Guitar

Grades 2-5



Rew Starr

Monday, Max 8 \$260.00 (\$10 materials fee)

Learn how to play your favorite songs on the guitar. Rew's students practice more than they ever imagined. Her non- traditional casual style offers a fun feel and the minutes fly by. She inspires her students and leaves every lesson inspired as well. Her students are playing their favorite songs quickly and effortlessly in no time. She also teaches songwriting and how music can help you with your daily feelings and emotional state. It has the ability to transform any difficult situation into one of wonder and confidence. Music is the apple of a day...and it is always there for you. Students need to bring their own guitar.

Chess

Grades K-3



Carl Wright

Monday, Max 15 \$260

I am a chess teacher who has been working with children Pre-K through college for over 17 years. I am pleased that some of my students have gone on to do very well in chess. I am ecstatic that almost all of my students have found it has helped them do well in life. There will be general instruction to learn the basic rules/moves of the game and activity based instruction to help all play stronger as well as apply ideas for more advanced play. All should gain and have fun. I look forward to seeing you and your child Learning through Chess.

Spanish club

Grades Pre/K - K

lleana rivera

Monday, Max 10 \$260

Your child will learn the basic of Spanish. This will include: greetings, family, colors, numbers and a lot more. They will also learn through songs and fun games. It's the perfect way to get pre-schoolers singing and speaking Spanish fast. My name is Ileana Rivera and I am the Pre-K paraprofessional.

Let's Paint a Mural!

Grades 2 - 5

Darryl LaVare

Monday, Max 10 \$260 (\$20 materials fee)

Students will work together to design and paint a colorful and original mural. This class will be painting the wall inside the school yard. Darryl LaVare is a graduate of the Rhode Island School of Design. She is a painter, mother of two CWS students.

Knitting club

Grades 3rd – 5th

lori berlinghof

Monday, Max 10 (\$20 materials fee)

If you want to learn a fun new hobby or have always wanted to learn how to knit, this club is for you! Step by step instruction on how to knit. We will learn how to cast on, knit and purl. We will create a scarf, a basic hat and possibly a knit bag! Lori Berlinghof is a CWS parent.

Math for the Young

Grades Pre-K – K



Andrea Reyes

Tuesday, Max 10 \$260

Math games and puzzles for young children- Bingo, Uno Cards and much more. We will use math manipulatives to learn addition and subtraction for problem solving. We will also practice writing numbers. Andrea is a Pre-K paraprofessional at The Children's Workshop School

Simply Baking

Grades Pre-K - 2nd

Gary Morston

Tuesday, Max 10 \$260 (\$10 materials fee)

In this club, children will enjoy the passion of baking both sweet and savory recipes featuring old classic recipes with a twist....baked apples, cornbread, carrot loaf, fresh bread and more... Each child will take home their own cookbook at the end of this club. Gary is the CWS early childhood are teacher.

Girls sports

Grades 3rd - 5th

Crystal soto

Tuesday, Max 15 \$260

Explore new sports and activities in a fun way!! Girls will play volleyball, kickball, track and field games and much more. They will learn proper stretching and sports etiquette while having fun. It is proven that children who participate in daily physical activities do better in school. Get started now... Crystal is a CWS teacher. Crystal will be out 4 weeks in April and a sub will take over.

Multicultural cooking

Grades 1st / 2nd



Beverly

Tuesday, Max 8 \$260 (\$30 materials fee)

Do you want to experience exotic foods from around the world????? Let us help you bring cultural awareness to your taste buds. Beverly will teach cooking from East to West Style. Some items include: empanada, plantain, rice and beans, LoMein, meatballs and much more. Your children will experience a wide range of different foods from around the world. Beverly is a teacher at CWS.

Sewing club

Grades 2nd – 5th

mariola

Tuesday, Max 10 \$260 (\$10 materials fee)

Learn everything you need to know about sewing. We will explore hand and machine sewing. Students will learn how to design a project and complete 3. It will be a fun time for everyone to design their own creations. Alice is a proud parent of a CWS Alumni and has a degree in Fashion Design from FIT.

