Examples for using **xcookybooky**

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April 13, 2025

Abstract

The examples in this document require at least version 1.4 of the xcookybooky¹ package. For more examples and test recipes especially for using hook functions take a look at the source files located at https://code.google.com/p/xcookybooky/. If you are interested in modifying the layout of xcookybooky you will find examples in the documentation as well as in the configuration file xcookybooky.cfg.

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1 Recipes

The following recipes are examples for the usage of the xcookybooky package. The copyright of the pictures is owned by Roman Gaus. If you are using MiKTeX 2.9 you should get no errors, no warnings and no overfull boxes. The underfull boxes are suppressed due to the settings.

¹http://www.ctan.org/pkg/xcookybooky

Steamed Eggs

√ 10 min

O 1-2 Portions

Preparation

2 Eggs 200 ml Water

Ingredients

Salt

Sesame oil

Whisk eggs in a bowl or deep plate with salt

Add water and mix

Put into a steamer for 10 minutes. They are done when the eggs have a firm custard like consistency

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Drizzle sesame oil on top

Hint

A deep plate is best, but whatever bowl fits in your steamer works too.

Cucumber Salad

© 1-2 Portions

Preparation

- Smash the cucumber with a knife and cut into 1-2 cm cubes.
- 2 Mix cucumber with salt and wait for the water to be drawn out. Once the water is drawn out (around $5 \min$), squeeze out the water.
- Mix in other ingredients and serve.

Ingredients

1 Cucumber
Salt
Garlic
Vinegar
A little Soy sauce

Red Braised Meat

√ 1-2 h

© 6-8 Portions

Preparation

- Pre-cook the meat by frying or boiling. If boiled, add the meat into cold water with salt, ginger slices and green onion, heat it slowly until boiling and scoop off the scum
- Heat up oil and sugar in a pot until the sugar carmelizes into a deep red.
- Tip the meat into the sugar and fry until the meat is well carmelized.
- Add dark soy sauce, oyster sauce, soy sauce and mix together.
- Pour in boiling water around the edges of the pot to cover the meat. Don't pour the water directly on the meat because it will wash off the colouring.
- Add in the cinnamon stick, star anise, bay leaves, hotpot seasoning, and a good amount of salt.

Cover and cook for for 1-2 hours.

In the last 30 minutes, add in the carrots.

Ingredients

Pork/beef/lamb cubes Carrots

- 1 Cinnamon stick
- 2 Star anise Sichuan peppercorns
- 2 Bay leaves 2cm chunk Hotpot seasoning

Sugar
Oyster sauce
Soy sauce
Dark soy sauce

Hint

This dish is a stew, there should be plenty of water left when serving, but not so much that it's hard to find food in it.

Fried Chinese Leaf

 \bigcirc 5 min

© 1-2 Portions

Preparation

Cut leaves. The white parts should be cut into inch thick slices and the green parts should be cut thicker.

Fry peppercorns and garlic until fragrant.

Fry the white parts until tender.

Add bean paste and mix in until coloured.

Add the green parts and fry until cooked.

Add soy sauce sauce, oyster sauce, and salt

Ingredients

6-8 Chinese leaves
Soy sauce
Oyster sauce
Minced garlic

Cabbage and Crispy Pork

√ 10 min

O 1-2 Portions

Preparation

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Tear cabbage into 1-2 in pieces.

Cut bacon into small pieces.

Gently fry bacon until crispy.

Add garlic and a little bean paste.

Add cabbage and garlic, fry until cooked.

Add a little soy sauce.

Ingredients

5-10 Cabbage leaves

3 Bacon slices Garlic Bean paste Soy sauce