One end of a light elastic string, of natural length a and modulus of elasticity 4mg, is attached to a fixed point O. The other end of the string is attached to a particle of mass m. The particle moves in a horizontal circle with a constant angular speed $\sqrt{\frac{g}{a}}$ with the string inclined at an angle θ to the downward vertical through O. The length of the string during this motion is (k+1)a.

(a) Find the value of k. [4]

(b) Find the value of $\cos \theta$. [2]