# Identification of rare-disease genes in diverse undiagnosed cases using whole blood transcriptome sequencing and large control cohorts

Pathology retreat - October 6<sup>th</sup> 2018 Laure Fresard, Montgomery lab

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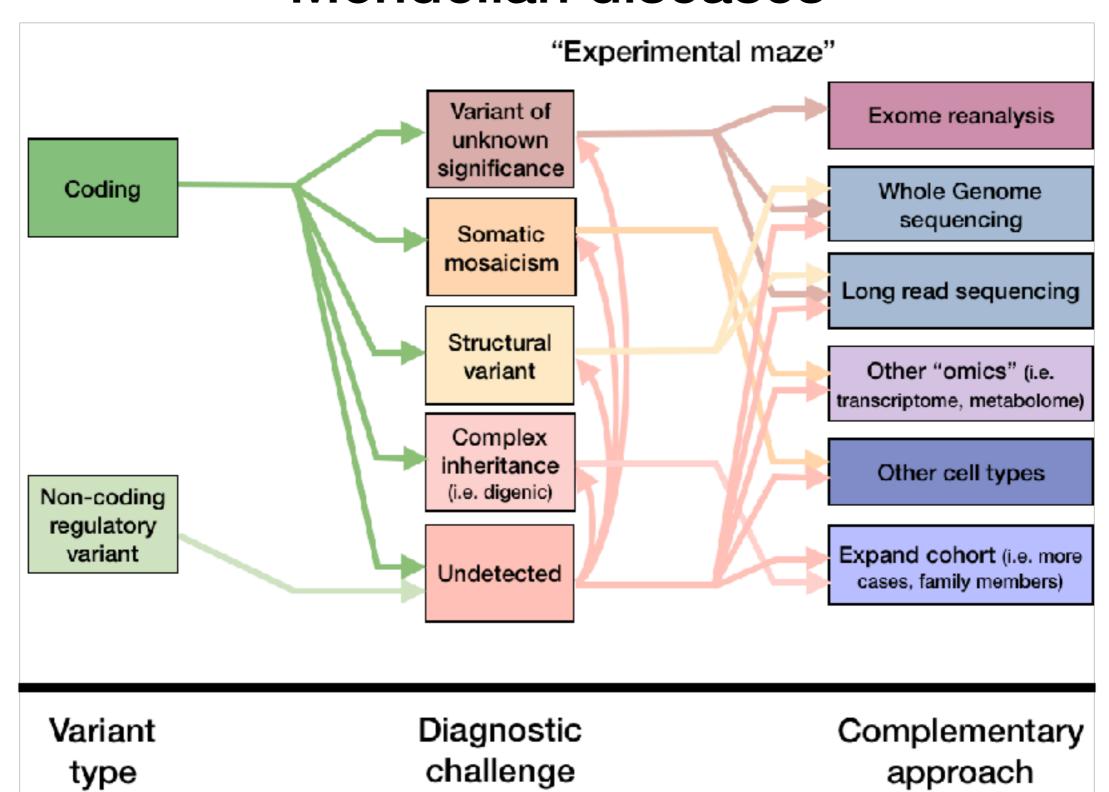
