

Troparia and Kontakia

The order of Troparia at the Liturgy on weekdays

Sunday Prokimena and Alleluia verses of the 8 tones

the 22 Communion Verses

Resurrectional Troparia, Theotokia and Kontakia

Troparia for saints and feasts of every day of the year

Troparia and Kontakia

**The usual order of Troparia at the Liturgy on weekdays
where the church has patron saint;
that is, it is not of Christ or of the Mother of God**

Monday to Friday

Troparion of the day of the week (2 on Thursday): see below

Troparion of the patronal saint

Tone 4: Truly you were revealed to your flock | as a standard of faith, a model of humility and a teacher of abstinence. | Thus you reached the heights through lowliness | and wealth through poverty. || Holy hierarch Nicholas, pray to Christ our God for the salvation of our souls

Troparion of the saint from the Menaion

Kontakion of the day of the week (2 on Thursday) see below

Kontakion of the patronal saint

Tone 3: In Myra, you were seen to be a servant of divine things, O holy one, | for there you fulfilled the Gospel of Christ | and gave up your life for your people | and saved the innocent from death. | You have been sanctified O venerable one. || for you were a great steward of the grace of God.

Kontakion of the saint of the day from the Menaion

Glory... **Kontakion of the Departed**

Tone 8 With the saints give rest, O Christ, to the souls of your servants, where pain, sorrow and sighing are no more, but life everlasting.

Both now and for ever... **Theotokion**

Tone 6 Unfailing intercessor of Christians,
constant mediator before the creator,
do not reject the cry of prayer of sinners,
but in your goodness come quickly to our help as we call on you in faith.
Hasten to offer swift intercession and prayer for us, O Mother of God,
for you ever intercede for those who honour you.

Saturday

Troparion of the day of the week *Apostles, martyrs, and prophets...*

Troparion of the saint from the Menaion

Kontakion of the saint from the Menaion

Glory... With the saints give rest...

Both now...the kontakion To you, O Lord, the planter of creation...

Monday - the Bodiless Host

Troparion, tone 4 Supreme commanders of the heavenly host, | we unworthy ones implore you that by your supplications | you encircle us within the shelter of the wings of your immaterial glory, | and guard us who fall down before you and fervently cry: || Deliver us from dangers, as you are the leaders of the host on high.

Theotokion, tone 4 To her, raised in the Holy of Holies of the Temple, | arrayed in faith, wisdom and perfect virginity, | Gabriel the supreme commander brought from heaven the salutation: Rejoice. | Rejoice, O blessed and most glorious one, || the Lord is with you.

Kontakion, tone 2 Supreme commanders of God and ministers of the divine glory, | guides of men and leaders of the bodiless host; | ask for that which is to our profit and for great mercy, || since you are the supreme commanders of the bodiless host.

At the Liturgy

Prokimenon, tone 4 You make the winds your angels, and flames of fire your ministers.

Verse Bless the Lord O my soul, O Lord my God, how great you are.

Alleluia, tone 5 Praise the Lord from heaven, O praise him in the heights.

Praise him all his angels, O praise him all his hosts.

Communion You make the winds your angels, and flames of fire your ministers.

Tuesday - the Forerunner

Troparion, tone 2 The memory of the righteous is celebrated with hymns of praise, | but the Lord's testimony is sufficient for you, O Forerunner. | You are truly proven to be even more venerable than the prophets | for you baptized in the running waters him whom they proclaimed. | Having contested for the truth, | you rejoiced to announce the good tidings even to those in Hades: | that God has appeared, incarnate, || taking away the sin of the world and granting us great mercy.

Theotokion, same tone Through you, O ever-virgin Mother of God, | we have become sharers of the divine nature, | since for us you gave birth to God incarnate; || and so we all piously give you fitting glory.

Kontakion, tone 2 O prophet of God and herald of grace, | having obtained your head from the earth as a most sacred rose, | we ever receive healing; || for still you preach repentance, as of old in the world.

At the Liturgy

Prokimenon, tone 7 The righteous man shall rejoice in the Lord, and shall put his trust in him.

Verse Hear my voice O Lord in my complaining.

Alleluia, tone 4 The righteous shall flourish like the palm tree, and shall spread abroad like a cedar in Lebanon.

For they are planted in the house of the Lord, and flourish in the courts of the house of our God.

Communion The righteous shall be held in everlasting remembrance: he will not fear bad tidings.

Wednesday - the cross

Troparion, tone 1 O Lord, save your people | and bless your heritage; | grant victory to Orthodox Christians over their enemies, || and protect your people by your cross.

Troparia and Kontakia

Theotokion, same tone Having gained your intercession, O most pure one, | delivered from evils by your supplications, | and protected wholly by the cross of your Son, || we all piously give you fitting praise.

Kontakion, tone 4 O Christ our God who willingly chose to be raised upon the cross, | grant your mercies to the new nation named after you. | Gladden with your power Orthodox Christians, | granting them victory over enemies. || May they have as your help the weapon of peace, the invincible trophy.

At the Liturgy

Prokimenon, hymn of the Mother of God, tone 3 My soul magnifies the Lord, my spirit rejoices in God my Saviour.

Verse For he has looked with favour on his lowly servant: from this day all generations will call me blessed.

Alleluia, tone 8 Arise O Lord into your resting place, you and the ark of your might.

The Lord has sworn to David an oath which he will not break: One who is the fruit of your body I will set upon your throne.

Communion I will receive the cup of salvation and call upon the name of the Lord.

Thursday - the Apostles and St Nicholas

Troparion, tone 3 O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Troparion of Nicholas, tone 4 Truly you were revealed to your flock | as a standard of faith, a model of humility and a teacher of abstinence. | Thus you reached the heights through lowliness | and wealth through poverty. || Holy hierarch Nicholas, pray to Christ our God for the salvation of our souls.

Theotokion, tone 4 We acknowledge that Christ our God, the Word of the Father, | was born of you, O Virgin Mother of God, | who alone is pure and who alone is blessed. | Therefore we magnify you, || singing your praises without ceasing.

Kontakion of the Apostles, tone 2 You have taken to yourself those invincible God-proclaiming heralds, the chief apostles, | for the enjoyment of your blessings and for repose; | and you accepted their labours and death as above all sacrifice, || O Lord who alone knows the secrets of the heart.

Kontakion of Nicholas, tone 3 In Myra, you were seen to be a servant of divine things, | O holy one, | for there you fulfilled the Gospel of Christ | and gave up your life for your people | and saved the innocent from death. | You have been sanctified O venerable one. || for you were a great steward of the grace of God.

At the Liturgy

Prokimenon, tone 8 Their sound has gone out through all the world, and their words to the ends of the earth.

Verse The heavens declare the glory of God and the firmament proclaims his handiwork.

Alleluia, tone 1 Let the heavens praise your wonders O Lord, and let your faithfulness be sung in the assembly of the holy ones.

God is to be feared in the council of the holy ones, great and terrible above all that are around him.

Communion Their sound has gone out through all the world, and their words to the ends of the earth.

Friday - the cross

Troparion, Theotokion and Kontakion, all as on Wednesday.

At the Liturgy

Prokimenon, tone 7 Exult the Lord our God and bow down before his footstool, for he is holy.

Verse The Lord is king, let the nations tremble: he is enthroned upon the Cherubim, let the earth quake.

Alleluia, tone 1 Remember your congregation whom you took to yourself of old, the people you redeemed to be your own possession.

God is our king from of old, who wrought deliverance upon the earth.

Communion You have wrought salvation in the midst of the earth.

Saturday - all saints and the departed

Troparion of all saints, tone 2 Apostles, martyrs and prophets, | holy, venerable and righteous ones, | you have fought the good fight and kept the faith | and have boldness before the Saviour; | we entreat you, as you are gracious, || pray for us that our souls be saved.

Troparion of the departed, tone 2 Remember your servants in your goodness, O Lord, | and forgive whatever sins they have committed in life; | for no one is without sin but you, O mighty one, || who gives rest to the departed.

Theotokion, tone 2 O holy Mother of the ineffable light: | we piously magnify you, || honouring you with angelic hymns.

Kontakion of the martyrs, tone 8 To you, O Lord, the planter of creation, | the world offers the God-bearing martyrs as the first fruits of its nature: | by their supplications preserve your Church in perfect peace, || through the prayers of the Mother of God, O greatly merciful one.

At the Liturgy

Prokimenon, tone 8 Rejoice in the Lord you righteous and be glad.

Verse Blessed is he whose sin is forgiven, whose iniquity is put away.

Alleluia, tone 6 Blessed are those whom you choose and take to yourself, O Lord.

Their memory will remain for ever and ever.

Communion Rejoice in the Lord you righteous, for it befits the just to praise him. *and another:* Blessed are those whom you choose and take to yourself O Lord.

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The Prokimenon and Alleluia at the Liturgy on Sunday

Tone 1

Prokimenon Let your merciful kindness be upon us O Lord, even as our hope is in you.
Verse Rejoice in the Lord, you righteous, for it befits the just to praise him.

Alleluia God sees to it that I am avenged, who subdues the peoples under me.
He gives great triumphs to his king, and deals faithfully with his anointed,
with David and his seed for ever.

Tone 2

Prokimenon The Lord is my strength and my song and has become my salvation.
Verse The Lord has disciplined me hard, but he has not given me over to death.

Alleluia May the Lord hear you in the day of trouble, the God of Jacob lift you up
to safety.
May he send you help from the sanctuary and be your strong support from
Zion.

Tone 3

Prokimenon Sing praises, sing praises to God, sing praises, sing praises to our king.
Verse O clap your hands all you peoples and cry aloud to God with shouts of joy.

Alleluia To you, Lord, have I come for shelter, let me never be put to shame.
Be for me a rock of refuge, a fortress to defend me.

Tone 4

Prokimenon Lord how various are your works, in wisdom you have made them all.
Verse Bless the Lord O my soul, O Lord my God, how great you are.

Alleluia Gird your sword upon your thigh O mighty warrior, ride on in the cause of
truth and for the sake of justice.
You have loved righteousness and hated evil, therefor God, your God has
anointed you with the oil of gladness above your fellows.

Tone 5

Prokimenon You will surely guard us O Lord, and shield us for ever from this evil
generation.

Verse Help us, Lord, for there is not one godly man left: the faithful have vanished from among the children of men.

Alleluia Lord, I will sing for ever of your loving kindness: my mouth shall proclaim your faithfulness throughout all generations.
I have said of your loving kindness that it is built for ever: you have established your faithfulness in the heavens.

Tone 6

Prokimenon O Lord save your people, and give your blessing to your own.

Verse To you will I cry, O Lord my God: be not deaf to my prayer.

Alleluia He who dwells in the shelter of the Most High shall abide under the shadow of the Almighty.
He will say to the Lord, You are my refuge and my stronghold, my God in whom I trust.

Tone 7

Prokimenon The Lord will give strength to his people, the Lord shall give his people the blessing of peace.

Verse Ascribe to the Lord you sons of heaven, ascribe to the Lord glory and might.

Alleluia It is good to give praise to the Lord, to sing to your name O Most High.
To declare your love in the morning and at night to sing of your faithfulness.

Tone 8

Prokimenon Make vows to the Lord your God and keep them.

Verse In Judah is God known, his name is great in Israel.

Alleluia Come, let us sing out to the Lord, let us shout in triumph to the God of our salvation.
Let us come before his face with thanksgiving and cry out to him joyfully with psalms.

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The 22 Communions

- 1 O taste and see that the Lord is good, happy the man who hides in him. 33.9
- 2 Praise the Lord from heaven, O praise him in the heights. 148.1
- 3 Receive the body of Christ: taste the fountain of immortality. (free comp)
- 4 The Lord has wakened as if from sleep: he is risen and saves us. 77.65 Holy Sat
- 5 Praise the Lord O Jerusalem, praise your God O Zion. 147.1 (Anti-pascha)
- 6 Let your kindly spirit lead me in an even path. 142.10b (Pentecost)
- 7 The light of your countenance has shone on us O Lord.
You have wrought salvation in the midst of the earth. (Cross)
- 8 You make the winds your angels, and flames of fire your ministers. 103.4 (Angels)
- 9 I will receive the cup of salvation and call upon the name of the Lord. 115.4 (MG)
- 10 The Lord has chosen Zion for himself, he has desired it for his habitation. 131.12
(Annunciation)
- 11 Rejoice in the Lord you righteous, for it befits the just to praise him. 32.1
- 12 Their sound has gone out through all the world, and their words to the ends of the earth.
18.5
- 13 The righteous shall be held in everlasting remembrance: he will not fear bad tidings.
111.6b
- 14 The memory of the righteous prov 10.7
- 15 The Lord has sent redemption to his people, he has ordained his covenant for ever.
110.9 (Christmas)
- 16 The grace of God has appeared, bringing salvation to all. (Titus 2.11) (Theofany)
- 17 Out of the mouths 8.3 (Palm? maybe Greek)
- 18 Blessed is he who comes in the name of the Lord: God is the Lord who has appeared to
us. 117.26 (Palm)
- 19 At your mystical supper, O Son of God, accept me today . . (Holy Thurs.)
- 20 He that eats my body and drinks my blood abides in me and I in him, says the Lord.
jo 6.56 (Mid Pent)
- 21 God has gone up with the sound of rejoicing; the Lord to the blast of the horn. 46.6
(Ascension)
- 22 We shall walk in the light of your countenance and rejoice all the day long because of
your name. 88.16b-17a (Transfiguration)

There are actually more than 22:

Departed Blessed are those whom you choose and take to yourself O Lord.

