

Guitar

Grades 2 - 5

Rew Starr

Monday Max 8 \$230 (\$10 materials fee)

Learn how to play your favorite songs on the guitar. Rew's students practice more than they ever imagined. Her non traditional casual style offers a fun feel and the minutes fly by. She inspires her students and leaves every lesson inspired as well. Her students are playing their favorite songs quickly and effortlessly in no time. She also teaches songwriting and how music can help you with your daily feelings and emotional state. It has the ability to transform any difficult situation into one of wonder and confidence. Music is the apple a day... and it is always there for you. Students need to bring their own guitar.

Dunham Dance

Grades 1 – 3

Brian Scott

Monday Max 8 \$230 (\$15 materials fee)

This is a beginner's level class for The Dunham Technique, a modern dance style that incorporates ballet, Caribbean and Latin movements. Students will learn to develop rhythm, coordination, and body toning through exercise and movements across the floor. Students will learn about choreographers, dancers and dance history through a research project each semester. Mr. Scott, has taught dance to school aged children for over 20 years, and has an extensive resume that includes Off- Broadway, television, and in Europe.

Chess

Grades K - 3

Carl Wright

Monday Max 15 \$230

I am a chess teacher who has been working with children Pre-K through college for over 17 years. I am pleased that some of my students have gone on to do very well in chess. I am ecstatic that almost all of my students have found it has helped them do well in life. There will be general instruction to learn the basic rules/moves of the game and activity based instruction to help all play stronger as well as apply ideas for more advanced play. All should gain and have fun. I look forward to seeing you and your child Learning Through Chess.

Experience Japanese Culture

Grades 4 - 5

Noriko Saito & Keiko Hirose

Monday Max 12 \$230 (\$10 materials fee)

This club will be for enthusiastic 4th & 5th Graders who are interested in learning simple Japanese, Japanese culture, and start writing letters to friends in Japan. As a club, we will also be making video letters to the group in the Kobe area in Japan. Cultural activities such as Calligraphy, Origami folding, Riceball making, using chopsticks, etc. will be incorporated into the club as well. Noriko Saito (Nonlee): Native Japanese speaker, musician, and mom of two. Keiko Hirose: Native Japanese speaker, shoe designer, mom of Yuri in 2nd Grade.

Acting Club

Grades 3 - 5

Jedidiah Clarke

Monday Max 10 \$230

In this club the actor prepares...,to have fun and get their shine on! Through warm-ups, monologues, vocal exercises, scene study, and improvisation, club meetings will focus on the fundamentals of acting, and the Jed Clarke acting approach. At the end of the semester, students will perform an original play written by Jed Clarke. Jedidiah Clarke is a writer, actor, and director. He is a longtime volunteer with the 52nd St. Project, and an assistant professor at Michael Howard Studios.

Painting Projects

Grades 3 – 5

Students will work on canvas, wood and paper with acrylic paints. When weather permits, we will be painting landscapes outdoors. We will also explore different subject matters including still lifes, models, our imagination, and painting from collages which we create. We will study mixing colors, contrast, and making an interesting and balanced composition. Darryl is a painter, a graduate of The Rhode Island School of Design, and mother of two CWS students.

Darryl LaVare

Monday Max 10 \$230 (\$20 materials fee)

Sports Club

Grades Pre-K - K

Give your child the daily physical activity they need. We will play kickball, soccer, basketball, tag games, etc. Activities will include some stretching exercises, and instruction. We will do indoor and outdoor activities. Mike is a father, little league coach for 12 years and head of maintenance at CWS.

Mike Balaes

Monday Max 10 \$230

Mandarin Chinese

Grades 1 – 3

Students will learn the basics of Mandarin, the four tones, and writing characters through songs, games, dumpling making and a trip to Chinatown with CWS parent Cassy Neyenesch, who lived and studied in Taiwan and China.

Cassy Neyenesch

Monday Max 10 \$230

Yoga, Mindfulness and Meditation

Grades 2 - 5

We will explore the practice of yoga with an emphasis on mindfulness practice. Using meditation bells, breathing practices, yoga postures, eating practices, art and writing children will deepen their awareness of the present moment. Mindful children experience calm, decreased stress, increased self awareness, deep empathy and understanding of others. Laurel Katz-Bohen is a native New Yorker and the founder of Harlem Yoga Studio. She is a graduate of the Integral Yoga Institute and a former elementary school teacher.

Laurel Katz-Bohen

Tuesday Max 10 \$230

Circus Skills and Variety Arts

Grades 1 - 5

Come join the circus! You will learn juggling, balancing, clowning, and simple acrobatics. Keith Nelson is a variety artist and physical comedian, juggler, sideshow entertainer, and circus skills instructor. He is a co-founder and performer with The Bindlestiff Family Circus.

Keith Nelson

Tuesday Max 20 \$230 (\$10 materials fee)

Math For The Young

Grades Pre-K - K

Math games & puzzles for young children - Bingo, Uno Cards, and much more. We will use math manipulatives to learn addition and subtraction for problem solving. We will also practice writing numbers. Andrea is a Pre-K paraprofessional.

