# Bibliography

Akaeira, N.D.. *Computer Icons, Icon Design, Desktop Wallpaper, Text, Black And White PNG.* [Online]   
Available at: https://www.kisspng.com/png-computer-icons-icon-design-help-icon-3414045/  
[Accessed 20 03 2019].

Bidvine, 2018. *How much does a personal trainer cost?.* [Online]   
Available at: https://www.bidvine.com/personal-training/price-guide  
[Accessed 01 11 2018].

BodBot, 2017. *BodBot Personal Trainer: Workout & Fitness Coach.* [Online]   
Available at: https://www.bodbot.com/  
[Accessed 10 10 2018].

BodyBuilding, N.D.. *Air Bike.* [Online]   
Available at: https://www.bodybuilding.com/exercises/air-bike  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Alternate Dumbbell Curls.* [Online]   
Available at: https://www.bodybuilding.com/exercises/dumbbell-alternate-bicep-curl  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Alternate Dumbbell Curls Incline.* [Online]   
Available at: https://www.bodybuilding.com/exercises/alternate-incline-dumbbell-curl  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Bench Press Medium Grip.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-bench-press-medium-grip  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Curls.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-curl  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Curls Lying on Incline.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-curls-lying-against-an-incline  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Deadlift.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-deadlift  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Full Squat.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-full-squat  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Lunge.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-lunge  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Shrug.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-shrug  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Side Bend.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-side-bend  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Close Grip Front Lat Pulldown.* [Online]   
Available at: https://www.bodybuilding.com/exercises/close-grip-front-lat-pulldown  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Concentration Curls.* [Online]   
Available at: https://www.bodybuilding.com/exercises/concentration-curls  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Decline Dumbbell Bench Press.* [Online]   
Available at: https://www.bodybuilding.com/exercises/decline-dumbbell-bench-press  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Dumbbell Bench Press.* [Online]   
Available at: https://www.bodybuilding.com/exercises/dumbbell-bench-press  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Dumbbell Flyes.* [Online]   
Available at: https://www.bodybuilding.com/exercises/dumbbell-flyes  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Dumbbell Lunges.* [Online]   
Available at: https://www.bodybuilding.com/exercises/dumbbell-lunges  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Dumbbell Shrug.* [Online]   
Available at: https://www.bodybuilding.com/exercises/dumbbell-shrug  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Dumbbell Side Bend.* [Online]   
Available at: https://www.bodybuilding.com/exercises/dumbbell-side-bend  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Hammer Curls.* [Online]   
Available at: https://www.bodybuilding.com/exercises/hammer-curls  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Hanging Leg Raise.* [Online]   
Available at: https://www.bodybuilding.com/exercises/hanging-leg-raise  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Pullups.* [Online]   
Available at: https://www.bodybuilding.com/exercises/pullups  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Pushups.* [Online]   
Available at: https://www.bodybuilding.com/exercises/pushups  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Romanian Deadlift.* [Online]   
Available at: https://www.bodybuilding.com/exercises/romanian-deadlift  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Russian Twist.* [Online]   
Available at: https://www.bodybuilding.com/exercises/russian-twist  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Seated Barbell Twist.* [Online]   
Available at: https://www.bodybuilding.com/exercises/seated-barbell-twist  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Seated Cable Rows.* [Online]   
Available at: https://www.bodybuilding.com/exercises/seated-cable-rows  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Triceps Dips on Bench.* [Online]   
Available at: https://www.bodybuilding.com/exercises/bench-dips  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Triceps Pushdown.* [Online]   
Available at: https://www.bodybuilding.com/exercises/triceps-pushdown  
[Accessed 01 02 2019].

BotList, 2016. *Gymi Personal Trainer.* [Online]   
Available at: https://botlist.co/bots/gymi-personal-trainer   
[Accessed 10 10 2018].

BotList, N.D.. *Daily FitBot.* [Online]   
Available at: https://botlist.co/bots/daily-fitbot   
[Accessed 10 10 2018].

BotList, N.D.. *Fitly.* [Online]   
Available at: https://botlist.co/bots/fitly   
[Accessed 10 10 2018].

BotList, N.D.. *Peter.* [Online]   
Available at: https://botlist.co/bots/peter-2   
[Accessed 10 10 2019].

Chatbots, 2002. *Greta.* [Online]   
Available at: https://www.chatbots.org/chatbot/greta/  
[Accessed 01 11 2018].

Chatbots, 2018. *Embodied Conversational Agent.* [Online]   
Available at: https://www.chatbots.org/embodied\_conversational\_agent/  
[Accessed 01 11 2018].

Couger, 2018. *If driving with Virtual Human Agent....* [Online]   
Available at: https://www.youtube.com/watch?v=zmWgJ8z239o  
[Accessed 01 11 2018].