Sept 13, Dedication of the Ch of the Res in Jerusalem Lord, I love the beauty of
your house, and the place where your glory dwells.

The Sunday Troparion, Theotokion and Kontakion of each tone

Tone 1

- Troparion* When the stone had been sealed by the Jews,
and the soldiers were guarding your immaculate body,
you arose on the third day O Saviour,
granting life to the world.
Therefore the heavenly powers cried to you O giver of life:
~Glory to your resurrection O Christ;
~glory to your kingdom;
glory to your providence, O lover of mankind.
- Theotokion* At the sound of Gabriel's voice
calling to you: Rejoice, O Virgin,
the Master of all things was conceived in you, the holy tabernacle,
as the righteous David said.
In bearing your creator,
you were shown to surpass the spaciousness of the heavens.
Glory to him who dwelt in you;
~ glory to him who came forth from you;
glory to him who set us free by your giving of birth.
- Kontakion* As God you arose from the tomb in glory,
and with you, you have raised the world:
mortal nature praises you as God,
for death has been obliterated.
Adam dances for joy O Master;
and Eve, released from fetters, now cries out rejoicing:
It is you, O Christ, who grants resurrection to all.

Tone 2

- Troparion* When you descended to death O life immortal,
you slayed Hades with the lightning of your divinity.
And when you raised the dead also from the nethermost depths,
all the heavenly powers cried out:
Glory to you, O Christ our God, the giver of life.
- Theotokion* All of your most glorious mysteries
are beyond comprehension, O Mother of God;
for with your purity sealed and your virginity inviolate,
you are known to be truly the mother who has given birth to God.
Beseech him to save our souls.
- Kontakion* You have risen from the tomb, O omnipotent Saviour,
and Hades was amazed to see the wonder;
at the sight of the dead arising, all creation rejoiced with you:
Adam also rejoices,
and the world praises you for ever, O my Saviour.

Tone 3

- Troparion* Let the heavens rejoice and let the earth be glad,
for the Lord has shown the strength of his arm.
He has trampled down death by death.
He has become the firstborn of the dead,
and has saved us from the depths of Hades,
and has granted the world great mercy.
- Theotokion* We sing your praise, O Virgin Mother of God
who intercedes for the salvation of our race;
for your Son and our God, by taking flesh from you
and accepting suffering through the cross,
has delivered us from corruption,
as he is the lover of mankind.
- Kontakion* You arose from the tomb today O compassionate one,
and led us out from the gates of death.
Today Adam dances for joy and Eve rejoices;
the prophets and patriarchs unceasingly praise with them
the divine power of your dominion.

Tone 4

- Troparion* When the women disciples of the Lord
heard from the angel the joyful news of the resurrection,
casting aside the ancestral condemnation,
with exultation they announced to the apostles:
Death is despoiled,
Christ our God is risen;
who grants great mercy to the world.
- Theotokion* The mystery hidden from before the ages,
and unknown even to the angels,
through you O Mother of God, has been revealed to those on earth:
God incarnate in unconfused union,
who willingly accepted the cross for our sake,
and thereby raising up the first formed man
has saved our souls from death.
- Kontakion* My Saviour and redeemer,
as God has raised the earthborn from their bonds.
He has broken the gates of Hades;
and as our Master,
has risen on the third day.

Tone 5

- Troparion* Let us faithful ones praise and worship the Word,
who is without beginning,
together with the Father and the Spirit;
who was born of the Virgin for our salvation
and was pleased to ascend the cross in the flesh
and to endure death,
and to raise the dead by his glorious resurrection.

Troparia and Kontakia

Tone 5 Rejoice, O gateway of the Lord
 through which none may pass:
 rejoice, wall and protection of those who flee to you:
 rejoice, O haven untroubled by storms:
 rejoice, for you have not known wedlock
 and have borne in the flesh your maker and God.
 Do not fail in your intercession
 for those who praise your Son and worship him.

Kontakion You descended to hell my Saviour;
 as almighty you broke down its gates;
 as creator you raised yourself with those long dead.
 You broke the sting of death,
 and released Adam from condemnation,
 O lover of mankind.
 Therefore we all cry to you to save us O Lord.

Tone 6

Troparion The angelic powers were at your sepulchre,
 and the guards became like dead men;
 and Mary was standing by the grave, seeking your immaculate body.
 You had despoiled Hades without being tried by it:
 you came to the Virgin granting life.
 Glory to you Lord, who arose from the dead.

Theotokion He who called you his bless'd mother,
 went to his voluntary suffering.
 Wishing to search out Adam,
 he made light shine with the cross, saying to the angels:
 Rejoice with me, for I have found the lost coin.
 Glory to you, O God, who has ordered all things in wisdom.

Kontakion By his life bestowing hand;
 by raising all the dead from the dark abyss,
 Christ our God gave resurrection to our mortal nature;
 for he is the Saviour, the resurrection and the life, and the God of all.

Tone 7

Troparion You abolished death on the cross,
 to the thief you opened Paradise.
 You transformed the myrrh bearers' lamentation
 and commanded them to tell the apostles of your rising O Christ our God,
 granting great mercy to the world.

Theotokion As the treasury of our resurrection, hymned by all,
 raise from the pit and depths of transgression those who hope in you;
 for by giving birth to our salvation
 you have saved those who are subject to sin:
 for you were a virgin before and during giving birth,
 and you have remained a virgin,

even after giving birth.

Kontakion No longer can the power of death hold mortals captive,
for Christ descended, destroying and dispelling its powers.
Hell is enchained and the prophets rejoice together saying:
A Saviour has come for those having faith.
Come forth to the resurrection, you faithful ones.

Tone 8

Troparion From on high you descended O compassionate one.
You submitted to burial for three day that you might free us from our
passions.
Glory to you, O Lord, our life and resurrection.

Theotokion For our sake you were born of the Virgin and suffered crucifixion, O good
one,
and destroyed death by death and as God revealed the resurrection.
Reject not those who were fashioned by your hand but show your love
for mankind, O merciful one.
Receive the intercession for us of the Mother of God who gave you birth,
and save us, your despairing people, O our Saviour.

Kontakion Having risen from the tomb you raised the dead and revived Adam.
Eve also dances for joy because of your resurrection;
the ends of the world celebrate your rising from the dead, O greatly
merciful one..

Troparia and Kontakia throughout the year

September 1 The New Year, Simeon the Stylite and his mother Martha

Troparion of the new year, tone 2 O fashioner of all creation, who in your authority has appointed the times and seasons, bless the cycle of the year with your goodness, O Lord, and preserve Orthodox Christians in peace, and save us, through the prayers of the Mother of God.

Troparion of Simeon the Stylite, tone 1 You were a pillar of patience, O venerable one, emulating the forefathers Job in affliction and Joseph in temptation, and while in the body were living like the bodiless hosts, O Simeon our father. Entreat Christ our God that our souls be saved.

Kontakion of the new year, tone 2 O Christ our king who dwells in the heights, the creator and fashioner of things seen and unseen, who has formed the days and nights, the seasons and years; bless now the cycle of the year, preserve and maintain Orthodox hierarchs in peace, and this monastery and your people, O greatly merciful one.

Kontakion of Simeon, tone 2 Making your pillar into a chariot of fire and searching the heights, you united yourself to those on high; therefore you were a converser with the angles, O venerable one, with them praying for us unceasingly to Christ our God.

September 2 Martyr Mamas, Hierarch John the faster, patriarch of Constantinople

Troparion of the martyr Mamas, tone 4 In his suffering, O Lord, Mamas your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Troparion of John the faster, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch John, pray to Christ our God for the salvation of our souls.

Kontakion of the martyr Mamas, tone 3 With the staff given to you by God, O holy one, you shepherded your people to life giving pastures; and you crush the invisible and untamed wild beasts beneath the feet of those you hymn you: all who find themselves amid misfortunes have you as their fervent intercessor, O Mamas.

September 3 Hieromartyr Anthimus, and the venerable Theoctist the fellow faster with Evthemius the great Edward of England, king and passion-bearer

Troparion of Anthimus, tone 4 You shared in the ways of the apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, Hiero-martyr Anthimus entreat Christ our God that our souls be saved.

Troparion of Theoctist, tone 8 With the streams of your tears you cultivated the barrenness of the desert, and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: radiating miracles you are a shining light for the world. O Theoctist our father, entreat Christ our God that our souls be saved.

Kontakion of Anthimus, tone 4 Outstanding among the bishops, you fulfilled the path of martyrdom: eradicating the immolations of the idolaters, you were a champion for your flock, O divinely wise one. Therefore it now honours you, mystically crying out: By your supplications deliver us from danger, O ever memorable Anthimus.

Troparion of Edward, tone 4 Celebrating the newly-established commemoration | of Edward, the holy king | who shone forth of old in virtue and suffered in innocence, | bowing down before his precious relics, in gladness we sing: || You are truly wondrous in your saints, O God.

Kontakion of Edward, tone 4 Celebrating the memory of holy Edward today, and honouring his light bearing relics, let us radiantly weave a wreath of hymns for him, twice crowned as king and passion bearer, as we sing to him with fervour: Never cease to entreat Christ our God, that he strengthen your homeland in the Orthodox faith.

**September 4 Hieromartyr Vavylas,
Prophet Moses
Hierarch Joasaph of Belgorod**

Troparion of the hierarch Joasaph of Belgorod, tone 8 As a standard of faith and model of loving kindness for men, | you shone like a beacon in vigil, fasting and prayer, and now are glorified by God. | In the incorruption of your body, while standing in spirit before the throne of God, | you stream with most glorious wonders, O beloved of Christ. | O holy hierarch, Joasaph, entreat Christ our God, || that he establish your homeland in Orthodoxy and piety, and save our souls.

Troparion of the hieromartyr Vavylas, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood. O hiero-martyr Vavylas, entreat Christ our God that our souls be saved.

Troparion of the prophet Moses, tone 2 Celebrating the memory of your prophet Moses, O Lord, through him we beseech you to save our souls.

Another troparion of the prophet, tone 2 You ascended the heights of the virtues, O prophet Moses, and so you were granted the vision of the glory of God and to receive the grace-filled tablets of the Law. Bearing within yourself the inscriptions of grace and of the great mystery of piety, you are the honoured boast of the prophets.

Kontakion of the hierarch Joasaph of Belgorod, tone 8 Who can describe the various struggles of your life; and who can count the mercies of God made manifest through you? Knowing well your boldness before the most pure Lady and our compassionate God, in contrition of heart we cry out to you: Deprive us not of your help and aid, O Joasaph, holy hierarch of Christ and wonderworker.

Kontakion of the hieromartyr Vavylas, tone 8 Illumined today, the church glorifies you, O glorious Vavylas, the preacher of piety and strength of the athletes. As you are foremost before the Lord, pray to Christ, O much suffering one, that he preserve in perfect peace those who truly honour you.

Troparia and Kontakia

Kontakion of the prophet, tone 2 Today the choir of the prophets rejoices with Moses and Aaron, for their prophecy has found fulfillment: today the cross shines forth bringing salvation. Through their supplications, O Christ our God, have mercy on us.

September 5 Righteous Zacharia and Elizabeth

Troparion of Zacharia, tone 4 Arrayed in priestly vestments, you offered sacrifice according to the Law. You were a light and a seer of mysteries bearing the signs of grace within you. You were slain in the Temple of God, O Zachariah, Prophet of Christ. Together with the Forerunner pray that our souls be saved.

Kontakion of Zacharia tone 3 Today Zacharia the high priest and prophet of the Most High, the father of the Forerunner, prepares the table of his memorial and feeds the faithful: he distributes the food of righteousness to all, having reposed as a divine servant of the mysteries of God.

