A particle P of mass 0.4 kg is attached to one end of a light elastic string of natural length 0.5 m and modulus of elasticity 6 N. The other end of the string is attached to a fixed point O. The particle P is released from rest at the point (0.5 + x) m vertically below O. The particle P comes to instantaneous rest at O.

(i) Find x. [3]

(ii) Find the greatest speed of P. [5]