



Mozzarella

Italian cheese

Place of origin: Italy



Nutrition



Carbs
2.2 g



Sugar
1 g



Protein
22.2 g



Fat
22 g

Mozzarella (English: /ˌmɒtʃəˈrelə/, Italian: [mottsaˈrella]; Neapolitan: muzzarella [muttsaˈrella]) is a traditionally southern Italian cheese made from Italian buffalo's milk by the pasta filata method.

Fresh mozzarella is generally white but when seasoned it turns to a light yellow depending on the animal's diet. Due to its high moisture content, it is traditionally served the day after it is made but can be kept in brine for up to a week or longer when sold in vacuum-sealed packages. Low-moisture mozzarella can be kept refrigerated for up to a month, though some shredded low-moisture mozzarella is sold with a shelf life of up to six months. Mozzarella of several kinds is used for most types of pizza and several pasta dishes or served with sliced tomatoes and basil in Caprese salad.

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Categories

Italian cheeses

Smoked cheeses

Stretched-curd cheeses

Traditional Speciality Guaranteed products from Italy

Water buffalo's-milk cheeses

Cow's-milk cheeses



Mozzarella is part of 2,549 recipes



♥♥♥♥♥♥ (911)

1 h

Kittencal's Moist Cheddar-Garlic Oven Fried Chicken Breast

This is for serious garlic lovers. The chicken bakes out so moist and tender!

[VIEW](#) 7 steps

[INGREDIENTS](#) ▾



♥♥♥♥♥♥ (623)

25 min

Better Than Olive Garden Alfredo Sauce

This is the best Alfredo sauce ever. This is several recipes combined into one. You can also add your choice of meat (chicken, shrimp or even crab).

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[INGREDIENTS](#) ▾



♥♥♥♥♥♥ (614)

2 h 30 min

Absolute Best Ever Lasagna

My family's favorite. This is a very meaty lasagna. We prefer it with cottage cheese, but you can easily substitute ricotta.

[VIEW](#) 9 steps

[INGREDIENTS](#) ▾