

1 The Effects of Neighborhood Income and Race
2 In Moderating the Effect of Heat on Expressed
3 Mood in the United States

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Abstract

24 **Background** Previous studies have found strong linkages between heat and
25 many indicators of mental health. However, these studies have not found any
26 heterogeneities in vulnerability based on income or other factors, in spite of
27 the fact that there are strong theoretical reasons to expect the poor and other
28 marginalized groups to be more vulnerable to higher temperatures.

29 **Objectives** We tested the hypothesis that the impacts of heat on mental
30 health are heterogeneous based on neighborhood characteristics.

31 **Methods** We used the expressed mood in 242 million geolocated tweets,
32 paired with census block data on neighborhood characteristics and hourly weather
33 data to test our hypothesis with a segmented regression.

34 **Results** We found that the effect of heat on expressed mood is much higher
35 in low-income and majority Black neighborhoods. Additionally, we found that
36 the effects of temperature on mood are greatest in the early morning.

37 **Discussion** Previous analysis using city-level data have been unable to find
38 heterogeneities in vulnerability to heat, with consequences for our understanding
39 of vulnerability and adaptation. We present the first evidence of neighborhood
40 heterogeneity in the vulnerability of mental health to heat. Additionally, exam-
41 ining the timing of impacts of heat on mood suggests that sleep quality plays a
42 role in the effects of heat on mood.

4.3 Main

Climate change is impacting many aspects of human well-being. A large body of research has explored the ongoing impacts of climate change on agricultural outcomes, economic growth, and physical health (Pachauri et al., 2014). However, academic and medical researchers have highlighted the relative paucity of empirical studies on the impacts of climate change on mental health (Helen L. Berry et al., 2018; Berrang-Ford et al., 2021). While mental health is under-studied, it accounts for up to 13% of the global burden of disease, representing a major share of total human suffering (Collins et al., 2011), leading to calls for more research into potential linkages between climate change and mental health (Helen L. Berry et al., 2018; Collins et al., 2011). Researchers have begun to answer these calls, finding associations between climate disasters and post-traumatic stress (Schwartz et al., 2017), as well as linkages between higher temperatures and a variety of mental health outcomes (Baylis et al., 2018; Mullins and White, 2019; Obradovich, Migliorini, Paulus, et al., 2018). Nevertheless, with average global temperatures projected to increase by 1.5°C within a decade (M. Allen et al., 2019), more research is needed into the impacts of increased heat on mental health, especially for identifying the most vulnerable communities.

Researchers have proposed a number of pathways by which temperature can affect mental health (Helen L. Berry et al., 2018; Palinkas and Wong, 2020). Work on biological mechanisms emphasizes the mental health effects from dehydration and other consequences of maintaining stable body temperature in high heat (Löhmus, 2018). Other studies point to linkages between increased temperatures, overall physical health and increases in injuries which can in turn affect mental health (H. L. Berry, 2007). Additionally, exposure to higher temperatures can affect productivity and income (Burke, Hsiang, and Miguel, 2015), leading to second-order impacts on mental health outcomes.

Drawing on these frameworks, results from an emerging literature are beginning to document linkages between higher temperatures worsened mental health outcomes. Multiple studies find strong evidence that higher temperatures are associated with increases in suicides in the United States (Burke, González, et al., 2018; Mullins and White, 2019; Dixon et al., 2007) with other studies finding a similar relationship in locations around the world (Qi et al., 2014; Likhvar, Honda, and Ono, 2011). Higher temperatures are also correlated with increased hospitalizations related to general mental health issues (Obradovich, Migliorini, Paulus, et al., 2018; Mullins and White, 2019) and incidents related to specific conditions like bipolar disorder and schizophrenia (H.-C. Lee, Tsai, and Lin, 2007; Sung, M.-J. Chen, and Su, 2013). Higher temperatures are also linked to increased mortality among people with pre-existing mental health disorders (Hansen et al., 2008). Finally, recent studies find nighttime temperatures affect sleep quality, with consequences for mental health (Obradovich, Migliorini, Mednick, et al., 2017; Mullins and White, 2019), although these studies have relied on retrospective survey data and have not used data from across the diurnal cycle.

