

Column 1	What to look for	rating	examples	pros	cons	
<b>Activation</b>	Does the tool help users get started on tasks?					
<b>Focus</b>	Does it help minimize distractions or sustain attention?					
<b>Effort</b>	Does it support maintaining effort and motivation over time?					
<b>Emotion</b>	Does it reduce stress, anxiety, or frustration related to tasks?					

<b>Memory</b>	Does it help capture and organize information for later use?					
<b>Action</b>	Does it support task completion and self-monitoring?					
<b>Usability</b>	Is it practical for college students' academic needs?					
<b>Effectiveness</b>	General impression of how well it supports EFD challenges					

<b>Accessi bility</b>	Is the tool truly free, easy to use, and available across devices?					
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