	ETS		
Predictors	*Estimates*	*CI*	*p*
(Intercept)	538.76	446.09 – 631.44	**<0.001**
hg Z	37.39	-5.27 – 80.05	0.084
sex [Male]	-5.73	-93.57 – 82.11	0.896
age Z	-15.81	-65.22 – 33.60	0.521
bodymass Z	-14.16	-63.72 – 35.41	0.567
year [2021]	-211.13	-317.61 – -104.64	**<0.001**
Random Effects			
σ^2	6260.96		
$\tau_{00\ nest}$	4446.09		
$\tau_{00\ TimeMito}$	12184.55		
ICC	0.73		
N_{nest}	30		
$N_{TimeMito}$	29		
Observations	49		
Marginal R^2 / Conditional R^2	0.282 / 0.804		