

► **DISABILITY PENSIONS**

Disability Pensions are provided to those who either found themselves disabled because of the nature of their work, at which point the number of years of experience is inconsequential, or outside of work (from birth, childhood illness, natural occurrence, from natural and technical disasters), as long as they had a certain number of years of experience. The full chart is avail-able under the [Medical](#) section. Disability pensions are added to the main pension provided, the amount based on level of disability. Those in the 1st group see a 40% increase, while those in the 2nd group see a 20% increase.

► **RETIREMENT HOMES**

In Armenia, most elderly stay in their homes or live with their families as they reach retirement age and beyond. There are no retirement communities, and the elderly homes that exist are few and far between. They normally consist of a simple house turned into a retirement home that houses elders left without family support, for the most part. A few you may come across are:

- [Narek Aged Home](#) – Abovyan
- [Artsvabun Elderly Home](#) – Kapan
- [Tserapartez](#) – Yerevan
- [Vortik Gyulbenkryan Elderly Care Center](#) – Akhuryan
- [Nork Care Center](#) – Yerevan
- [Vanadzor Elderly’s Home Foundation](#)
- [Yerevan Nursing Home No. 1](#) (Public)
- [Vardenis Psychoneurologic Boarding House](#) (Public)

► **RETIREMENT PLANNING**

Considering the deficit in retirement communities that would provide a great deal of entertainment for the elderly, it is important to start planning for your retirement early. This is the case in most countries, of course. Costs you will have to consider:

- Will you be renting a home or owning it in Armenia?
- Monthly bills
- General living expenses as presented in the beginning
- Will you need a housekeeper?
- Will you need a visiting or live-in nurse?

Hiring help is an easy enough process in Armenia. There are many groups dedicated to the finding of caretakers and nurses, many of whom actually get paid more working for you than in a medical center. A nurses wage normally ranges around the minimum, meaning even a 20k increase is seen as quite the boon. Prices for hiring nurses and caretakers depend on what is to be expected of them. An average of 500–800 AMD an hour is to be considered, in general. The specifics will be discussed with the candidates.

APPENDIX 1 – EMERGENCY PHONE NUMBERS IN ARMENIA

Fire department	101
Police	102
Emergency Service/ Ambulance	103
Traffic Police	177
Yerevan Gas Emergency Service	104
Emergency Situations Crisis Management Center	911/ 101
Municipality of Yerevan Hotline	105
Yerevan City Emergency Services	108
Airport Information	187
Railroad Information	184
Social Security Service	114
Spyur Yellow Pages	113
Ministry of Health Hotline	8003
Ombudsman (Human Rights Defender) of Armenia Hotline	116
Veolia Jur	185