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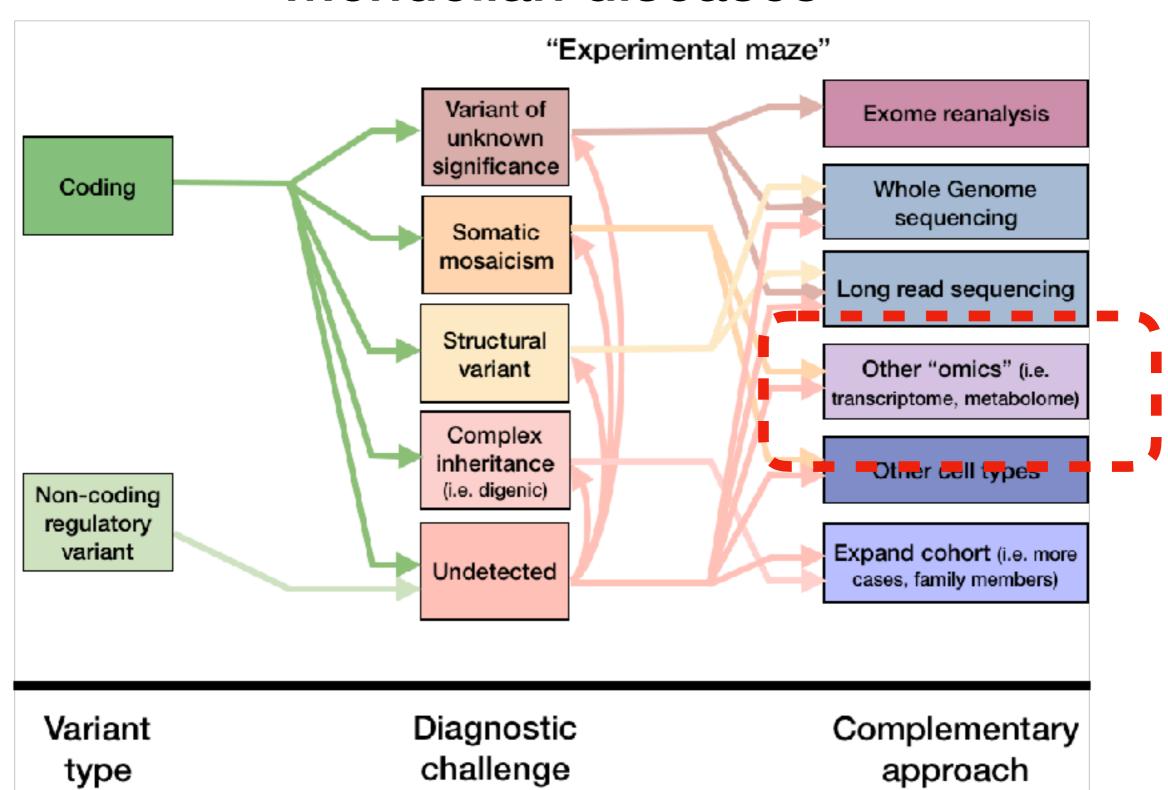
Identification of rare-disease genes in diverse undiagnosed cases using whole blood transcriptome sequencing and large control cohorts