Andrea Reyes

Tuesday Max 10 \$230

Girls Sports

Grades 3 - 5

Crystal Soto

Tuesday Max 15 \$230

Explore new sports and activities in a fun way! Girls will play volleyball, kickball, track and field games and much more. They will learn proper stretching and sports etiquette while having fun. It is proven that children who participate in daily physical activities do better in school. Get started now. . Crystal is a CWS teacher.

Simply Baking Club

Grades Pre-K - 2

Gary Morston

Tuesday Max 10 \$230 (\$10 materials fee)

In this club children will enjoy the passion of baking both sweet and savory recipes featuring old classic recipes with a twist,, baked apples, cornbread, carrot loaf, fresh bread, etc. Each child will take home their own cookbook at the end of the club. Gary Morston is the CWS early childhood art teacher.

Sports Club

Grades 1 - 5

Mike Balaes & Luis Lizardo

Tuesday Max. 20 \$230

Give your child the daily physical activity they need. The kids will play kickball, soccer , basketball, tag games, etc. Activities will include some stretching exercises, and instruction. We will do indoor and outdoor activities. Luis Lizardo is the inclusion teacher at CWS. Mike is a father, little league coach for 12 years and head of maintenance at CWS.

Sewing Club

Grades 2 - 5

Alice Bajno

Tuesday Max 8 \$230 (\$10 materials fee)

Learn everything you need to know about sewing. We will explore hand sewing and machine sewing. Students will learn how to design a project and complete 3 projects. It will be a fun time for everyone to design their own creations. Alice is a proud parent of a CWS Alumni and has a degree in Fashion Design from FIT.

Computer Club

Grades 3 - 5

Jessica Gipson

Tuesday Max 10 \$230

If you have you ever wanted to be more comfortable with using computers - then Computer Club is for you! In our club we will be investigating a variety of topics from using computer programs efficiently to making movies and editing music to learning how to type quickly and correctly. In Computer Club we will also be creating individual projects that will show what you have learned throughout the club. We look forward to helping you be more comfortable and creative with computers! Jessica is the 5th Grade CWS teacher.

Sports Club

Grades 3 - 5

Luis Lizardo

Wednesday Max. 10 \$230

Give your child the daily physical activity they need. The kids will play kickball, soccer , basketball, tag games, etc. Activities will include some stretching exercises, and instruction. There will be indoor and outdoor activities. Luis Lizardo is the inclusion teacher at CWS.

Beginner Spanish Club

Grades Pre-K - K

Learning Spanish can be fun! Children will be learning the basics of Spanish, including the alphabet, numbers, colors, songs, and stories. They will explore new vocabulary through art and song. A solid foundation will be provided in vocabulary for future Spanish work. Crystal is a CWS teacher.

Crystal Soto

Wednesday Max 10 \$230

Choice Time Club

Grades Pre-K - 1

What do you like to play? It is your choice in this club! Do you like to build? Dress up? Play games? Read books? Paint? Play outside in the school yard? Join this club and make your choice! One of the choices will be a weekly art project. Darryl Lavare is a graduate of the Rhode Island School of Design. She is a painter, mother of two CWS students, and is also the Club Administrator.

Darryl LaVare

Wednesday Max 8 \$230

The Comic Club

Grades 3 - 5

Do you love to draw and have always wanted to create your own comic strip? In The Comic Club that is what we will do! You will explore various comics including styles, structure and type and by the time the club is done, you will leave with a comic book that includes multiple issues of an original comic strip of your own! Come join The Comic Club and let your creativity come to life - one panel at a time! Jessica is the 5th grade CWS teacher.

Jessica Gipson

Wednesday Max 9 \$230

Cupcake Club

Grades 1 - 2

If you love to bake, then this club is for you! We will make a different mini treat each week. In addition to mini cupcakes, we will also create mini pies, mini muffins, mini brownies and tartlets. Some flavors will include milk chocolate, vanilla, red velvet, carrot, strawberry, lemon and more! Kimberly is a kindergarten teacher at CWS and enjoys baking in her spare time.

Kimberly Boodman

Wednesday Max 10 \$230 (\$20 materials fee)

Zumba

Grades 1 - 2

Zumba is a fusion of classic latin inspired dance and modern music geared towards aerobics, insuring great cardiovascular health. The class will begin with some stretching and warm up exercises (15 minutes). The next 25 minutes will be a high energy, Zumba dance workout to the latest exhilarating pop/ dance music (Kids Bop). We will end the class with a cool down exercise as well as a brief description of the origin of the dance moves practiced in the session. Nadia is the co-founder of Breathe Ez Fitness that's specifically designed to help families live a healthy, happy lifestyle by teaching them to eat well and keep active.

