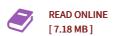




The Winning Point: How to Master the Mindset of Champions (Paperback)

By Loren Fogelman

Winning Performance Publications, United States, 2012. Paperback. Condition: New. Language: English. Brand new Book. Winning mindset = winning outcomes An Olympic hopeful faces the end of his worst season yet. For a year he's been in a slump, not hitting his numbers. His trainer suggests a meeting with Loren Fogelman. After a single session with Loren, he ends the season on a positive note, winning the event and setting a new season best record. A golfer complains of erratic, inconsistent play. New equipment doesn't solve the problem the way he thinks it should. Following Loren's advice, he transforms nearly every aspect of his mental game-he slows down, focuses his mind and concentrates on one shot at a time. Distractions disappear. Dedicated focus lowers his handicap. He's voted the most improved player in his club. A dressage equestrian takes a bad fall during competition. The injury shuts her down for a long time. When she finally does compete again, she holds back-self-blame and the fear of being hurt again claw at her confidence. Her horse senses her apprehension. But when Loren inspires her to create a powerful vision that aligns with her goals, she becomes a top performer in her category....



Reviews

A new e book with a brand new standpoint. I am quite late in start reading this one, but better then never. I discovered this ebook from my i and dad advised this publication to understand.

-- Jada Franecki II

Here is the very best book i have got read through until now. I could possibly comprehended everything using this composed e publication. You will not sense monotony at whenever you want of your time (that's what catalogues are for concerning should you ask me).

-- Izaiah Schowalter

Other Books



Single Girls Don't Cry, They Pray: Food for the Soul of the Single Godly Woman (Hardback)

AUTHORHOUSE, United States, 2018. Hardback. Condition: New. Language: English. Brand new Book. You're single, and you love God. Now what? You are a recent widow or divorced after years of marriage. Now what? You have never been married, and you love God....



A Description of the New-Invented Table Air-Pump: With the Manner of Performing the Most Curious Experiments Upon It: The Figures of the Air-Pump Glasses, and All the Machines Belonging to It (Paperback)

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Independently Published, United States, 2019. Paperback. Condition: New. Carlile Media (illustrator). Language: English. Brand new Book. REMASTERED EDITION: COMPLETELY OVERHAULED, NEW & IMPROVED - RE-ILLUSTRATED AND DIGITIZED FOR THE 21ST-CENTURY WARRIOR MARKSMANThe USMC's remarkable scout-sniping manual has been employed essentially unchanged for...



The Little Book of Yes: How to win friends, boost your confidence and persuade others (Paperback)

Profile Books Ltd, United Kingdom, 2018. Paperback. Condition: New. Main. Language: English. Brand new Book. From the authors of the international bestseller Yes!This travel-sized handbook will become your go-to key for ensuring that the world says 'yes' to you, your ideas and...



A Particular Account of the Electrical Experiments Hitherto Made Publick, with Variety of New Ones, and Full Instructions for Performing Them: To Which Is Annex d, the Description of a Compleat Electrical Machine

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