

After-School Clubs at The Children's Workshop School

Fall 2013 Schedule

GUITAR

Grades 2-5



REW STARR

Monday, Max 8

Learn how to play your favorite songs on the guitar. Rew's students practice more than they ever imagined. Her non-traditional casual style offers a fun feel and the minutes fly by. She inspires her students and leaves every lesson inspired as well. Her students are playing their favorite songs quickly and effortlessly in no time. She also teaches songwriting and how music can help you with your daily feelings and emotional state. It has the ability to transform any difficult situation into one of wonder and confidence. Music is the apple of a day...and it is always there for you. Students need to bring their own guitar.

ACTING CLUB

Grades 3-5



JED CLARKE

Monday Max 10

In this club the actor prepares..., to have fun and get their shine on! Through warm-ups, monologues, vocal exercises, scene study and improvisation, club meetings will focus on the fundamentals of acting +and the JED CLARKE approach. At the end of the semester, students will perform an original play written by Jed Clarke. Jed is a writer, actor and director. He is a longtime volunteer with the 52th St. Project and an assistant professor at Michael Howard Studio.

CHESS

Grades K -3



CARL WRIGHT

Monday, Max 15

I am a chess teacher who has been working with children Pre-K through college for over 17 years. I am pleased that some of my students have gone on to do very well in chess. I am ecstatic that almost all of my students have found it has helped them do well in life. There will be general instruction to learn the basic rules/moves of the game and activity based instruction to help all play stronger as well as apply ideas for more advanced play. All should gain and have fun. I look forward to seeing you and your child Learning through Chess.

DUNHAM DANCE

Grades 1 – 3



BRIAN SCOTT

Monday, Max 8

This is a beginner's level class for Dunham Dance Technique, a modern dance style that incorporates ballet, Caribbean and Latin movements. Students will learn to develop rhythm, coordination and body toning through exercise and movements across the floor. Students will learn about choreographers, dancers and dance history through a research project each semester. Mr. Scott has taught dance to school aged children for over 20 years and has an extensive resume that includes Off-Broadway, television and in Europe.

SPANISH CLUB

Grades Pre/K – K

ILEANA RIVERA

Monday, Max 10

Your child will learn the basic of Spanish. This will include: greetings, family, colors, numbers and a lot more. They will also learn through songs and fun games. It's the perfect way to get pre-schoolers singing and speaking Spanish fast. My name is Ileana Rivera and I am the Pre-K paraprofessional.

PAINTING PROJECTS

Grades 3rd – 5th



DARRYL LAVARE

Monday, Max 10

Students will work on canvas, wood, paper with acrylic paints. When weather permits, we will be painting landscapes outdoors. We will also explore different subject matters, including still lifes, models, our imagination and painting from collages which we create. We will study mixing colors, contrast, making an interesting and balanced composition. I am a painter and a graduate of the Rhode Island School of Design and a mother of two CWS students.

MATH FOR THE YOUNG

Grades Pre-K – K



ANDREA REYES

Tuesday, Max 10

Math games and puzzles for young children- Bingo, Uno Cards and much more. We will use math manipulatives to learn addition and subtraction for problem solving. We will also practice writing numbers. Andrea is a Pre-K paraprofessional at The Children's Workshop School

CIRCUS SKILLS AND VARIETY ARTS

Grades 1st – 5th



KEITH NELSON

Tuesday, Max 20

Come join the circus!!!! You will learn juggling, balancing, clowning and simple acrobatics. Keith Nelson is a variety artist and physical comedian, juggler, sideshow entertainer and circus skills instructor. He is the co-founder and performer with The Bindlestiff Family Circus.

SIMPLY BAKING

Grades Pre-K – 2nd



GARY MORSTON

Tuesday, Max 10

In this club, children will enjoy the passion of baking both sweet and savory recipes featuring old classic recipes with a twist....baked apples, cornbread, carrot loaf, fresh bread and more... Each child will take home their own cookbook at the end of this club. Gary is the CWS early childhood teacher.

GIRLS SPORTS

Grades 3rd – 5th



CRYSTAL SOTO

Tuesday, Max 15

Explore new sports and activities in a fun way!! Girls will play volleyball, kickball, track and field games and much more. They will learn proper stretching and sports etiquette while having fun. It is proven that children who participate in daily physical activities do better in school. Get started now... Crystal is a CWS teacher.

MULTICULTURAL COOKING

Grades 1st / 2nd



SUSAN & BEVERLY

Tuesday, Max 16 \$260

Do you want to experience exotic foods from around the world???? Let us help you bring cultural awareness to your taste buds. Come join Savory Susan and Sweet Beverly cooking from East to West Style. Some items include: empanada, plantain, rice and beans, LoMein, meatballs and much more. Your children will experience a wide range of different foods from around the world. Both Susan and Beverly are teachers at CWS.