Sports club

Grades 2nd – 5th

luis lizardo

Tuesday, Max 10 \$260

Give your child the daily physical activity they need. The kids will play kickball, soccer, basketball, tag games and more. Activities will include some stretching exercises and instruction. There will be indoor and outdoor activities. Luis is the Inclusion teacher at CWS. Due to NYS ELA and Math Test scoring and Washington DC trip, Jeff Symanski, the $1^{st}/2^{nd}$ grade teacher will cover the club during the month of May.

Painting projects

Grades 2nd – 5th



Darryl lavare

Tuesday, Max 10 \$260 (\$20 materials fee)

Students will work on canvas, wood, paper with acrylic paints. When weather permits, we will be painting landscapes outdoors. We will also explore different subject matters, including still lives, models, our imagination and painting from collages which we create. We will study mixing colors, contrast, making an interesting and balanced composition. I am a painter and a graduate of the Rhode Island School of Design and a mother of two CWS students.

Yoga

Grades pre-K - 1st

Jennifer singer

Tuesday, Max 10 \$260

In this unique class, children explore the physical and mental practices of yoga. They will "play yoga" and study over 20 poses, learning correct alignment and then sequencing the postures in Sun Salutations. Children will get a chance to teach poses to each other, make up their own, sing songs and play fun yoga games. Jennifer is a 5th grade teacher at CWS.

Hip-hop

Grades 1st – 5th

Tiana L. Coles

Wednesday, Max 12 \$260

The Hip-Hop class will be taught by Tiana Coles. Tiana studied at the Alvin Ailey School, performed in The Lion King on Broadway, and taught and choreographed for the Hip-Hop & Ballet classes last year at CWS. She also taught and performed Hip-Hop for the Adelphi University Dance Team. The class will consist of a warm up and going across the floor. After the warm up and learning any specific moves or tricks necessary to the choreography, a combination will be taught. A new combination will be taught every few weeks and the old ones will be rehearsed, to leave the children with a variety of hip hop dances at their disposal by the end of this program.

ATTENDANCE IS MANDATORY---DRESS CODE: White shirt, black sweat pants or yoga pants, sneakers. SOCKS are a must.

Choice time club

Grades Pre K – 1st

Darryl lavare

Wednesday, Max 10 \$260

What do you like to play? It is your choice in this club! Do you like to build? Dress Up? Play Games? Read Books? Paint? Play outside in the school yard? Join this club and make your choice! One of the choices will be a weekly art project. Darrly LaVare is a graduate of the Rhode Island School of Design. She is also a painter and a mother of two CWS students.

Cupcake club

Grades 1st / 2nd



Kimberly boodman

Wednesday, Max 8 \$260 (\$20 materials fee)

If you love to bake, then this club is for you!!! We will make different mini treat each week. In addition to mini cupcakes, we will also create mini doughnuts, muffins and brownies. Some flavors will include chocolate, vanilla, red velvet, carrot, strawberry, lemon and more!!! Kimberly is a CWS teacher and enjoys baking in her spare time. Emphasis will be given to first time students.

ROBOTICS

Grades 3rd - 5th

jeff symanski

Wednesday, Max 12 \$260

Imagine you have been asked by NASA to build a new Mars Rover, which will need to be programmed so it can explore the red planet. If you join Jeff's Lego Robotics club, you will do something like this, but you won't be sending your rover to Mars. With Lego Robotics Mindstorm kits, you will build and program robots to perform tasks in the classroom, similar to what the Mars Rover is doing now on Mars. You don't need to be an expert Lego builder or a computer whiz to take part in this club, but you will have fun learning about both.

Dance improvisation

Grades 1st – 3rd



Patrizia Tombesi

Thursday, Max 12 \$260 (\$10 materials fee)

The students will learn all the various techniques to create their own steps and movement while guided to understand the various aspects of a contemporary dance work.

Multicultural cooking

Grades 3rd /5th



Beverly / Suma

Thursday, Max 16 \$260 (\$30 materials fee)

Do you want to experience exotic foods from around the world????? Let us help you bring cultural awareness to your taste buds. Come join Savory Suma and Sweet Beverly cooking from East to West Style. Some items include: empanada, plantain, rice and beans, LoMein, meatballs and much more. Your children will experience a wide range of different foods from around the world. Both Suma and Beverly are teachers at CWS.

