Scientists are studying the effects of exercise on LDL blood cholesterol levels. Over a three-month period, a large group of people exercised for 20 minutes each day. For a randomly chosen sample of 10 of these people, the LDL blood cholesterol levels were measured at the beginning and the end of the three-month period. The results, measured in suitable units, are as follows.

	Person	*A*	*B*	*C*	*D*	*E*	*F*	*G*	*H*	*I*	*J*
Cholesterol level	Beginning	72	84	120	90	102	135	64	75	80	88
	End	64	76	105	92	105	115	67	75	75	84

(a) Test, at the 2.5% significance level, whether there is evidence that the population mean LDL blood cholesterol level has reduced by more than 2 units after the three-month period. [7]

(b) State any assumption that you have made in part **(a)**. [1]