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## Exome sequencing has been estimated to lead to a diagnosis in 30 to 50% of rare Mendelian diseases



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## We used whole blood RNA-seq to identify rare disease genes

 We partnered with 3 rare disease programs with the goal to develop generalizable methods for a broad spectrum of diseases







- We've sequenced 87 whole blood samples, 56 extracted from affected individuals and 31 unaffected family members
- The 56 cases represent a total of 47 independent diseases
- We used large control cohorts to detect aberrant events in gene expression, splicing and allele specific expression

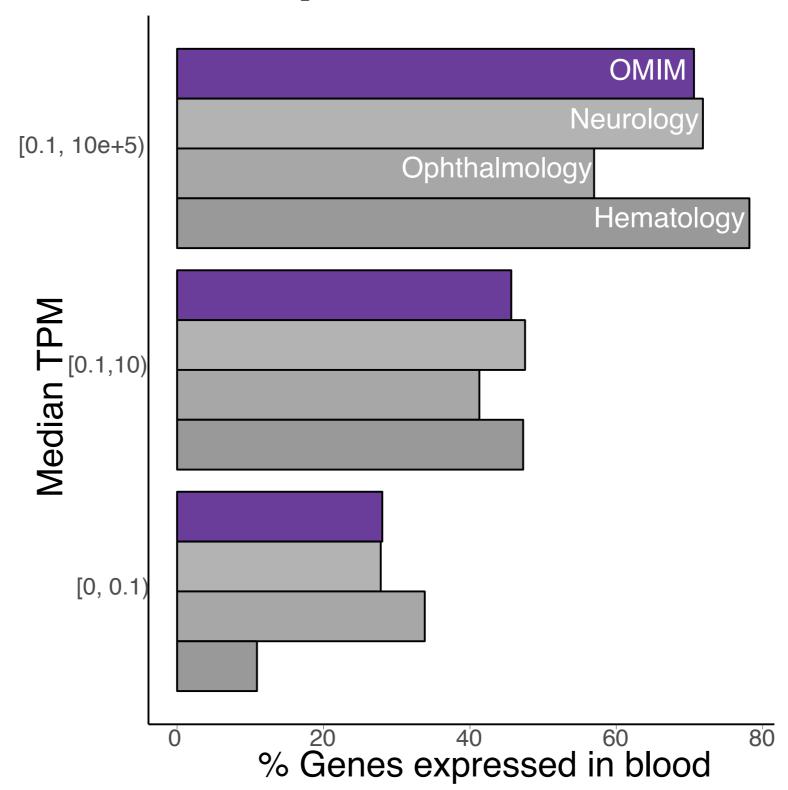




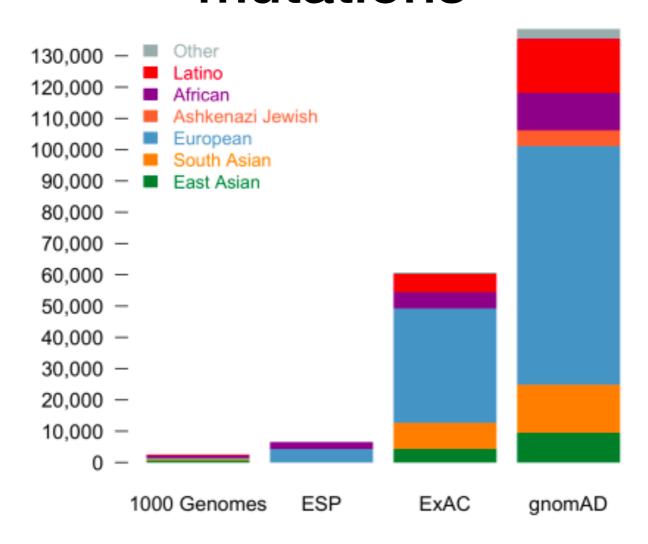


## Can whole blood be useful?

## The majority of known rare disease genes are expressed in blood



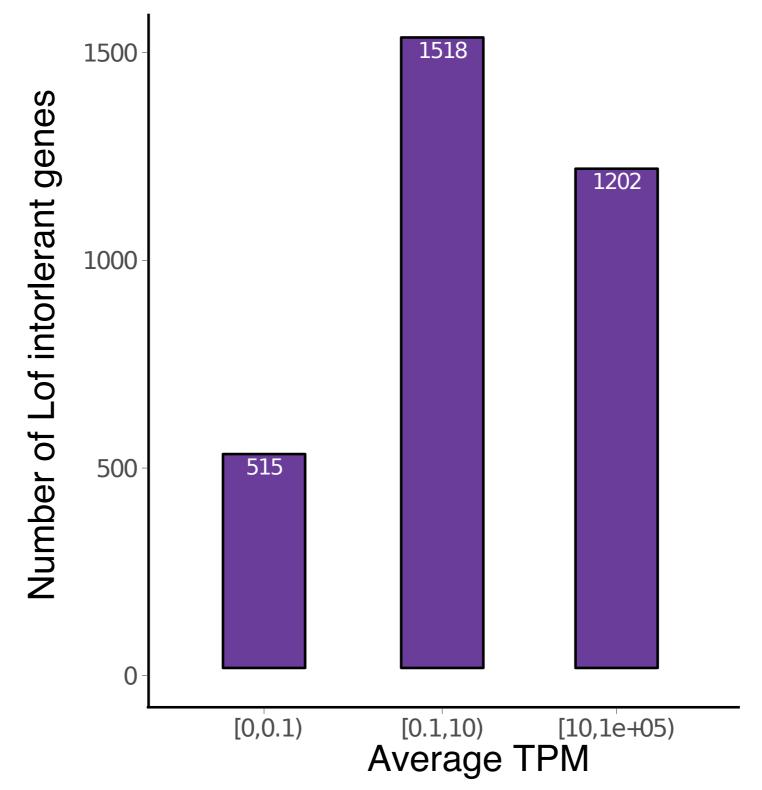
## Population scale sequencing analyses give access to gene sensitivity to mutations



2017/02/27 release: exome sequence data from 123,136 individuals and whole genome sequencing from 15,496 individuals

