(i) Using the expansions of cos(3x + x) and cos(3x - x), show that

$$\frac{1}{2}(\cos 4x + \cos 2x) \equiv \cos 3x \cos x.$$
 [3]

(ii) Hence show that
$$\int_{-\frac{1}{6}\pi}^{\frac{1}{6}\pi} \cos 3x \cos x \, dx = \frac{3}{8}\sqrt{3}$$
. [3]