```
// Example of use: torus = getTorus(200,100,32,32);
PShape getTorus(float outerRad, float innerRad, int numc, int numt) {
 PShape sh = createShape();
 sh.beginShape(TRIANGLE_STRIP);
 sh.noStroke();
  float x, y, z, s, t, u, v;
  float nx, ny, nz;
  float a1, a2;
  int idx = 0;
  for (int i = 0; i < numc; i++) {
    for (int j = 0; j <= numt; j++) {
      for (int k = 1; k \ge 0; k--) {
        s = (i + k) % numc + 0.5;
         t = j % numt;
         u = s / numc;
         v = t / numt;
         a1 = s * TWO PI / numc;
         a2 = t * TWO PI / numt;
         x = (outerRad + innerRad * cos(a1)) * cos(a2);
         y = (outerRad + innerRad * cos(a1)) * sin(a2);
         z = innerRad * sin(a1);
         nx = cos(a1) * cos(a2);
         ny = cos(a1) * sin(a2);
         nz = sin(a1);
         sh.normal(nx, ny, nz);
         sh.vertex(x, y, z);
      }
    }
  sh.endShape();
 return sh;
```