### Tabla 1. Distribución de síntomas depresivos, discapacidad visual severa y características sociodemográficas de adultos mexicanos. ENSANUT 2018.

|  | Total | | Sin síntomas depresivos | | Con síntomas depresivos | |
| --- | --- | --- | --- | --- | --- | --- |
|  | N | w % | N | w % | N | w % |
| Síntomas depresivos | | | | | | |
|  | 31,860 | 76.01% |  |  |  |  |
|  | 11,210 | 23.99% |  |  |  |  |
| Discapacidad visual severa | | | | | | |
| No | 41,730 | 97.05% | 31,312 | 77.04% | 10,418 | 22.96% |
| Si | 1,340 | 2.95% | 548 | 42.2% | 792 | 57.8% |
| Grupo de edad | | | | | | |
| 20-39 a | 18,574 | 44.56% | 15,729 | 85.85% | 2,845 | 14.15% |
| 40-59 a | 15,449 | 35.81% | 12,413 | 81.2% | 3,036 | 18.8% |
| 60+ años | 9,047 | 19.62% | 3,718 | 44.17% | 5,329 | 55.83% |
| Sexo | | | | | | |
| Hombre | 19,496 | 45.37% | 15,654 | 82.12% | 3,842 | 17.88% |
| Mujer | 23,574 | 54.63% | 16,206 | 70.93% | 7,368 | 29.07% |
| Nivel Socioeconómico | | | | | | |
| Alto | 14,197 | 38.85% | 11,309 | 80.2% | 2,888 | 19.8% |
| Medio | 14,411 | 32.09% | 10,597 | 74.75% | 3,814 | 25.25% |
| Bajo | 14,462 | 29.06% | 9,954 | 71.8% | 4,508 | 28.2% |
| Lengua Indigena | | | | | | |
| No | 40,012 | 93.48% | 29,647 | 76.21% | 10,365 | 23.79% |
| Si | 3,058 | 6.52% | 2,213 | 73.07% | 845 | 26.93% |
| Región | | | | | | |
| Centro | 16,038 | 35.07% | 11,759 | 75.77% | 4,279 | 24.23% |
| Norte | 10,198 | 20.63% | 7,618 | 76.51% | 2,580 | 23.49% |
| Ciudad de México | 1,866 | 13.79% | 1,401 | 77.03% | 465 | 22.97% |
| Sur | 14,968 | 30.52% | 11,082 | 75.48% | 3,886 | 24.52% |
| Acceso a servicios médicos | | | | | | |
| Sin servicio médico | 6,766 | 18.1% | 5,217 | 80.26% | 1,549 | 19.74% |
| Con servicio médico | 36,109 | 81.45% | 26,483 | 75.01% | 9,626 | 24.99% |
|  | 195 | 0.45% | 160 | 85.82% | 35 | 14.18% |
| Empleado | | | | | | |
| Si | 26,511 | 60.41% | 21,315 | 82.27% | 5,196 | 17.73% |
| No | 16,559 | 39.59% | 10,545 | 66.45% | 6,014 | 33.55% |
| Educación | | | | | | |
| Mayor a preparatoria | 9,769 | 24.8% | 8,166 | 85.15% | 1,603 | 14.85% |
| Preparatoria | 6,877 | 17.09% | 5,814 | 85.42% | 1,063 | 14.58% |
| Secundaria | 12,017 | 26.77% | 9,341 | 78.69% | 2,676 | 21.31% |
| Primaria o menor | 14,407 | 31.34% | 8,539 | 61.34% | 5,868 | 38.66% |