Reference of allele frequency distributions across genes ==> Genes that are more sensitive to variants

### 66% of Loss-of-Function intolerant genes are expressed in blood samples



## Can RNA-seq be useful?

### Gene expression/splicing/ASE outliers can pinpoint to rare variants with large effects



#### RNA-seq has shown diagnostic utility in specific tissue and diseases

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RESEARCH ARTICLE | GENETIC DIAGNOSIS



Improving genetic diagnosis in Mendelian disease with transcriptome sequencing



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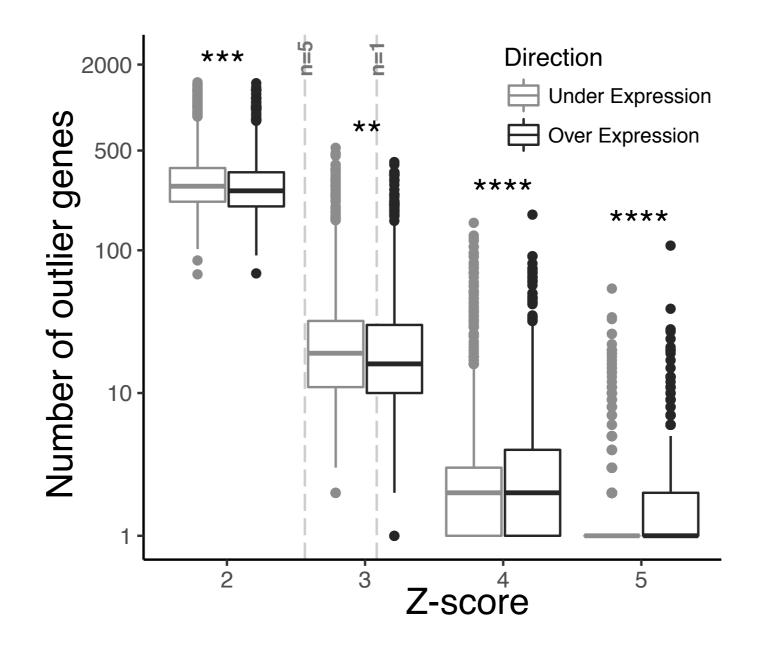


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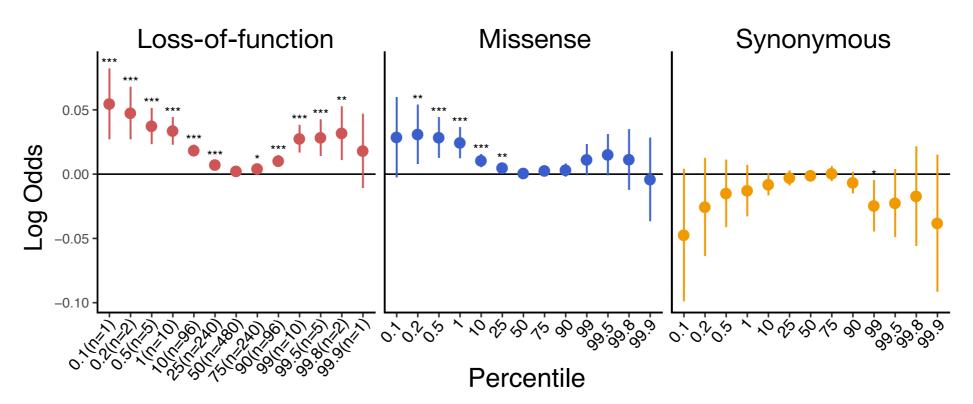
Genetic diagnosis of Mendelian disorders via RNA sequencing

