## Coursework (3) for Introductory Lectures on Optimization

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**Excercise 1.** Proof that  $\mu$ -Strongly convex functions are  $\mu$ -Error Bounds.

**Proof of Excercise 1:** Suppose f is  $\mu$  convex, then for  $x \in \mathbb{R}^n, y \in \mathbb{R}^n$ , we have:

$$f(\mathbf{y}) \ge f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle + \frac{\mu}{2} ||\mathbf{y} - \mathbf{x}||^2$$
 (1)

Thus we have:

$$\min_{\boldsymbol{y}} \left\{ f(\boldsymbol{y}) \right\} \ge \min_{\boldsymbol{y}} \left\{ f(\boldsymbol{x}) + \langle \nabla f(\boldsymbol{x}), \boldsymbol{y} - \boldsymbol{x} \rangle + \frac{\mu}{2} \|\boldsymbol{y} - \boldsymbol{x}\|^2 \right\}$$
(2)

LHS is  $f(x^*)$ , And the minumum of RHS can be solved by  $\nabla RHS = \nabla f(x) + \mu(y - x) = 0$ 

Thus we have the optimal  $\hat{\boldsymbol{y}} = \boldsymbol{x} - \frac{1}{\mu} \nabla f(\boldsymbol{x}),$  so we have:

$$f(\boldsymbol{x}^*) \ge f(\boldsymbol{x}) - \frac{1}{2\mu} \|\nabla f(\boldsymbol{x})\|^2$$
(3)

That is:

$$\|\nabla f(\boldsymbol{x})\|^2 \ge 2\mu(f(\boldsymbol{x}) - f(\boldsymbol{x}^*)) \tag{4}$$

And by the definition of strong convex function and  $\nabla f(x^*) = 0$  we have:

$$f(x) \ge f(x^*) + \langle \nabla f(x^*), x - x^* \rangle + \frac{\mu}{2} ||x - x^*||^2$$
 (5)

$$= f(x^*) + \frac{\mu}{2} ||x - x^*||^2 \tag{6}$$

Substitute (6) into (4) we have:

$$\|\nabla f(\boldsymbol{x})\|^2 \ge \mu^2 \|\boldsymbol{x} - \boldsymbol{x}^*\|^2 \tag{7}$$

That is  $\|\nabla f(\boldsymbol{x})\| \ge \mu \|\boldsymbol{x} - \boldsymbol{x}^*\|$ , which is exactly  $\mu$ -Error Bounds.

**Excercise 2.** Let f be continuously differentiable. Proof that both conditions below, holding for all  $x, y \in \mathbb{R}^n$  and  $\alpha \in [0, 1]$ , are equivalent to inclusion:  $\mathcal{S}^1_{\mu}(\mathbb{R}^n)$ 

$$\langle \nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y}), \ \boldsymbol{x} - \boldsymbol{y} \rangle \ge \mu \|\boldsymbol{x} - \boldsymbol{y}\|^2,$$
 (8)

and

$$\alpha f(\boldsymbol{x}) + (1 - \alpha)f(\boldsymbol{y}) \ge f(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}) + \alpha(1 - \alpha)\frac{\mu}{2} \|\boldsymbol{x} - \boldsymbol{y}\|^{2}.$$
(9)

**Proof of Excercise 2:** Consider the definition of strong convex function:

$$f \in \mathcal{S}^1_{\mu} \iff \exists \mu > 0, s.t. \forall \boldsymbol{x}, \boldsymbol{y} \in \mathbb{R}^n, f(\boldsymbol{y}) \ge f(\boldsymbol{x}) + \langle \nabla f(\boldsymbol{x}), \boldsymbol{y} - \boldsymbol{x} \rangle + \frac{1}{2} \mu \|\boldsymbol{y} - \boldsymbol{x}\|^2$$
 (10)

By transformation, we can obtain:

$$f(\mathbf{y}) - \frac{\mu}{2} \|\mathbf{y}\|^2 \ge f(\mathbf{x}) - \frac{\mu}{2} \|\mathbf{x}\|^2 + \langle \nabla f(\mathbf{x}) - \mu \mathbf{x}, \mathbf{y} - \mathbf{x} \rangle$$
(11)

By the definition of convex function, we have  $f(x) - \frac{\mu}{2}||x||^2$  is convex.

Recall that f is convex  $\iff \langle \nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y}), \boldsymbol{x} - \boldsymbol{y} \rangle \ge 0$  So

$$\langle (\nabla f(\boldsymbol{x}) - \mu \boldsymbol{x}) - (\nabla f(\boldsymbol{y}) - \mu \boldsymbol{y}), \boldsymbol{y} - \boldsymbol{x} \rangle \ge 0$$
(12)

That is, 
$$\langle \nabla f(\boldsymbol{x}) - \nabla f(\boldsymbol{y}), \boldsymbol{x} - \boldsymbol{y} \rangle \ge \mu \|\boldsymbol{x} - \boldsymbol{y}\|^2$$

The proof above is eugivalent.

For the second condition, recall that the equivalent definition of the convex function:

$$For \alpha \in [0, 1], \forall x, y, \alpha f(x) + (1 - \alpha) f(y) \ge f(\alpha x + (1 - \alpha)y)$$
 (13)

In this case,  $f(\mathbf{x}) - \frac{\mu}{2}$  is convex, So:

$$\alpha(f(\boldsymbol{x}) - \frac{\mu}{2} \|\boldsymbol{x}\|^2) + (1 - \alpha)(f(\boldsymbol{y}) - \frac{\mu}{2} \|\boldsymbol{y}\|^2) \ge f(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}) - \frac{\mu}{2} \|\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}\|^2$$
(14)

By transformation, we can obtain the result:

$$\alpha f(x) + (1 - \alpha)f(y) \ge f(\alpha x + (1 - \alpha)y) + \alpha \frac{\mu}{2} ||x||^2 + (1 - \alpha) \frac{\mu}{2} ||y||^2 - \frac{\mu}{2} ||\alpha x + (1 - \alpha)y||^2$$
 (15)

$$= f(\alpha \boldsymbol{x} + (1 - \alpha)\boldsymbol{y}) + \alpha (1 - \alpha) \frac{\mu}{2} \|\boldsymbol{y} - \boldsymbol{x}\|^2$$
(16)

The proof above is equivalent as well.