

# Notaricon: Meanings and Values of the Sinaitic-Hebrew Alefbet

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אֵלֹהִים כְּבָשׂוֹן שְׁמַיִם וְאַדְמָנוֹן



# Alef = 1, 1,000



## first

impulse, intent; inception, beginning, start; primary, principal, foremost, main; Creator, father Lord, master, chief, head, leader; principality; angel; incarnation; self, ego, id; individual, person; humanity

## seed

grain; principle, concept, idea; to plant, sow; germination; semen; coitus; conception, pregnancy incentive; capability, capacity; to launch; futurity; renewal, restart

## outward projection

to emanate; to expand, increase, sprout, protrude; growth, reproduction; hyper-extended, bloated ox; power, kinetic energy, force; horns; vigor, virility, fecundity; physical vitality, ability; to be stout to plow, dig, cultivate; to imply, implicate; to intrude, attack; to vent, explode, erupt; to scatter, flee, evade disorder, unruliness, mayhem, panic determined, emphatic; thousand, thousand-fold; exponential champion; familiar, friend, confidante, companion

## friction

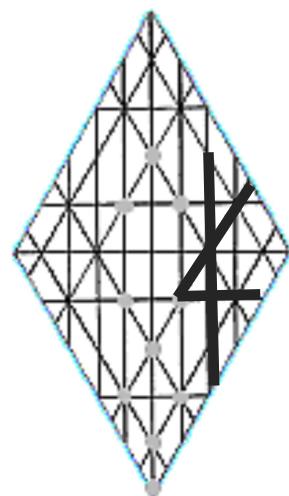
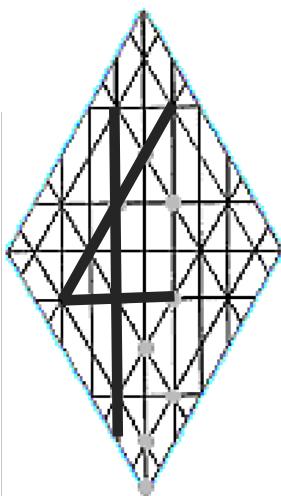
to squeeze, pressure; to spark, impose; to impair, forestall, limit, reduce, cut off, amputate, sever, harvest to intervene, interfere, subvert, trick; deception, subterfuge; anger, belligerence, hostility, incitement denigration; to grudge, belittle, demean, punish; injury to transect, intersect, interfere; to interrupt, cut short, curtail; to wrap, bind, tie, jail; to enslave; to inter, bury

## contraction

one, unitary; atom, monad; unique, solitary small, insignificant, minuscule; to diminish, lessen, narrow; sharpened insufficiency, inadequacy; to hide, disappear; condensation, evaporation; cursory, superficial, frivolous events, incidents, occurrences; moments; bound, restricted, compacted, consolidated, bundled

## to focus

side view of the eye; sight; to examine, identify to see, perceive; to squint, doubt, question to ponder, peep augury, divination, sorcery; to infer, deduce, surmise supposition, postulation, expectation, theory; principle central point; area, locale; concentration; intensity mania, passion specificity; to fix upon, indicate to isolate, corner, box in to underline triangulation, accuracy; to settle, decide



## introspection

the priesthood; to school, train; to study, learn self-awareness; to meditate; imagination, inspiration pride, self-centeredness; angst, discomfort, torment



# Bet = 2J1

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## **to conceive**

creation; to formulate, invent, mold, shape, fashion; to imagine; to show, manifest  
to organize, adapt, reform

## **fabrication**

to build, construct, make, remake, establish; to implement, utilize  
to bend, distort, conform; to withdraw, fold, tuck; to dig, shovel, scoop, carve, sculpt  
house, home, dwelling, building; habitat, habitation; institution  
image, idol, idolatry; superficiality; exterior

## **to house**

to lodge; household, family, child, kin, tribe, peer group  
body, temple; soul as house of the spirit; ark; fetus; flesh, form, shell; receptacle, repository

## **to include**

to agree; to conform; to accept, claim; to assume; to cherish, keep, coddle; to store, retain  
supplies; to prefer, further; partisan, parochial; to shield  
the adverbs *when, while, as, because*

## **to hear**

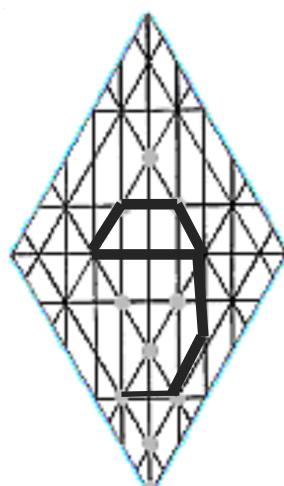
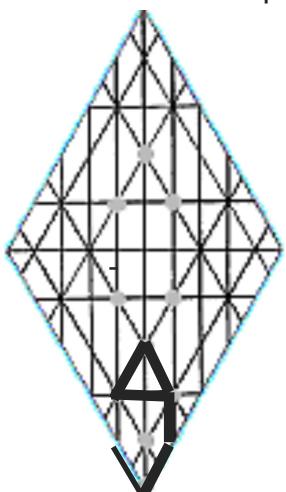
earlobe; to listen, pay attention, heed; receptivity; attentiveness; introspection; to notice  
consciousness, awareness  
to respond, answer, echo

## **to embrace**

to pair, match; to engage; to adopt, acclimate; to take in, hoard  
intentional; to prefer; to invite; to domesticate, tame  
interiorization, introspection; congruence; personal  
to anchor  
the prepositions *in, at, on, among, within, into, with, by, of, through*

## **to recoil**

to reject, withdraw; to spiral, fall away, backslide  
to be demure, coy  
passivity, inertia; segmentation  
to hide, conceal; to be uncovered, exposed, naked



# Gimel = 3

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## animation

movement, locomotion; to travel, proceed, progress; vehicle, chariot; agent, means, medium  
to facilitate, foster, enable; transactions; procedures

camel, horse, donkey, ass; to carry, transport, transmit; to convey, imply, intimate  
to approach, reach, go beyond, transcend, surpass; to continue, further; to boost; excess  
fast, quick, precipitous, lively

## angle

joints: elbow, knee, ankle, wrist, fingers

to crease, bend, crimp; crevice, gully, ditch; to turn, deflect; to tangle, entangle, twist  
to walk, step, kick, skip, jog; to trip, stumble, dive; to equivocate; variance  
to hurl, throw, toss; to fumble, drop, deposit

