The following is paraphrased from Chapter 1 of Rudin's Principles of Mathematical Analysis.

1 \mathbb{Q} does not have the least-upper-bound property

Let A be the set of positive rational numbers whose square is less than 2 and B be the set of positive rational numbers whose square is greater than 2, i.e.

$$A = \{ p \in \mathbb{Q} : p > 0, p^2 < 2 \}, \quad B = \{ p \in \mathbb{Q} : p > 0, p^2 > 2 \}.$$

Note that A and B are non-empty.

Lemma 1. A contains no greatest element and B contains no least element. That is, for any $p \in A$ there exists a $q \in A$ with q > p and for any $p \in B$ there exists a $q \in B$ with q < p.

Proof. For a positive rational number p, define

$$q = p + \frac{2 - p^2}{p + 2} = \frac{2p + 2}{p + 2}.$$

Then

$$2-q^2 = 2 - \frac{(2p+2)^2}{(p+2)^2} = \frac{2(2-p^2)}{(p+2)^2}.$$

For $p \in A$ we have $2 - p^2 > 0$, so that q > p and $q \in A$; for $p \in B$ we have $2 - p^2 < 0$, so that q < p and $q \in B$.

Lemma 2. The upper bounds of A are exactly the elements of B.

Proof. Suppose $r \in \mathbb{Q}$ is an upper bound for A. Then certainly r is positive, since $1 \in A$. Furthermore, exactly one of the following is true: $r^2 < 2$, $r^2 = 2$, or $r^2 > 2$. If $r^2 < 2$, then $r \in A$; but this implies that r is the greatest element of A, contradicting Lemma 1. So $r^2 \ge 2$ and since $r^2 = 2$ is impossible for rational r, we must have $r^2 > 2$, i.e. $r \in B$.

Now suppose $r \in B$ and let p be any element of A. If r < p, then $r^2 < p^2 < 2$ since r is positive. This contradicts $r \in B$, so in fact we must have $r \ge p$, so that r is an upper bound for A. \square

Lemmas 1 and 2 combine to give us the desired result:

Theorem 1. The set of rational numbers \mathbb{Q} does not have the least-upper-bound property.