Crazy Minnow Studio, 2014. *SALSA with RandomEyes.* [Online]   
Available at: https://assetstore.unity.com/packages/tools/animation/salsa-with-randomeyes-16944  
[Accessed 20 02 2019].

DeadlyFingers, 2017. *Unity WAV.* [Online]   
Available at: https://github.com/deadlyfingers/UnityWav  
[Accessed 20 02 2019].

Duway, N.D.. *Computer Icons, Home, Ico, Angle, Symbol PNG.* [Online]   
Available at: https://www.kisspng.com/png-computer-icons-home-clip-art-black-home-icon-609973/  
[Accessed 15 03 2019].

Forksy, 2018. *Automated Nutrition Coaching with AI.* [Online]   
Available at: https://getforksy.com/   
[Accessed 10 10 2018].

Google, 2019. *DialogFlow API.* [Online]   
Available at: https://cloud.google.com/dialogflow-enterprise/docs/reference/rest/v2-overview  
[Accessed 15 02 2019].

Google, 2019. *Overview.* [Online]   
Available at: https://dialogflow.com/  
[Accessed 30 11 2019].

Green, A., 2016. *Our Story.* [Online]   
Available at: https://blog.countit.com/our-story-2d04b4444e83  
[Accessed 10 10 2018].

King, L., 2019. *Final Year Project Testing Strategy and Test Plan,* Birmingham: N/A.

Klunder, R., 2013. *Flatscreen TV.* [Online]   
Available at: https://assetstore.unity.com/packages/3d/props/electronics/flatscreen-tv-9721  
[Accessed 20 02 2019].

MAACK, M. M., 2017. *Meet Nadia, the scarily ‘human’ chatbot who can read your emotions.* [Online]   
Available at: https://thenextweb.com/artificial-intelligence/2017/03/24/say-hello-to-nadia-the-terrifyingly-human-chatbot-with-emotional-intelligence/  
[Accessed 01 11 2018].

MIT Press, 2018. *Embodied Conversational Agents.* [Online]   
Available at: https://mitpress.mit.edu/books/embodied-conversational-agents  
[Accessed 01 11 2018].

Mixamo, 2019. *Breathing Idle on Remy.* [Online]   
Available at: https://www.mixamo.com/#/?page=1&query=breathing+idle  
[Accessed 05 03 2019].

Pinterest, 2019. *N/A.* [Online]   
Available at: https://i.pinimg.com/originals/4b/f5/29/4bf5297d2589e3c9f8bb46f131c93400.jpg  
[Accessed 01 02 2019].

Rehan, A., 2018. *9 Best Chatbot Development Frameworks to Build Powerful Bots.* [Online]   
Available at: https://geekflare.com/chatbot-development-frameworks/  
[Accessed 30 11 2018].

SammlungFotos, N.D.. *Galerie Bilder und Informationen: Gebogene Hantel Clipart.* [Online]   
Available at: http://sammlungfotos.online/brandsbdwn-bent-barbell-clipart.htm  
[Accessed 05 03 2019].

Shekhar, G., 2017. *Load Image at Runtime in Unity.* [Online]   
Available at: http://gyanendushekhar.com/2017/07/08/load-image-runtime-unity/  
[Accessed 01 03 2019].

Unity Technologies, 2017. *TextMeshPro.* [Online]   
Available at: https://assetstore.unity.com/packages/essentials/beta-projects/textmesh-pro-84126  
[Accessed 05 03 2019].

Unity, 2012. *How to "pause" a Coroutine?.* [Online]   
Available at: https://forum.unity.com/threads/how-to-pause-a-coroutine.161479/  
[Accessed 01 03 2019].

Unity, 2016. *Correct Video Format for Playback?.* [Online]   
Available at: https://forum.unity.com/threads/correct-video-format-for-video-playback.446011/#post-2886983  
[Accessed 01 03 2019].

Zhang, L., Sun, A. & Pecis Bonder, I., 2019. *uniFlow: Dialogflow V2 Unity Plugin Prototype.* [Online]   
Available at: https://itp-xstory.github.io/uniFlow/#introduction  
[Accessed 20 02 2019].

Zotov, A., 2017. *How to make scrollable UI (user interface) text area in Unity game? Quick tutorial..* [Online]   
Available at: https://www.youtube.com/watch?v=ArH0S2Cdptk  
[Accessed 05 03 2019].

(Bidvine, 2018)

(BodyBuilding, N.D.)

(Chatbots, 2018)

(Chatbots, 2002)

(Google, 2019)

(King, 2019)

(MAACK, 2017)

(MIT Press, 2018)

(Zhang, et al., 2019)

(Shekhar, 2017)

(Duway, N.D.)

(Akaeira, N.D.)

(Zotov, 2017)

(SammlungFotos, N.D.)