## hoe

stick; to weed, cull, fell, eliminate, kill; to aerate, lift, elevate; to suspend, hang

to undermine, subvert, alter; to strip, expose, lay bare; to undress, disrobe

process, procedure; leverage, influence; to affect

## hill

incline, rise; hump, mountain

steps, stairway; to mount; to climb, arise, ascend; to surface; tendency, inclination

## neck

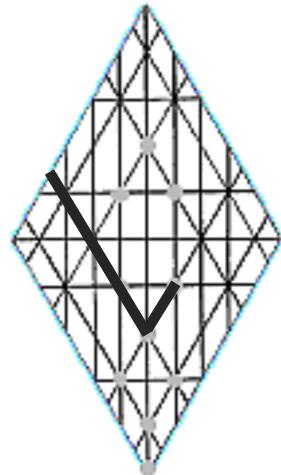
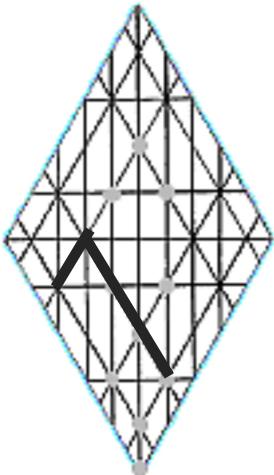
throat, esophagus, gullet; vocalization; to ingest, swallow, gulp, drink  
to nod, acknowledge, confirm, verify

## canal

conduit, avenue, path; bowels; the birth  
canal/process; the umbilical

nervous system: nerves, synapses

urges, appetites, motivations; optimism, elation  
to overflow, flood; excess



## recompense

to repay, render; remuneration  
to restore, rectify, purify

disagreement, altercation; animosity, bitterness  
vengeance; to repress; anxiety; to depress  
exasperate, vex



# Dalet = 4

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## possibility

door, entrance, exit; passageway, gateway, bridge; portal, threshold; tunnel, hallway access; opening, opportunity; to appear, materialize

## obstacle

blockage, impediment; foreskin, covering; to forestall peak, summit, pinnacle; apex, precipice

## wedge

partition, wall; division, separation; middle; amidst, between, among to sit, take position; yoga, meditation, contemplation

## perception

to look, see, observe; to notice, pay attention, monitor, spy insight, impression, cognition; to consider, delve, investigate

## secret chamber

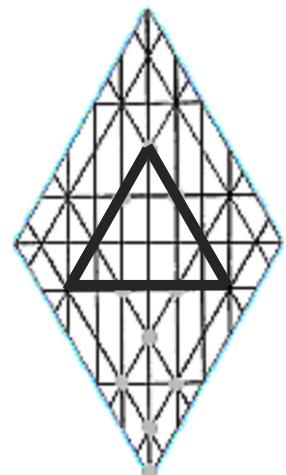
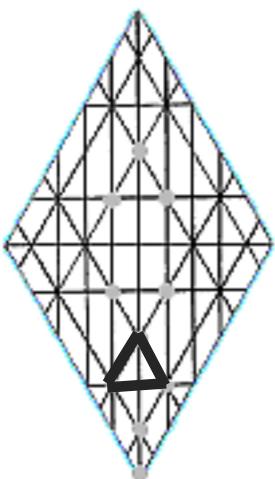
heart, altar; nostril; vagina; anus tent; refuge, hiding place, den, lair; to occupy, dwell, lodge; coffin, grave; burial vault pyramid; security, solidity

## arrowhead

penetration; to stab, pierce; pointed, prickly briars, thorns; discomfort pain, grief, suffering, hurt to point out, name, specify; to decide to choose, select; to indicate, implicate

## to shine

candlelight, flame, beam, corona, aura pervasive; emotion, sentiment; excitement, thrill fervor, love



# He = 5

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## rake

to separate; winnowing fan; to disregard, ignore; to differentiate, distinguish, discern  
to spread, proliferate; to distribute, disperse; to sow, broadcast; dissemination  
to intersperse, intermingle, mix  
to gather, select, choose, discriminate; to collect, amass, retain, record

## visibility

light, illumination, incandescence; sunlight, moonlight, starlight; rays, radiation, heat  
discovery, realization; enlightenment; vision, revelation

## animation

life; aura, pheromones; attraction, lust, concupiscence; affiliations, reactions  
to inflame, anger; rage; to shun, ignore, avoid; to resist, defy  
to examine; to seek, hunt, search, explore; to rummage  
to cull, shed, discard, discount; to dismiss, discredit  
the definite article, *the*; the pronouns *she*, *her*

## to amplify

to blaze, sparkle; to identify; to show, highlight, emphasize; to indicate; notoriety; to value  
instantaneous, quick, immediate, sudden, fast; to fan, exacerbate; to shame, embarrass  
healing, purifying; beneficial, therapeutic, remedial

## digits

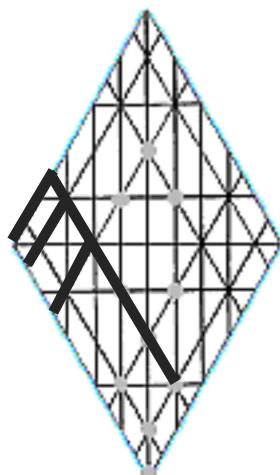
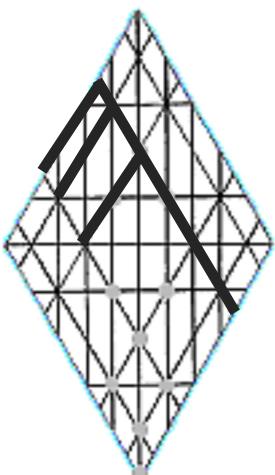
fingers, toes, claws, wings; integers, factors  
to comb, groom; to pluck, pick, choose; to point out, indicate

## wind

breeze; to blow, cool, refresh; to ease, mollify; relief  
weather: precipitation, rain, showers, hail, snow, fog  
vapor, steam, evaporation; to leak, drip  
to dissolve, diffuse, burst; deflation  
sorrow, loss, regret; lamentation, weeping; catharsis

## to catch

to capture, isolate; commerce, captivity  
rows, ranks, columns, groupings; options, choices





