

The diagram shows the cross-section through the centre of mass of a uniform solid object. The object is a cylinder of radius 0.2 m and length 0.7 m, from which a hemisphere of radius 0.2 m has been removed at one end. The point A is the centre of the plane face at the other end of the object. Find the distance of the centre of mass of the object from A. [5]

[The volume of a hemisphere is $\frac{2}{3}\pi r^3$.]