

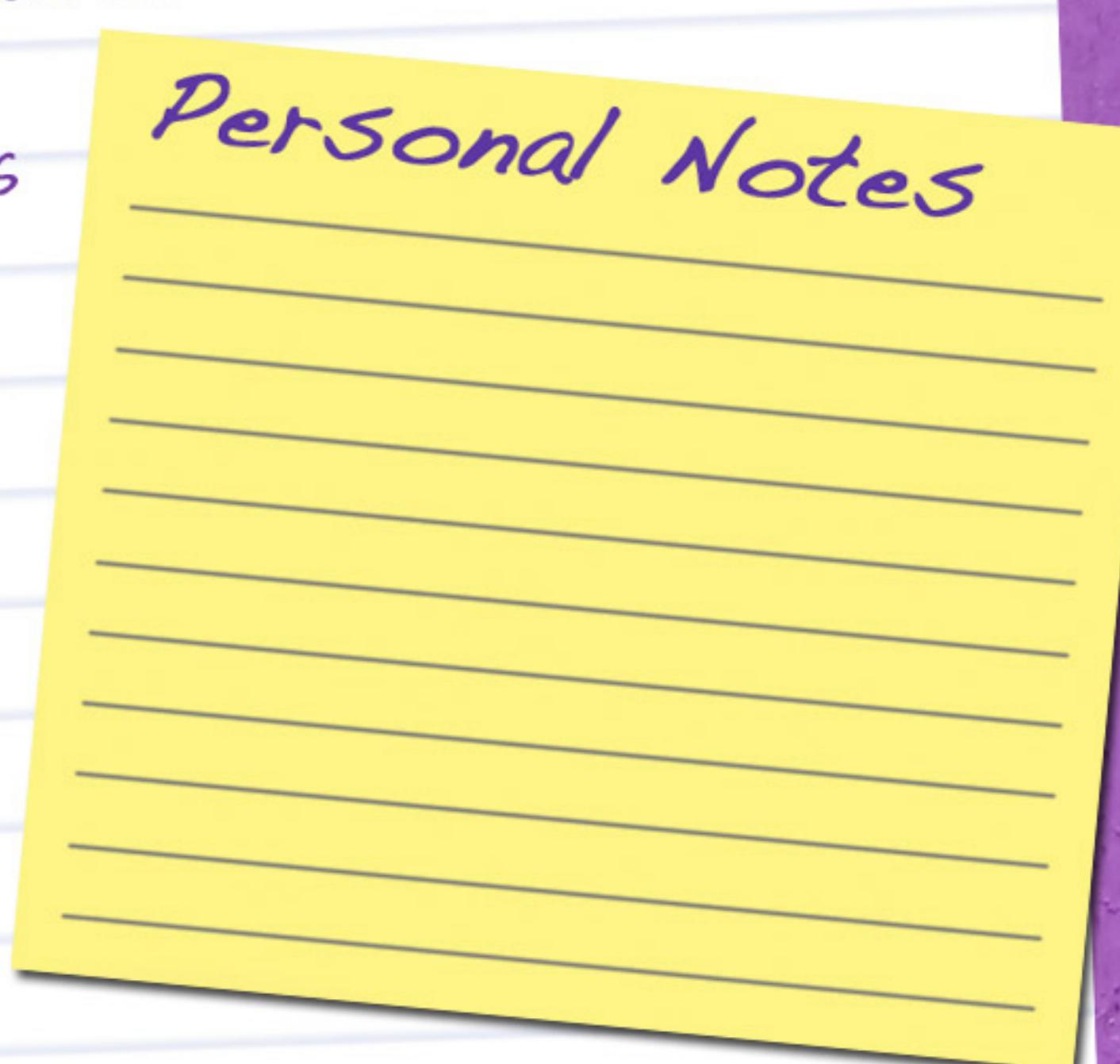
# Back to School Checklist

## I week before...

Now's a great time to start checking that your kid has all the essentials needed for school. Early planning goes a long way in being better prepared for a new term in school.

- [ ] Buy required text books
- [ ] Stock up on stationeries, drawing pads and art supplies
- [ ] Sharpen all pencils
- [ ] Ensure that all holiday homework is completed
- [ ] Check textbooks
- [ ] Wash socks and polish shoes
- [ ] Check school uniform/ shoes for size
- [ ] Pack tissues/wet wipes and hand sanitiser
- [ ] Set aside daily allowance
- [ ] Get a hair cut
- [ ] Visit dentist for routine check-up
- [ ] Go for eye check-up
- [ ] Book a seat on the school bus
- [ ] Talk about going back to school for a new term (It helps to prepare your child mentally)
- [ ] Re-establish good sleeping habits - go to bed early!
- [ ] Book and confirm tuition classes/extracurricular activities