SEWING CLUB

Grades 2nd – 5th



ALICE BAJNO

Tuesday, Max 10

Learn everything you need to know about sewing. We will explore hand and machine sewing. Students will learn how to design a project and complete 3. It will be a fun time for everyone to design their own creations. Alice is a proud parent of a CWS Alumni and has a degree in Fashion Design from FIT.

SPORTS CLUB

Grades 2nd – 5th

LUIS LIZARDO

Tuesday, Max 10

Give your child the daily physical activity they need. The kids will play kickball, soccer, basketball, tag games and more. Activities will include some stretching exercises and instruction. There will be indoor and outdoor activities. Luis is the Inclusion teacher at CWS.

CHOICE TIME CLUB

Grades Pre-K - 1

DARRYL LAVARE

Tuesday, Max 10

What do you like to play? It is your choice in this club! Do you like to build? Dress up? Play games? Read

books? Paint? Play outside in the school yard? Join this club and make your choice! One of the choices will be a weekly art project. Darryl Lavare is a graduate of the Rhode Island School of Design. She is a painter and mother of two CWS students.

HIP-HOP

Grades 1st – 5th



TIANA L. COLES

Wednesday, Max 12

The Hip-Hop class will be taught by Tiana Coles. Tiana studied at the Alvin Ailey School, performed in The Lion King on Broadway, and taught and choreographed for the Hip-Hop & Ballet classes last year at CWS. She also taught and performed Hip-Hop for the Adelphi University Dance Team. The class will consist of a warm up and going across the floor. After the warm up and learning any specific moves or tricks necessary to the choreography, a combination will be taught. A new combination will be taught every few weeks and the old ones will be rehearsed, to leave the children with a variety of hip hop dances at their disposal by the end of this program.

ATTENDANCE IS MANDATORY---DRESS CODE: White shirt, black sweat pants or yoga pants, sneakers. SOCKS are a must.

CUPCAKE CLUB

Grades 1st / 2nd



KIMBERLY BOODMAN

Wednesday, Max 8

If you love to bake, then this club is for you!!! We will make different mini treat each week. In addition to mini cupcakes, we will also create mini doughnuts, muffins and brownies. Some flavors will include chocolate, vanilla, red velvet, carrot, strawberry, lemon and more!!! Kimberly is a CWS teacher and enjoys baking in her spare time. Emphasis will be given to first time students.

LET'S PAINT A MURAL!

Grades 2 - 5

DARRYL LAVARE

Wednesday, Max 10 \$260

Students will work together to design and paint a colorful and original mural. This class will be painting the wall inside Campos Garden next to the school, and will create a mural on canvas indoors that will be displayed in the school. Darryl LaVare is a graduate of the Rhode Island School of Design. She is a painter, mother of two CWS students.

YOGA

Grades Pre K- 1st



ELYSSA KELLER

Wednesday, Max 10

In this unique class, children explore the physical and mental practices of yoga. They will “play yoga” and study over 20 poses, learning correct alignment and then sequencing the postures in Sun Salutations. Children get a chance to teach poses to each other, make up their own, sing songs and play fun yoga games. Elyssa is a CWS teacher

SPORTS CLUB

Grades 2nd – 5th

LUIS LIZARDO

Wednesday, Max 10

Give your child the daily physical activity they need. The kids will play kickball, soccer, basketball, tag games and more. Activities will include some stretching exercises and instruction. There will be indoor and outdoor activities. Luis is the Inclusion teacher at CWS.

ROBOTICS

Grades 3rd – 5th

JEFF SYMANSKI

Wednesday, Max 12

Imagine you have been asked by NASA to build a new Mars Rover, which will need to be programmed so it can explore the red planet. If you join Jeff's Lego Robotics club, you will do something like this, but you won't be sending your rover to Mars. With Lego Robotics Mindstorm kits, you will build and program robots to perform tasks in the classroom, similar to what the Mars Rover is doing now on Mars. You don't need to be an expert Lego builder or a computer whiz to take part in this club, but you will have fun learning about both.

DANCE IMPROVISATION

Grades 1st – 3rd



PATRIZIA TOMBESI

Thursday, Max 12

The students will learn all the various techniques to create their own steps and movement while guided to understand the various aspects of a contemporary dance work.

GLEE SINGING CLUB

Grades K – 3rd



REW STARR

Thursday, Max 10

Rew has been singing with children daily in head start, day care, after school programs and summer camps for over 10 years. She organizes, performances and works closely with the staff, parents and children. Her charming, nurturing personality fills the kids with fun & they will sing their favorite tunes with GLEE. Rew works with Tu Casa Studios and can bring her after school students into the studio to make their own CD.

