

► DISABILITY PENSIONS

Disability Pensions are provided to those who either found themselves disabled because of the nature of their work, at which point the number of years of experience is inconsequential, or outside of work (from birth, childhood illness, natural occurrence, from natural and technical disasters), as long as they had a certain number of years of experience. The full chart is available under the [Medical](#) section. Disability pensions are added to the main pension provided, the amount based on level of disability. Those in the 1st group see a 40% increase, while those in the 2nd group see a 20% increase.

► RETIREMENT HOMES

In Armenia, most elderly stay in their homes or live with their families as they reach retirement age and beyond. There are no retirement communities, and the elderly homes that exist are few and far between. They normally consist of a simple house turned into a retirement home that houses elders left without family support, for the most part. A few you may come across are:

- [Narek Aged Home](#) – Abovyan
- [Artsvabun Elderly Home](#) – Kapan
- [Tserapartez](#) – Yerevan
- [Vortik Gyulbenkyan Elderly Care Center](#) – Akhuryan
- [Nork Care Center](#) – Yerevan
- [Vanadzor Elderly's Home Foundation](#)
- [Yerevan Nursing Home No. 1 \(Public\)](#)
- [Vardenis Psychoneurologic Boarding House](#) (Public)

► RETIREMENT PLANNING

Considering the deficit in retirement communities that would provide a great deal of entertainment for the elderly, it is important to start planning for your retirement early. This is the case in most countries, of course. Costs you will have to consider:

- Will you be renting a home or owning it in Armenia?
- Monthly bills
- General living expenses as presented in the beginning
- Will you need a housekeeper?
- Will you need a visiting or live-in nurse?

Hiring help is an easy enough process in Armenia. There are many groups dedicated to the finding of caretakers and nurses, many of whom actually get paid more working for you than in a medical center. A nurses wage normally ranges around the minimum, meaning even a 20k increase is seen as quite the boon. Prices for hiring nurses and caretakers depend on what is to be expected of them. An average of 500–800 AMD an hour is to be considered, in general. The specifics will be discussed with the candidates.

APPENDIX 1 – EMERGENCY PHONE NUMBERS IN ARMENIA

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| Fire department | 101 |
| Police | 102 |
| Emergency Service/ Ambulance | 103 |
| Traffic Police | 177 |
| Yerevan Gas Emergency Service | 104 |
| Emergency Situations Crisis Management Center | 911/ 101 |
| Municipality of Yerevan Hotline | 105 |
| Yerevan City Emergency Services | 108 |
| Airport Information | 187 |
| Railroad Information | 184 |
| Social Security Service | 114 |
| Spyur Yellow Pages | 113 |
| Ministry of Health Hotline | 8003 |
| Ombudsman (Human Rights Defender) of Armenia Hotline | 116 |
| Veolia Jur | 185 |