	For the ye	For the years ended	
	September 28,	September 29,	
	2013	2012	
	\$	\$	
Cash flows from operating activities:	·		
Net earnings	37,265	30,261	
Adjustments for: Depreciation of property, plant and equipment (note 4)	12,357	11,684	
Amortization of intangible assets (note 4)	230	177	
Changes in fair value of derivative financial instruments			
included in cost of sales	(4,672)	420	
Income tax expense (note 6)	13,146	10,648	
Pension contributions	(12,503)	(11,490)	
Pension expense	9,702	7,484	
Net finance costs (note 5)	9,127	9,695	
Loss on disposal of property, plant and equipment Share-based compensation (note 22)	(216)	25 40	
Other	(4) 1	146	
	64,433	59,090	
	0.,.33	33,030	
Changes in: Trade and other receivables	945	6,777	
Inventories	5,912	12,747	
Prepaid expenses	(358)	515	
Trade and other payables	(9,112)	(5,540)	
Provisions	(839)	(82)	
	(3,452)	14,417	
Cash generated from operating activities:	60,981	73,507	
Interest paid	(10,246)	(10,460)	
Income taxes paid	(13,082)	(15,254)	
Net cash from operating activities	37,653	47,793	
Cash flows (used in) from financing activities:			
Dividends paid (note 21)	(67,750)	(31,998)	
Increase (decrease) of revolving credit facility (note 15)	`15,000´	(10,000)	
Payment of financing fees	(569)	(2,716)	
Issuance of shares (note 22)	92	361	
Issuance of convertible unsecured subordinated debentures (note 20)	_	60,000	
Redemption of convertible unsecured subordinated debentures (note 20) Repurchase of convertible debentures (note 20)		(51,679) (9)	
Net cash used in financing activities	(53,227)	(36,041)	
Cash flows used in investing activities:			
Additions to property, plant and equipment, net of proceeds on disposal Additions to intangible assets	(9,117)	(8,454) (729)	
Net cash used in investing activities	(9,117)	(9,183)	
Net (decrease) increase in cash and cash equivalents	(24,691)	2,569	
Cash and cash equivalents, beginning of period	27,895	25,326	
Cash and cash equivalents, beginning of period	3,204	27,895	
Cash and cash equivalents, end of period	3,404	21,093	

Supplemental cash flow information (note 27)

The accompanying notes are an integral part of these consolidated financial statements.