# Installing R & RStudio

## Windows/PC

1. Go to https://cloud.r-project.org/bin/windows/base/
   - Click the "Download R 4.0.5 for Windows" link.
   - When the file finishes downloading, double-click to install. You should be able to click "Next" to all dialog boxes to finish the installation.
2. Installing RStudio
   - Go to https://www.rstudio.com/products/rstudio/download/#download.
   - Click: Download RStudio for Windows.
   - When the file finishes downloading, double-click to install. You should be able to click "Next" to all dialog boxes to finish the installation.

## Mac

1. Go to https://cloud.r-project.org/bin/macosx/
   - Download the latest release FOR YOUR CURRENT OS (if you have an older Mac, that may not be the most recent version of R).
   - When the file finishes downloading, double-click to install. You should be able to click "Next" to all dialog boxes to finish the installation.
2. Installing RStudio
   - Go to https://www.rstudio.com/products/rstudio/download/#download.
   - Choose the installer for your OS. Again, it is important to choose the right installation for YOUR machine.
   - When the file finishes downloading, double-click to install. You should be able to click "Next" to all dialog boxes to finish the installation.