The effects of heat exposure on mental health are by now relatively well

88 established, yet results from research conducted at national scales indicates
 89 surprisingly little heterogeneity in impacts, with consequences for our under-
 90 standing of groups that are most vulnerable as well as potential adaptations to
 91 future heat stress. For example, a large study of temperature and suicide in
 92 the USA and Mexico found "no significant difference in suicide response to tem-
 93 perature between rich and poor municipalities or counties" (Burke, González,
 94 et al., 2018). Similarly, a national study found no effect of income as modi-
 95 fier of the effect of temperature on suicides, emergency department visits, or
 96 self-reported mental health status across the USA (Mullins and White, 2019).
 97 A major challenge for these studies, however, is their reliance on data that is
 98 typically aggregated to the municipality or county level. As a consequence,
 99 these studies are often restricted to between-county metrics of vulnerability and
 100 cannot take into account neighborhood effects.

101 These findings of uniform vulnerability to heat are surprising given that mi-
 102 nority groups and low-income people are more likely to be exposed to undesirable
 103 temperatures and less able to mitigate the effects of higher heat. For example,
 104 people from poorer socio-economic backgrounds are more likely to work outside
 105 rather than indoors (Gubernot, Anderson, and Hunting, 2014), more likely to
 106 rely on public transportation, bicycling, or walking instead of commuting in
 107 their own air-conditioned car (Karner, Hondula, and Vanos, 2015), and more
 108 likely to live in housing that is less insulated with poorer quality air-conditioning
 109 (Samuelson et al., 2020). Many of these factors that expose low-income people
 110 to heat may be exacerbated and compounded for racial minorities. For exam-
 111 ple, Black Americans face discrimination in employment (Kang et al., 2016;
 112 Penner, 2008) and housing access (Desmond and Shollenberger, 2015; Akbar
 113 et al., 2019), forcing them into jobs and homes that may expose them to more
 114 heat. Additionally, policymakers have historically been less likely to take mea-
 115 sures to address environmental hazards in Black neighborhoods (Banzhaf, Ma,
 116 and Timmins, 2019). Some studies find large differences in vulnerability be-
 117 tween neighborhoods for a variety of impacts of heat on physical and mental
 118 health (Bélanger et al., 2015; Uejio et al., 2011), as well as for vulnerability
 119 to other types of climate shocks like hurricanes (Ferré et al., 2019; Gruebner
 120 et al., 2015). Thus, there are theoretical reasons to expect heterogeneity in the
 121 impact of heat on mental health outcomes for different populations, particularly
 122 where socioeconomic, racial and other social inequities intersect, although there
 123 is little evidence of this to date.

124 While public health data on mental health outcomes is not available at the
 125 neighborhood scale, spontaneous, in situ data from the social media platform
 126 Twitter can provide an important, inexpensive and timely proxy for mental
 127 health at extremely precise spatial and temporal scales. Many studies use the
 128 mood expressed in social media posts as an indicator of mental health and
 129 well-being (Edo-Osagie et al., 2020; Sinnenberg et al., 2016). For example,
 130 studies have used Twitter data to identify the onset of Post Traumatic Stress
 131 Disorder (PTSD) in individuals even before their formal diagnosis (Reece et al.,
 132 2017). Similar methods applied to posts on Facebook can predict the onset of
 133 depression (Eichstaedt et al., 2018). In London, day-to-day changes in mental

health indicators derived from the text of tweets were associated with changes in mental health crisis episodes (Kolliakou et al., 2020). Across the USA, more positive tweets are associated with a variety of metrics of human well-being (Mitchell et al., 2013), and twitter has provided insight into population-level patterns of happiness over the course of the day (Dodds et al., 2011). Finally, the mood expressed in tweets has been strongly associated with local weather conditions and air quality (Baylis et al., 2018; Zheng et al., 2019) and been used as evidence to support the temperature-suicide relationship (Burke, González, et al., 2018). Thus, posts on Twitter provide an proxy for mental health at fine enough spatial scales to examine neighborhood effects on vulnerability to higher temperatures. To explore how neighborhood conditions affect the relationship between heat and mental health, we draw on a data set of 243 million geolocated tweets from across the continental United States covering the period 2009-2019, each paired with data on local weather and neighborhood conditions.

