的感受。
13	i think it s the easiest time of year to feel dissatisfied		1					表達了不滿的情緒。
14	i feel low energy i m just thirsty		1					描述了低能量的身體狀態，通常伴隨負面感受。
16	i do not feel reassured anxiety is on each side			1				明確表達了焦慮和不安。
17	i didnt really feel that embarrassed		1					提及負面情緒（尷尬），即使是否定形式。
18	i feel pretty pathetic most of the time		1					表達了可悲、負面的自我評價。

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20	i now feel compromised and skeptical of the value of every unit of work i put in		1					感覺受到損害和懷疑，是負面情緒。
21	i feel irritated and rejected without anyone doing anything or saying anything				1			明確表達了被激怒和被拒絕的感覺。
23	i have the feeling she was amused and delighted	1						描述了他人（推測自己也感受到）的愉悅和高興。
28	i become overwhelmed and feel defeated		1	1				同時表達了不知所措（害怕）和被打敗的感覺（難過）。此處標註兩者，但主要歸類為不知所措引發的害怕。
30	i feel more superior dead chicken or grieving child	1						感覺更優越，雖然語境奇怪，但優越感本身是一種（可能扭曲的）正面自我感受。
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31	i get giddy over feeling elegant in a perfectly fitted pencil skirt	1						因穿著合身裙子感到優雅而快樂。
32	i remember feeling acutely distressed for a few days		1					回憶起幾天極度痛苦的感受。
33	i have seen heard and read over the past couple of days i am left feeling impressed by more than a few companies	1						對多家公司留下印象深刻的感覺（正面）。
34	i climbed the hill feeling frustrated that id pretty much paced entirely wrong for this course and that a factor that has never ever hampered me had made such a dent in the day		1					因配速錯誤及意外因素影響表現而感到沮喪。
35	i can t imagine a real life scenario where i would be emotionally connected enough with someone to feel totally accepted and safe where it it morally acceptable for me to have close and prolonged physical contact and where sex won t be expected subsequently					1		想像一種被完全接納、感到安全且有親密連結的理想狀態。

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36	i am not sure what would make me feel content if anything		1					不確定什麼能讓自己感到滿足，帶有失落感。
37	i have been feeling the need to be creative	1						感覺到需要發揮創意（通常是正向的驅動力）。
38	i do however want you to know that if something someone is causing you to feel less then your splendid self step away from them		1					建議他人遠離會讓自己感覺渺小的人事物（暗示負面感受）。
39	i feel a bit rude writing to an elderly gentleman to ask for gifts because i feel a bit greedy but what is christmas about if not mild greed		1					因向長輩索取禮物感覺有點失禮和貪心（輕微負面感受）。
40	i need you i need someone i need to be protected and feel safe i am small now i find myself in a season of no words		1	1				表達強烈的依賴、需要保護和安全感，感到渺小脆弱。
41	i plan to share my everyday life stories traveling adventures inspirations and handmade creations with you and hope you will also feel inspired	1						希望分享生活並激勵他人（正向意圖）。
42	i already have my christmas trees up i got two and am feeling festive which i m sure is spurring me to get started on this book	1						因為聖誕裝飾而感到節慶氣氛。
43	ive worn it once on its own with a little concealer and for the days im feeling brave but dont want to be pale then its perfect	1						在感覺勇敢的日子裡，對淡妝效果感到滿意（完美）。
44	i feel very strongly passionate about when some jerk off decides to poke and make fun of us				1			對於他人惡意嘲弄感到非常強烈的不滿（憤怒）。
45	i was feeling so discouraged we are already robbing peter to pay paul to get our cow this year but we cant afford to not get the cow this way		1					因財務困難買牛而感到非常沮喪。
46	i was feeling listless from the need of new things something different		1					因渴望新事物而感到無精打采、缺乏活力。
47	i lost my special mind but don t worry i m still sane i just wanted you to feel what i felt while reading this book i don t know how many times it was said that sam was special but i can guarantee you it was many more times than what i used in that paragraph did i tell you she was special		1					描述閱讀書中反覆強調「特別」所帶來的感受（帶有諷刺與疲乏）。
48	i can t let go of that sad feeling that i want to be accepted here in this first home of mine		1			1		因渴望在家鄉被接納而感到難過。

[illegible]

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61	i feel in they talk the brother in law is extremely popular the one that had no me to think is so stiff		1					描述感到僵硬(stiff)，可能帶有社交不適或輕微負面感受。
62	i ate i could feel a gentle tingle throughout almost as if i was feeling the healing taking place at a cellular level	1						描述一種正面的、療癒般的身體感受，接近愉悅。
63	i feel like we are pressured into being young beautiful thin and depending on the trend having the girls rejuvenated or butt implants		1					感到被社會壓力所迫(pressured)，帶有負面感受。
64	i began having them several times a week feeling tortured by the hallucinations moving people and figures sounds and vibrations		1	1				被幻覺折磨(tortured)，充滿痛苦(難過)與恐懼(害怕)。
65	i am now nearly finished the week detox and i feel amazing	1						完成排毒後感覺極好(amazing)，是明確的快樂。
66	i feel selfish as i read back to my former posts how i have never asked for prayers for others how i never considered that there may be others out there that deserve their prayers answered before my own		1					因意識到自己的自私(selfish)而感到內疚或難過。
67	i know the pain parents feel when an enraged child becomes violent		1	1				理解父母在子女暴力時感到的痛苦(pain/難過)與可能伴隨的恐懼(害怕)。
68	i have been on a roller coaster of emotions over these supposed feelings that something unpleasant was coming			1				對於預感不祥之事(unpleasant was coming)感到情緒波動，主要是焦慮不安(害怕)。
69	i suppose my own truth needs to be shared i havent been feeling very faithful lately ive dwelled more in doubt and uncertainty than i have in faith		1					因缺乏信念、充滿懷疑(doubt)和不確定性(uncertainty)而感到失落或不安(難過)。
70	i was feeling brave when i bought it and clearly when i was doing my makeup	1						描述自己感到勇敢(brave)的時刻，帶有克服困難後的正面感受。
71	i am feeling miserable but c i am also the proudest mum on earth	1	1			1		同時感受到痛苦(miserable/難過)與身為母親的極度驕傲(proudest/快樂、愛)。