# Waw = 6

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## balance

scales; to weigh, consider, evaluate, judge; to dispute, argue, deliberate, debate  
to aver, champion, endorse  
to adjudicate, negotiate, administer; to adjust, rectify, settle; reconciliation  
to be right, correct, just; justice, fairness  
to struggle, contend, wrestle; difficulty, resistance, opposition  
to yield, consent, accede; to defer; to abandon; to surrender  
to mediate, ameliorate, compromise; compensate; equilibrium, rest; calm, peace, equanimity, quietude

## to yearn

to worship, cherish, adore, praise; reverence; supplication  
urges; longing, aspiration, desire; compassion; gratitude; mercy; emotional vitality  
zeal; to soar, glide, hover, fly; upwards; to offer, sacrifice, submit; capitulation

## nose

to smell, scent, sniff out; to investigate; to test, attempt, try; flexibility; to stretch, yawn  
to plead, reach out, invoke  
clavicle, shoulders; thumb, big toe; turtle

## hook

nail, pin, fastener; crutch; to adhere, clasp; girdle; to restrain, discourage, caution  
consolidation; permanence  
to wait; to be suspended; limbo, stasis, inertia; normality; the status quo; to thwart, harass, annoy  
to pause, rest, desist, stop

## cradle

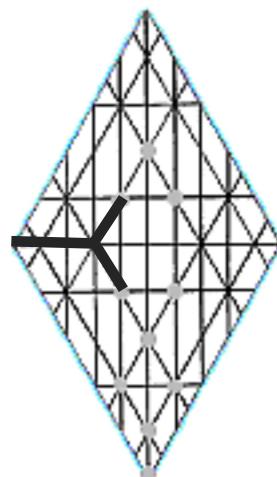
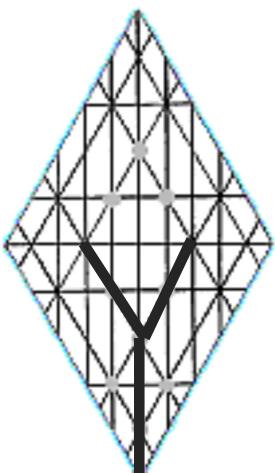
to uphold, coddle, comfort; chair, seat, throne; chalice, cup  
to own, claim, experience; to widen, stretch, broaden, proliferate; to pivot, rotate; contraction  
to intensify, emphasize  
abdomen, navel; pelvis; socket; fulcrum; womb; maternity

## yoke

unity; to join, bond, wed, marry, unify  
alignment; link, nexus, intersection  
to meet, encounter, confront; to engage  
to be attached, harnessed; reins; shackles  
cooperation; to merge, converge; amalgamation  
the conjunctions *and, or, but, also*  
the adverbs *therefore, then*

## funnel

to fill, inject; libation; to fuel, reinforce, strengthen  
esophagus, lungs  
tornado, cyclone, deluge; cornucopia; to be bountiful  
to empty, drain; to collapse  
vessel, host; breasts, teat; nursing, milk  
nourishing, sustaining; outpouring  
the pronouns *he, him*





# Zayin = 7

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## strength

drive, impetus, determination, obligation; root, masculinity  
to oppress; opposition; to stifle; domination, suppression, tyranny  
barrier; to dodge, avoid; to split, sever, diverge, separate

## thrust

lightning; penetration, suffusion; influence, momentum; to strike, push, smite; a punch, blow; to knock  
opposition; to wound, plague, bother, aggravate, afflict; to impinge  
dependence; harmful, abusive, damaging; pejorative  
to leak, drip, dribble; expenditure; to vacate  
storm; surge, current, undertow  
to lag, linger, lurk, stall

## war

armament, weapons: sword, knife, dart, javelin, arrow, spear, whip, club, bludgeon; scythe, sickle  
antagonism, acrimony; warrior, soldier, officer; foe, adversary, nemesis; trouble  
to arm, prepare, ready; to intervene; to invade, bully, infringe upon; victim

## pen

to write, mark, etch; to engrave, anneal; to decorate, paint, cover over, coat  
potter's wheel; instruments, tools, devices, inventions  
carvings, statues, pottery, paintings, murals  
correspondence, letter, epistle; words, statements, laws, statutes, ordinances  
to write, author: to plan, plot, connive

## flight

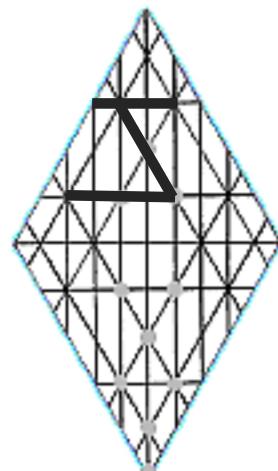
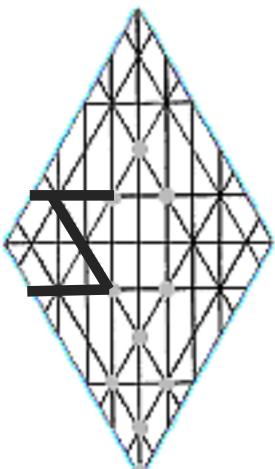
to fly, escape, flee; refugee; bird; feather, pinion  
zeal, exuberance, exhilaration, enthusiasm, excitement; mania  
to hang, dangle, flop; to stand out, excel

## objective

intent, motive; import; expectation, ambition  
goal, aim, end, agenda; outcome, result, eventuality  
to complete, finish, conclude; consummation  
termination; closure  
abandonment; separation, desertion, schism  
to subside; to submerge, inter; underground

## perfection

deliverance; covering, salvation; overcoming  
to impose order, organization; regeneration, healing  
shabbat, rest



# Chet = 8

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## covenant

agreement, consensus; accord; commitment; affinity, mutuality, empathy, harmony  
to correspond; equality; equanimity; reciprocation  
to honor, appreciate, celebrate; gladness, joy, elation, enthusiasm; hope, aspiration  
alliance; accessory; competition, strife, discord; to plot, conspire, betray

## duty

work, labor, effort, service; vocation, assignment, job  
to trade, exchange; to buy, purchase, amass  
relationships; friendship, brotherhood; betrothal, engagement; to marry, wed

## torso

chest; vesture, mantle, apron; coat, cloak, robe, clothing  
stretched, lengthened, elongated, broadened; scope, range, mass, extent  
hips, limbs; to stand, stretch

## loom

weaving; warp, woof; fabric, cloth, net  
scroll, book; context, situation  
mutuality; to match, correspond; to extend; liaisons; interrelated

