Let
$$f(x) = \frac{-7x^2 + 2x - 6}{(1+x)(4+x^2)}$$
.

- (a) Express f(x) in partial fractions. [5]
- (b) Hence find the exact value of $\int_0^2 f(x) dx$. Give your answer in the form $a\pi \ln b$, where a and b are constants.