A particle P of mass m is free to move on the smooth inner surface of a fixed hollow sphere of radius a. The centre of the sphere is O and the point C is on the inner surface of the sphere, vertically below O. The points A and B on the inner surface of the sphere are the ends of a diameter of the sphere. The diameter AOB makes an acute angle α with the vertical, where $\cos \alpha = \frac{4}{5}$, with A below the horizontal level of B. The particle is projected from A with speed u, and moves along the inner surface of the sphere towards C. The normal reaction forces on the particle at A and C are in the ratio 8:9.

(i) Show that
$$u^2 = 4ag$$
. [6]

(ii) Determine whether P reaches B without losing contact with the inner surface of the sphere. [6]