Kontakion of Elizabeth, tone 4 Like the full moon, O Elizabeth belov'd of God; | you received the light of righteousness from the Messiah, the noetic sun, | and with Zacharia you walked in the commandments of the Lord. | And so we bless you with fitting hymns and magnify the Lord, || the most compassionate light, who illumines all.

September 6 The miracle of the Archangel Michael at Kolossi

Troparion, tone 4 Supreme commanders of the heavenly host, we unworthy ones implore you that by your supplications you encircle us within the shelter of the wings of your immaterial glory, and guard us who fall down before you and fervently cry: Deliver us from dangers, as you are the leaders of the host on high.

Kontakion, tone 2 Supreme commander of God and minister of the divine glory, guide of men and leader of the bodiless host; ask for that which is to our profit and for great mercy, since you are the supreme commander of the bodiless host.

September 7 Forefeast of the Nativity of the BVM, Martyr Sozon

Troparion of the Forefeast, tone 4 The divine Maiden Mary is born for us | from the root of Jesse and the loins of David; | and all things rejoice as all are made new. | Rejoice together, heaven and earth; | and praise her, you lands of the gentiles. | Joachim is happy and Anna cries out in festivity: || The barren one gives birth to the Mother of God, the nourisher of our life.

Troparion of the martyr Sozon, tone 4 In his suffering, O Lord, Sozon your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion of the martyr Sozon, tone 2 Gathering today, let us mightily praise Sozon, the true and divinely wise martyr, the skilled athlete of piety, the servant of the mysteries of grace, the generous bestower of healings; for he entreats Christ our God for us all.

Kontakion of the Forefeast, tone 3 Today Mary is born, the Virgin and Mother of God, the boundless chamber of the heavenly Bridegroom. From a barren woman by the forewarning of God, the chariot of the Word is rightly adorned; she who was foretold as the divine portal and the mother of life.

September 8 Nativity of the BVM

Troparion, tone 4 Your nativity O Virgin Mother of God, has proclaimed joy to all the world; for from you has shone forth Christ our God, the Sun of Righteousness; who, having annulled the curse, has given his blessing, and having abolished death, has granted us eternal life.

Kontakion, tone 4 In your holy nativity, O most pure one, Joachim and Anna are freed from the reproach of childlessness, and Adam and Eve from the corruption of death. Delivered from the affliction of sin, your people celebrate, singing to you: A barren woman bears the Mother of God, the nourisher of our life.

September 8 Kursk icon of the Mother of God

Troparion of the icon, tone 4 With you, O most pure Mother of God, as an unassailable rampart and fount of miracles, we, your servants, bring down the attacks of our foes, and so we entreat you: Grant peace to our land and great mercy to our souls.

Kontakion of the icon, tone 6 Come, you faithful, let us radiantly celebrate | the wondrous appearing of the precious image of the Mother of God, | and drawing grace from it let us cry out in contrition: || Rejoice, O Bearer of God, bless'd Mary, the Mother of our God.

**September 9 Afterfeast of the Nativity of the BVM,
Righteous Joachim and Anna**

Troparion of Joachim and Anna, tone 2 Celebrating the memory of your righteous ones, O Lord, through them we entreat you to save our souls.

Troparion of Joachim and Anna, tone 1 Righteous in the law of grace, Joachim and Anna, | for us have given birth to a God-given child. | Therefore the divine Church keeps a splendid festival today, |~ celebrating their honoured memory with gladness, |~ glorifying God who has raised up a mighty salvation for us || in the house of his servant David.

Kontakion of Joachim and Anna, tone 2 Anna now rejoices, having broken the bonds of barrenness, as she nurtures the most pure one, calling upon all to hymn her, through whom mankind has been given the only mother who knew not a man.

**September 10 Afterfeast of the Nativity of the BVM,
Martyrs Menodora, Metrodora and Nymphodora**

Kontakion of the martyrs Menodora, Metrodora and Nymphodora, tone 4 Clad as sisters in the Spirit, and contending with endurance for the Trinity, you vanquished the cunning enemy, O passion-bearers. You have come to dwell with the five virgins in the heavenly bridal chamber where with the angels you stand in unceasing gladness before the king of all.

**September 11 Afterfeast of the Nativity of the BVM,
Venerable Theodora of Alexandria,
Hieromarty Avtonomus**

Troparion of the Venerable one, tone 8 That which was created in the image of God was preserved in you, O Mother; for taking up the cross you followed Christ. By your deeds you

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have taught us to reject the flesh for it passes away, but to care for the soul as a thing immortal. Therefore O venerable Theodora your soul rejoices with the angels.

Kontakion of the Venerable one, tone 2 Laying waste to your body through fasting, O mother Theodora, you entreated the creator with vigils of prayer for your sin, in order to receive full forgiveness and remission, having come to know the path of repentance.

Kontakion of the hieromartyr, tone 2 You blamelessly performed the divine mysteries, O wise and divinely blessed one, and became a pleasing sacrifice; for you drained the cup of Christ, O glorious Avtonomus, beacon for the world who prays unceasingly for us all.

On the same day, venerable Sergius and Herman of Valaam

Troparion, tone 4 Truly you were obedient to the Gospel of Christ, O venerable ones, | since for the sake of Christ's love you rejected the world; | and having made your dwelling on an island in a lake, | you diligently struggled against the wiles of invisible enemies, | wisely subjecting your body to your soul | through fasting, vigils and standing through the night. | Therefore you rightly received crowns from the right hand of the Almighty, | and you stand before the most holy Trinity: || O blessed fathers Sergius and Herman, pray for your homeland and that our souls be saved.

Another troparion, tone 1 Fleeing the tumult of the world, as lovers of serenity and piety, | from the east you reached the calm haven of Valaam | where you followed Christ and strove for the evangelical virtues, | in which you attained the summit of perfection. | Now, delighting in the vision of God | at your universal festival, O blessed Sergius and Herman, || entreat the lover of mankind that he save us who piously honour you.

September 12 Apodosis of the Nativity of the BVM

Troparion, tone 4 Your nativity O Virgin Mother of God, has proclaimed joy to all the world; for from you has shone forth Christ our God, the Sun of Righteousness; who, having annulled the curse, has given his blessing, and having abolished death, has granted us eternal life.

Kontakion, tone 4 In your holy nativity, O most pure one, Joachim and Anna are freed from the reproach of childlessness, and Adam and Eve from the corruption of death. Delivered from the affliction of sin, your people celebrate, singing to you: A barren woman bears the Mother of God, the nourisher of our life.

September 13 Dedication of the Church of the Resurrection in Jerusalem, Forefeast of the Elevation of the Cross, Hieromartyr Cornelius the Centurion

Troparion of the Dedication, tone 4 You have shown us the beauty of the holy dwelling place of your glory here below, like the splendour of the firmament on high: strengthen it for all ages, and through the intercession of the Mother of God, accept the supplications offered to you therein, O Lord, the life and resurrection of all.

Troparion of the Hieromartyr, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood: hieromartyr Cornelius, entreat Christ our God that our souls be saved.

Troparion of the forefeast of the Cross, tone 4 In supplication we offer you, O Lord, the life-creating cross of your goodness, which you have given to us, unworthy though we be. Save Orthodox Christians and your holy monastery/church which entreats you through the Mother of God.

Kontakion of the Dedication, tone 4 The Church has been proven to be a heaven of great splendour, which enlightens all the faithful: standing therein we cry out: Strengthen this house, O Lord.

Another kontakion of the Dedication, tone 2 Grant inner enlightenment and spiritual renewal of heart to those who with faith celebrate the sacred dedication of the church, your house, which in your good pleasure has been built in your divine name, O Lord, glorious in your saints.

September 14 The Elevation of the Cross

Troparion, tone 1 O Lord, save your people and bless your heritage; grant victory to Orthodox Christians over their enemies, and protect your people by your cross.

Kontakion, tone 4 O Christ our God who willingly chose to be raised upon the cross, grant your mercies to the new nation named after you. Gladden with your power Orthodox Christians granting them victory over enemies. May they have as your help the weapon of peace, the invincible trophy.

**September 15 Afterfeast of the Elevation of the Cross,
Great martyr Niketas**

Troparion of Niketas, tone 4 Taking up the cross of Christ ardently as if it were a sword, you hastened to battle with the enemy; suffering for Christ, in the end you committed your sacred soul to the Lord, and hence you have been granted gifts of healing from him, O great martyr Niketas. Entreat Christ our God that our souls be saved.

Kontakion of Niketas, tone 2 Having cut down the realm of deception by your resistance, you received a crown of victory in your sufferings; you rejoice with the angels, O Niketas, namesake of victory; unceasingly praying with them to Christ our God for us all.

On the same day, the Lesna Icon of the BVM

Troparion, tone 4 To the Mother of God let us now run most earnestly, | we sinners all and wretched ones, | and fall down in repentance calling from the depths of our souls: | O Lady come to our aid and have compassion for us; | hasten for we are lost in a throng of transgressions; | turn not your servants away with empty hands, || for we hope in you alone.

Kontakion, tone 3 Today the Virgin most gloriously reveals her icon to the faithful, and leaves it for the people as a great treasure. Shepherds proclaim the wonder and the faithful run with gladness to venerate the newly appearing icon of the ever-virgin, singing in thanksgiving: For unto us this icon has been revealed, of the Mother of the pre-eternal God.

**September 16 Afterfeast of the Elevation of the Cross,
Great martyr Evthemia**

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Troparion of the martyr Evthemia, tone 4 Your martyr Evthemia loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you. | Accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Kontakion of Evthemia, tone 4 You struggled well in your contest, O exalted Evphemia; | and after death you sanctify us with the streams of your miracles. | We who have recourse to your divine Church with faith hymn your holy repose, | that we may be delivered from spiritual afflictions, || and may draw forth the grace of miracles.

September 17 Afterfeast of the Elevation of the Cross, Martyrs Sophia and her daughters Faith, Hope and Charity

Kontakion of the martyrs, tone 1 Revealed as sacred branches of honourable Sofia, | Faith, Hope and Charity, | through grace made foolish the wisdom of the Greeks. | ~Through suffering they have attained the victory, | ~crowned with incorruptible crowns | by Christ the Master of all.

September 18 Afterfeast of the Elevation of the Cross, Venerable Evmenius Bishop of Gortyna

Kontakion of the venerable one, tone 2 Illumined with divine light, you enlighten us who hymn your honourable, glorious and holy repose with love, O blessed and holy hierarch, father Evmenius, who unceasingly prays for us all.

September 19 Afterfeast of the Elevation of the Cross, Martyrs Trofimus, Sabbatius and Dorymedon

Troparion of the martyrs, tone 8 God, who is praised as the Trinity has glorified a trinity of martyrs, Trofimus, Sabbatius and Dorymedon, who believing in him, cast down the enemy. Through their supplications, O Christ our God, have mercy on us.

Kontakion of the martyrs, tone 8 As the foundation of athletes and confirmation of piety, the Church now honours and glorifies your illustrious sufferings, O truly wise and glorious Trofimus, ever-hymned and blessed athlete. With those who suffered with you, entreat cleansing for those who hymn you, as you are invincible.

On the same day, Prince Igor the passion-bearer

Troparion, tone 4 Illumined with divine baptism and enlightened by the splendours of the Holy Spirit, you took the Gospel of Christ to your heart, fulfilling the message of the Son of God by your deeds, O right-believing Prince Igor. Entreat our most good Saviour that he grant us peace and mercy, and the salvation of the souls of us who cherish your honoured memory.

Kontakion, tone 6 You exchanged the glory of an earthly principedom for the humble habit of a monk, and ending your earthly life in martyrdom, you now rejoice in the heavens, earnestly praying for those who honour you, O Igor, boast of athletes.

September 20 Afterfeast of the Elevation of the Cross, Great martyrs Evstathius and those with him

Troparion of Evstathius, tone 4 In his suffering, O Lord, Evstathius your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Alternative troparion of Evstathius, tone 1 O glorious Evstathius, you were hunted from heaven | and captured by him who appeared with a deer. | With your wife and sons you were tempted and triumphed in contests, and now you gladden those who cry: | Glory to Christ who glorified you; | ~glory to him who crowned you; || glory to him who proved you to be a second Job.

Kontakion of Evstathius, tone 2 Emulating the sufferings of Christ, and having drained his cup with fervour, O Evstathius, you were a sharer and fellow heir of glory, receiving divine remission directly from on high, from the God of all.