Methods

Tweets & Mood

We used data from 243 million geo-located English-language tweets from the continental United States from the years 2009 to 2019. The data were collected by the University of Vermont through a special agreement with Twitter, and represent a random sample from the population of geolocated tweets. The Twitter data consists of publicly posted messages, or tweets, that are short status messages users post to the platform. We only considered users' original content, thus did not include retweets in our analysis. Additionally, we excluded all tweets that contained weather-related terms, to ensure that the mood expressed in the tweets was reflective of a user's mental state, and not a commentary on the weather, yielding a final dataset of 236 million tweets used in our analysis.

Expressed mood is a widely used metric to assess mental health and well-being from posts on social media platforms. We use the VADER metric to assess the mood of Twitter posts as it was specifically designed for microblogs like Twitter (C. Hutto and E. Gilbert, 2014). The VADER (Valence Aware Dictionary for Sentiment Reasoning) corpus (C. H. E. Gilbert and E. Hutto, 2014) is a lexical, rule-based sentiment analysis tool that is specifically attuned to moods expressed on social media and includes several features, as:

- Incorporating lexical features common to informal media, such as slang ("sux"), and acronyms ("lol").
- Negations ("*not* good", "*wasn't* bad")
- Punctuation ("Good!!!")
- Word shape, such as capitalization ("The movie was AMAZING")
- Emoticons and emojis (":-)", "😄")

- Degree modifiers (“very excellent” or “kind of crappy”)

The VADER method yields a value for the mood of a tweet, with a score of 0 for neutral tweets, a score > 0 for positive-mood tweets and a score < 0 for negative-mood tweets. While we ultimately settled on using VADER for assigning sentiment scores, we also conducted analyses using the Hedonometer and AFINN mood analysis methods, with similar results (See Supplement).

Weather

We used data on local weather conditions from the North American Land Data Assimilation System (NLDAS), a gridded product developed by several collaborative institutions, including NOAA, NASA, Princeton University, and the University of Washington. This dataset is available at an hourly temporal resolution, and at 1/8th decimal degree spatial resolution, and integrates a large quantity of observation-based and modeled data (Xia et al., 2012). We extracted temperature, specific humidity, air pressure, total precipitation, shortwave radiation, and wind speed for the exact hour and location of each tweet.

We calculated the Wet Bulb Globe Temperature (WBGT) at the time and location of each tweet. The WBGT is the temperature that a wet globe thermometer would read in direct sunlight, and gives a reading lower than a dry bulb temperature due to evaporative cooling. The WBGT can be estimated given normal temperature, relative humidity, solar radiation, and wind speed. Because evaporative cooling is how humans cool themselves through perspiration, this temperature better indicates the heat stress that people are experiencing (Budd, 2008). Metrics like WBGT that account for the effects of humidity and other factors on heat stress have been associated with diminished economic output (Rao et al., 2020), increased crime (Hu et al., 2017), increased mortality (Chien, Guo, and Zhang, 2016; Armstrong et al., 2019), and worsened mental health outcomes (Vida et al., 2012; Ding, Helen L Berry, and Bennett, 2016).

We derived relative humidity using methods described by Bolton et al. (Bolton, 1980) which use temperature, specific humidity, and pressure. We then calculated the WBGT using the formula described by Heo et al. (Heo, Bell, and J.-T. Lee, 2019). Throughout the paper we give the median dry bulb temperature observed at each given wet bulb temp degree across our data set. It should be noted, however, that a wide range of dry bulb temperatures can be associated with a given wet bulb globe temperature, depending on humidity, wind speed, and sunlight.

