

UCI CYCLING REGULATIONS

9.5 Assistance of any kind (nudging [poussette], guiding or pushing) among riders of the same team during a team time trial, except in cases of imminent danger			
One-day race	<u>Rider</u> : CHF 500 fine per rider involved <u>Team</u> : 1 minute penalty	<u>Rider</u> : CHF 200 fine per rider involved <u>Team</u> : 1 minute penalty	<u>Rider</u> : CHF 50 fine per rider involved <u>Team</u> : 1 minute penalty
Stage race	<u>Rider</u> : CHF 500 fine per rider involved and 1 minute penalty in stage result for each rider of the team	<u>Rider</u> : CHF 200 fine per rider involved and 1 minute penalty in stage result for each rider of the team	<u>Rider</u> : 50 per rider involved and 1 minute penalty in stage result for each rider of the team

9.6 Following vehicle failing to respect a distance of 10 m during a team time trial			
One-day race	<u>Team</u> : 20 second penalty <u>Sport Director</u> : CHF 500 fine	<u>Team</u> : 20 second penalty <u>Sport Director</u> : CHF 200 fine	<u>Team</u> : 20 second penalty <u>Sport Director</u> : CHF 100 fine
Stage race	<u>Rider</u> : 20 second penalty for each rider of the team <u>Sport Director</u> : CHF 500 fine	<u>Rider</u> : 20 second penalty for each rider of the team <u>Sport Director</u> : CHF 200 fine	<u>Rider</u> : 20 second penalty for each rider of the team <u>Sport Director</u> : CHF 100 fine
9.7 False start less than 3 seconds during a mixed relay event	<u>Team</u> : 10-second penalty	<u>Team</u> : 10-second penalty	<u>Team</u> : 10-second penalty