**September 21 Apodosis of the Exultation of the Cross,
Dimitrius, Metropolitan of Rostov**

Troparion of Dimitrius of Rostov, tone 8 O lover of Orthodoxy and uprooter of schism, healer of Russia and new advocate before God: by your writings you heal the minds of the foolish. O blessed Dimitrius the harp of the Spirit, entreat Christ our God that our souls be saved.

Kontakion of Dimitrius, tone 8 Let us bless Dimitrius the golden-worded star of Russia, who through Novgorod Seversky came to Rostov; who has illumined the whole land with his teachings and miracles. For all he wrote down those things that are for our edification, so that like Paul he might win all for Christ and save our souls through the right faith.

**Saturday after the Apodosis of the Cross,
the fathers whose relics rest in the Near Caves of Kiev**

Troparion of the fathers, tone 4 We bring before you, O Christ, the great Anthony, the pillar of fire and the radiant sun who shone brightly on the Mount of the Caves, to make supplication together with the whole council of God-bearing fathers. For their sake we pray: Grant grace to their monastery and great mercy to our souls.

Kontakion of the fathers, tone 2 Come, O people, and with the eyes of faith spiritually behold the choir of ascetics gathered together; let us honour them with praises, and bowing down before their relics, let us offer them gifts of love, for they are our mediators before God and intercessors for our souls.

**September 22 Hieromartyr Phocas of Sinope,
Apostle Codratus**

Troparion of the Apostle Codratus, tone 3 Holy apostle Codratus, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Alternative Troparion of Ap Quadratus, tone 1 Your life became radiant with wisdom, for with the fire of the Spirit you discerned the doctrines of him who is life. O sacred Codratus, Apostle of Christ., we cry out to you as an enlightener: Glory to Christ who has glorified you; glory to him who has crowned you, glory to him who through you works healings for all.

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Troparion of Phocas, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, O hieromartyr Phocas. Entreat Christ our God that our souls be saved.

Kontakion of the Apostle Codratus, tone 8 The world offers to you, O Lord, the Apostle Codratus, as an honoured and sacred Hierarch and most steadfast sufferer, and in hymnody it honours his precious memory, entreating remission of offences for those who sing to him, O compassionate one.

Kontakion of Phocas, tone 6 As a bishop you offered sacrifice, O father, and ultimately you offered yourself as a living sacrifice, bearing witness under the law to Christ our God. Strengthened by angels as you assented to death, you are with those who sing to you: Come and be with us, O Phocas, and none shall be against us.

On the same day: the 26 Monk-martyrs of Zographou

Troparion, tone 1 Having honourably passed your life in asceticism at the monastery of Zographou, O venerable regiment of twenty six valiant fathers, you offered yourselves as sacrifices to God in the fire with the steadfast resolve of piety, and so you have received a twofold wreath from the Lord God, ascribing glory to him who has crowned you.

Another troparion, tone 4 Rendering fitting honour, O venerable martyrs, we offer praise at your annual feast, for it is the cause of good for us; and celebrating the all-night vigil we sing: O proclaimers of the Spirit and faithful servants of the Trinity, pray fervently to the Lord on our behalf.

Kontakion, tone 8 Let us praise the twenty six sacred and venerable athletes, the intercessors and protectors of Zographou who cast down the pride of the Latins, who endured fiery immolation and were crowned as is fitting; and let us cry: Rejoice, O venerable sufferers.

September 23

Conception of John the Baptist

Troparion, tone 1 Sing, O barren one, for before you were unable to bear a child: but now, you have clearly conceived the lampstand of the sun, him who will enlighten the world which suffers from blindness. Dance then, O Zacharia, and cry out with boldness: The one to be born is the prophet of the Most High.

Kontakion, tone 1 Rejoice with splendour, O great Zacharia and glorious Elizabeth, his spouse who conceived John the Forerunner in a fitting manner, whom the Archangel announced with rejoicing. Let us worthily honour him, O people, as a participant in the mystery of grace.

September 24

Thekla, protomartyr and equal to the Apostles

Troparion, tone 4 Taught by the words of Paul, O Thekla bride of God, and confirmed through faith by Peter, O divinely called one, you became the protomartyr and first sufferer among women. You entered the flames as if it were a flowery bower, and the wild beasts and bulls stood in awe of you, for you were armed with the cross. Entreat Christ, O most praised one, that our souls be saved.

Kontakion, tone 2 Having wounded your heart with the love of Christ, O good virgin, you spurned a transient betrothal as of no account, and braved the fire and shut the mouths of

the wild animals; and saved from them O Thekla, first among women to suffer, you chose to seek after Paul.

September 25

Venerable mother Evphrosyne of Alexandria

Troparion, tone 8 That which was created in the image of God was preserved in you, O Mother; for taking up the cross you followed Christ. By your deeds you have taught us to reject the flesh for it passes away, but to care for the soul as a thing immortal. Therefore O venerable Evphrosyne your soul rejoices with the angels.

Kontakion, tone 2 Desiring to receive a higher life, you zealously forsook the pleasures of life here below, and mingled with men, O most comely one; as for the sake of Christ your bridegroom, you rejected a transitory betrothed.

On the same day, Sergius of Radonezh

Troparion of Sergius, tone 4 Striving for the virtues as a true warrior of Christ our God, | you contended mightily in this transitory life, | becoming a model for your disciples, | in singing and in vigils and fasts. | Therefore the most holy Spirit dwelt within you, | by whose activity you were splendidly adorned. | As one foremost before the holy Trinity, be mindful of your flock, | and as you have promised, forget it not and visit your children, || O Sergius our venerable father.

Kontakion of Sergius, tone 8 Wounded with the love of Christ and following him with unwavering desire, | rejecting the delights of the flesh, you shone like the sun upon your native land. | Therefore Christ has enriched you with the gift of miracles. | Be mindful of us who honour your radiant memory, that we may sing to you: || Rejoice, O divinely wise Sergius.

September 26

Repose of John the Theologian

Troparion of the Theologian, tone 2 Beloved apostle of Christ our God, | hasten to deliver a defenseless people; | for he that permitted you to recline against his breast | receives you prostrate in supplication. | Beg him, O Theologian | to dispel the gloom of godlessness which surrounds us, || and ask for us peace and great mercy.

Kontakion of the theologian, tone 2 Who can describe your mighty deeds, O virgin apostle? | For you pour out miracles and cause healings to flow forth. | As you are the theologian and beloved of Christ, || intercede with him for our souls.

September 27

Martyr Callistratus and those with him

Troparion, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Alternative Troparion of Callistratus, tone 3 Strengthened by the Holy Spirit you were glorious in contest | and brought down down the enemy, O martyr Callistratus. | And you offered a noble army of athletes | as fragrant incense to Christ. | With them pray for us | who ever honour you with hymns.

Kontakion, tone 4 Enduring many wounds and having received crowns from God, pray to Christ for us who celebrate your festive memorial, O great Callistratus and you blessed

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ones who suffered with him, that he may grant peace to his flock, for he is the confirmation of the faithful.

September 28 Chariton the confessor

Troparion, tone 8 With the streams of your tears you cultivated the barrenness of the desert, and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: radiating miracles you are a shining light for the world. Chariton our father, entreat Christ our God that our souls be saved.

Kontakion, tone 2 Having delighted in abstinence and conquered the passions of your flesh O divinely wise one, you were shown to increase in faith and flourished like the tree of life in the midst of Paradise, O blessed and sacred Chariton.

September 29 Kyriakus the Anchorite

Troparion, tone 1 Dwelling in the desert as an angel incarnate, | you proved to be a worker of miracles, O God-bearing father, Kyriakus. | Having received heavenly gifts through fasting, vigils and prayer, | you heal the infirmities and souls of those who come to you in faith. | Glory to him who gave you strength, ~| glory to him who crowned you; || glory to him who through you works healings for all.

Kontakion, tone 2 Having taken up the divine armour of spiritual purity and the mighty weapon of unceasing prayer, you cut down legions of demons, O Kyriakus our father. Pray unceasingly on behalf of us all.

September 30 Gregory of Armenia

Troparion, tone 4 You shared in the ways of the apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, Hiero-martyr Gregory entreat Christ our God that our souls be saved.

Kontakion, tone 2 O faithful, with songs and hymns let us praise the truly glorious hierarch Gregory, as an athlete, a vigilant shepherd and teacher, a universal luminary and champion; for he prays to Christ for our salvation.

October 1 The Protection of the Mother of God, Apostle Ananias, Venerable Romanus the Melodist

Troparion of the Protecting veil, tone 4 Overshadowed by your coming O Mother of God, we the faithful people celebrate with splendour, and gazing upon your most precious image, we say with repentance: Cover us with your precious veil, and deliver us from all evil, entreating your Son Christ our God that he save our souls.

Kontakion of the Protecting Veil, tone 3 Today the Virgin stands forth in the Church, and with the choirs of the saints she invisibly prays to God for us. Angels and hierarchs offer homage, and the apostles and prophets join chorus; for on our behalf the Mother of God entreats the pre-eternal God.

Troparion of the apostle, tone 3 Holy apostle Ananias, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Alternative troparion of the Apostle, tone 4 Filled with grace through the threefold Sun, you illumined Christ's chosen vessel. When you had preached the faith, you were strengthened in grace through your contest: O Apostle Ananias, grant the prayers of those who hymn you.

Kontakion of the apostle, tone 2 Most fervent helper in supplication, and speedily hearer of those who petition you, O Ananias, accept our entreaty, and beg Christ to have mercy on us, for he alone abides among the saints.

Troparion of the melodist, tone 8 That which was created in the image of God was preserved in you, O Father; | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. || Therefore O venerable Romanus your soul rejoices with the angels.

Kontakion of the melodist, tone 8 Adorned from childhood with the godly virtues of the Spirit, O wise Romanus, | the precious adornment of the Church, decorating it with beautiful hymnody. | We entreat you: Grant your divine gift to those who desire it, || that we may cry out to you: Rejoice, O blessed father, the beauty of the Church.

**October 2 Andrew, the fool for Christ,
Hieromartyr Kyprian and martyr Justina**

Troparion of Andrew, tone 1 Harkening to the voice of your apostle Paul saying: We are fools for the sake of Christ, your servant Andrew became a fool on earth for your sake, O Christ our God. Therefore, honouring his memory now, we entreat you, O Lord, to save our souls.

Kontakion of Andrew, tone 4 Choosing the pretense of foolishness, you hated the beauties of this world and caused all carnal thoughts to wither away through fasting and thirst, the heat of the day and freezing cold, rain and snow; and unbowed by any of the vagaries of the weather, you purified yourself like gold in a crucible, O blessed Andrew.

Troparion of Kyprian, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, O hieromartyr Kyprian, entreat Christ our God that our souls be saved.

Kontakion of Kyprian and Justina, tone 1 Turning from the arts of sorcery to the knowledge of God, | O divinely wise Kyprian, | you proved to be a wise physician for the world, | granting healings to those who honour you: | together with Justina pray to the Master who loves mankind, || that he save our souls.

October 3 Hieromartyr Dionysius the Areopagite

Troparion, tone 4 Having learned goodness and being watchful in all things, and fittingly arrayed as a bishop in a good conscience, you drew ineffable grace from him who was the chosen vessel; and having kept the faith, you completed a course like his. Hieromartyr Dionysius, entreat Christ our God that our souls be saved.

Kontakion, tone 8 Through the Spirit, you traversed the heavenly portals, O Dionysius, | as a disciple of the apostle who reached the third heaven. | Enriched with ineffable knowledge you illumined those in the darkness of unbelief, || and so we cry out to you: Rejoice, O universal father.

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October 4 Hieromartyr Hierotheus of Athens Venerable Paul the Simple

Troparion of Hierotheus, tone 4 Having learned goodness and vigilance in all things, and arrayed in a good conscience as befits a priest, you drew forth ineffable things from him that was a chosen vessel, and having kept the faith, you completed a course like his. O hieromartyr Hierotheus, entreat Christ our God that our souls be saved.

Troparion of Paul the simple, tone 8 That which was created in the image of God was preserved in you, O Father; | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. || Therefore O venerable Paul your soul rejoices with the angels.

Kontakion of Hierotheus, tone 4 As an unshakable pillar, O Hierotheus, | you were not afraid of the threats of the enemy, | but as if hurling a precious stone, you destroyed the fortress of falsehood, O father. | Therefore with his life giving and divine right hand, | the Master crowned you, for you had battled well. || Entreat him on behalf of our souls.

Kontakion of Paul, tone 2 Forsaking the crooked paths of the sin loving world, | you ran with steps of obedience after Christ. | Being an elder, you humbled yourself as an infant, | and have entered the kingdom of heaven in accordance with the Master's word; | and so we cry out to you: Rejoice, O faithful servant of the Lord; | rejoice O beacon of the virtues; || rejoice, O Paul, our venerable father.