## We observed an average of 350 outliers per sample (|Z-score| ≥2)

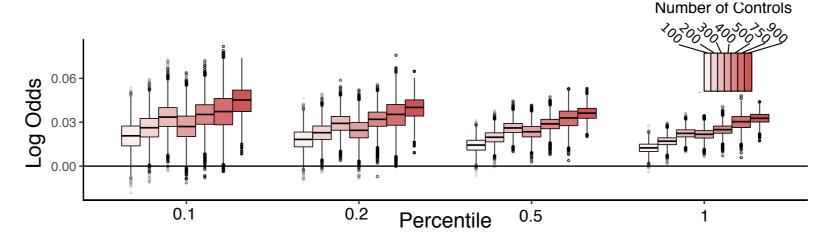




### Gene expression outliers are enriched for loss-of-function intolerance



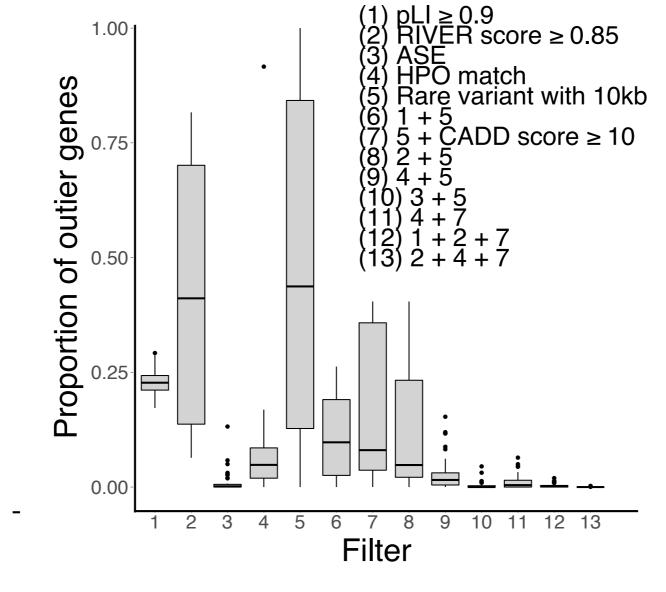
We observed an enrichment of case outliers in genes more sensitive to Loss-of-function mutations





The enrichment becomes stronger as we increase the number of controls

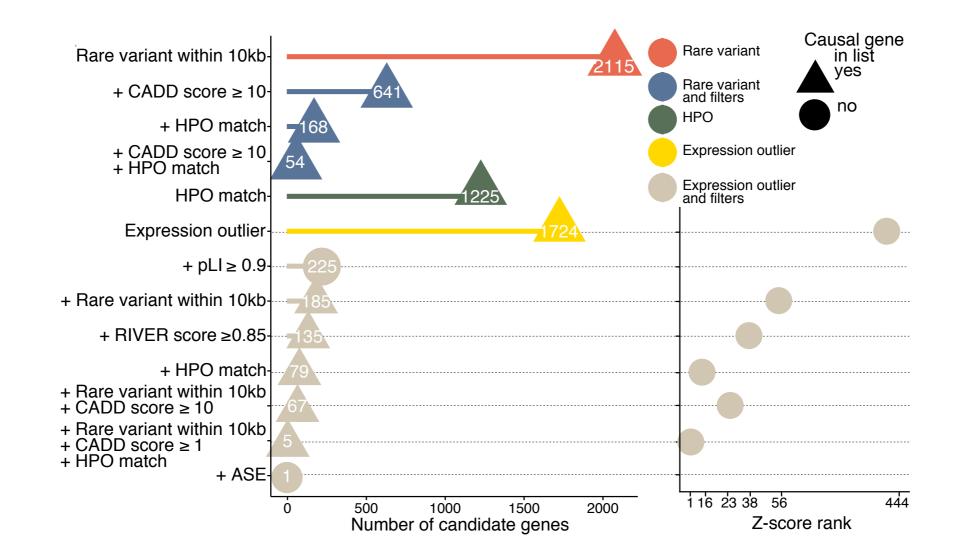
### Filtering for relevant attributes helps narrow down to a handful of candidates



