Cobb, C. G. (2015) - Chapter 7: Agile Estimation

Overview

In contrast to the more deterministic mindset of Chemuturi's methods, Cobb explores how estimation fits in **agile environments**, where adaptability and **team empowerment** are central. He emphasizes that **accuracy in agile means frequent recalibration**, not rigid prediction.

The Agile Estimation Mindset

- Accept that uncertainty is part of the process, not a flaw.
- Planning becomes rolling-wave: short-term plans are detailed; long-term plans are coarse and evolving
- The goal isn't precision—it's transparency and responsiveness.

Core Estimation Techniques in Agile

Story Points

- Relative estimation unit that compares task complexities.
- Emphasizes size and effort without tying directly to hours.
- Allows teams to **focus on value delivery**, not micromanaging time.

Planning Poker

- Team-based estimation game where each member "bets" on effort using Fibonacci scales.
- Designed to **encourage discussion** and mitigate bias from senior voices.

• T-shirt Sizing

- o For very early-stage estimation: tasks are sized as XS, S, M, L, XL.
- Useful when granularity isn't needed yet.

Velocity

- The team's delivery rate (e.g., story points per sprint).
- Helps predict future progress based on actual historical performance.

Reporting Tools

- Burn-down Charts: Track how much work remains vs. time
- Burn-up Charts: Show progress toward goal.
- Cumulative Flow Diagrams: Visualize bottlenecks and work-in-progress.

Agile Estimation Insights

- Encourage collaboration between business and technical team members.
- Estimation should be fast, **non-intrusive**, and part of sprint rituals.
- Always estimate **as a team**, to enhance shared ownership.

© Takeaway

Agile estimation is not about avoiding estimates—it's about redefining them to suit a dynamic, customer-centric, iterative environment.