October 5 Martyr Charitina Hierarchs of Moscow

Troparion of Charitina, tone 4 Your martyr Charitina loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you. | Accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Kontakion of Charitina, tone 2 Rendering your soul steadfast with mighty understanding, O blessed martyr Charitina, you clearly put to shame the adverse foe, arrayed in a robe dyed purple in your blood, you ever rejoice with the angels: pray for us, O athlete.

Troparion of the hierarchs, tone 4 Primates of Russia and true preservers of the tradition of the Apostles, unshakable pillars and instructors in Orthodoxy, Peter, Alexis, Jonah, Philip and Germogenes, entreat the Master of all that he grant peace to the world and great mercy to our souls.

Kontakion of the hierarchs, tone 3 Piously you lived among the holy hierarchs and you guided the people toward divine knowledge, and were well pleasing to God. Therefore you have been glorified by him with incorruption and miracles, as disciples of the grace of God.

October 6 Apostle Thomas

Troparion, tone 2 Exalted Thomas, disciple of Christ | and member of the divine assembly of the Apostles, | you were assured of the resurrection of Christ through your disbelief

| and verified his most pure passion by your touch: || pray to him that he grant us peace and great mercy.

Kontakion, tone 4 Filled with the grace of wisdom, the Apostle and true servant of Christ cried out to you in repentance: You are my Lord and my God.

October 7 Martyrs Sergius and Bacchus

Troparion, tone 4 In their sufferings, O Lord, Sergius and Bacchus your martyrs | received imperishable crowns from you, our God. | Armed with your might they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Kontakion, tone 2 Manfully arming your mind against the enemy, O exalted martyrs, | you destroyed their falsehood, | and you have received the trophy of victory from on high, | where you sing with oneness of mind: || How good and joyous it is to be with God.

**October 8 Venerable Thais
 Venerable mother Pelagia**

Kontakion of the venerable Thais, tone 2 Let us praise the blessed Thais, the true offshoot of a corrupt root, the sweet stream from a salty source, the image of repentance and model of patience, for she was once a vessel of sin but now a chosen vessel of grace; and let us cry out to her: Entreat Christ our God that our souls be saved, O venerable one.

Troparion of the venerable Pelagia, tone 8 That which was created in the image of God was preserved in you, O Mother; | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. || Therefore O venerable Pelagia your soul rejoices with the angels.

Kontakion of the venerable Pelagia, tone 2 Wasting your body with fasting, with vigilant supplications you entreated the creator concerning your deeds, that you might receive remission; and having gained this, O mother, you show us the path of repentance.

October 9 Apostle James, son of Alphaeus

Troparion, tone 3 Holy apostle James, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion, tone 2 Let us all praise and bless the divine herald James, who steadfastly instilled the dogmas of wisdom in the souls of the pious: standing before the throne of the Master of glory, he rejoices with all the angels, praying unceasingly for us all.

**October 10 Martyrs Evlampus and Evlambia
 Venerable fathers of Optina**

Troparion of the martyrs, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Kontakion of the martyrs, tone 3 Let us hymn the valiant martyrs, the wise Evlampus and Evlambia, brother and sister according to the flesh; for with the power of him who was crucified

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they shamed the wiles of the most iniquitous one, and now they are seen to be the glory and pride of martyrs.

Troparion of the fathers of Optina, tone 1 Abiding in unceasing prayer and embracing the wicked as well as the good with love, O venerable elders of Optina, you served God and your neighbours, and through vigils, tears and fasting received the gift of various miracles. Glory to him who has given us such mediators: glory to him who has glorified you: glory to God who is wondrous in his saints.

Kontakion of the fathers of Optina, tone 8 Having withdrawn from vain work and discovering a treasure through a pure life, you have not abandoned your care for sinners in this world. As guides for the lost, you deliver us from the vanity of this world, and so we may say: Rejoice, O divinely-wise elders.

The Sunday on October 11, or the nearest

Troparion of the Fathers, tone 8 You are most glorious, O Christ our God, | for you have established our fathers on the earth as radiant stars, | and by them you have guided us to the true faith. | Glory to you, O greatly compassionate one.

Kontakion of the Fathers, tone 6 The Son who ineffably shone forth from the Father | was incarnate in two natures, born of a woman: | having beheld him, we do not disdain to depict him in this form, | but rather we piously draw it and honour such in faith. | Therefore the Church, holding to the true faith, || venerates the icon of Christ incarnate.

October 11 Apostle Philip, of the Seventy Venerable father Theophanes of Nicea, the hymnographer

Troparion of the apostle, tone 3 Holy apostle Philip, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Alternative Troparion of the Apostle Philip, tone 3 Filled with divine grace you served in the Church | as a deacon of God the Word, O Apostle. | By the working of miracles and signs from God | you enlightened multitudes in Samaria. | O blessed Philip, entreat Christ our God || to grant us his great mercy.

Kontakion of the apostle, tone 4 The wondrous fisher of the nations and conversor with the disciples of Christ, Philip, chosen from among the disciples today bestows a wealth of healings upon the world, and protects from adversity those who praise him. Therefore we sing to him: Save us by your prayers, O apostle.

Troparion of the hymnographer, tone 8 Instructor of Orthodoxy, teacher of piety and purity; beacon for the world and divinely inspired adornment of monastics: O Theophanes most wise, you have enlightened all by your doctrines. O harp of the Spirit, entreat Christ our God that our souls be saved.

Kontakion of Theophanes, tone 2 Thundering forth the divine incarnation of Christ, | you utterly denounced the incorporeal foe, | and so we all sing to you with faith: || Pray unceasingly for us all, O wondrous Theophanes.

October 12 Martyrs Zinaida and Philonilla, Martyrs Probus and those with him,

**Hierarch Kosmas of Maiuma, hymnographer,
Hierarch Martin of Tours**

Troparion of Zinaida and Philonilla, tone 4 Having finished the race and kept the faith, through martyrdom you were lead to Christ the lamb and shepherd as reason-endowed sheep; and so with joyous soul we celebrate your holy memory today, magnifying Christ, O truly wondrous Zinaida and Philonilla.

Kontakion of Zinaida and Philonilla, tone 2 Emulators of the protomartyr Stephen and fellow laborers with the unmercenary physicians, for the sake of Christ the chief cornerstone, you were persecuted by hardhearted people and stoned to death; and having gained boldness before the holy Trinity, you drive away the ailments of suffering men. O martyrs, beseech the merciful God that we who honour your sufferings with faith may be saved.

Troparion of the martyr Probus and others, tone 5 The hosts of heaven marvelled at the transformation of the holy martyrs, how their mortal bodies invisibly vanquished the bodiless foe, and how they contended well with the power of the cross. Now they pray to God for the salvation of our souls.

Kontakion of the martyr Probus and others, tone 2 The valiant warriors and martyrs of Christ, Tarachus, Probus and Andronicus, have revealed to us the glory of the Trinity; for they denounced the ungodliness of the tyrants, contending with valour and faith.

Troparion of Kosmas of Maiuma, tone 8 Instructor of Orthodoxy, teacher of piety and purity; beacon for the world and divinely inspired adornment of monastics: O Kosmas most wise, you have enlightened all by your doctrines. O harp of the Spirit, entreat Christ our God that our souls may be saved.

Kontakion of Kosmas of Maiuma, tone 8 Adorned with the virtues, O divinely inspired Kosmas, you were the adornment of the Church of Christ, which you have decorated with hymns, O blessed one. Pray to the Lord that we be delivered from all the wiles of the enemy, as we sing: Rejoice, O supremely blessed Kosmas.

Troparion of Martin of Tours, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Martin pray to Christ our God for the salvation of our souls.

Kontakion of Martin of Tours, tone 2 You flourished in the virtues like a palm tree, and in your miracles you spread forth like a cedar, O wondrous father, bedewing the ends of the world and burning up legions of demons. Therefore entreat the Lord on our behalf.

October 13 Martyrs Carpus, Pappylas and Agathonikus

Troparion, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Kontakion, tone 4 The Master has given your relics as a most precious treasure, a fountain pouring forth streams of healing upon those that are upon the earth; dispelling the afflictions of all kinds of sickness and unceasingly imparting grace to men's souls. Therefore we celebrate your festival, O glorious martyrs.

October 14 Martyrs Nazarius, Gervase, Protases and Celcius

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Troparion, tone 4 In their sufferings, O Lord, your martyrs | received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Kontakion, tone 2 Revealed as radiant beacons, O divine martyrs, you illumine creation with the light of miracles, ever dispelling the profound night of infirmities, and praying unceasingly to Christ the one God, on behalf of us all.

October 15 Evthemius the New, Venerable martyr Lucian of Antioch

Troparion of Evthemius the new, tone 8 That which was created in the image of God was preserved in you, O Father; | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. || Therefore O venerable Evthemius your soul rejoices with the angels.

Kontakion of Evthemius, tone 2 Crossing the tumult of the multitude dryshod, with power you drowned the bodiless foe in the streams of your tears, O venerable and divinely wise Evthemius; and receiving the gift of miracles, you heal all sufferings: pray unceasingly for us all.

Troparion of the martyr Lucian, tone 4 In his suffering, O Lord, Lucian your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion of the martyr Lucian, tone 2 With hymns let us all gloriously honour Lucian, | the most splendid luminary | who shone forth in fasting and later was radiant in suffering, || who prays unceasingly for us all.

October 16 Martyr Longin the Centurion

Troparion, tone 4 In his suffering, O Lord, Longin your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Alternative Troparion, tone 1 You beheld the King of Glory nailed to the Cross | yet shining on those in darkness, O Longinus. | You were enlightened by his radiance | and went on to suffer martyrdom, | saving those who cry out: | Glory to him who strengthened you; | glory to him who has crowned you; || glory to him who through you works healings for all.

Kontakion, tone 4 The Church rejoices with gladness on the day of the commemoration of the ever-memorable athlete Longin, as we proclaim loudly: You are my strength and confirmation, O Christ.

October 17 Prophet Hosea, Venerable martyr Andrew of Crete

Troparion of Andrew, tone 4 Firstly you struggled in asceticism on the mountain and with the whole armour of the cross you destroyed the noetic hoards of the enemy, O blessed one; and then you bravely arrayed yourself for the contest, slaying Copronymus with the sword of faith. For both, you have been crowned by God, O ever memorable and venerable martyr Andrew.

Kontakion of Andrew, tone 8 With love for you, O blessed one, we utter hymns of praise as thanksgiving | to you, the namesake of manliness and teacher of the mysteries of piety. As you have boldness before the Lord, save us from all evils, that we may sing: Rejoice, O ever-memorable father.

October 18 Apostle and Evangelist Luke

Troparion, tone 5 Let us praise with sacred hymns honourable Luke, | known by the Church of Christ as the recorder of the acts of the apostles | and the splendid author of the Gospel of Christ. | As a physician he heals the infirmities of man | and the ailments and spiritual wounds of our nature, || who unceasingly prays for our souls.

Kontakion, tone 2 Let us praise godly Luke, a true preacher of piety, an orator of the ineffable mysteries and a star of the Church; for the Word who alone knows the hearts of men chose him to be with wise Paul, as a teacher of the nations.

**October 19 Prophet Joel,
Martyr Varus,
Venerable John of Rila,
John of Kronstadt**

Troparion of the martyr, tone 4 In his suffering, O Lord, Varus your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion of the martyr, tone 4 Following Christ and drowning his cup, O martyr Varus, you were crowned with the wreath of martyrdom and united with the choir of angels: pray without ceasing for our souls.

Troparion of John of Rila, tone 1 Your angelic life is the foundation of repentance, | a model of consolation and spiritual perfection; | O venerable father John | who abode in prayer, fasting and tears, || entreat Christ our God for our souls.

Kontakion of John of Rila, tone 8 Emulating the life of angels, O venerable one, forsaking all things of earth you hastened to Christ. Guarding yourself with his commandments, you were seen to be a tower unshaken by the assaults of the enemy. Rejoice, O father John, luminary most radiant.

Troparion of the John of Kronstadt, tone 4 With the apostles your sound has gone out into all the earth; with the confessors you endured sufferings for Christ; like the holy hierarchs you proclaimed God the Word; and with the venerable you shone forth the grace of God. Therefore the Lord has exulted the depths of your humility above the heavens, and has given us your name as a source of wonderful miracles. O wonder worker, take pity on those who are in misfortune, and hear your children who call to you in faith, righteous John, the beloved pastor.

