

What is JimBot and what is he trying to solve?

JimBot is a virtual human personal trainer chatbot and can be used on personal devices (laptops).

Personal trainers are usually pre-occupied with clients and sessions are expensive.

JimBot provides workouts containing up to 3 exercises for 5 different areas of the body: “Arms”, “Back”, “Chest”, “Core”, “Legs”.

JimBot provides visual demonstrations of each exercise with workout videos, and shows the muscles affected from the workout in a diagram, and JimBot can motivate the user through speech.

With the intended deliverable there will be no need to wait for personal trainers to become available for a workout session and moreover it will be free of charge.