## to aid

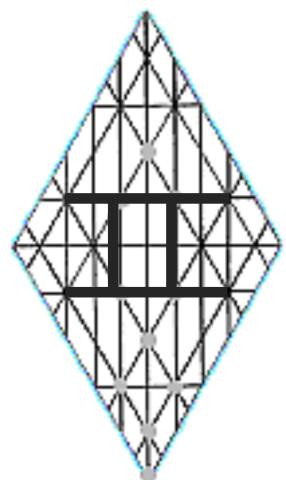
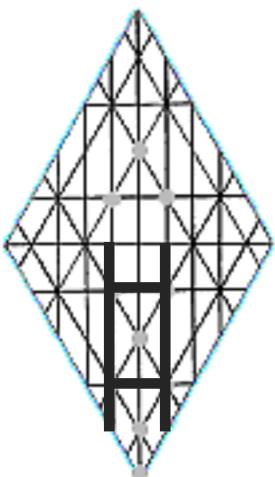
to abet; care, help, assistance, succor  
to empathize, share, cooperate, coordinate; to exchange

## ladder

means to reach new plateaus; to ascend; to climb,  
elevate, mount  
to reconsider, repent, reform, change  
to enhance, improve, better  
to descend; to collapse; to weaken, deteriorate  
to denigrate

## window

borders; framework, fence, obstruction, obstacle  
perspective, outlook; to sight, glimpse, imagine  
distanced; vague, approximate, arbitrary, capricious  
depression, fatigue, anxiety, fear, angst



# Tet = 9



## integration

conflict resolution; harmonization of disparate forces  
to solve, come together, coalesce, reach accord  
inclusiveness, reinforcement, verification; to strengthen, fortify, fill; to possess  
to integrate; to adhere; amalgamation; order; union, mating; fertilization

## differentiation

the four worlds (*earth, air, water, fire*); four levels of interpretation (*pshat, remez, drush, sod*)  
the four beasts surrounding the throne; Ezekiel's living creatures  
the unified elements of incarnation (*spirit, angel, soul, body*); the four camps of Yisrael  
angels, cherubim, seraphim, messenger

## basket

repository; vase, bowl, basin  
dwelling area; city, community, town  
to be hidden, concealed, obscured, occluded, bound, covered, contained  
consumption; to gather, collect, assemble; network  
Earth; globe, planet; solar system, universe; cube, sphere

## confinement

cave, lair; stall, pen, prison; shelter, refuge  
captivity, restraint, confinement; solids; caged, jailed, imprisoned, garrisoned  
to control, keep, oppress; abuse, torment, persecution  
stasis, inertia; to be sated, satisfied

## to target

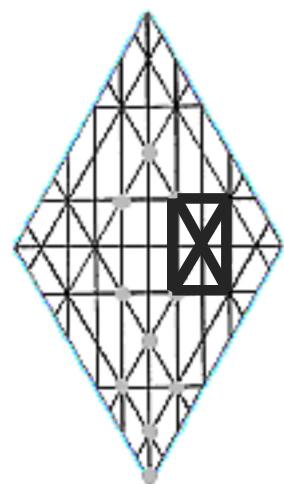
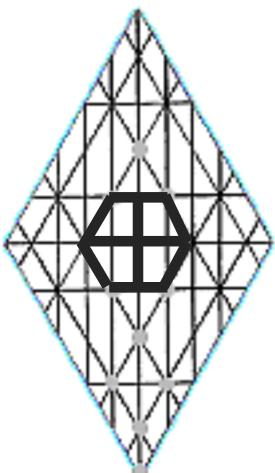
to specify, locate, point out, indicate, highlight; specificity; to map, delineate  
to confront; to encompass, surround; to limit, inhibit, obstruct, block, defeat, nullify  
to interpose; to circumvent; to navigate; compass  
victim, sacrifice, offering

## operational stages

sequences, patterns, arrangements; segmentation  
to break apart, wreck, devastate; dissolution; to differ,  
alienate; divisiveness, contradiction; to reject  
to define, label, name, identify, characterize  
to persevere, endure; alliance  
to adhere, hold together; cohesion; to absorb  
to adjust, rearrange, alter, tweak; to twirl, spin, revolve

## security

buckler; to shield, protect, safeguard, hide; safety  
truth, trust; obedience; co-dependence; interchange



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# Yod = 10

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## hand

means of attainment; wrist and cupped fingers; giving, receiving, sharing  
to obtain, acquire, accumulate, amass; to count, number, approximate  
to catch, grab, pick, take; to touch, feel; to reach, fondle; to beckon, invite; to bring

## blessings

ability; stamina, duration; satisfaction; expedience  
possession, ownership; acquisitions, fortune, wealth; benefactor  
the adjectives *my, mine, my own*

## to incite

to entice, tempt, excite; to offer, invite, inspire; to motivate, shove, rush, hurry  
to instill, insinuate; to nudge, stimulate, kindle, enable, implement; appreciation, applause

## actions

activity; to act, perform, do, achieve; to arrive, depart; to engage, experience  
to provide, supply, furnish; to apply, exert, exercise; to tease, titillate; to irritate, debilitate  
assertion, imposition; to present, introduce; to demonstrate, expose, identify, betray  
to kneel, pay homage; to honor, respect, salute, serve  
obeisance, submission; to be humbled; to succumb, suffer  
to pay, repay, restore; to redress, adjust; responsibility; necessity; to require, need, want  
to plant; to enact, execute, utilize; behavior, intent

## to appropriate

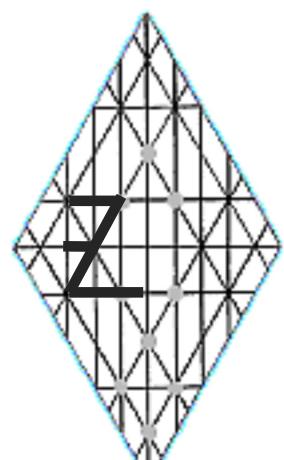
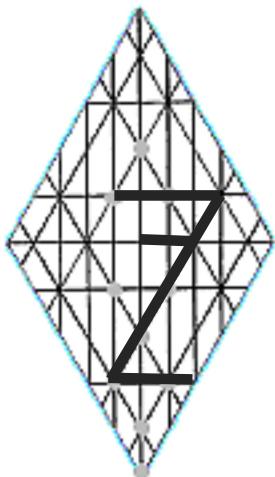
to retain, profit, benefit; to hold, clasp; to confiscate, hoard; usury  
to steal, rob, take, deplete, reduce, eliminate  
empty; thief, robber