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72	i figure my family loves us no matter what but around anyone else i feel embarrassed when michelle goes ballistic		1					在外人面前因他人行為感到尷尬(embarrassed)，屬於負面社交情緒(難過)。
73	i don t necessarily think f bombs and sex are necessary in all stories but i feel reassured when i see them in print journals	1						看到某些內容時感到安心(reassured)，是一種解脫焦慮的正面感受(快樂)。
74	i can feel my ovaries aching talking to me as i like to put it		1					描述生理上的疼痛感(aching)，略帶負面感受(難過)。
75	i didn t feel like doing much chris and i mostly just took too many pictures of unimportant stuff		1					缺乏行動意願(didn't feel like doing much)，情緒可能較為低落(難過)或平淡。
76	im tired of the book and ready to have it out of here and finding out that i was given unsuitable images and then feeling blamed for the result did not sit well		1		1			對於工作感到厭倦(tired of)，且因被錯誤歸咎(feeling blamed)而感到不快(難過)與憤怒(did not sit well)。
77	i did successfully manage to stretch a mxm canvas i feel that this is an achievement in itself for me and was a worthwhile usage of my money and time i will use the canvas for future briefs	1						對於成功完成任務(successfully manage)感到成就感(achievement)和快樂。
78	i think feelings are one of nay the most important things we have							表達對情感重要性的看法，非直接情感流露。
79	i feel completely honored to be an influence to this young talented fully alive beautiful girl woman	1				1		感到非常榮幸(honored)，充滿喜悅(快樂)與敬愛(愛)。
80	i feel angered and firey				1			直接表達了憤怒(angered)的情緒。
81	i feel like a miserable piece of garbage		1					強烈的自我否定(worthless)和痛苦感受(miserable)，歸類為難過。
82	i feel like i need to make a list leanne would be appalled at the thought so that i dont miss anything			1				感覺需要列清單以防遺漏(don't miss anything)，可能源於焦慮感(害怕)。

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83	i drove dannika to school i was feeling a little bit rushed and this is what greeted me as i turned the corner			1				感到有點匆忙(rushed)，帶有輕微的壓力或焦慮(害怕)。
84	i remember feeling so hellip furious with the shooter				1			回憶起對槍手感到極度憤怒(furious)的時刻。
85	i feel very happy and excited since i learned so many things	1						因學到很多東西而感到非常開心(happy)和興奮(excited)。
86	i feel that at shows and around show horses people are trusting and relaxed because most show horses are safe and quiet and are handled frequently	1						描述在特定場合感受到的信任與放鬆(trusting and relaxed)氛圍，偏向正面觀察帶來的安心感(快樂)。
87	i only have a couple of things left to make and at the start of december i am done and feeling smug	1						因即將完成任務而感到得意、滿足(smug)，是一種快樂。
88	i think about how u could make me feel and realize that everything will be ok	1						思考後意識到一切都會好轉(everything will be ok)，帶來安心和正向感受(快樂)。
89	i feel so worthless during those times i was struggling finding work		1					在找工作的困難時期感到非常沒有價值(worthless)，是難過的情緒。
90	i will be able to lay on my bed in the dark and not feel terrified at least for a while	1		1				能夠不再感到害怕(not feel terrified)，描述了一種解脫和安心的狀態(快樂)，其背景是恐懼(害怕)。
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91	i was ready to meet mom in the airport and feel her ever supportive arms around me	1				1		期待與母親見面並感受到她的支持與愛。
92	im feeling bitter today my mood has been strange the entire day so i guess its that		1		1			感到苦澀和心情怪異，帶有負面情緒與些許不滿。

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93	when my mums brother passed away after having been involved in a car accident he was bringing me a present as i had passed my form five exams with flying colours		1					回憶親人過世的悲傷事件，儘管與一件開心的成就連結。
94	i am letting go of the animosity that is towards anyone that i feel has wronged me				1			描述正在釋放對他人的敵意與被傷害感（憤怒）。
95	i talk to dogs as i feel they cannot understand words but they can read emotions and know how to be supportive i decided i should go home					1		從與狗的互動中感受到支持與理解（愛/連結感）。
96	i feel like throwing away the shitty piece of shit paper				1			對某個物品（紙張）感到強烈的挫敗與憤怒。
97	im starting to feel wryly amused at the banal comedy of errors my life is turning into	1						對生活中的錯誤感到一種帶點諷刺的滑稽感（快樂/幽默）。
98	i find every body beautiful and only want people to feel vital in their bodies					1		表達對他人的欣賞與希望他們感覺良好（愛/關懷）。
99	i hear are owners who feel victimized by their associations the associations attorneys or the property manager			1	1			轉述他人感到受害，其中可能包含不滿（憤怒）與無助（害怕）。
100	i say goodbye to the fam theyre all sad a crying and i feel like a heartless bitch because hey im pretty excited to be flying for the first time and you know also to spend a year in another country	1	1					描述離別時的複雜情緒：家人難過，自己則因初次飛行與出國感到興奮，並因此產生些微愧疚感。