Socio-Economic Data

We used data from the American Community Survey (ACS) administered by the US Census to estimate income levels and the racial composition of neighborhoods where tweets were located. Data was at the level of the census block group, the smallest unit for which the US Census releases public data. Following Census categories, we report racial characteristics of neighborhoods as majority

214 population of four broad racial categories - non-Hispanic Black, non-Hispanic
 215 white, Hispanic of any race, and other, which includes Native American, multi-
 216 racial, Asian-American and Pacific Islander.

217 The ACS data covers five-year periods. We therefore matched each tweet
 218 with census block group data from the year at the middle year of each survey's
 219 five-year range. For example, tweets from 2014 were matched to data from the
 220 2012-2016 ACS. Because the most recent available ACS was from 2014-2018, all
 221 tweets from year years greater than 2016 were matched to this dataset. We used
 222 data from the Integrated Public Use Microdata Series (IPUMS USA) National
 223 Historical Geographic Information System (NHGIS) service provided by the
 224 University of Minnesota (Ruggles et al., 2018).

225 We use the mean annual income per capita from the ACS, standardized so
 226 that values for each year are in 2019 dollars. For racial categories, we combined
 227 the various categories provided by the ACS into four racial groups: non-Hispanic
 228 white, non-Hispanic Black, Hispanic of any race, and an "other" category for
 229 non-Hispanic people who were neither Black nor white, such as Asian, Native
 230 American, or mixed-race people.

231 We present income and percentiles based on the observed percentiles across
 232 all tweets in our data set.

233 Modeling

234 We assessed how expressed mood is affected by Wet Bulb Globe Temperature
 235 using segmented regressions, controlling for precipitation, shortwave solar radi-
 236 ation (sunshine), as well as the following spatio-temporal fixed effects: day of
 237 the week, time of day, day of the year, month, and county.

238 Our initial model (for Fig. 1) takes the following form:

$$y = \beta_0 + f_t(t) + \beta_p p + \beta_s s + \Phi + \epsilon \quad (1)$$

239 Where y is the mood of a tweet, t is the wet bulb globe temperature at the
 240 hour of the tweet, p is a binary variable indicating whether it rained at the hour
 241 of the tweet, s is the incoming shortwave radiation, or sunshine, in W/m^2 , at
 242 the hour of the tweet, Φ is the spatio-temporal fixed effects, ϵ is the normally-
 243 distributed errors, and f_t represents the segmented effect for t , with knots at
 244 -10° , 0° , 5° , 10° , 15° , 20° , and 25° C WBGT. We estimate the 95% confidence
 245 interval of all our models using 80-fold bootstrapping.

246 To examine how income and racial groups moderate the effect of heat on
 247 mood, we extend our model to the following form:

$$y = \beta_0 + f_t(t) + f_{mt}(mt) + \beta_p p + \beta_{mp} mp + \beta_s s + \beta_{ms} ms + \Phi + \epsilon \quad (2)$$

248 Where m is either the log-transformed average income in the census block
 249 where the tweet originated, or a dummy variable for the four racial categories.
 250 We specify alternative models where income is a dummy variable in three bins

and were race is a continuous variable for the percent of a census block population that is white. These alternative specifications yield similar results. We also examine the effects of rainfall and sunshine on mood by income and race. These alternative specifications and analysis of rainfall and sunshine effects are available in the Supplement.

Finally, we fit a model for how heat affects mood by time of day. For this analysis, we used a varying-coefficient model, where the effect of heat is linear, but the coefficient for the effect varies non-linearly as a function of the time of day. Because we modeled the effect of heat as linear, we excluded all tweets with an observed temperatures less than 5°C WBGT so that we were only including values at which our previous analyses suggested the heat-mood relationship is monotonic. This final model took the following form:

$$y = \beta_0 + f_h(h)t + \beta_p p + \beta_s s + \Phi + \epsilon \quad (3)$$

In this final model, f_h is the coefficient for temperature, t , and varies non-linearly by time of day, h . To ensure that the effect f_h is cyclical, we estimated f_h using 2nd-order B-splines, also known as a tent function basis Wood, 2017, Chapter 4.2, with knots every two hours.