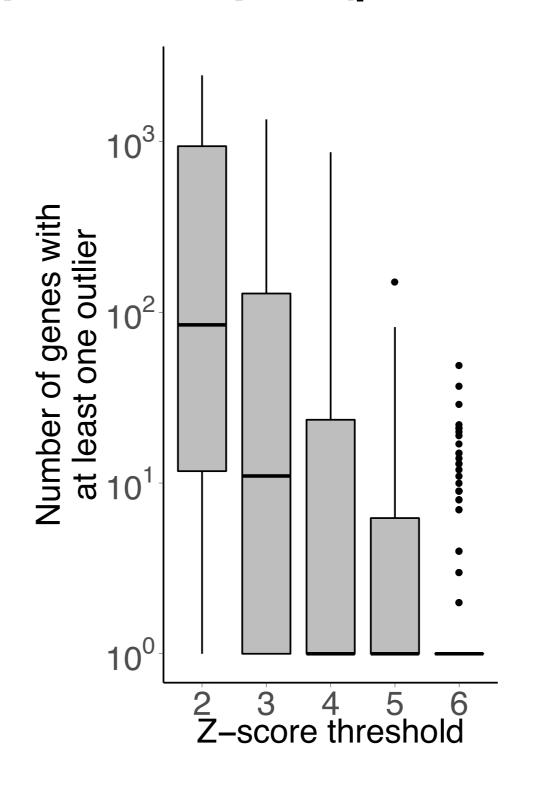
When restricting to **under-expression outlier genes** with **HPO matches** and a **deleterious rare variant** nearby, we reduce the candidate genes list to less than 10% of the initial set of outliers

## Identification of disease gene through expression outlier detection: the *RARS2* case.

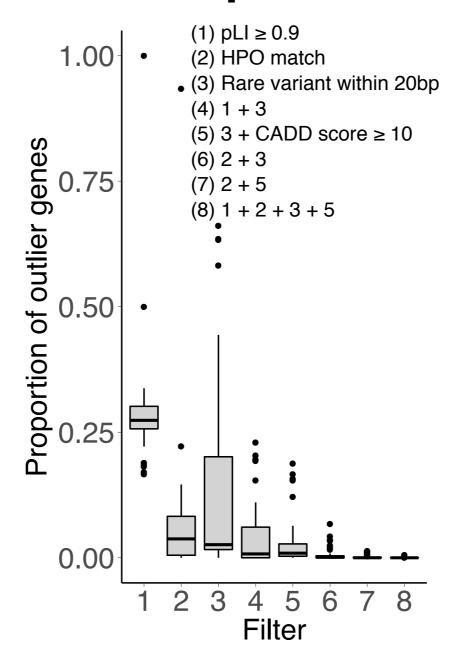
Two sisters exhibited profound global developmental delay, neonatal-onset seizures, acquired microcephaly, hypotonia, G-/J-tube dependence, and progressive scoliosis and had undergone a diagnostic odyssey including comprehensive metabolic evaluation, storage disorder enzymology, and genetic testing



### We observed an average of 100 splicing outliers per sample (|Z-score| ≥2)



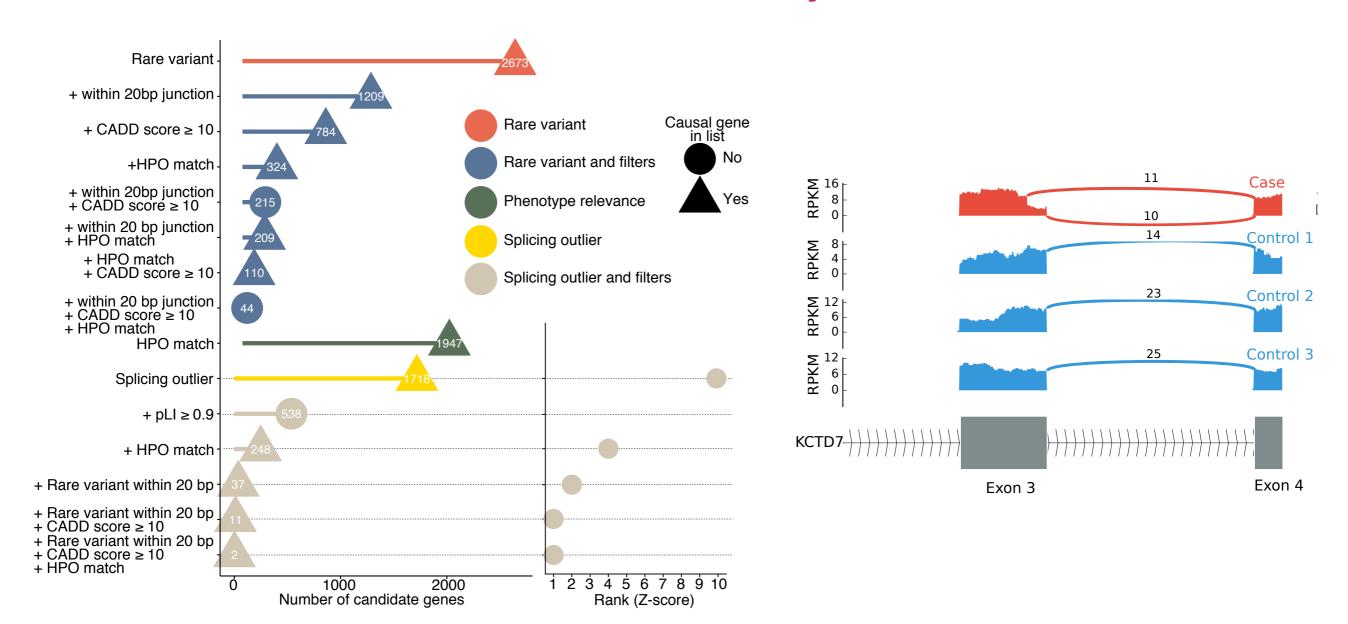
### Filtering data for relevant criterion narrows down the number of potential candidates



