A particle P of mass 0.7 kg is attached to a fixed point O by a light elastic string of natural length 0.6 m and modulus of elasticity 15 N. The particle P is projected vertically downwards from the point A, 0.8 m vertically below O. The initial speed of P is 2 m s<sup>-1</sup>.

(i) Find the distance below A of the point at which P comes to instantaneous rest. [4]

(ii) Find the greatest speed of P in the motion. [4]