## to release

to impart; to allow, give up, let go, part with  
to avert, avoid, brush aside  
liberation; to drop, forsake  
to dismiss, abandon, discard; to betray

## to write

to inscribe; inscription; to note, record  
to design, engineer; author, source; scribe



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# Kaf = 20

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## realignment

to simplify, restructure; to clarify, explicate; to expedite  
to complicate, obfuscate; difficulties, problems; anticipation, expectation, hope  
to stumble, trip, cartwheel, fall; to pivot, turn; regret  
to sabotage, overthrow, defeat, upend, expunge; disorder

## extension

antlers, extremities; utensils: spoon, fork; handle; to be useful  
multiplication, largesse; tribe, family, offspring  
the pronouns *you, your*  
repetition, proliferation, reiteration, permutation; divergence, diversity; outward  
prefix of comparison: *like, as, accordingly*

## to expose

to make evident, uncover, acknowledge; to brandish, brag, boast  
to be visible, obvious, apparent, conspicuous; evidence, tracks, signs

## bush

tree, branch, leaves; tree of the knowledge of good and evil  
trident, pitchfork; broad path, crooked way  
vine; productivity, fruitfulness; harvesting, reaping

## bent

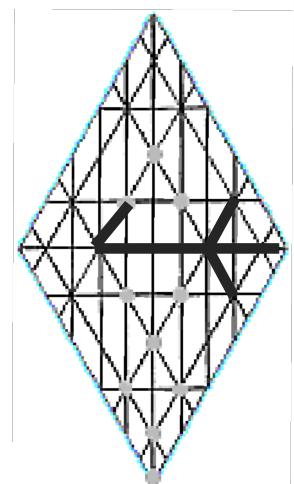
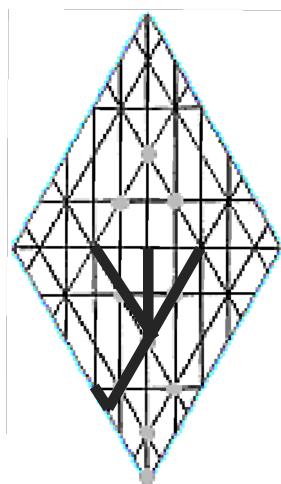
palm of hand, sole of foot; cheek  
curved, concave; convex, hollow; perverse, twisted, demented; inverted  
claw; bird, rooster; flight  
to maul, rend, tear asunder  
cliff, crag; rocks, boulders

## teachings

lessons, doctrines, coverings  
persuasion, coercion; to proselytize, convert

## celebration

to applaud, rejoice  
upheaval, tumult, chaos, riot; unrest



# Lamed = 30

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## change

to redirect, deflect, evade, alter  
to reconsider, redistribute; to repent; to prevent  
the prepositions *to, towards, unto, into, during, for, about, according to at, by, of, with, in, within, as, belonging to*  
the adjectives *each, every*

## to provoke

to test; to encourage; to promote, aver, champion, favor  
to compel, force, enforce; to challenge, obstruct, interfere  
to accuse, indict; malice  
serpent; physical drives; compulsions

## to restrain

to defend; to cease, stop, deny, forebear; to refrain, withhold; to recall, summons  
to discourage, inhibit, prevent, deny, oppose; to revoke, limit, forbid

## appendage

arm; wrist and hand; leg and foot; finger, fist  
tongue; nose; bone; penis

## to instruct

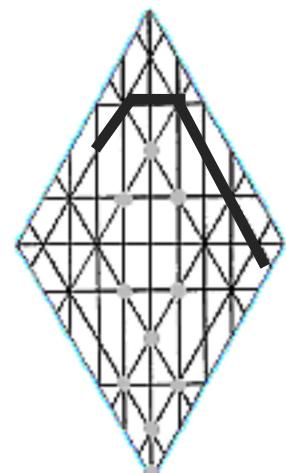
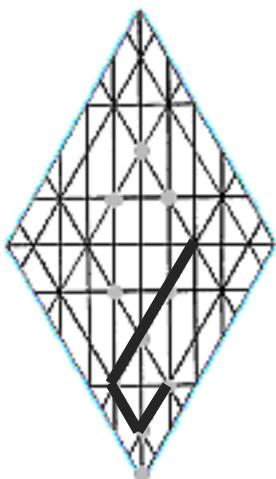
to point, indicate, imply; to order, command, insist  
teacher, instructor; lesson; to be schooled, taught  
to argue, debate; to prove, disprove

## elder

beard; maturity; ancient, wise; confident  
role, function; influence; authority

## shepherd

staff; to prod, goad; to herd, wrangle  
to guide, steer, protect, oversee  
to set course, direction  
rod; to chastise, correct, punish, afflict, damage  
to hurt; control



# Mem = 40

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## freedom

to free, prepare; to rescue, release, liberate; to circumvent; libertine  
to undo; to unlock, unleash, move  
relaxed, unrestricted, unfettered, unbound, undefined; nebulous, haphazard  
unspecific, uncategorical; continuous, on-going, unabated  
impetuous, spontaneous; to drift, wander; disorderly, superficial  
wilderness; extent, scope, length, width; derivation  
the prepositions *from, since, of*  
the adverb *more than*

## disturbance

discomfort; to befuddle, confuse; to forget; disorientation, uncertainty; duress  
to trouble, accuse; to demean; to uproot, destabilize; to ambush  
noise, clamor; rumble, roar; uproar; to be wild, reckless; frivolity, indulgence  
uninhibited, undisciplined, unruly, rude; undue, unwarranted; unqualified

## cessation

to exit; to run, flee, depart; to be lost, disoriented  
to loosen, divorce; to eliminate, dismiss; to quit, cease, stop  
to draw out, empty; debt; to owe, lose; to disburse, pay, remunerate

## fluids

water; tides, waves, currents, ripples; to pour, fill, irrigate; deluge, flood  
to bathe, wash, soak; to cool, soothe, relieve  
to flow; to be swift, soft, supple; cleansing, refreshing, easing; ameliorative  
semen, issue; oil; wine, libation; tears  
venom; poison; spit, mucous; pus, bile, vomit