(BodBot, 2017)

(BotList, 2016)

(BotList, N.D.)

(Green, 2016)

(Forksy, 2018)

(Klunder, 2013)

(Couger, 2018)

(Pinterest, 2019)

(Unity, 2016)

(Unity, 2012)

# References

Akaeira, N.D.. *Computer Icons, Icon Design, Desktop Wallpaper, Text, Black And White PNG.* [Online]   
Available at: https://www.kisspng.com/png-computer-icons-icon-design-help-icon-3414045/  
[Accessed 20 03 2019].

Bidvine, 2018. *How much does a personal trainer cost?.* [Online]   
Available at: https://www.bidvine.com/personal-training/price-guide  
[Accessed 01 11 2018].

BodBot, 2017. *BodBot Personal Trainer: Workout & Fitness Coach.* [Online]   
Available at: https://www.bodbot.com/  
[Accessed 10 10 2018].

BodyBuilding, N.D.. *Air Bike.* [Online]   
Available at: https://www.bodybuilding.com/exercises/air-bike  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Alternate Dumbbell Curls.* [Online]   
Available at: https://www.bodybuilding.com/exercises/dumbbell-alternate-bicep-curl  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Alternate Dumbbell Curls Incline.* [Online]   
Available at: https://www.bodybuilding.com/exercises/alternate-incline-dumbbell-curl  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Bench Press Medium Grip.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-bench-press-medium-grip  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Curls.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-curl  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Curls Lying on Incline.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-curls-lying-against-an-incline  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Deadlift.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-deadlift  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Full Squat.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-full-squat  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Lunge.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-lunge  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Shrug.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-shrug  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Barbell Side Bend.* [Online]   
Available at: https://www.bodybuilding.com/exercises/barbell-side-bend  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Close Grip Front Lat Pulldown.* [Online]   
Available at: https://www.bodybuilding.com/exercises/close-grip-front-lat-pulldown  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Concentration Curls.* [Online]   
Available at: https://www.bodybuilding.com/exercises/concentration-curls  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Decline Dumbbell Bench Press.* [Online]   
Available at: https://www.bodybuilding.com/exercises/decline-dumbbell-bench-press  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Dumbbell Bench Press.* [Online]   
Available at: https://www.bodybuilding.com/exercises/dumbbell-bench-press  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Dumbbell Flyes.* [Online]   
Available at: https://www.bodybuilding.com/exercises/dumbbell-flyes  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Dumbbell Lunges.* [Online]   
Available at: https://www.bodybuilding.com/exercises/dumbbell-lunges  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Dumbbell Shrug.* [Online]   
Available at: https://www.bodybuilding.com/exercises/dumbbell-shrug  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Dumbbell Side Bend.* [Online]   
Available at: https://www.bodybuilding.com/exercises/dumbbell-side-bend  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Hammer Curls.* [Online]   
Available at: https://www.bodybuilding.com/exercises/hammer-curls  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Hanging Leg Raise.* [Online]   
Available at: https://www.bodybuilding.com/exercises/hanging-leg-raise  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Pullups.* [Online]   
Available at: https://www.bodybuilding.com/exercises/pullups  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Pushups.* [Online]   
Available at: https://www.bodybuilding.com/exercises/pushups  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Romanian Deadlift.* [Online]   
Available at: https://www.bodybuilding.com/exercises/romanian-deadlift  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Russian Twist.* [Online]   
Available at: https://www.bodybuilding.com/exercises/russian-twist  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Seated Barbell Twist.* [Online]   
Available at: https://www.bodybuilding.com/exercises/seated-barbell-twist  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Seated Cable Rows.* [Online]   
Available at: https://www.bodybuilding.com/exercises/seated-cable-rows  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Triceps Dips on Bench.* [Online]   
Available at: https://www.bodybuilding.com/exercises/bench-dips  
[Accessed 01 02 2019].

BodyBuilding, N.D.. *Triceps Pushdown.* [Online]   
Available at: https://www.bodybuilding.com/exercises/triceps-pushdown  
[Accessed 01 02 2019].

BotList, 2016. *Gymi Personal Trainer.* [Online]   
Available at: https://botlist.co/bots/gymi-personal-trainer   
[Accessed 10 10 2018].

BotList, N.D.. *Daily FitBot.* [Online]   
Available at: https://botlist.co/bots/daily-fitbot   
[Accessed 10 10 2018].

BotList, N.D.. *Fitly.* [Online]   
Available at: https://botlist.co/bots/fitly   
[Accessed 10 10 2018].

BotList, N.D.. *Peter.* [Online]   
Available at: https://botlist.co/bots/peter-2   
[Accessed 10 10 2019].

Chatbots, 2002. *Greta.* [Online]   
Available at: https://www.chatbots.org/chatbot/greta/  
[Accessed 01 11 2018].