Kontakion of John of Kronstadt, tone 4 Father John, namesake of grace, chosen by God from childhood: in your youth you miraculously received from him the gift of learning, and in a dream you were gloriously called to be a priest. Entreat Christ that we may be with you in the kingdom of heaven.

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October 20 Great martyr Artemius

Troparion, tone 4 In his suffering, O Lord, Artemius your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion, tone 2 Coming together, let us fittingly praise with hymns the pious and crown-bearing martyr Artemius, who has won the trophy of victory over the enemy. He is most great among the martyrs and the abundant bestower of miracles, for he entreats the Lord on behalf of us all.

October 21 Venerable father Hilarion the Great

Troparion, tone 8 With the streams of your tears you cultivated the barrenness of the desert, and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: radiating miracles you are a shining light for the world. Hilarion our father, entreat Christ our God that our souls be saved.

Kontakion, tone 3 Coming together today, we praise you in hymns, as a never-fading luminary of the noetic sun; for you have shone forth upon those in the darkness of ignorance, guiding all to the divine heights, O Hilarion. Therefore we cry out: Rejoice O father, the foundation of ascetics.

October 22 Hierarch Averkius of Hierapolis equal to the apostles, Seven martyred youths of Ephesus, Kazan Icon of the BVM (also on July 8)

Troparion of the Hierarch, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Averkius pray to Christ our God for the salvation of our souls.

Kontakion of the Hierarch, tone 8 The Church of the faithful considers you to be a great priest and dweller with the apostles, O Averkius. By your supplications preserve it invincible, unassailed and undefiled by heresy, as you are ever-memorable.

Troparion of the martyrs, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Kontakion of the martyrs, tone 4 O Christ who has glorified your holy ones in earth, before your awesome second coming you showed the resurrection to those who knew it not, through the most glorious raising up of the youths, showing their clothing and bodies to be incorrupt; and you caused the emperor to proclaim: There is resurrection for the dead.

Troparion of the icon, tone 4 Sincere helper and mother of the Lord, the Most High, | who entreats Christ, your Son and our God, | bringing salvation to those who seek your mighty protection; | O Lady, Queen and Sovereign: | help us, burdened with many sins amid temptations, sorrows and sickness, | who stand before your most pure image with contrite soul and broken heart, | who with tears pray with unfailing hope in you: | grant that which is beneficial and deliverance from every evil, || O Mother of God, the divine protection of your servants.

Kontakion of the Icon, tone 8 Let us flee to the protection of the Virgin, O people, | that calm and good haven, the speedy helper, the ready and fervent salvation. | Let us hasten to prayer and repentance, before the most pure Mother of God | who pours upon us unfailing mercies as she goes before us to intercede for us; || delivering her goodhearted and God-fearing servants from misfortune and evil.

October 23 Apostle James, the brother of the Lord

Troparion, tone 2 As a disciple of the Lord you received the Gospel, O righteous one; as a martyr you possess that which is infinite; and as the brother of God, you are foremost before him. As a hierarch you make entreaty: beseech Christ our God, that our souls be saved.

Kontakion, tone 4 The Word of God, the only-begotten of the Father, | who came to us in this present age, | made you the first shepherd and teacher of the people of Jerusalem, | and a faithful servant of the mysteries of the Spirit, || Therefore we honour you, O godly Apostle James.

**October 24 Martyr Arithas and those with him,
Icon of the BVM Joy of all who sorrow**

Troparion of the martyrs, tone 1 May the agonies of these holy ones which they endured for you, O Lord, serve to entreat you as we pray to you to heal our pangs, O lover of mankind.

Kontakion of the martyrs, tone 4 The feast of the passion bearers has dawned upon us today as the herald of gladness: celebrating it, we glorify the Lord who lives in the highest.

Troparion of the Icon, tone 4 To the Mother of God let us now run most earnestly, | we sinners all and wretched ones, | and fall down in repentance calling from the depths of our souls: | O Lady come to our aid and have compassion for us; | hasten for we are lost in a throng of transgressions; | turn not your servants away with empty hands, || for we hope in you alone.

Kontakion of the Icon, tone 6 We have no other help, we have no other hope | but you, O Lady: | come to the help of us who hope in you and who glory in you. || Let us never be confounded, for we are your servants.

**October 25 Martyrs Markian and Martyrios the notaries,
Holy and Righteous Tabitha**

Troparion, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Kontakion, tone 4 Having struggled well from childhood, | O Markian and wise Martyrios, | you cast down the apostate Arius, | preserving unadulterated the Orthodox faith; | following Paul the wise teacher, | with him you have found life, || as excellent champions of the Trinity.

Troparion of Tabitha, tone 4 Today the faith of Christ is confirmed by Peter in Joppa, when the preeminent apostle spoke and she who had died arose from the grave. Christ who has cast down death presents her, that people may adorn themselves in emulation of her virtues. Let us bring our supplications to the saint: O blessed and loving Tabitha, pray with boldness that we may be children of the pre-eternal light, and be granted divine mercy.

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Kontakion of Tabitha, tone 4 The people of Joppa were filled with awe and the angels of God marvelled when he who healed Anneas called forth from the dead her known as Dorcas, who was wholly adorned with loving kindness, for whom the poor widows cried out. And now, O blessed Tabitha, hear our prayers offered to you, and beg the bestower of all good things to grant mercy and compassion to his faithful, that we who bless you may sing: Rejoice, O teacher of the virtues.

October 26 Demetrios of Thessalonica, Commemoration of the earthquake at Constantinople

Troparion of Demetrios of Thessalonica, tone 3 The world finds in you a great champion amid misfortunes and a conqueror of pagans, O passion-bearer. Therefore, as you cast down the pride of Lyaeus and appointed the brave Nestor for the struggle, O great martyr Demetrios, beseech Christ our God to save our souls.

Kontakion of Demetrios, tone 2 He who gave you invincible strength, O Demetrios, has dyed the Church in the streams of your blood: he has kept your city unharmed, for you are its confirmation.

And of the earthquake, tone 8 O Christ our God who looks upon the earth and makes it shake, deliver us from the dreaded threat of earthquake, and send down upon us your rich mercies and save us, through the intercessions of the Mother of God.

Kontakion of the earthquake, tone 4 Deliver us from the dangerous trembling of the earth, O Lord and from plagues unbearable on account of our sins. Take pity on the Orthodox people whom you have purchased with your blood, O Lord and Master, and deliver us not to destruction by fearsome earthquake, for we know no other God than you, and to those who hymn you, you have exclaimed: I am with you and no one shall be against you.

October 27 Martyr Nestor of Thessalonica

Troparion, tone 4 In his suffering, O Lord, Nestor your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion, tone 3 Because you fought the good fight, you have inherited immortal glory, and through the intercessions of the martyr Demetrios you become a perfect soldier of Christ. Therefore, O wise Nestor, with Demetrios do not cease to intercede together for us all.

October 28 Martyrs Terence and Neonila, Venerable Stephen of St Savvas, composer of canons

Troparion of the martyrs, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Troparion of Stephen, tone 8 Instructor of Orthodoxy, teacher of piety and purity; beacon for the world and divinely inspired adornment of monastics: O Stephen most wise, you have enlightened all by your doctrines. O harp of the Spirit, entreat Christ our God that our souls may be saved.

Kontakion of the martyrs, tone 4 Today has arrived the honourable memorial | of the martyrs Terence the most wise those with him, | and it brings gladness to all, | so let us receive healing, | for they have received from the Holy Spirit | the grace to heal the infirmities || and the pain of our souls.

Kontakion of Stephen, tone 4 You planted a garden of the virtues and watered it with the torrents of your tears, O most glorious one. Having received the tree of life, O Stephen, save your flock from corruption by your supplications, and deliver from evil circumstances those who fervently honour you; for through faith and love, O wise one, we have gained you as an intercessor most great.

On the same day, the venerable Job of Pochaev

Troparion, tone 4 With the patience of the long suffering forefather, and emulating the abstinence of the Baptist, you shared in the divine zeal of both and received their names, becoming a fearless preacher of the true faith. Therefore you led a multitude of monks to Christ, and confirmed the Orthodox faith of the people. Job our venerable father, pray that our souls be saved.

Kontakion, tone 4 You were seen to be a pillar of the true faith, a zealot of the commandments of the Gospel, the reproof of pride, and an intercessor and instructor for the lowly. Therefore, beg forgiveness of sins for those who bless you, and keep your monastery unharmed, O Job our father, emulator of the long suffering one of old.

On the same day, the martyr Parasceva

Troparion, tone 4 Most wise and praiseworthy Parasceva, martyr of Christ | having received manly strength and set aside womanly weakness, | you vanquished the devil and put the tyrant to shame | as you cried out, saying: | Come and cut my body with your swords, and burn me with fire, | for I shall go with rejoicing to my bridegroom. || Through her supplications, save our souls, O Christ our God.

Kontakion, tone 3 Bearing as a dowry your most holy and undefiled torment | to Christ the immortal bridegroom, | you gladdened the choir of the angels, | and overcame the wiles of the demons. | Therefore we cherish you with honour and faith, || O much suffering martyr Parasceva.

**October 29 Venerable martyr Anastasia the Roman,
 Venerable Avramius the Recluse**

Troparion of the martyr Anastasia, tone 4 Your lamb Anastasia loudly cries out to you, O Jesus: I love you, my bridegroom, and seeking you I pass through many struggles; in your baptism I am crucified and buried with you: I suffer for your sake that I may reign with you; I die for you that I may live with you. Accept me as an unblemished sacrifice as I sacrifice myself with love for you. By her intercession save our souls, as you are merciful.

Troparion of Avramius, tone 8 That which was created in the image of God was preserved in you, O Father; | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. || Therefore O venerable Avramius your soul rejoices with the angels.

Kontakion of Anastasia, tone 3 Cleansed by the waters of virginity | and crowned with the blood of martyrdom, | you grant healing of infirmities and salvation | to those in need who come to you with their whole heart, | O venerable Anastasia, | for it is Christ who grants power to you, || he who pours forth ever flowing grace.

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Kontakion of Avramius, tone 3 On earth you were like an angel incarnate, | and through fasting you became like a planted tree, | thriving on the water of abstinence, | and washing away defilement with the torrent of your tears. | Therefore, O Avramius || you appear as a divine dwelling of the Spirit.

October 30 Hieromartyr Zenovios and his sister Zenovia

Troparion, tone 4 In their sufferings, O Lord, your martyrs | received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Kontakion, tone 8 With hymns divinely inspired let us worthily honour Zenovios and wise Zenovia, | who were true witnesses and proclaimers of piety as they lived and departed this life together, || receiving the imperishable crowns of martyrdom.

October 31 Apostles Stachys, Amplius and those with them, Martyr Epimachus

Troparion of the Apostles, tone 3 O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Troparion of the martyr Epimachus, tone 4 In his suffering, O Lord, Epimachus your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion of the apostles, tone 8 Let us hymn the wise apostles as is right, Apellius, Urban and Aristobulus, Amplius, Narcissus and Stachys, whom the grace of our God has brought together, as sacred treasures of the most holy Spirit and effulgences of the Sun of Glory.

November 1 Unmercenaries Cosmas and Damian

Troparion of the unmercenaries, tone 8 O holy unmercenaries and wonder-workers Cosmas and Damian, visit our infirmities: as you have freely received, so freely give to us.

Kontakion of the unmercenaries, tone 2 Having received the gift of healing, you extend health to those in need, O most glorious physicians and wonder workers. By your visitation, cast down the audacity of the enemy and heal the world with miracles.

November 2 Martyr Acindynus and those with him in Persia

Troparion, tone 2 O athletes of the Lord, blessed is the earth which drank in your blood, and holy are the places which received your bodies; for you vanquished the enemy in the arena and proclaimed Christ with boldness. We pray you to entreat his goodness, that our souls be saved.

Kontakion, tone 2 You have received into the delight of your good things and into your rest the pious and God-bearing martyrs who on earth forsook all things, Acindynus and the seven thousand with him in Persia; for you alone are supremely good.

**November 3 Martyr Acepsimus and those with him,
Dedication of the Church of St George in Lydda where his relics lay**

Troparion of the martyrs, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Alternative Troparion of the martyrs, tone 3 O servants of the divine mysteries | you were pillars of the Church | and humbled the proud fire-worshippers. | O much-afflicted Hierarch Akepsimus, Joseph the Priest and Aethalas the Deacon | pray to Christ our God || that he grant us his great mercy.

Troparion of St George, tone 4 As a liberator of captives, a helper of the poor and a physician of the infirm, O champion of kings, and victorious great martyr George, entreat Christ our God, that our souls be saved.

