

For all para-cycling TR competitions, the maximum shall be two teams for any given structure (national team, trade team...). A third team may be registered for each structure only if it is an all women's team. Looking at the following table, the total of points for the three TR participants must be a maximum of nine (9) points including an athlete with a maximum scoring value of two (2) points. At the *World Championships*: The titles belong to athletes that compose the team.

Sport Class and Gender	Points
H5 men	4
H4 men	4
H3 men	3
H2 men	2
H1 men	1
H5 women	3
H4 women	3
H3 women	2
H2 women	1
H1 women	1

*(text modified on 01.02.11; 01.10.12; 01.02.14; 11.02.20)*

- 16.7.013** The Team manager must give the names and sport classes that make up their team as well as the order in which the athletes will be placed in the relay. The order needs to be provided to the president of the commissaires panel at the latest 1 hour after the end of the last event involving H division athletes. This start order may not be altered subsequently.

If the team relay is the first race involving athletes from Division H, The order needs to be provided to the president of the commissaires panel at the latest 1 hour after the team managers meeting.

*(text modified on 01.01.11; 01.10.11; 01.01.16)*

- 16.7.014** The first wave of athletes will start all together and compete like in a regular road race. As soon as an athlete from a team completes his lap and passes in front of his teammates, the next athlete will start his lap.

It is the responsibility of the team managers to give the start to their riders when the relay is passed to another athlete. A commissaire will supervise the relay zone and in case of a false start, a penalty of 10 seconds will be added directly to the results and the team manager will be informed by the Commissaire during the race.

A false start consists of an athlete who takes the relay of his teammate before he crosses the relay line. Helping a rider to start by pushing or pulling his handcycle will also be considered as a false start. A false start done more than 3 seconds before the teammate crosses the relay line will automatically result in the disqualification of the team.