## to mirror

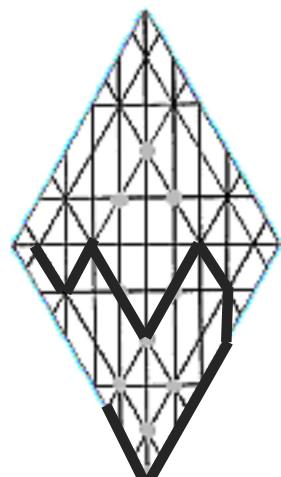
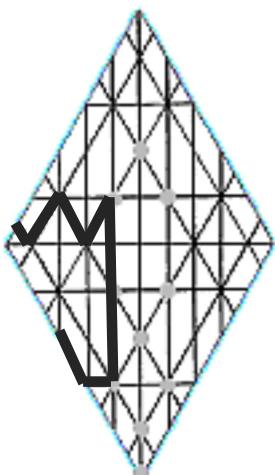
to reflect, ape, mimic; memory; to return, answer, respond; accordingly  
to allude, invoke, suggest; to petition  
message, counsel, advice; information; allegory, parable  
wisdom's attributes

## people

others; peer groups, members, participants  
multitudes; nations; multiplication  
to be chosen, destined, anointed  
favoritism, preference, privilege  
lustfulness; harlotry, whoredom

## the thigh

the loins, bowels  
to crawl, creep, scurry; scorpion; snake; to coil



# Nun = 50

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## flexibility

potential, possibility, prospects, promise; plausibility  
surprising, unexpected; optional, arbitrary; nuanced, multifaceted, multidirectional  
instability; to rock, sway; vacillation, caution; to waver; undependable, unreliable; flippant  
scope, weight, extent  
to tuck, tumble, jump; catapult, sling

## reversal

to restrict, limit, confound; to negate, neutralize, undo; to backtrack, backslide; denial  
to decline, subside; loss, impoverishment; discomfort, prostration, devastation  
failure, defeat; to fold; to inhibit; to undermine, topple; to stone

## exhaustion

to fall, collapse; to sit, recline; to yawn, sleep, snore  
to deplete; to degenerate; indulgence; to withdraw; to suck, filter, leach  
to suffer, endure, persevere

## supplementation

augmentation; to take in, recognize; to gain, exchange  
determination; to investigate, assess; to try, attempt  
to vow, swear; interior application/action  
the Sons of Man symbol: an enlightened man, woman, person

## to sprout

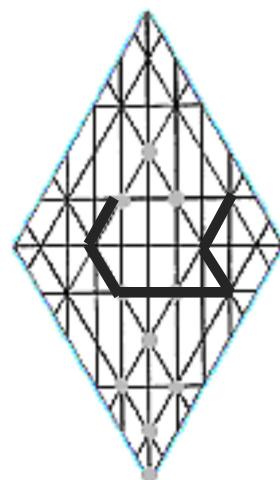
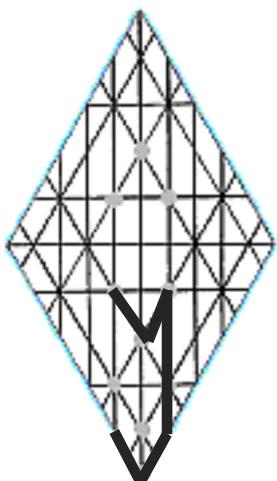
purpose; to spread, proliferate, extend, project; proclivity  
to result, happen, unfold; eventuality; to actualize; operative  
suggestive; sudden, unexpected, unforeseen  
ritual; method, routine; device; configuration

## to glisten

spectacular; vigorous; to shine, flourish; fecundity, fertility  
desire, need  
to discover, display, reveal, demonstrate, enact  
prominence, endurance; jubilee

## fish

to swim; to slither, sneak; scaled species; lizard, frog  
to nibble, gnaw, annoy, nag, discomfit



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# Samek = 60

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## Tree of Life

tower, refuge, shelter; fortification; united branches  
the three crosses; *Judaism, Christianity, and Islam* (mother and two daughters)  
the burning bush (salvation process); plants, herbs, flowers, weeds  
the complete physical organism; spine, ribs, skeleton

## dependability

to be competent, responsible, consistent, constructive, determined; reliance, trust  
empowerment; to enforce, demand, insist, require  
to warn, prepare, protect; sage, watcher, seer, prophet

## to uphold

pillar, post; to support, bear; to strengthen, structure, organize  
to authorize, encourage, sustain  
to be steadfast; stability, security; constraint; secrecy; shelter, hiding place

## alert

to bristle, emote; to shock, frighten; to worry, vex, harass, trap; distressed, irritated  
to permeate, spread, broadcast, proliferate; to dissipate; distended; exhaustion  
hair; comb, brush; to groom, curry

## fiber

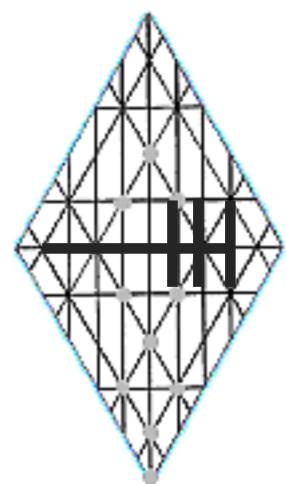
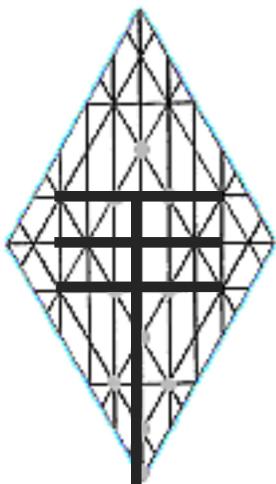
skin, integuments; fabric; layered, woven  
framework; multi-dimensional; frayed, ragged, stretched

## partitioned

walls, corridors; fence, corral  
constructions, arrangements  
segmented; to overreach; overextended, excessive  
to invade, infect

## concentric

seasons, cycles, days, months, years  
progressions; multiplicity, repetition; to harp upon





# Ayin = 70



## **comprehension**

understanding, realization; compassion; ardor, warmth; eagerness  
to consider, reflect upon, ponder, think

## **sight**

eye, iris, pupil, cornea, lens  
to look, see, stare; to view, study, detect  
overview; penetrating vision; prophecy  
to be clear, precise; to clarify; keen, transparent, obvious, certain

## **light source**

sun, moon, stars; to glow, gleam; illuminated; brightness, iridescence  
jewels, treasures, precious metals

## **receptivity**

to be attentive, concerned, worried, anxious, expectant  
frontier, promised land; boundaries, limitations; body openings; body organs