Nadia Ramnarine

Wednesday Max 12 \$230

Yoga

Grades Pre-K - 1

Laurel Katz-Bohen

Thursday Max 10 \$230

In this unique class, children explore the physical and mental practices of yoga. They will “play yoga” and study over 20 poses, learning correct alignment and then sequencing the postures in Sun Salutations. Children get a chance to teach the poses to each other, make up their own poses, sing songs and play fun yoga games. Conscious breathing is introduced as a method to focus the mind and feel peaceful. Each class ends with relaxation before it's time to go home. Laurel Katz-Bohen is a native New Yorker and the founder of Harlem Yoga Studio. She is a graduate of the Integral Yoga Institute and a former elementary school teacher.

Art Lab

Grades 3 - 5

Jessica Soto

Thursday Max 8 \$230 (\$10 materials fee)

In Art Lab we will be growing our creativity and making a new project every week! We will be doing everything from upcycling materials to make unusual handiwork to using natural materials to make picture prints to creating personalized jump ropes. Your imagination and artistic expression will grow as we work with each other every week! Jessica is a 5th Grade CWS teacher.

Explorers Club

Grades K - 1

Elyssa Keller

Thursday Max 8 \$230

Come explore the important people and places in our neighborhood. This is a club where children can take trips and make new discoveries about the neighborhood around our school. On rainy days, we will explore different places inside our school. Elyssa is a kindergarten teacher at CWS.

Creative Movement

Grades 1 - 3

Patrizia Tombesi

Thursday Max 18 \$230 (\$10 materials fee)

Pre-K and K will investigate the creative aspect of body language and will start to create mini improvisations. We will go “full speed” in the creative aspect: They will focus on the exploration of new forms, body language, ability to create a pattern, composition. Movement improvisation, multidisciplinary experiments (voice, poetry, music, noises, body work) After graduating at the National Academy of dance in Rome, Italy Patrizia moved to New York city to join the professional training program at Merce Cunningham dance school. Patrizia danced with various dance companies touring internationally; She also holds a degree in early childhood education and she is currently teaching Pilates as well as being part of Phi-Pilates faculty team for Pilates certifications.

Beginner Spanish Club

Grades 1 - 3

Crystal Soto

Thursday Max 10 \$230

Learning Spanish can be fun! Children will be learning exciting vocabulary and simple sentences in Spanish using art, song, and technology. They will work on enhancing their listening, speaking, reading, and writing skills. A solid foundation will be provided for the future study of Spanish in conversational skills and vocabulary. Crystal is a CWS teacher.

Jr. Cupcake Club

Grades 1 – 2

Kimberly Boodman

Thursday Max 10 \$230 (includes \$20 materials fee)

If you love to bake, then this club is for you! We will make a different mini treat each week. In addition to mini cupcakes, we will also create mini pies, mini muffins, mini brownies and tartlets. Some flavors will include milk chocolate, vanilla, red velvet, carrot, strawberry, lemon and more! Kimberly is a kindergarten teacher at CWS and enjoys baking in her spare time.

Glee Singing Club

Grades K - 3

Rew Starr

Thursday Max 10 \$230 (\$10 materials fee)

Rew has been singing with children daily in head start, day care, after school programs, and summer camps for over 10 years. She organizes performances and works closely with the staff, parents, and children. Her charming, nurturing personality fills the kids with fun & they will sing their favorite tunes with GLEE. Rew works with Tu Casa Studios and can bring her after school students into the studio to make their own CD.

Running Club

Grades 3 - 5

Luis Lizardo

Thursday Max 10 \$230

We will be doing stretching exercises, sprinting, jogging, and building stamina for long distance runs. Students must wear sneakers. Luis Lizardo is the inclusion teacher at CWS.

Creative Block Building

Grades Pre-K - K

Gary Morston

Thursday Max 10 \$230

Using big blocks, classroom blocks and table blocks, children will explore building and creating structures that they will be able to play in. Dramatic play will also be included. Come and put your imagination to work! Gary Morston is the CWS early childhood art teacher.

Creative Movement

Grades Pre-K - K

Patrizia Tombesi

Friday Max 15 \$230 (\$10 materials fee)

The focus will predominantly be on their motor skills: Abdominals area and inner muscles ability to roll up to a seated position (4 years old they should be at a completed level) Walking (4 years old completed) Large muscle group and small motor skills Balance: Ability to support body weight on one leg Ability to control the direction and weight transfer for one leg to the other in different speed; coordination and body awareness Muscle memory as well as memorization of sequences. Concepts: Walking crawling, rolling, jumping, Under, Over, In Out Legato, Staccato Slow Fast Forward, back. Pre-K and K will investigate also the creative aspect of body language and will start to create mini improvisations. After graduating at the National Academy of dance in Rome, Italy Patrizia moved to New York city to join the professional training program at Merce Cunningham dance school. Patrizia danced with various dance companies touring internationally; She also holds a degree in early childhood education and she is currently teaching Pilates as well as being part of Phi-Pilates faculty team for Pilates certifications. My interest is movement research and body language,