Results

Effect of Heat on Sentiment

We examine the relationship between the mood expressed in tweets and the prevailing Wet Bulb Globe Temperature (WBGT), a temperature metric that accounts for dry-bulb temperature, humidity, wind speed, and solar radiation to more accurately describe the effects of heat on the human body (Budd, 2008). We find higher temperatures are associated with worsened mood (Fig. 1) after controlling for a variety of fixed effects across all tweets. Mood is highest at 5°C WBGT (associated in our data set with a median dry bulb temperature on 12°C/54°F) with the largest declines between 20°-25°C WBGT (dry bulb 29°-36°C/84°-97°F). Mood also declines with colder temperatures (below 5°C WBGT), although only slightly. Dis-aggregating our analysis by metropolitan area and using alternative methods to estimate expressed mood all yield similar results (see Supplement).

Figure 1: Relationship between Wet Bulb Globe Temperature (WBGT) and expressed mood in tweets. As temperatures increase above 5°C WBGT, mood rapidly declines. Shaded area shows the 95% confidence interval estimated with bootstrapping.

We find that mean neighborhood income strongly moderates the relationship between temperature and mood (Fig. 2), with large differences in mood

between the poorest (5th percentile) and wealthiest (95th percentile) neighborhoods. As temperatures increase to a modest 20°C WBGT (29°C/84°F), mood increases in the wealthiest neighborhoods but decreases in the median and lowest income neighborhoods. The wealthiest neighborhoods do not see decreases in mood until temperatures exceed 20°C WBGT (29°C/84°F), at which point mood decreases relatively evenly regardless of neighborhood income percentile.

We also explored how neighborhood racial characteristics affect the relationship between temperature and mood, and we find the effects of heat are felt disproportionately in neighborhoods that are majority Black (Fig. 2). Relative to an optimum temperature of 5°C WBGT (12°C/54°F), as temperatures increase to 30°C WBGT (42°C/108°F), the mood of tweets in majority Black neighborhoods decrease four times as much as the mood of people in other neighborhoods. Additionally, at mild to warm temperatures of 10°C WBGT (19°C/66°F) to 25°C WBGT (36°C/97°F), people in majority Hispanic neighborhoods have slightly lower mood than people in majority white or other neighborhoods, although this gap narrows at higher temperatures.

Figure 2: Effect of changes in WBGT on expressed mood as moderated by neighborhood income (a) and race (b). Shaded area shows the 95% confidence interval estimated with bootstrapping.

Comparison With Other Events

We compared the expressed mood from exposure to temperatures to two other events associated with impacts on mood and other mental health outcomes: the weekly change from Saturday to Monday, as well as the impact of a major natural disaster (see Fig. 3). For this comparison, we define heat impact as the changes in mood associated with temperatures increasing from 5°C WBGT (12°C/54°F) to 25°C WBGT (36°C/97°F); we define weekly changes as the difference between the mean Saturday mood and the mean Monday mood, calculated across the entire data set; and we define the impact of Hurricane Sandy as the change in mood from the week before the hurricane made landfall to the week after, calculated for only impacted counties. Both of these events are associated with mental health impacts: the decrease in expressed mood on Twitter from Saturdays to Mondays mirrors the weekly dynamics of suicide rates (Disease Control Wide-ranging ONline Data for Epidemiologic Research (CDC WONDER), 2021), while Hurricane Sandy was associated with mental health effects on victims including increased anxiety, PTSD, and depression (Schwartz et al., 2017; Lieberman-Cribbin et al., 2017).

Figure 3: Decline in mood as temperature changes from mild (5°C WBGT) high (25°C WBGT) across different neighborhood types, compared with the impacts of the change from Saturday to Monday, as well as the change associated with Hurricane Sandy. Error bars show the 95% confidence interval estimated with bootstrapping.

We find that the decline in mood in wealthier and majority white neighborhoods from exposure to increasing temperatures is less than the average weekly change in mood from Saturday to Monday (see Fig. 3). Conversely, the effects of exposure to increasing temperatures in poorer and majority Black neighborhoods are much larger than the average weekly change in mood. Additionally, the impacts of exposure to these changes in temperature for the more vulnerable neighborhoods are close in severity to the impact on mood from experiencing a major hurricane.