Kontakion of the martyrs, tone 2 You celebrated the mysteries blamelessly, O wise one, and were yourself an acceptable sacrifice. With glory you shared the cup of Christ, O holy Acepsimus, and with your fellow-sufferers you now pray unceasingly for us all.

Kontakion of George, tone 8 Having recourse to your elect and speedy aid, O athlete of Christ, we the faithful pray that those who hymn you may be delivered from the snares of the enemy and from all tribulation and affliction, that we may sing: Rejoice, O martyr George.

**November 4 Venerable Ioannikius the Great
Hieromartyrs Nikander Bishop of Myra and Hermias the Priest**

Troparion of Ioannikius the great, tone 8 With the streams of your tears you cultivated the barrenness of the desert, | and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: | radiating miracles you are a shining light for the world. || O Ioannikius our father, entreat Christ our God that our souls be saved.

Troparion of the hieromartyr Nicander, tone 4 In his suffering, O Lord, Nicander your martyr | received an imperishable crown from you, our God. | Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Alternative Troparion of SS Nicander and Hermeus Tone 3
Bearing the fruit of divine knowledge, O Nicander | you emulated the Apostles as a faithful hierarch: | together with the Priest Hermeus | your companion in the contest | intercede with the Lord who has glorified you || to grant us his great mercy.

Kontakion of Ioannikius the great, tone 8 Revealed in the world as a radiant star shining light for those in the gloom of the passions, | as a mighty physician you received the grace of healing: | grant health to those who ask it that we may sing: Rejoice, O father Ioannicius.

November 5 Martyrs Galacteon and Epistimi

Troparion, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Troparia and Kontakia

Kontakion, tone 2 Having struggled splendidly, | you are numbered among the legions of Christ's martyrs who fought valiantly, | O glorious Galacion with Epistimi, your honoured wife who suffered with you. || Unceasingly entreat the one **God** for us all.

November 6 Paul the Confessor, archbishop of Constantinople

Troparion, tone 3 Through your confession of the divine faith, | the Church sees you as another Paul, a zealot among her priests: | and with you Abel cries out to the Lord, | and likewise the righteous blood of Zacharia. | O venerable father, entreat Christ our God, || that we be granted great mercy.

Kontakion, tone 2 O Paul, who shone forth upon the earth as a star of heavenly splendour, | you now enlighten the universal Church | for which you suffered, laying down your life. || And your blood like that of Abel and Zacharia cries out to the Lord.

November 7 Martyrs of Melitine Venerable Lazarus of Mount Galesius

Troparion of the martyrs, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Troparion of Venerable Lazarus, tone 8 With prayerful vigils and outpouring of tears you watered your pillar, | and with sighs from the depths of your soul you brought forth fruit a hundredfold, | and you were a shepherd, granting the petitions of all. || O Lazarus our father, entreat Christ our God that our souls be saved.

Kontakion of the martyrs, tone 8 The radiant choir of martyrs seems to descend to us as a luminous company, shining upon the Church today with wondrous rays. Celebrating their honoured memory, we ask you our Saviour: Through their supplications deliver us from misfortunes, that we may sing to you: Alleluia.

Kontakion of Lazarus, tone 4 The Church of Christ with gladness glorifies you with psalms, | as a luminary most great: || never cease to beg Christ to grant forgiveness of transgressions to all.

November 8 Archangel Michael and all Angels

Troparion, tone 4 Supreme commanders of the heavenly host, | we unworthy ones implore you | that by your supplications you encircle us | within the shelter of the wings of your immaterial glory, | and guard us who fall down before you and fervently cry: | Deliver us from dangers, || as you are the leaders of the host on high.

Kontakion, tone 2 Supreme commanders of God and ministers of the divine glory, guides of men and leaders of the bodiless host; ask for that which is to our benefit and for great mercy, since you are the supreme commanders of the bodiless host.

November 9 Martyrs Onesiphorus and Porphyrius of Ephesus Venerable Matrona

Troparion of the martyrs, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Troparion for Matrona, tone 8 That which was created in the image of God was preserved in you, O Mother; for taking up the cross you followed Christ. By your deeds you have taught us to reject the flesh for it passes away, but to care for the soul as a thing immortal. Therefore O venerable Matrona your soul rejoices with the angels.

Kontakion of the Martyrs, tone 2 In mighty suffering, the two martyrs humbled the arrogance of the enemy to the ground, being illuminated by the grace of the uncreated Trinity: glorious Onesiphorus and Porphyrios, pray unceasingly for us all.

Kontakion of Matrona, tone 2 Out of love for the Lord, you ignored the need for rest, O venerable Matrona, illumining your soul with fasting: by your supplications cast down the arrogance of the foe, for you powerfully vanquish wild beasts.

On the same day, the Icon of the BVM She who is quick to hear

Troparion of the icon, tone 4 Let us hasten to the Mother of God amid our misfortunes and fall down before her holy icon crying out with faith from the depths of our soul: Hasten to hear our entreaty, O Virgin, as you are called She who is quick to hear; for we your servants have you as our ready helper in our need.

Kontakion of the icon, tone 8 Storm-tossed on the sea of life, we sink beneath the storm-waves of the passions and temptations. Grant us a helping hand O Lady, as your Son did to Peter, and hasten to deliver us from misfortunes, that we may sing to you: Rejoice, O most good one who is quick to hear.

On the same day, Hierarch Nectarius of Aegina

Troparion, tone 1 O faithful, let us honour Nectarius, the offspring of Silyvria and guardian of Aegina, the true friend of the virtues and Godly servant of Christ; for he pours all manner of healings upon those who piously cry out: Glory to Christ who has glorified you, glory to him who has crowned you, glory to him who through you works healings for all.

Another troparion, tone 4 Having lived a holy life, as a wise hierarch, O venerable Nectarius, you glorified the Lord through a virtuous life. Therefore you were glorified by the Comforter with power, with which you drive away demons and heal the sick who hasten to your divine relics with faith.

Kontakion, tone 8 with joyful hearts let us hymn with songs the newly revealed star of Orthodoxy, the newly erected bulwark for the Church. Glorified by the activity of the Spirit, he pours the abundant grace of healings upon those who sing: Rejoice, O father Nectarius.

November 10 Apostles Erastos, Olympos, Rodion and those with them

Troparion, tone 3 O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion, tone 2 With minds illumined by divine light, you wisely destroyed the wiles of the orators; and having brought the pagans into your nets, O glorious apostles, you brought them to the Master, teaching them to glorify the divine Trinity.

Troparia and Kontakia

November 11 Martyrs Menas, Victor, Vincent and Stephanida Theodore the Studite

Troparion of the martyrs, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Troparion of Theodore the Studite, tone 8 Instructor of Orthodoxy, teacher of piety and purity; beacon for the world and divinely inspired adornment of monastics: O Theodore most wise, you have enlightened all by your doctrines. O harp of the Spirit, entreat Christ our God that our souls may be saved.

Kontakion of Minas, tone 4 Christ our God, the imperishable crown of martyrs, took you from a transient army, O passion bearer Minas, and brought you to share in that which is incorruptible and heavenly.

Kontakion of venerable Theodore, tone 2 With the struggle of suffering you adorned your angelic life of fasting, | O divinely blessed Theodore, | and you now abide with the angels: || with them, never cease to pray to Christ our God for us all.

And on the same day, Venerable Maxim the fool for Christ

Troparion, tone 1 Harkening to the voice of Paul your apostle, | who said: We are fools for the sake of Christ; | your servant Maxim adopted foolishness on earth | for your sake, O Christ our God. | Therefore, as we honour his memory, || we entreat you, O Lord, to save our souls.

November 12 Hierarch John the merciful Venerable father Nilus

Troparion of John the merciful, tone 8 Through patience you acquired your reward, O venerable father; | you laboured in prayers unceasingly and loved the poor and saw to their needs. || O blessed John the merciful, entreat Christ our God that our souls be saved.

Troparion of venerable Nilus, tone 8 With the streams of your tears you cultivated the barrenness of the desert, | and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: | radiating miracles you are a shining light for the world. || O Nilus our father, entreat Christ our God that our souls be saved.

Kontakion of John the merciful, tone 2 You distributed your wealth to the destitute, and have now received heavenly riches, O John the most wise. Therefore, celebrating your memory we all honour you, the model of almsgiving.

Kontakion of venerable Nilus, tone 8 In your vigilant prayer you cut down the undergrowth of insurgent bodily passions as with a scythe; and as you have boldness before the Lord, free us from all misfortune that we may sing to you: Rejoice, O father Nilus, given for the world.

November 13 St John Chrysostom

Troparion, tone 8 Grace has shone forth from your mouth with the brilliance of fire enlightening the universe. | You gathered not the miserly treasures of this world, but revealed to us the heights of lowliness of mind. | While you teach us by your words, O father John Chrysostom, || pray to Christ our God, the Word, that he may save our souls.

Kontakion, tone 6 From heaven you received divine grace, and from your lips we all learn to worship the one God in Trinity. O blessed and holy John Chrysostom, we rightly praise you, for you are indeed our teacher, revealing the things of God.

November 14 Apostle Philip

Troparion, tone 3 Holy apostle Philip, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Another troparion, tone 3 Splendidly adorned, Ethiopia dances, | graced as with a crown, | for it has been enlightened by you, O divinely eloquent Philip, | and splendidly celebrates your memory; | for you taught all to believe in Christ, | and completed the course of your life fittingly in accordance with the Gospel. | And so Ethiopia boldly raises its hands to God: || beseech him to grant us great mercy.

Kontakion, tone 8 Divinely eloquent Philip, your disciple and friend and emulator of your suffering, | proclaimed your divinity to all the world: | by his prayers and those of the Mother of God, | protect your Church and this city from iniquitous enemies, O most merciful one.

November 15 Martyrs and Confessors Gurias, Samonas and Abibus

Troparion, tone 5 O Christ our God who has given us the miracles | of your holy martyrs as an invincible rampart, | through their supplications being down the counsels of the heathen | and strengthen the scepters of kings, || as you alone are good and loving to mankind.

Kontakion, tone 2 Having received grace from on high, O most praised martyrs, you intercede for those amid temptations; and so you delivered the maiden from a bitter death, O holy ones, truly the glory of Edessa and the joy of the world.

Repose of Herman of Alaska

Troparion, tone 4 Venerable Herman, ascetic of the northern wilderness | and gracious advocate for the world, | teacher of the Orthodox faith and salutary instructor in piety, | adornment of Alaska and joy of America; || entreat Christ our God that he save our souls.

Kontakion, tone 8 Belov'd of the Mother of God who received tonsure at Valaam, | new zealot among the strugglers of the desert dwellers of old; | wielding prayer as a spear and shield you were terrifying to demons and pagan darkness. | Therefore we cry to you, O venerable father Herman: | Entreat Christ our God that our souls be saved.

November 16 Apostle and Evangelist Matthew

Troparion, tone 3 Zealously following Christ the master, who in his goodness appeared to men on earth and called you from your tax booth, as a chosen apostle and clarion-voiced proclaimer of the Gospel to the world. We honour your precious memory, O divinely-eloquent Matthew: entreat the merciful God that he grant us remission of sins.

Kontakion, tone 4 Casting off the burden of your official position, you shouldered the yoke of righteousness and appeared as a most excellent merchant, bringing the riches of the wisdom from on high. You proclaimed the Word of truth, uplifted the souls of the lowly, and described the time of judgment.

Troparia and Kontakia

November 17 Hierarch Gregory of Neocaesarea

Troparion, tone 8 By vigilance in prayer and by your constant working of miracles, you became worthy of your name, father Gregory. Pray to Christ our God, that he enlighten our souls, lest we sleep unto death.

Kontakion, tone 2 Receiving the power to work many miracles, you terrified the demons with awesome signs, and dispelled the diseases of men, O wise hierarch Gregory: thus your deeds entitled you to be called the wonder-worker.

November 18 Martyrs Platon and Romanos

Troparion, tone 4 In their sufferings, O Lord, your martyrs | received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Kontakion of Platon, tone 3 Your holy memory gladdens the world, summoning the faithful to your honoured church, where we are gathered now with joy, singing hymns of splendour to you, O Platon: Deliver your people from heathen invasion, O holy one.

November 19 Prophet Obadiah Martyr Barlaam of Caesarea

Troparion of the Prophet Obadiah, tone 4 According to your name you were a servant of God the Word: | granted the light that passes understanding you received the illumination of prophecy. | Discerning the immaterial glory | you were an instrument sounded by God, O Prophet Obadiah, || in the foretelling of things to come.

