

ARC Resources ("ARC") is located in Calgary, Alberta and is a mid-sized dividend paying oil and gas company with near-term growth prospects. ARC focuses on the acquisition and development of resource-rich properties that provide an option for growth. ARC's shareholders receive a monthly dividend from ARC's producing oil and gas assets. ARC was initially structured as an income trust and completed its conversion to a corporation on January 1, 2011 to address the new federal tax legislation for trusts effective that day.

ARC has consistently outperformed the S&P/TSX Composite Index and the S&P/TSX Explorations and Production Index.

During 2010, ARC's annual total return was

34.7 PER CENT

Average annual total return since inception is

19 PER CENT

ARC is committed to generating superior long-term returns for our investors.

ARC common shares trade on the Toronto Stock Exchange under the symbol

ARX