7 CASH AND CASH EQUIVALENTS

	GROUP		PARENT	
	2013	2012	2013	2012
	NZ\$'000	NZ\$'000	NZ\$'000	NZ\$'000
Cash on hand	165	167	-	-
Cash at bank	2,166	1,455	5	26
Short term deposits	14	189	-	-
	2,345	1,811	5	26
The carrying amount of the Group's cash and cash equivalents are denominated in the fo	llowing currencie	s:		
NZD	527	487	5	26
AUD	1,464	211	-	-
GBP	270	927	-	-
USD	84	177	-	-
EUR	-	9	-	-
	2,345	1,811	5	26

8 TRADE AND OTHER RECEIVABLES

	GRO	GROUP		PARENT	
	2013	2012	2013	2012	
	NZ\$'000	NZ\$'000	NZ\$'000	NZ\$'000	
Trade receivables	125	206	-	-	
Sundry debtors and prepayments	3,543	3,297	256	261	
	3,668	3,503	256	261	

Bad and doubtful trade receivables

The Group has recognised a loss of \$0 (2012: \$0) in respect of bad and doubtful trade receivables during the year ended 31 July 2013.

The carrying amount of the Group's trade and other receivables are denominated in the following currencies:

NZD	2,076	1,565	256	261
AUD	1,019	1,241	-	-
GBP	573	697	-	-
	3,668	3,503	256	261