

## Qualitative summary:

Person A is patient, logical, and calm throughout the conversation. They are trying to reason with Person B and make them understand their perspective. They are also assertive and stand their ground when Person B tries to manipulate the situation. Person B, on the other hand, is evasive, impatient, and emotional. They are trying to manipulate the situation to their advantage and are not willing to listen to Person A's perspective. They are also quick to anger and become defensive when their actions are questioned. They avoid taking responsibility for their actions and are not willing to have a constructive conversation.

## Labelled input:

Person A: Hello

Person B: Hi...I need a favor....what are doing right now? Creating artificial obligations

Person A: At this very moment, I am catching up on some work I have been putting off.

Person B: (sullenly): Ohhh.....ok...... Sullenness or cynicism

Person A: What's wrong, what are you down about?

Person B: Well, I was just wondering if maybe I could borrow your car.... Creating artificial obligations

Person A: When do you need it?

Person B: (with conviction): Right now! **Demanding** 

Person A: You need it this minute?

Person B: Yes, me and Person A want to go out. Ignoring boundaries

Person A: It's getting late and I have to get caught up on work that I was not able to get done earlier in week when we spent two days moving you into your new apartment.

Person B: (insistently): Come on, just pick me and Person A up, and we can drop you off back at your place. It will only take a half hour.

**Exaggeration, Ignoring boundaries** 

Person A: Wait you want me to drop what I am doing, so I can pick up you and Person A up, so you can drop me off back at my place?? That will take a minimum of at an hour and a half.

Person B: Exactly!! What's the big deal. Dismissal

Person A: What are you and Person A doing tonight?

Person B: Well it's Friday night so we are going to go out.

Person A: What do you guys have planned?

Person B: (evasively): Umm, I don't have to get into that with you? **Evasion** 

Person A: What?

Person B: Come on what does it matter, we are just going to go out clubbing! Dismissal

Person A: You know it's getting kind of late, maybe tonight is not a good night.

Person B: (impatiently and angrily): Ohhh come on!! I can't believe how selfish you are being! Accusation, Exaggeration

Person A: (mildly amused by the overt projection): I just told you I need to get work done because I spent the first part of the week helping you move into your new apartment. You ask to use my car and then when I ask what you need my car for, you don't want to tell me.....then.....

Person B: Okay, alright, Person A and I are going to meet Person B and Person C at Building D; it's "buck a beer night." Strategic facts sharing

Person A: Who are Person C and Person B???

Person B: Just these Number E Group F guys who Person A waited on last night when she was at work.

Person A: Remember, how we were talking the other night about trying to avoid putting yourself in compromising situations??

Person B: (combatively):Ohhh, no you don't! Aggression

Person A: Ohhh, no I don't what??

Person B: (angrily): I don't want talk about whatever it is you want talk about. I am not going to rehash!! The past is past. Now is now. I need to know if you will lend me your car right now.

Dismissal, Ignoring

Person A: You told me that you value what you and I have together. If that's the case, I think this is something we should talk about....

Person B: (explosively): I knew it!!! I KNEW IT!!! Dramatization, Exaggeration

Person A: What did you know??

Person B: (rapidly and angrily): Here comes the control!!! I will not be controlled!! I am a free bird!! I need to be free!! Accusation,

Dramatization, Exaggeration

Person A: Ok fair enough, ....it obvious you think my merely asking you to use good judgement constitutes my controlling you.

Person B: Yes, it's not fair!! You are wrong! I need your car..... Accusation, Demanding

Person A: Why don't you have Person G and Person H drive you guys......

Person B: First of all, its Person C and Person B. Second, we already asked them, that's why I called you!!!! Blaming

Person A: Your are kidding me, right?

Person B: Kidding....kidding you about what? Feigning ignorance

Person A: If you had not called me to borrow my car tonight, would you have even mentioned that you and Person A were meeting Number E guys on a Friday night for drinks?

Person B: What does that have to do with anything? Why does that even matter?? Dismissal, Evasion

Person A: It matters for a few reasons. First, you and I had agreed that we would treat one another the way we would want to be treated.

Person B: (crankily): Oh my God! No, no, no....l am not to be controlled!! Accusation, Exaggeration

Person A: (calmly): No worries, I have no interest in controlling you. I understand where you coming from. You are a free bird.

Person B: That's right, I need to be free just to be me. I just want to spread my wings and zoom here, there, and everywhere!! But of course I need you to be my guide and take care of me. Making others more dependent on them, Manipulation

Person A: (Steadily and non-confrontationally): Hey let me run something by you.

Person B: (suspiciously) Yeah...what?

Person A: Remember how the other day we had agreed that before we do something or take action, we would try think about how the other person would feel if our roles were reversed, right?

Person B: (evasively): Hmmmmm. yeah...so? What are you saying?? What does that have to do with anything? Dismissal, Evasion

Person A: I can see how this discussion is going to play out already....we are going to get caught in a loop.....

Person B: What that supposed to mean? Feigning ignorance

Person B: What that means is you are going to go into hyper evasion mode, and you have no interest in living up to your word.... You want, what you want, when you want it, and there is no getting around that....

Person B: Iliterally have no idea what you are talking about!! Feigning ignorance

Person A: (deep sigh): Ok, let me explain what I mean through examples. Do you remember what happed at Organisation I just yesterday which resulted in your going ballistic?!?

Person B: (defensively and angrily) That was different...what does that have to do with anything? Evasion, Excessive defensiveness

Person A: Let's just try to work through this...just yesterday, did you not have a virtual full-on-fit when we were at the checkout counter at Organisation I?

Person B: (irate): That was not the same. You were wrong!! What you did was full on wrong and you know it!!!! Accusation, Exaggeration

Person A: What exactly did I do as the cashier was handing me my change that was "full on wrong?"

Person B: You are not Mr. Innocent... you flirted!! You flirted, and I could tell. After all, why was she smiling at you!! You were flir......

Accusation, Exaggeration

Person A: (interrupting): Let me just make Number J point so that I can come full circle with all this...I want you to think about something.

Person B: (shouting angrily): What?!?!? Aggression

Person A: (patiently): If my merely checking out at the Organisation K sales counter resulted in your getting jealous, how would you feel if Person L and I went to Organisation M tonight to meet Person N and Person O, Number E Group P women, who Person L met when he waited on their table last night. I need to also mention that it's Friday night therefore Organisation Q is having buy one get Number J free mixed drinks night.

Person B: (silence...then abruptly): Hey did you hear about that Person R thing!! Changing the topic

Person A: Person R thing.... are you going to ignore what we were just talking about?

Person B: (angrily): Look are you going to pick me and Person A up or not? Aggression, Demanding

Person A: Are going to ignore the topic we were just talking about??

Person B: Igotta goooo.....seeeyah....(click) Abrupt reaction, Ignoring

Person A: astounded, bewildered, annoyed, confused.......