What I Did.

OpenCV uses machine learning algorithms to search for faces within a picture. For something as complicated as a face, there isn't one simple test that will tell you if it found a face or not. Instead, there are thousands of small patterns/features that must be matched. The algorithms break the task of identifying the face into thousands of smaller, bite-sized tasks, each of which is easy to solve. These tasks are also called classifiers.

For something like a face, there are around 6,000 or more classifiers, all of which must match for a face to be detected (within error limits, of course). But therein lies the problem: For face detection, the algorithm starts at the top left of a picture and moves down across small blocks of data, looking at each block, constantly asking, "Is this a face? … Is this a face? … Is this a face?" Since there are 6,000 or more tests per block, a millions of calculations are done, which grind ther computer to a halt.

To get around this, OpenCV uses cascades. What's a cascade? The best answer can be found from the dictionary: A waterfall or series of waterfalls

Like a series of waterfalls, the OpenCV cascade breaks the problem of detecting faces into multiple stages. For each block, it does a very rough and quick test. If that passes, it does a slightly more detailed test, and so on. The algorithm may have 30-50 of these stages or cascades, and it will only detect a face if all stages pass. The advantage is that the majority of the pictures will return negative during the first few stages, which means the algorithm won't waste time testing all 6,000 features on it. Instead of taking hours, face detection can now be done in real time.