



# MARCH 2022 NEWSLETTER

We were honored to have the Lead Dietitian (Dove Dietary Consult) **Boladale Osoare** carry out preliminary Food Regimen Tests and hold meetings with parents of registered children at our pilot centre this month. The meetings were very enlightening and most interactive.



**Boladale Osoare**  
Lead Dietitian



Parents were pleased to discuss in detail issues regarding various nutritional challenges they encounter with their ASD children.



A cross-section of The Zeebah Abuja parents at the interactive session

**Boladale Osoare** who will be facilitating Session 1 of our 2022 Autism Awareness Month seminar on Tuesday 5<sup>th</sup> April 2022 will be speaking on **Optimal nutrition for Autism Spectrum Disorders**.



Please follow us on our social media platforms

 @thezeebahfoundation  thezeebahfoundation  @thezeebah



## APPRECIATION PAGE

We celebrate our employees on the 4th March and always!



To all our employees - Thank you for your dedication and commitment to your assigned duties.

**MOTHER'S DAY 2022**

We salute and heartily celebrate all mothers - especially those with children on the spectrum, this day and always. Happy Mother's Day



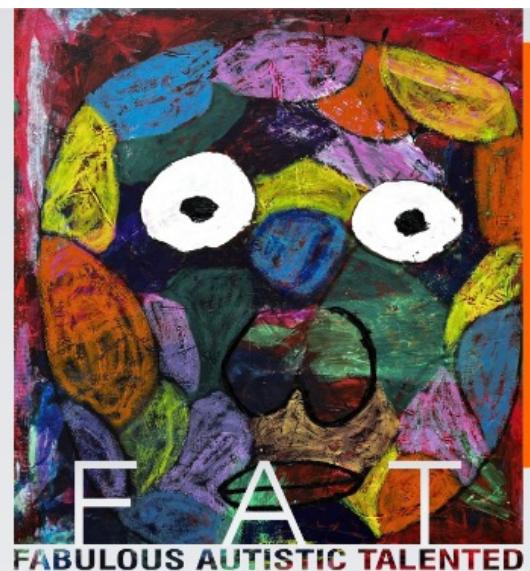
## **GUESS WHO CAME VISITING?**

We could not hide our delight at having a Board of Trustee member visit the pilot centre earlier in the month. Manny Kanabe (MK) paid us a surprise visit on the 21st March



Photos show MK flanked from Left to Right by: [L-R: Oluwadamilola Alawode RBT, QASP-S (OA), Esther Osawu (EO), Marilyn Omuabor (MO) & Cherish Alugah (CA)].

## UP COMING EVENTS



# A SOLO ART EXHIBITION

theme: NO CHILD LEFT BEHIND

2nd-7th  
APRIL  
2022

2nd April (Opening Day)  
Time: 2pm prompt  
@ Transcorp Hilton Lobby,  
Abuja

Curated by:  
Muhammad Suleiman  
President, Society of Nigerian Artists



Kanyeyachukwu

partners:

Transcorp Hilton

Society of  
Nigerian Artists



SAWTRAX  
LIMITED

THE ZEEBAH  
FOUNDATION

ABUJA  
INTERNATIONAL SCHOOL



## UP COMING EVENTS

April 2022: It's that time of the year when the world acknowledges the strides made and chart new pathways for people with ASD.

The United Nations Theme for 2022: **Inclusive Quality Education for all**

**World Autism Day: Saturday 2nd April**



World Autism Awareness Month: April 2022.

To mark World Autism Awareness Month, we have a number of outlined activities and events.

**The Zeebah Foundation**  
In collaboration with  
**Cuppy Foundation**

**Partner Schools Seminar to commemorate World Autism Awareness Month**

**Topic:**  
**Indicators & Teaching Strategies**

— www.zeebahfoundation.com —

The Zeebah Foundation in collaboration with Cuppy Foundation is organizing Autism Awareness Seminars by disseminating relevant information about Autism, this year's theme and fulfilling our corporate objective of providing people affected by Autism with **access to quality resources**. Starting Tuesday 5th April 2022 with two seminars on Optimal Nutrition in Autism Spectrum Disorders and Autism: Mitigating Social Issues, Free baseline evaluations, several guest appearances on radio and television stations as well as sensitization visits to several schools within Abuja metropolis to commemorate World Autism Awareness Month.

**The Zeebah Foundation**  
In collaboration with  
**Cuppy Foundation**

**AUTISM AWARENESS MONTH 2022 SEMINARS**

**DR. (MRS) DORIS IZUWAH**  
Founder / CEO Our Lady of Guadalupe Health Foundation & Autism Centre  
Facilitator: Session 2

**BOLADE OSOARE (RD)**  
Lead Dietician, Dove Dietary Consult.  
Facilitator: Session 1

⌚ 11:00AM 📅 5th April 2022

In-person registration closed. For virtual attendance please call 09011273821

Media Partners:

BOSS 93.7 FM, RAINPOWER Radio 100.9 FM, ONE 94.3 FM, Virgin 99.9 FM, PHD

www.zeebahfoundation.com

## Facilitator: Session 1



OMOBOLADE OSOARE is a registered dietitian, a member of Dietitians Association of Nigeria which is a member of the international confederation of dietetic associations. She is the Founder/CEO of DOVE DIETARY CONSULT, health, nutrition and wellness company. She is passionate about helping people live healthier lives through nutrition education which she does using different platforms (both physical and social media). She works full time as a dietitian (Lead Dietitian at DOVE DIETARY CONSULT) ensuring that she explores her client's greatest health concerns,

weaknesses and goals. Thereby using these obstacles in achieving set goals. She has a BSc in Nutrition and Dietetics from Federal university of agriculture, Abeokuta after which she proceeded to Lagos university teaching hospital LUTH for her one-year internship program in Clinical Dietetics. She successfully passed her TOPC (test of professional competency) and has helped several patients/clients to live healthier lives in her years of practice.