Effect of Heat by Time of Day

In addition to providing data with high spatial resolution, Twitter data also comes with very high temporal resolution as each tweet is time-stamped. Thus, we were able to examine the impact of heat on mood over the course of the day (Fig. 4). We found that heat is associated with improved mood for a brief period in the late morning, and then has a negative effect on mood during the latter half of the day, with a consistent effect from noon until 9pm. This effect weakens in the early evening through midnight, and then increases substantially throughout the night. Heat has the greatest effect on expressed mood at 6am, an effect over twice as large as during the day.

Figure 4: Effects of rising temperatures on mood by hour of the day, with a 95% confidence interval. The value shown is the predicted change in VADER score for a 10°C WBGT increase in temperatures. Shaded area shows the 95% confidence interval estimated with bootstrapping.

Discussion

We found that the change from an optimum temperature to a higher temperature is associated with an overall decrease in mood similar in magnitude to the degree of change in mood from Monday to Saturday, a weekly change associated with an increase in suicides of 23% over the course of the study period (Disease Control Wide-ranging ONline Data for Epidemiologic Research (CDC WONDER), 2021), and that the same level of heat in a poor or Black neighborhood is associated with a change in mood nearly matching the impact of a major Hurricane, an event associated with suicides and PTSD (Schwartz et al., 2017; Lieberman-Cribbin et al., 2017). Thus, while research on linkages between

344 expressed mood and other mental health outcomes like suicides and hospital-
345 izations is still nascent, there are clear similarities in patterns of expressed mood
346 and mental health at specific time scales and following certain events. This sug-
347 gests that the changes in expressed mood we observe at neighborhood scales is
348 indicative of other mental health outcomes such as suicides and hospitalizations.

349 Previous work conducted with county-scale data found no heterogeneity in
350 mental health vulnerability by income. Such analyses have led to conclusions
351 that the mental health effects of climate change will be uniform, least in devel-
352 oped countries, and that adaptation with technologies like air-conditioning will
353 not mitigate the mental health effects of climate change. For example, Mullins
354 et al. conclude that "individuals have not been able to successfully reduce the
355 negative effects of higher temperatures on mental health" (Mullins and White,
356 2019). Contrary to these analyses, we found large heterogeneity in vulnerability
357 by neighborhood racial composition and per-capita income. This suggests that
358 the mental health effects of climate change will not be uniform and, like other
359 impacts, will fall disproportionately on the vulnerable and marginalized. More
360 positively, it does suggest that adaptation is possible, and, for communities with
361 infrastructure and working conditions similar to those of higher-income Ameri-
362 cans, the effects of high temperatures on mental health may be addressable.

363 Examining the role of race in vulnerability, we find that majority Black
364 non-Hispanic neighborhoods are much more affected by higher temperatures
365 than neighborhoods with a non-Black majority. Surprisingly, we did not find
366 an effect for people with Hispanic ethnicity, given that Hispanic peoples can
367 be marginalized in employment and housing. These findings may be because
368 the ethnic category of Hispanic is more broad and encompasses many more
369 groups with more diverse histories and living conditions than Black Americans.
370 It may also be due to that fact that more marginalized and heat-vulnerable
371 Hispanic people were more likely to tweet in the Spanish language, which we
372 did not include in our analysis. Additionally, there are many other marginalized
373 groups in the United States, particularly indigenous people, that we did not have
374 sufficient data to examine with respect to heat and mental health. Examining
375 the effects of both race and income, we find that race is more important for
376 vulnerability than income. This probably due in part to the fact that Black
377 Americans have historically been forced through redlining into neighborhoods
378 with fewer trees that are much more impacted by heat (Hoffman, Shandas, and
379 Pendleton, 2020; Locke et al., 2021). This suggests that racism and patterns of
380 housing discrimination contribute to making Black Americans more vulnerable
381 to heat, even at similar levels of income as other groups, and that reducing
382 existing discrimination in housing and employment is an important adaptation
383 strategy.