Running Club Luis Lizardo

Grades 3rd – 5th

Thursday, Max 10 \$260

This club will focus on stretching, sprinting, and jogging exercises. We will be building stamina for long distance runs. Students must wear sneakers. Luis is the inclusion teacher at CWS. Due to NYS ELA and Math Test scoring and Washington DC trip, Jeff Symanski, the $1^{st}/2^{nd}$ grade teacher will cover the club during the month of May.

Creative crafts club

Grades 1st / 2nd

Andrea / Heana

Thursday, Max 16 \$260 (materials fee \$20)

Come and explore your inner creativity through the arts!! In this fun club you will create your own rag doll. You'll have the option of creating a male or female, using all sorts of materials. Children will also express, share and explore with each other through a variety of crafts such as painting, jewelry making and much, much more.

Creative block building

Grades Pre-K – 1st



Gary morston

Thursday, Max 10 \$260

Using big block, classroom blocks and table blocks, children will explore building and creating structures that they will be able to play in. Dramatic play will also be included. Come and put your imagination to work!!!!! Gary is the Art teacher at CWS

Rainbow loom club

Grades 1st / 2nd

Kimberly boodman

Thursday, Max 8 \$260 (\$30 materials fee)

We will use our fingers as well as looms to create different types of bracelets. With a lot of patience and concentration, we will learn a variety of Rainbow Loom stitches. Kimberly is a teacher at CWS. Jennifer will cover the club whenever Kimberly is out.

Jewelry making

Grades 3rd – 5th

lori berlinghof

Thursday, Max 10, \$260

We will explore many ways to make jewelry, including; bead stringing, metal forming, metal stamping and wire wrapping. We will learn to use jewelry tools in a safe and creative environment. Lori Berlinghof studied jewelry design privately in Miami and worked as a jewler for 8 years at the Art Cemter/South Florida/ She is also a CWS parent.

Creative writing

Grades 1st / 2nd

elyssa keller

Thursday, Max 10 \$260

Get your imaginations ready! This club will allow you to expand your mind and write creatively. Each week children will create a story. They will learn special tricks to expand their mind as creative thinkers. Finally, they can publish their stories on the computer or by making their own books. So, let's sharpen our pencils and write!!

Creative movement

Grades Pre-K & K



patrizia tombesi

Friday, Max 10 \$260

After last semesters' success, I will come back with more creativity then ever....

The focus will be predominantly on their motor skills. Walking, crawling, rolling, jumping, Under, Over, In, Out, Legato, Staccato Slow Fast Forward and Back

Pre-K & K will investigate also the creative aspect of body language and will start to create mini improvisations. Patrizia is a former contemporary dancer, toured and performed overseas and created various site as well. She has a degree in both early childhood and dance education and is presently a Pilates instructor

Fairytale theatre

Grades Pre K/K



Friday, Max 10 \$260

Discuss and explore familiar fairy tales. Introduce and expose children to alternative and diverse fairy tales, explore and develop characters through dramatic play. "Maggie" has a long history of working with children as an early child teacher for over 20 years. She is also an accomplished actress who has taught Drama to young children and has directed children in school plays.

Ballet JENNY EFREMOVA

Grades 1st -2nd

Friday, max 10, \$260

Learn the fancy twirls, leaps and rapid footwork in the Ballet Club. The fun and interactive approach will transform any grey clouds into sunshine. The class will start with basic exercises such as tondues, plies, frappes, develops and will continue on into jumps, turns and adagios in the center as well as across the floor combinations. The class will be taught in stories where the students will be their favorite character in their favorite setting.

If possible I would love it if they could come dressed in leotards, tights and ballet shoes, if not just yoga pants and comfortable shirts and socks.

karate Esther yang

Pre K-5th Friday, no limit \$260

Want to get better grades? Jump higher without losing your breath? Be more flexible, have lots of good friends, sleep better plus have an absolutely great time in class? Then this after school karate class is for you. Everyone is welcome, all age group - just bring your strong spirit.

Karate uniform investment: \$60 in addition to club fee (last about 2 years unless you grow super healthy and tall - either way is all good) No limit.

***Students may be eligible for promotion (belt ceremony) at a Certified Dojo, outside of school! Dates and costs vary. This will be an extra cost and all families will have at least one month notice before any ceremony!!!