



Under Construction: Navigating the Detours on the Road to Recovery (Paperback)

By Dug McGuirk

HEALTH COMMUNICATIONS, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. This so called "life" is a journey and it doesn't matter who you are-you are special and unique with something to offer and enjoy, period. The obstacles and detours the roads present are not any easier in one car or another; it just boils down to how you navigate your way through and around them. One of McGuirk's key principles centers on the concept of State, i.e. your state of mind, how you feel. State is the emotional fuel you want to fill up on--the things or experiences that make you feel good. Most people have been fueling up the wrong way their entire life and their state is not what it ought to be. They fill up on poor quality emotions then spend their lives trying to escape important things because they can't find a way to derive pleasure from them. One of the worst things people fill up on is alcohol and drugs-sure it helps temporarily, but it doesn't take long before they're coughing and sputtering on the exit ramp and nothing works for them any more-they're feeling guilty, unfulfilled, empty. Fueling up the right...



READ ONLINE
[1.64 MB]

Reviews

A must buy book if you need to adding benefit. It can be rally fascinating throgh studying period of time. I am just happy to explain how this is the very best ebook i actually have read within my individual existence and could be he finest book for ever.

-- Cydney Hand

Excellent e-book and useful one. It can be rally intriguing throgh looking at time period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Pasquale Klocko

See Also



The Design for Everything Manual: A Guide to Good Design (Paperback)

Createspace Independent Publishing Platform, United States, 2012. Paperback. Condition: New. Language: English. Brand new Book. This concise and readable manual is a useful resource for anyone interested in the design of engineered products and equipment. The Design for Everything Manual integrates a...



Applied Codeology: Navigating the NEC (R) 2011 (Hardback)

NJATC, United States, 2011. Hardback. Condition: New. 3rd edition. Language: English. Brand new Book. APPLIED CODEOLOGY: NAVIGATING THE NATIONAL ELECTRICAL CODE (R) 2011 offers the perfect solution for any electrical professional who has ever felt overwhelmed when trying to locate specific information...



THE WADSWORTH GUIDE TO RESEARCH 2ED (IE): MILLER-COCHRAN S K

PAPERBACK. Condition: New. Book Cover and ISBN may be different from US edition but contents as same US Edition. Excellent Quality, Service and customer satisfaction guaranteed! We may ship the books from Asian regions for inventory purpose. Our courier service is not...



Fundamentals of Fire Phenomena (Hardback)

John Wiley & Sons Inc, United States, 2006. Hardback. Condition: New. 1. Auflage. Language: English. Brand new Book. Understanding fire dynamics and combustion is essential in fire safety engineering and in fire science curricula. Engineers and students involved in fire protection, safety...



Biomaterials: The Intersection of Biology and Materials Science (1st International Edition)

PIE (PS), 2008. Soft cover. Condition: New. International Edition. International Edition. Softcover. This is a Brand New Textbook Wrapped MINT in the plastic. Ship from Multiple Locations, including Malaysia, Singapore, and Thailand. Shipping should take from 3-4 business days within US, Canada,...



Entheogens, Myth, and Human Consciousness (Paperback)

Ronin Publishing, United States, 2013. Paperback. Condition: New. Language: English. Brand new Book. ENTHEOGENS, MYTH AND HUMAN CONSCIOUSNESS is a much needed accessible exploration into the role of psychoactive sacraments - entheogens - in religion, mythology, and history, and also includes most...