## **to circumscribe**

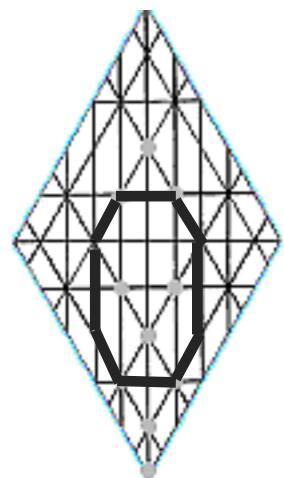
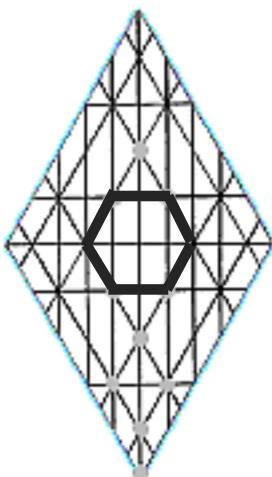
to circumcise; to circle, surround; to overcome, supersede, surpass  
comprehensive, global; satisfactory, fulfilled, successful  
composure, wholeness; adequacy, sufficiency; accommodation; perseverance  
bud; loop, circuit, lap

## **transference**

to inform; to advise, coach, tutor  
to overwhelm; to lay siege  
hostility, jealousy, shame; rage  
arrogance, boastfulness

## **well**

cistern; lakes, oceans, seas  
springs, fountains, pools, puddles  
to enlarge; sated, saturated, full; inflation  
pit, crater, hole, cavity; depth; abyss  
empty, blank, vacant, absent  
expressionless; superficial  
zero, none, no, nil, null



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Pe = 80

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### **breath**

aspiration; to inhale, exhale; to blow, puff, sneeze  
soul as expression of spirit

### **communication**

voice, speech, language; tongues  
elocution: to speak, address, announce, advertise; to offer, promise  
to nag, harp, berate, mock, belittle, scorn, denigrate  
to accuse, allege; to curse, imprecate; to challenge, scream, yell, insist

### **expression**

saying, utterance; mantra; pronouncement, order, commandment  
verbalization, locution; argument, address, sermon, homily  
to chant, sing; poetry, psalms

### **face**

physiognomy, visage, appearance; persona, personality, character; manner, style  
jaw, mouth, lip; maw, gullet, craw  
to eat, partake, devour; to consume; to dine, feed; a feast, meal

### **to open**

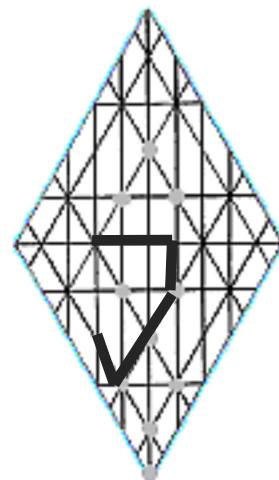
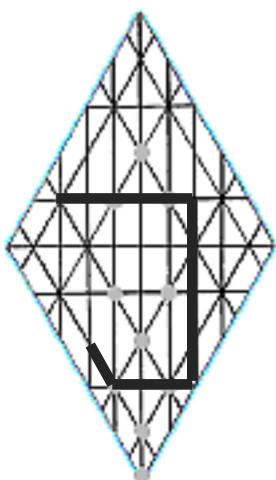
to acknowledge; to appear, manifest, materialize; to reveal, unmask, ravish, violate  
to pivot; to permit, allow; to disperse, disseminate, distribute, spread  
to dodge, escape, evade, avoid; to rupture, herniate; wound, incision

### **to shut**

to close, restrict, limit, marginalize, disallow  
to dictate, prohibit  
to delay, drag, postpone; to divert, deny, refuse  
edge, side; lateral, exterior; border, region  
corner, ceiling, roof  
extremity, end; lock of hair, fringes, sideburns

### **container**

cup, scoop, bowl; cave, cavern, chasm  
saddle; ridge line  
stomach; fruit; nutshell, rind, peel  
the adverbs *here*; *hence*, *therefore*



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# Tsade = 90

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## **transformation**

repentance; sacrifice; adjudication, rectification  
metamorphosis, transfiguration; accomplishment, enactment; success

## **righteousness**

innocent, just, upright; perfect; accurate, right, true; honorable, saintly  
respect, reverence, fear, piety  
the remnant

## **to dance**

to leap, jump, turn, rotate, spin, revolve, skip; fishhook  
to triumph, overcome; delight; victory

## **side**

the lifted leg; imbalance; lateral, adjacent; to expose, allude, invoke  
to walk, run, march, issue forth  
to diverge, evade; suppression; to challenge, oppose, defy

## **to hunt**

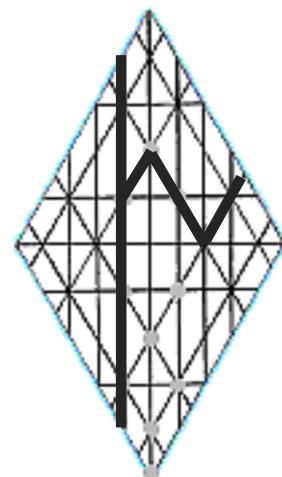
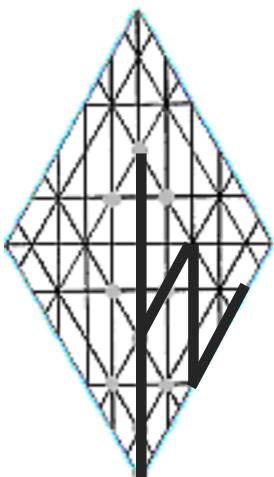
to chase, pursue, follow; to engage; to flee; flight, escape  
to attempt, try, experiment

## **hosts**

sects, orders; governments, organizations  
officialdom; to salute  
insects, swarms; armies; military  
battle; to attack, be aggressive  
to devastate, conquer

## **to discourage**

to ward off, deflect; to defend, exorcise, eradicate  
to acquit; to be afraid  
to subvert, sabotage; to topple, overturn  
to discomfit; to wander, stray



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# Qof = 100

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## holiness

sanctification, purification; spiritual separation, dedication  
to be careful, discrete; reticence, circumspection  
to be distinguished, chosen, sanctified  
priest's cap, crown; brain stem

## heaven

firmament; sky; corona, dome, vault  
spiritual rains, storms, downpours; deluge  
to blossom, flower, ascend