## Personal Notes

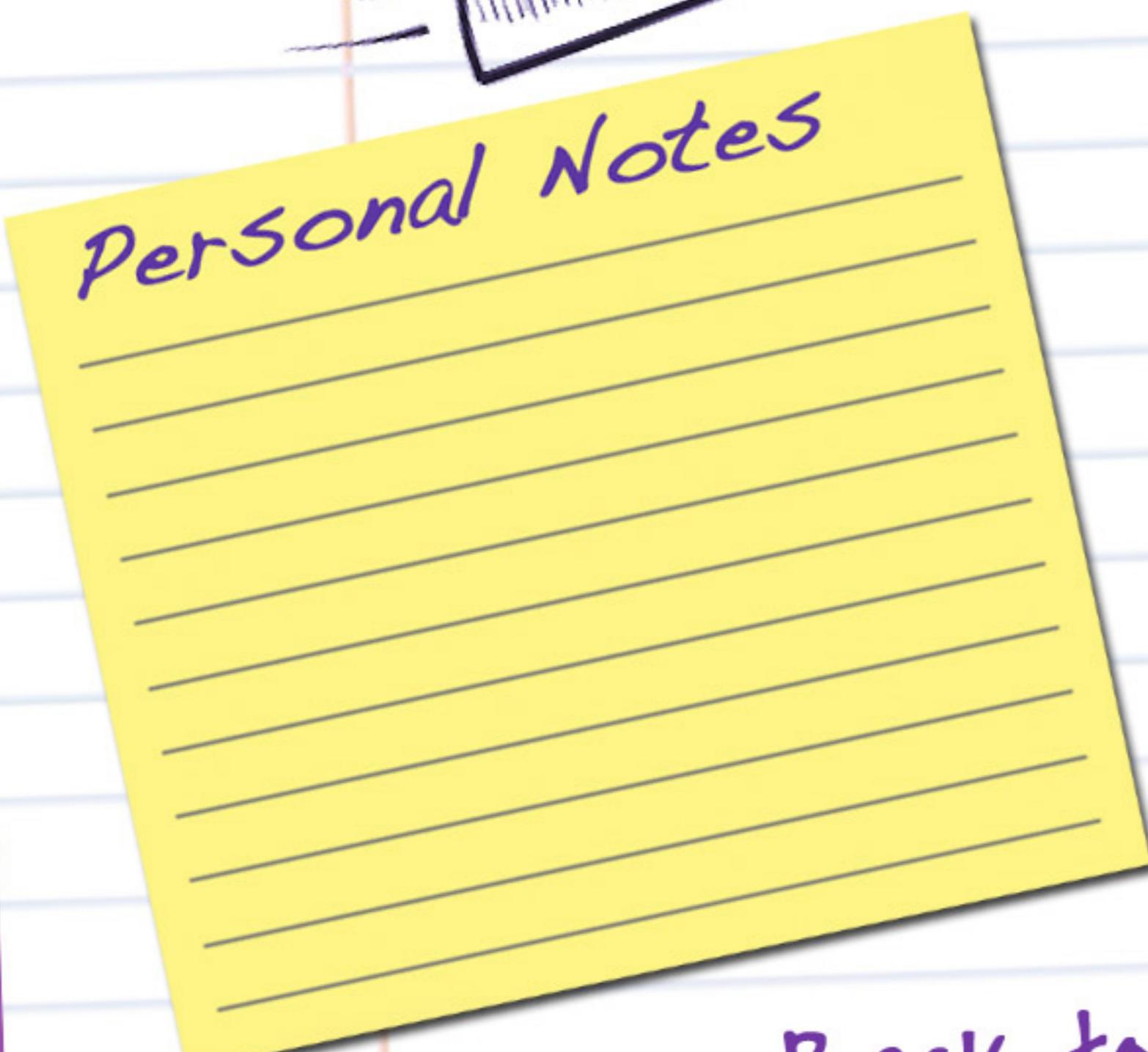


## I day before...

As your kid looks forward to seeing his friends and teachers in school, be sure to double check that he is all set for the big day!

- [ ] Iron uniforms
- [ ] Set aside PE clothes
- [ ] Pack school bag
- [ ] Plan lunch box and breakfast - stock up on ingredients
- [ ] Fill up water bottle
- [ ] Set alarm clock
- [ ] Call school bus auntie/uncle to confirm transport
- [ ] Go through class timetable
- [ ] Talk to him about going back to school the next day
- [ ] Make sure he sleeps early

## Personal Notes



## Back to school Day!

The big day is finally here. You are all set to go. Here's a final rundown before the big back to school day.

- [ ] Prepare a healthy breakfast
- [ ] Pack a nutritious lunchbox/snack
- [ ] Double check school bag
- [ ] Check hair and clothes
- [ ] See him off as he leaves for school



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