Chatbots, 2018. *Embodied Conversational Agent.* [Online]   
Available at: https://www.chatbots.org/embodied\_conversational\_agent/  
[Accessed 01 11 2018].

Couger, 2018. *If driving with Virtual Human Agent....* [Online]   
Available at: https://www.youtube.com/watch?v=zmWgJ8z239o  
[Accessed 01 11 2018].

Crazy Minnow Studio, 2014. *SALSA with RandomEyes.* [Online]   
Available at: https://assetstore.unity.com/packages/tools/animation/salsa-with-randomeyes-16944  
[Accessed 20 02 2019].

DeadlyFingers, 2017. *Unity WAV.* [Online]   
Available at: https://github.com/deadlyfingers/UnityWav  
[Accessed 20 02 2019].

Duway, N.D.. *Computer Icons, Home, Ico, Angle, Symbol PNG.* [Online]   
Available at: https://www.kisspng.com/png-computer-icons-home-clip-art-black-home-icon-609973/  
[Accessed 15 03 2019].

Forksy, 2018. *Automated Nutrition Coaching with AI.* [Online]   
Available at: https://getforksy.com/   
[Accessed 10 10 2018].

Google, 2019. *DialogFlow API.* [Online]   
Available at: https://cloud.google.com/dialogflow-enterprise/docs/reference/rest/v2-overview  
[Accessed 15 02 2019].

Google, 2019. *Overview.* [Online]   
Available at: https://dialogflow.com/  
[Accessed 30 11 2019].

Green, A., 2016. *Our Story.* [Online]   
Available at: https://blog.countit.com/our-story-2d04b4444e83  
[Accessed 10 10 2018].

King, L., 2019. *Final Year Project Testing Strategy and Test Plan,* Birmingham: N/A.

Klunder, R., 2013. *Flatscreen TV.* [Online]   
Available at: https://assetstore.unity.com/packages/3d/props/electronics/flatscreen-tv-9721  
[Accessed 20 02 2019].

MAACK, M. M., 2017. *Meet Nadia, the scarily ‘human’ chatbot who can read your emotions.* [Online]   
Available at: https://thenextweb.com/artificial-intelligence/2017/03/24/say-hello-to-nadia-the-terrifyingly-human-chatbot-with-emotional-intelligence/  
[Accessed 01 11 2018].

MIT Press, 2018. *Embodied Conversational Agents.* [Online]   
Available at: https://mitpress.mit.edu/books/embodied-conversational-agents  
[Accessed 01 11 2018].

Mixamo, 2019. *Breathing Idle on Remy.* [Online]   
Available at: https://www.mixamo.com/#/?page=1&query=breathing+idle  
[Accessed 05 03 2019].

Pinterest, 2019. *N/A.* [Online]   
Available at: https://i.pinimg.com/originals/4b/f5/29/4bf5297d2589e3c9f8bb46f131c93400.jpg  
[Accessed 01 02 2019].

Rehan, A., 2018. *9 Best Chatbot Development Frameworks to Build Powerful Bots.* [Online]   
Available at: https://geekflare.com/chatbot-development-frameworks/  
[Accessed 30 11 2018].

SammlungFotos, N.D.. *Galerie Bilder und Informationen: Gebogene Hantel Clipart.* [Online]   
Available at: http://sammlungfotos.online/brandsbdwn-bent-barbell-clipart.htm  
[Accessed 05 03 2019].

Shekhar, G., 2017. *Load Image at Runtime in Unity.* [Online]   
Available at: http://gyanendushekhar.com/2017/07/08/load-image-runtime-unity/  
[Accessed 01 03 2019].

Unity Technologies, 2017. *TextMeshPro.* [Online]   
Available at: https://assetstore.unity.com/packages/essentials/beta-projects/textmesh-pro-84126  
[Accessed 05 03 2019].

Unity, 2012. *How to "pause" a Coroutine?.* [Online]   
Available at: https://forum.unity.com/threads/how-to-pause-a-coroutine.161479/  
[Accessed 01 03 2019].

Unity, 2016. *Correct Video Format for Playback?.* [Online]   
Available at: https://forum.unity.com/threads/correct-video-format-for-video-playback.446011/#post-2886983  
[Accessed 01 03 2019].

Zhang, L., Sun, A. & Pecis Bonder, I., 2019. *uniFlow: Dialogflow V2 Unity Plugin Prototype.* [Online]   
Available at: https://itp-xstory.github.io/uniFlow/#introduction  
[Accessed 20 02 2019].

Zotov, A., 2017. *How to make scrollable UI (user interface) text area in Unity game? Quick tutorial..* [Online]   
Available at: https://www.youtube.com/watch?v=ArH0S2Cdptk  
[Accessed 05 03 2019].