A particle P of mass 0.4 kg is attached to a fixed point A by a light inextensible string of length 0.5 m. The point A is 0.3 m above a smooth horizontal surface. The particle P moves in a horizontal circle on the surface with constant angular speed 5 rad s⁻¹.

(i) Calculate the tension in the string. [3]

(ii) Find the magnitude of the force exerted by the surface on P. [2]