## Facilitator: Session 2



Dr (Mrs.) Doris Ngozichukwu Izuwah nee Duruewuru is a Registered Medical Doctor in Nigeria for more than 20 years. She currently works at Nisa Premier Hospital, Abuja as a Senior Registrar in Paediatrics and also coordinates neurodevelopmental clinics for children with special needs at Nisa and Garki hospital at Abuja. With her passion for special needs children, she and her late husband – Engr Chidi Izuwah founded a Non-Governmental Organization, Our Lady of Guadalupe Health Foundation (OLG) / Autism center in June 2006. As the Clinical Director of OLG since inception, she coordinates awareness, advocacy, diagnosis and assessment, multidisciplinary intervention services, biomedical treatment, parents and caregivers training with the online support group, school facilitation, social integrations, transitioning programs with work force experience for adolescent with disability, home inclusions of children with autism and related disorders. OLG now has centers in Port Harcourt, Abuja, and over 50 staff and 100 children with special needs under her care. She has organized numerous awareness campaigns and spearheaded the World Autism Awareness Day (WAAD) celebrations in Abuja 2008 and WAAD training at the National Hospital, Abuja for 2 years consecutively (2014, 2015). Her research work and oral presentation on Dysbiosis in Children with ASD won the KUNLE AJAYI AWARD – during the 2016 PANCONF (Paediatric Association of Nigeria Conference). Her research work titled Clinical Pattern of Autism in Nigeria by Doris N Izuwah, Boma A Okoh, Edward A Alikor has been published in Autism Research Journal Aug (2015). She is a board-certified Qualified Behavioral Analyst (QBA) in special needs, An Advanced Certified Autism specialist (ACAS) from the International Board of Credentialing and Continuing Educational Standards (IBCEES), and a member of the International Behavioral Analysis organization (IBAO), Paediatric Association of Nigeria (PAN), Child Neurology Society of Nigeria (CNSN). She has certificates in Project Management in Global Health, Leadership and Management in Health, Economic Evaluation in Global Health from the School of Public Health, University of Washington. She is a philanthropist at heart and believes in education and health for all; this gave birth to the OLG Scholarship Scheme for children and poor people in the rural community. She has partnered with individuals/organizations to provide educational sponsorship to about 100 children annually since 2017. Feeding the community, especially widows, and empowering the youth is part of her pet project under OLG. In 2022, she opened a training portal – OLG Developmental Consults Limited for International certification and credentialing of people in the field of autism and related disability. She loves children, gardening, organizing programs, and watching movies. She is ready to partner with organizations that are prepared to move positively the course of disability in children and adolescents.

## MARCH 2022 Birthday Celebrants

Birthday wishes to our dear Adele who marked her 8<sup>th</sup> birthday on Friday March 2022, MO, EO and FF



AN and her therapist



AN with her parents, staff and kids



AN with her parents, staff and kids



# Donor Appreciation Page



Our warmest thanks to Cuppy Foundation a not-for-profit owned by our Brand Ambassador Miss Florence Ifeoluwa Otedola [popularly known as DJ Cuppy] for extending financial support to The Zeebah Foundation to mark our Autism Awareness Month activities this year. The Cuppy Foundation grant for the year 2022 is in recognition of our corporate objective of **providing families affected by Autism with access** [both national and international] to quality resources.



**Autism Awareness Month.**

**@thezeebahfoundation**

X

**@cuppyfoundation**

## Donor Appreciation Page



Our most sincere gratitude to Mallam Yakubu Ibn Mohammed, Director General and Management of The Nigerian Television Authority for supporting us by sensitizing and educating the public on issues related to Autism for our outlined World Autism Awareness Month activities.

&  
**phd**

PhD Media Managing Director, Mr. Dozie Okafor and his team for providing us guest appearances on several radio stations.

We are immensely grateful for PhD Media's continued support.



THANK YOU

**Be A Friend of The Zeebah Foundation:**



**BRAND AMBASSADOR**  
**FLORENCE IFEOLUWA OTEDOLA**  
**(AKA DJ CUPPY)**

FRIENDS OF THE ZEEBAH FOUNDATION IS AN INITIATIVE OF THE ZEEBAH FOUNDATION

ACCOUNT: THE ZEEBAH FOUNDATION  
ACCT NO: 0467645902  
BANK: GT BANK Plc



SUPPORT CHILDREN ON THE  
AUTISM SPECTRUM

KINDLY **DONATE**

## Our Services



**Full Day Program**

**School based or In-Home Therapy**

**Assessment & Evaluation**

### Other Services

- Applied Behaviour Analysis Therapy
- Occupational Therapy
- Speech & Language Therapy
- Academic Program
- Independent/Self Help Skills
- Creative Arts

Support Aide

Professional development and Staff Training

Parent and Care-giver training