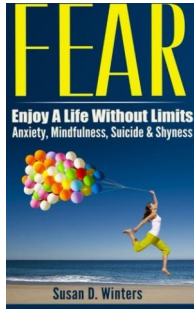# Fear: Enjoy a Life Without Limits - Anxiety, Mindfulness, Suicide & Shyness (Paperback)

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