

- not take precautions for their physical well-being (✓) as they may think that things like heart failure/strokes may not affect them. (✓)
- think that they are not at risk if they are physically active (✓) as they may not realise that strenuous activities could put more strain on the heart of someone who may not know that they have a heart condition. (✓)
- Any other THREE relevant responses for TWO marks each. (3 x 2 (6))

Recommend TWO practical activities that young people could initiate to raise awareness about heart diseases in their school communities. In your answers, also indicate how each activity may help raise awareness.

Marks should be awarded as follows:
THREE marks each (✓✓✓) for TWO well-explained responses.

NOTE TO MARKER:

- In this question, candidates' answers must be written in full sentences as far as possible. Hence, within the 3-mark question, candidates could and should be awarded 3, 2 and 1 or a 0 (zero) depending on the level of answers given.
- To be awarded the full three marks candidates must give a statement, (✓) qualify the statement (✓) and give an outcome. (✓)

Possible answers could be:

Young people could ...

- distribute pamphlets / put up posters obtained from local health services at schools (✓) which then makes information easily accessible to all learners (✓) and they may then be able to make more informed decisions about their own health with regard to heart diseases. (✓)
- organise educational talks / information sessions at school by health professionals (✓) and in this way they may inform and educate all learners on the topic (✓) which may then give learners an opportunity to engage in discussions on their own health issues which may lead to heart diseases. (✓)
- arrange with the health department for mobile clinic services to do free testing at school / in the community (✓) which may then create ample opportunities for all to be tested (✓) and in this way learners may get to know about possible health issues related to the heart at an early stage. (✓)
- arrange with local pharmacies for free testing once a month (✓) which may encourage them to become more aware of/know their health statuses (✓) and hence they may take necessary corrective actions. (✓)
- start call-in radio talk programmes / write short news flashes to be broadcasted (✓) which may give people the opportunity to share their stories/ experiences on heart diseases (✓) and thereby creating greater understanding and awareness about heart ailments. (✓)
- create a page for the school on social media to regularly post information on heart diseases (✓) which may serve as a platform for discussion (✓) and this may contribute to sustaining awareness on the topic. (✓)
- Any other TWO relevant responses for THREE marks each. (2 x 3)(6)

[15]

TOTAL SECTION C: 30
GRAND TOTAL: 80

DEPARTMENT OF BASIC EDUCATION
PRIVATE BAG X1265, PRETORIA 0001
2018-09-08
APPROVED MARKING GUIDELINE PUBLIC EXAMINATION