## kingdom

domain, realm; protection, covering  
to guard, safeguard, protect; to oversee, regulate

## to designate

to confer, confirm; to appoint, ordain; to nominate  
to be invested, dedicated; a specialist; skilled

## bow and arrow

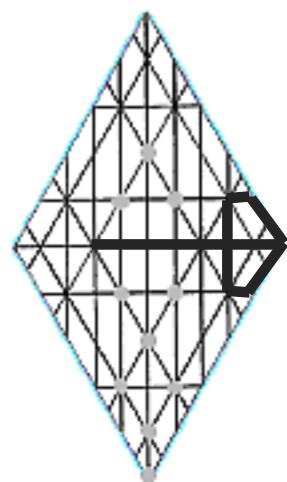
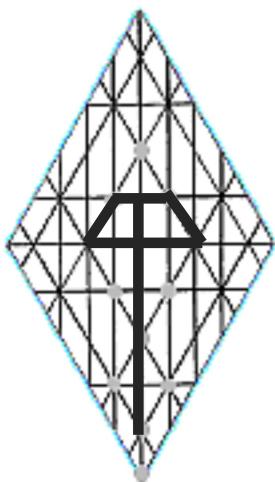
to pierce, alight upon; to push, propel; vibration  
boat, oar; ark; to siphon, drain, empty; urination; drill; harp

## coitus

carnal knowledge; intercourse, impregnation  
glans, clitoris; climax, ejaculation

## shadow

darkness; shade tree; smoke; sanctimony  
to mask, hide, occlude, darken, dim, veil  
back of head; monkey, ape (faceless man); skull



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# Resh = 200

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## **sovereignty**

king, ruler, leader; overseer; messiah, seer, visionary; person  
instigator; opponent, adversary, enemy  
to shoulder; to commandeer; determination, domination

## **governance**

competence, responsibility; to be decisive, assertive  
to adjure, urge, persuade; to manage, control, rule, command, insist  
to disallow, forbid; to exorcise

## **blade**

axe, shovel; to chop, chisel; to cleave, sever, remove, stop  
tyranny; to threaten, intimidate, bully; to damage, desiccate

## **fountainhead**

topmost, main, primary; predominant, chief component; source, start  
to happen, occur, transpire; tributary; to reward

## **mountain**

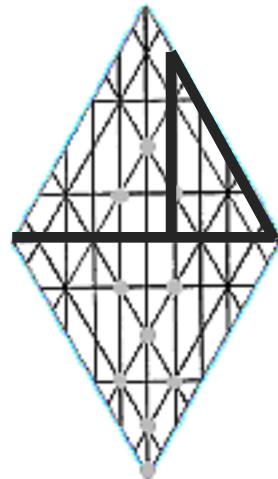
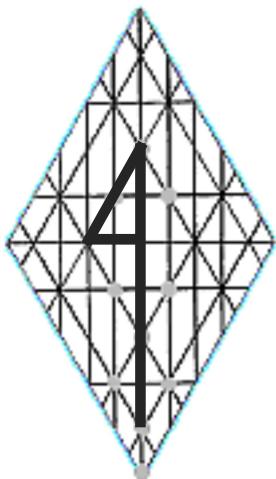
peak, pinnacle, crest, height, summit; rooftop  
to be large, weighty, self-important; dignitary  
to rise, fall, climb, descend

## **the head**

mind; thought, knowledge, intelligence  
to watch, regard; to signal, inform  
lofty, proud, aloof

## **honor**

nobility, eminence; discretion, beauty  
devotion; to praise, esteem  
to be graceful; elegance; to sail



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# Shin = 300

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## wisdom

Spirit, spirits; glory; solar; fire, worm; angel, cherubim, seraphim  
dream, vision, portent

## strength

to wrestle, struggle, fight, contend  
musculature; might, prowess; to be forceful, compelling, convincing

## tooth

tusk; ivory; to bite, tear, rend  
to gnaw, to ingest, consume, assimilate, absorb; a meal  
paw; to savage, maul, shatter, destroy, decimate  
to saw, separate, excise, sever

## utilization

to apply; to sew, mend; amelioration; to knead; to afflict, suppress  
to widen; to excite, invigorate, energize; invasive exploration  
buoyancy; to float; to loft, raise; to be lifted up, carried  
correlation of above and below

## tribulation

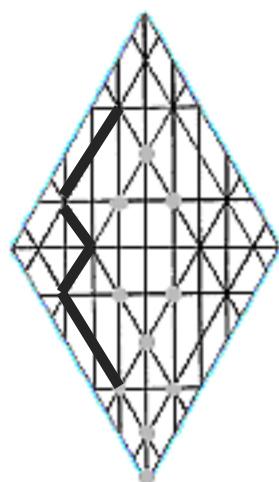
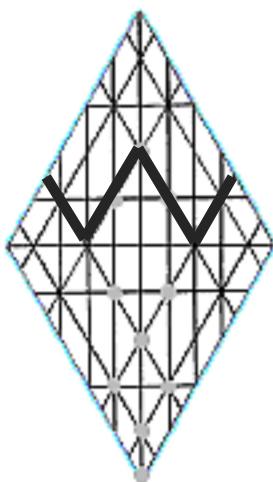
agitation; to shake, tickle; torment; to be upset, bothered, disturbed; to tremble  
to loathe, hate, despise; to undermine; to conspire, connive

## to vent

tantrum, breakdown  
buttocks; evacuation; elimination

## to wobble

variation, vibration  
weakness, frailty, vulnerability; illness  
sleep, snoring; death; repetition, monotony  
to juggle, jiggle, wiggle, wobble; to take wing



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## apocalypse

to end, finish; to cancel; to obliterate, alter, change  
to disappear, vanish, fade, dwindle; to oppose, resist, forbid

## renewal

regeneration, resurrection, continuation; wholeness  
reiteration; subsequent, additional

## eternal

endurance; forever, perpetuity; persistence  
square; four corners, four directions

## mark

signature, characteristic, feature; sign, emblem  
cross, weather vane; to partition, fence; to pass sentence

## to intersect

nexus; synapse; link, tendon  
to corner, locate; stalemate, loggerheads

## to expose

to unmask; to encounter, meet, confront  
to curse, hex; to enchant, cast spells  
prediction, speculation

## continuum

proliferation; open-ended, on-going  
to measure, assess, investigate, monitor  
to complete; infinity, sum, totality

