transition training	3-6, 5-17, 7-10, 10-5
trick questions	6-11
true-false test items	B-2
types of delivery	5-12
types of instructional aids	5-25 , 10-9
types of practice	3-26
types of problem-based instruction	5-17

U

understanding	1-13, 1-19, 1-20, 1-21, 2-1, 2-9, 3-1, 3-4, 3-6, 3-9, 3-10, 3-11, 3-13, 3-14, 3-15, 3-17, 3-19, 3-20, 3-21, 3-28, 3-32, 3-33, 3-37, 3-39, 3-40 , 3-41, 3-42, 4-1, 4-2, 4-3, 4-4, 4-5, 4-6, 4-8, 4-10, 5-5, 5-7, 5-10, 5-13, 5-14, 5-16, 5-21, 5-23, 6-1, 6-4, 6-6, 6-8, 6-9, 7-1, 7-12, 8-5, 9-1, 9-5, 9-8
unfair criticism	8-2, 8-9
unity	7-8
usability	6-5
use of distractions	3-27, 9-9 , 9-14
use of notes	3-23, 5-1, 5-11, 5-12 , 7-6, 8-10, 9-12
use of questions in a guided discussion	5-14
use of resources	1-25
using reminders	3-34

V

VAK model	3-22
validity	5-6, 6-4
video	3-23, 3-24, 3-28, 3-37, 3-41, 5-8, 5-9, 5-20, 5-23, 5-25, 5-26 , 5-28, 7-3, 8-11
video gaming	5-20
virtual reality	5-28
visual learners	3-23, 4-2
visualization	9-13

W

working or short-term memory	5-10
workload management	1-13, 1-26 , 1-29, 9-1, 10-5
worry or lack of interest	2-13
written critique	6-10
written exam	6-1