MULTICULTURAL COOKING

Grades 3rd / 5th



SUSAN & BEVERLY

Thursday, Max 16

Do you want to experience exotic foods from around the world???? Let us help you bring cultural awareness to your taste buds. Come join Savory Susan and Sweet Beverly cooking from East to West

Style. Some items include: empanada, plantain, rice and beans, LoMein, meatballs and much more. Your children will experience a wide range of different foods from around the world. Both Susan and Beverly are teachers at CWS.

RUNNING CLUB

Grades 3rd – 5th

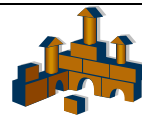
LUIS LIZARDO

Thursday, Max 10

This club will focus on stretching, sprinting, and jogging exercises. We will be building stamina for long distance runs. Students must wear sneakers. Luis is the inclusion teacher at CWS

CREATIVE BLOCK BUILDING

Grades Pre-K – 1st



GARY MORSTON

Thursday, Max 10

Using big block, classroom blocks and table blocks, children will explore building and creating structures that they will be able to play in. Dramatic play will also be included. Come and put your imagination to work!!!! Gary is the Art teacher at CWS

MATH CLUB

Grades 1 & 2

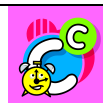
ELYSSA KELLER

Thursday, Max 10

Welcome Mathematicians! This club is for math lovers! We will build on our math skills by learning with games and fun projects. Students will leave this club with a love for math-----guaranteed!!!!

ALPHABET KIDS

Grades Pre-K – K



KIMBERLY BOODMAN

Thursday, Max 8

In this club, we will focus on different letters of the alphabet each week. Children will have fun while learning how to identify the letters and sounds. We will learn a motion for each letter sound. The children will play several letter games, draw lots of pictures and practice writing the letters. We will also complete some art projects such as making letter crowns and puppets. Kimberly is a CWS teacher

TALENT SHOW CLUB

Grades 3rd – 5th

JESSICA GIPSON

Thursday, Max 10

FUTURE STARS!!!!!! You are invited to attend the Talent Show Club!! We will be building our skills in acting, dance and song as well as our comfort with performing. Students in the club will be able to help with music direction, choreography and set design of the 2013 Talent Show. They will also be featured performers in the opening and closing acts. Let's get performing! Jessica is the 5th grade teacher at CWS

SOCCER CLUB

Grades 2nd – 5th

JASON FORREST

Thursday, Max 10

This club will be a combination of soccer drills, activities and scrimmages. Stress will be put on team soccer and passing. SPORTSMANSHIP is a must!!!!

CREATIVE MOVEMENT

Grades Pre-K & K



PATRIZIA TOMBESI

Friday, Max 10

After last semesters' success, I will come back with more creativity then ever....

The focus will be predominantly on their motor skills. Walking, crawling, rolling, jumping, Under, Over, In, Out, Legato, Staccato Slow Fast Forward and Back

Pre-K & K will investigate also the creative aspect of body language and will start to create mini improvisations. Patrizia is a former contemporary dancer, toured and performed overseas and created various site as well. She has a degree in both early childhood and dance education and is presently a Pilates instructor

CREATIVE WRITING

Grades 2nd – 4th

ELYSSA KELLER

Friday, Max 10

Get your imaginations ready! This club will allow you to expand your mind and write creatively. Each week children will create a story. They will learn special tricks to expand their mind as creative thinkers. Finally, they can publish their stories on the computer or by making their own books. So, let's sharpen our pencils and write!!

FAIRYTALE THEATRE

Grades Pre K/K



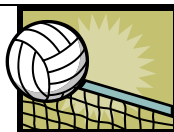
MARGARET MONTGOMERY

Friday, Max 10

Discuss and explore familiar fairy tales. Introduce and expose children to alternative and diverse fairy tales, explore and develop characters through dramatic play. "Maggie" has a long history of working with children as an early child teacher for over 20 years. She is also an accomplished actress who has taught Drama to young children and has directed children in school plays.

GIRLS SPORTS

Grades 3rd – 5th



CRYSTAL SOTO

Friday, Max 15

Explore new sports and activities in a fun way!! Girls will play volleyball, kickball, track and field games and much more. They will learn proper stretching and sports etiquette while having fun. It is proven

that children who participate in daily physical activities do better in school. Get started now... Crystal is a CWS teacher.

KARATE

Pre K-5th

ESTHER YANG

Friday, no limit

Want to get better grades? Jump higher without losing your breath? Be more flexible, have lots of good friends, sleep better plus have an absolutely great time in class? Then this after school karate class is for you. Everyone is welcome, all age group - just bring your strong spirit.

Karate uniform investment: \$60 in addition to club fee (last about 2 years unless you grow super healthy and tall - either way is all good) No limit - would love for you to join us.