

A particle P of mass m is moving with speed u on a fixed smooth horizontal surface. It collides at an angle α with a fixed smooth vertical barrier. After the collision, P moves at an angle θ with the barrier, where $\tan \theta = \frac{1}{2}$ (see diagram). The coefficient of restitution between P and the barrier is e. The particle P loses 20% of its kinetic energy as a result of the collision.

Find the value of e. [5]