Deficitions:
$$S_{\mu} = \frac{1}{a} \sin (\rho_{\mu} a)$$
 $\hat{\rho}_{\mu} = \frac{2}{a} \sin (\rho_{\mu} a/2)$ $\hat{\rho}^2 = \frac{4}{a^2} \sum \sin^2(\rho_{\mu} a/2)$ $\sum [1 - \cos(\rho_{\mu} a)] = \frac{1}{2} a \hat{\rho}^2$ $\hat{\rho}^2 = \frac{4}{a^2} \sum \sin^2(\rho_{\mu} a/2)$ $\hat{\rho}^2 = \frac{1}{2} a \hat{\rho}^2$ $\hat{$

$$= i + m_0 + \frac{1}{2} a \hat{p}^2$$

$$= \frac{1}{2} + m_0 + \frac{1$$

 $C_{W}(\vec{p},t) = \int \frac{d\rho_{0}}{2\pi} e^{i\vec{p}\cdot\vec{r}} \nabla_{w}(\vec{p},\rho_{0})$ (a=1)