

Prompts

Meditation music

even the smallest of things can keep you from being entirely bored: a simple quote, or brainteaser to think about, or even a philosophical question to ponder on

Small writing prompts

Affects everyone, especially collage aged, and neurodivergent individuals

Thought provoking ideas

Discover a hobby for long periods of boredom

Listen to new music

Going for a walk (touch grass)

breathing exercises

search bored people nearby with same interest

Yoga

How app works

Small, mind challenging games.

One prompt shown at a time to not overwhelm the user with choices

Adaptive AI to learn the likes and dislikes of the user

Be able to flip through and skip prompts you don't like

Boredom can happen anywhere, and the app should try to account for that (i.e. categories based on where you are or something similar)

how long is the boredom period, ten-minue? an hour?

keeping track of the boredom time filled.

plan ahead or just open the app whenever is bored

gathering people or do it alone

Should be relatively simple to use bc anyone can get bored, including those who aren't as technologically adept as the current generation

Do a task with a timer

add random challenges to mundane tasks

Randomized show suggestions (for extra boredom, random episodes)

tagged prompts so users can filter out prompts they don't like / can't do

seek out nearby people with similar interests to do prompts together (think Boredom Tindr)

Rewards

rewards for getting something done

unlock new modes

Gift cards

coupon on the chosen category, books music, food

Points to donate to charity or enter sweepstakes with

User Suggestions

Unlock new themes and designs

Unlock stickers to send to friends in the app

a pet or a plant or a house, something that grows with you

customize suggestion list of things to do

random decision generator to help you decide

request suggestions from other users

Comment section to give suggestions to other users on tasks or how to personalize them

app feedback and review section

Donation section so that there's no ads