384 This study shows the importance of examining heterogeneities in vulnerabil-
385 ity in analyses of climate change impacts. Additionally, it shows how measuring
386 outcomes at fine spatial scales necessary for understanding how factors like race
387 and income matter for vulnerability (Tong et al., 2021). Even within a rela-
388 tively wealthy nation, we find that high temperatures affect certain populations
389 to the same degree as a major hurricane. Thus, it is likely that heat waves have

390 a much greater mental health impact throughout the developing world, where
391 temperatures are expected to be much higher (Raymond, Matthews, and Hor-
392 ton, 2020), heatwaves are already under-counted (Harrington and Otto, 2020),
393 and adaptive technologies like air conditioning are more scarce (Biardeau et al.,
394 2020).

395 In addition to exploring heterogeneities in vulnerability, using twitter data
396 lets us explore how the effect of heat varies by time of date and infer possible
397 important pathways in the heat-mental health relationship. Recent research has
398 suggested that the impacts of heat on sleep quality may play a large role in the
399 observed mental health effects of heat (Obradovich, Migliorini, Mednick, et al.,
400 2017; Mullins and White, 2019), and our temporal analysis largely supports
401 this hypothesis. We found much stronger effects of heat on expressed sentiment
402 in the early morning, adding weight to the sleep quality pathway linking heat
403 and mental health that other authors have found. This suggests that efforts
404 to improve mental health during heat waves may have the largest impact by
405 focusing on providing electricity and air conditioning at night.

406 While these findings are robust to different model specifications and metrics
407 of mood, there are important considerations in this analysis. One caveat asso-
408 ciated with this data is that we were only able to locate the tweets within the
409 census block from which the tweet was sent, and in some cases the income level
410 of a census block may be only weakly indicative of the wealth of the people who
411 are found that census block. For example, some public spaces are estimated to
412 have very low income levels even though people from a variety of income levels
413 may occupy those spaces throughout the day. These issue may in fact lead us
414 to under-estimate the true effect of heat on mental health for poor and Black
415 people. Another issue with using Twitter data is that, while Twitter is used
416 by more than one in five Americans and at similar rates across racial groups,
417 Twitter users may not be representative of the general population, as they are
418 typically younger, wealthier, and more educated (*10 facts about Americans and*
419 *Twitter* 2020). Nevertheless, we found a large volume of tweets across all neigh-
420 borhood types.

421 While climate change will have widespread and severe impacts on human
422 well-being, our work emphasizes just how unevenly these impacts will be dis-
423 tributed. People with more money, access to aid and infrastructure, and who
424 belong to ethnic groups in power are less affected by climate shocks and natural
425 disasters and more able to adapt (Bullard and Wright, 2012). While the physical
426 health impacts of these shocks are more visible and easy to measure, the mental
427 health impacts of climate change are also causing severe human suffering and
428 there is no reason to believe they will not also be highly unevenly distributed.
429 Thus, there are strong theoretical priors behind the hypothesis that low-income
430 and marginalized people are more vulnerable to the mental health impacts of
431 higher temperatures, even though previous work at coarse spatial scales had
432 not found such an effect. By using fine-scale Twitter data, we show that there
433 are indeed stark differences in the mental health impacts of heat among neigh-
434 borhoods in the United States. These findings have significant implications for
435 urban planning, climate and environmental justice, and mental health.

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441 This data came from Twitter via the University of Vermont’s (UVM) agree-
442 ment with Twitter to access its streaming API - colloquially referred to as the
443 Decahose. The UVM special agreement with Twitter allows for access to this
444 data for research and analysis purposes and this work complies with all the
445 terms of service for Twitter and UVM.

446 Author Contributions

447 Author contributions: M.C., J.O.-G., A.S. and P.B. designed the research and
448 modeling strategy; A.S. provided data; M.C and Z.L. prepared data; M.C. and
449 J.O.-G. analyzed data; and M.C., J.O.-G., P.A.W., and J.L. wrote the paper.
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