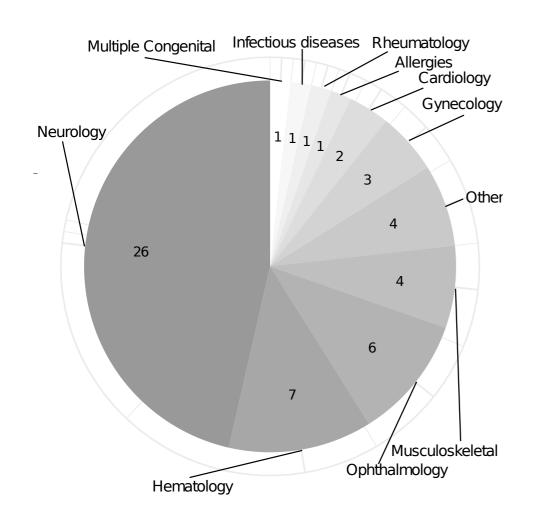
Limiting to genes relevant to the phenotype and with a deleterious rare variant within 20 bp of the splicing junction, we were able to narrow down to only 0.05% of potential candidate genes.

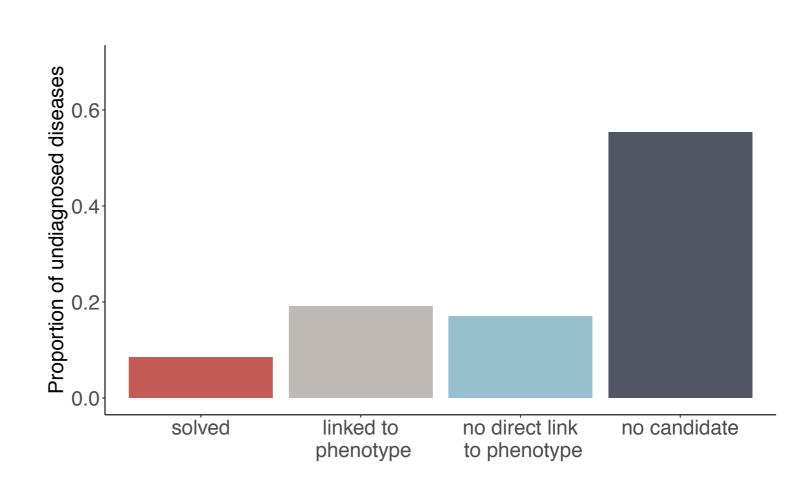
### Identification of disease gene through splicing outlier detection: the *KCTD7* case

A 12 year old Hispanic female presented with **developmental regression** after typical development until age 18 months, manifesting with **loss of milestones** including head control, and speech. **Tremors** developed at 21 months; and **seizures** at 22 months. She also suffered from **occasional myoclonus**.



### Across our cohort, we observed that RNA-seq yields a 8.5% diagnostic rate.





## Exome sequencing has been estimated to lead to a diagnosis in 30 to 50% of rare Mendelian diseases