Troparion of the martyr Balaam, tone 4 In his suffering, O Lord, Balaam your martyr | received an imperishable crown from you, our God. | Armed with your might, he cast down tyrants | and crushed the feeble audacity of demons. || By his intercession, save our souls.

Kontakion of the Prophet Obadiah, tone 8 You offered your life as acceptable first-fruits to God, the three in one, O prophet Obadiah; | and having received the beauty of inspiration | you revealed events to come and so you sang: Alleluia.

Kontakion of Balaam, tone 4 You appeared as one most amazing in fortitude | whereby you endured immolation: | offering yourself in sacrifice to Christ as fragrant incense, | you received a crown of honour: || ever pray for us, O athlete Balaam.

November 20 Forefeast of the Entrance of the BVM to the Temple Venerable Gregory the Decapolite and the Hierarch Proclus

Troparion of the Forefeast, tone 4 Anna now prepares a great joy for us, | as she fulfills her vow with gladness. | She who gave birth to the ever-virgin | presents her to the Temple of the Lord, | the fruit which dispels all sadness | who is the true temple of God's Word, || and his pure Mother.

Troparion of Gregory and Proclus, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Troparion of Proclus, (if a separate service), tone 4 By a divine beginning you were made steadfast in the Lord, | from which you arose to become a disciple of Chrysostom, | becoming worthy of his hierarchical throne in the beauty of purity, | having formed yourself according to the canons of the apostles, | living not for yourself but for Christ and your flock; | you lived a pure life like an apostle, O hierarch Proclus. || Entreat Christ our God that our souls be saved.

Kontakion of the Forefeast, tone 4 Because of the truly notable feast of the Mother of God, the whole world is filled with gladness and cries out: She is the heavenly tabernacle.

Kontakion of Gregory, tone 3 The Church knows you to be a sun radiant with the virtues, illumining all with rays of healing, O favourite of Christ. And so we celebrate your honourable memory and praise your struggles, O blessed and wise father Gregory.

Kontakion of the hierarch Proclus, tone 4 Today the most honoured of all cities truly celebrates worthily the feast of your honoured repose, O wise Proclus, father of fathers.

November 21 The Entry of the BVM into the Temple

Troparion of the feast, tone 4 Today is the prelude of God's good will | and the proclamation of the salvation of man. | The Virgin appears in the Temple of God and proclaims Christ to all. | Let us cry out to her: Rejoice, || fulfillment of the creator's divine plan.

Kontakion of the feast, Tone 4 The most pure temple of the Saviour, | the precious bridal chamber and Virgin, | the sacred treasury of the glory of God, | on this day is brought to the house of the Lord, | bringing with her the grace of the divine Spirit. | To her the angels of God sing the hymn: || She is the heavenly tabernacle.

**November 22 Afterfeast of the Entry
Apostle Philemon and those with him**

Troparion of the feast, see above

Troparion of the apostles, tone 3 O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion of the apostles, tone 2 Let us praise the apostles of Christ, glorious Philemon, sacred Archcippus, Onesimus, Mark and Apollos, and with them wise Apphia, for they are most radiant stars illumining the ends of the earth; and let us cry out: Pray unceasingly for us all.

**November 23 Afterfeast of the Entry
Hierarchs Amphilochius of Iconium, Gregory of Agrigentum**

Troparion of the feast, see above

Troparion of the Hierarchs, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Troparia and Kontakia

Kontakion of Amphilochius, tone 2 O hierarch Amphilochius, divine thunder and clarion of the Spirit, the cultivator of the garden of faith, with a scythe cutting down heresies; great favourite of the Trinity standing for ever with the angels: pray unceasingly for us all.

Kontakion of Gregory, tone 4 With the brilliant rays of the Holy Spirit, the radiant Church illumines those who celebrate your splendid repose, O venerable and most bless'd father Gregory.

Kontakion of the feast, see above

And on the same day, the repose of St Alexander Nevsky

Troparion, tone 4 As a Russian Joseph not reigning in Egypt but in heaven, O Alexander the right-believing prince, recognize your brothers and accept their entreaties. Increase the harvest of your people through the fertility of your land and protect the cities of your dominion by your supplications; and with our Orthodox hierarchs battle against all heresies.

Kontakion, tone 4 As your kinsmen Boris and Gleb | appeared to you, O bless'd Alexander, bringing you help from heaven | when you fought against Velgar the Swede and his warriors, | so now come to the aid of your kinsfolk || and contend against those who wage war against us.

And on the same day, the Hierarch Metrophanes of Voronezh

Troparion of the hierarch, tone 4 You were a standard of faith and a model of meekness to your flock, O father Metrophanes, of humble mind. Therefore you shone in splendour more brightly than the sun, adorned with a crown of incorruption and glory. Beseech Christ our God that he save your homeland and keep your city in peace.

Kontakion of the hierarch, tone 8 Having enslaved your body to your soul through abstinence, and made you soul angelic, you were robed in hierarchical vestments as the crown of the priesthood. Now, standing before the Master of all, entreat him, O most blessed Metrophanes, to calm and save our souls.

November 24 Afterfeast of the Entry Great martyrs Catherine of Alexandria, Mercurius of Caesarea

Troparion of the feast, see above

Troparion of Catherine, tone 4 Your martyr Catherine loudly cries to you, O Jesus: I love you, my bridegroom, seeking you I pass through many struggles; in your baptism I am crucified and buried with you: I suffer for your sake that I may reign with you; I die for you that I may live with you. Accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Another troparion of Catherine Tone 5 Let us praise Catherine, protectress of Sinai, | Bride of Christ and our helper, | who with the sword of the Spirit silenced the wisdom of the wicked. | Crowned as a martyr, she asks mercy for us all.

Troparion of the martyr Mercurius, tone 4 In his suffering, O Lord, Mercurius your martyr | received an imperishable crown from you, our God. | Armed with your might, he cast down tyrants | and crushed the feeble audacity of demons. || By his intercession, save our souls.

Kontakion of Catherine, tone 2 O lovers of the martyrs, lift up your voices | and become a dignified and godly choir | honouring the most wise Catherine, | who in the arena preached Christ and trampled upon the serpent, | putting down the knowledge of the rhetors.

Kontakion of the martyr Mercurius, tone 4 With hymns of glorification, | let us bless Mercurius, the warrior undefeated in battle, | our reliable helper in misfortune, | who delivers from tribulations and sorrows || those who celebrate his memory with gladness.

**November 25 Apodosis of the feast of the Entry
Hieromartyrs Clement of Rome and Peter of Alexandria**

Troparion of the feast, see above

Troparion of the Hieromartyrs, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Troparion of Clement, tone 8 Gloriously amazing the ends of the world with divine miracles, | transcending nature you caused the waters of the sea to withdraw | revealing a church erected by God to shelter your precious relics, | for the people who had gathered for your honoured memorial, O sacred athlete, | and after the people had returned, | you miraculously brought the sea back to the shore. || Wondrous Clement, entreat Christ our God, that our souls be saved.

Kontakion of the hieromartyrs, tone 4 Most praised Clement and Peter, divine and immovable towers of the Church, godly pillars of piety truly strong, by your supplications protect us all.

Also the same day, Clement of Ochrid, enlightener of the Slavs

Troparion, tone 4 With your discourses you guided the nations to the faith of Christ, and by your works you lifted yourself to the divine life, O holy hierarch Clement, equal of the apostles, shining with miracles upon those who approach you with faith, and most gloriously illumining the Church with signs; we therefore glorify your honoured memory.

Kontakion, tone 3 Your temple, O holy one, is most gloriously shown to bring spiritual healing to those who approach it with faith, for it delivers all from various sicknesses and calms the passion-plagued souls of men. Therefore we call to you, O blessed Clement, as you are a fervent intercessor.

**November 26 Venerable Alypius the Stylite
St Innocent bishop of Irkutsk**

Troparion of Alypius the Stylite, tone 1 You were a pillar of endurance, O venerable one, emulating the two great patriarchs, Job in sufferings and Joseph in temptations, and while in the flesh you resembled the life of the bodiless ones. O Alypius, our father, intercede with Christ our God, that our souls be saved.

Troparion of St Innocent of Irkutsk, tone 3 Most radiant beacon of the church, | who has illumined the Russian land with the rays of your good works, | and has glorified God by many healings | for those who have recourse to your reliquary with faith, | O holy hierarch Innocent, | we entreat you, our father: || Protect this monastery/city from misfortune and grief.

Troparia and Kontakia

Kontakion of Alypius, tone 8 Today the Church glorifies and hymns you, O venerable Alypius, | as a perfect example of the virtues and the pride of ascetics. | In accordance with your name, your supplications | give deliverance from dire bodily transgressions | to those who with love honour your brave deeds and struggles.

Kontakion of Innocent of Irkutsk, tone 4 O faithful, let us all praise with love | the pastor whose name signifies innocence, | the preacher of the faith among the pagans of Mongolia, | the glory and adornment of the flock of Irkutsk, || the protector of his land and intercessor for our souls.

November 27 Great martyr James the Persian

Troparion, tone 4 In his suffering, O Lord, James your martyr | received an imperishable crown from you, our God. | Armed with your might, he cast down tyrants | and crushed the feeble audacity of demons. || By his intercession, save our souls.

Another troparion, tone 4 You astonished all by your brave endurance | of terrifying torture, O much suffering one; | most wondrously uttering prayers of thanksgiving to the Lord | as each of your members was severed from your body. | Therefore, receiving a crown amid your sufferings, | you ascended to the throne of Christ our God, the king of heaven: || entreat him O James that he save our souls.

Kontakion, tone 2 Persuaded by your good spouse, O James, patient of soul, | and fearing rather the dread tribunal, | you spat upon the Persians' command and the fear of them | and proved to be an honourable martyr || as your body was pruned like a vine.

November 28 Venerable martyr Stephen the new

Troparion, tone 4 Struggling in fasting upon the mountain, | you slayed the noetic enemy with the weapon of the cross, | and bravely arming yourself again for martyrdom, | you slayed Copronymus with the sword of the faith. | For both of these deeds you were crowned by God, | O blessed and venerable one, || ever memorable martyr Stephen.

Kontakion, tone 3 Like an offshoot from a root, you grew forth from your barren mother, | O venerable father, namesake of the protomartyr; | you became a great instructor of monks, | unafraid of the rage of the emperor | who rejected the veneration of the image of Christ. | And therefore, in death, you were granted the crown of martyrdom, || O venerable father Stephen.

November 29 Martyr Paramon

Troparion, tone 4 In his suffering, O Lord, Paramon your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

There is no kontakion for Paramon in the Menaion

November 30 Apostle Andrew the first-called

Troparion, tone 4 As you are the first called of the apostles and the brother of the preeminent one, entreat the Master of all O Andrew, that he grant peace to the world and great mercy to our souls.

Kontakion, tone 2 Let us praise the divinely eloquent namesake of manliness, the eminent follower of the Church and kinsman of Peter; for as he was called of old, so now he calls to us: Come, we have found the desired one.

December 1 Prophet Nahum

Troparion, tone 2 Celebrating the memory of your prophet Nahum, O Lord, || through him we entreat you to save our souls.

Kontakion, tone 4 Enlightened by the Spirit, | your pure heart became the dwelling place of splendid prophecy; | for you beheld things far off as though they were near. | Therefore we honour you, || O blessed and glorious prophet Nahum.

And on the same day, righteous Philaret the Merciful

Troparion, tone 4 Emulating Abraham in faith and following Job in patience, O father Philaret, you distributed the blessings of the earth to the needy and manfully endured the lack thereof. Therefore Christ our God, the judge of the contest, has crowned you with a crown of light: entreat him that our souls be saved.

Kontakion, tone 3 Truly your most excellent commerce is seen and judged to be wise by all the divinely wise, for you forgave transitory debts, seeking that which is lofty and eternal; and so you have acquired eternal glory as is meet, O merciful Philaret.

**December 2 Venerable John, Heraclemon, Andrew and Theophilus of Egypt
Prophet Habakkuk**

Troparion of the venerable ones, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Kontakion of the venerable ones, tone 8 Come and let us hymn these brothers in the flesh who were even more so in spirit: the glorious John with the faithful Heraclemon, wondrous Andrew and Theophilus beloved of God. Loving the cruel life of the desert, they attained the desired heavenly homeland, where abiding now in blessedness, they pray with boldness for our souls.

Troparion of the prophet, tone 2 Celebrating the memory of your prophet Habakkuk, O Lord, || through him we entreat you to save our souls.

Alternative troparion of the prophet, tone 4 Of old you described the Virgin Mother of God as a mountain | from which the God of all would shine forth incarnate for our sake. || Hence we honour you as a God-proclaiming prophet | and implore you to make us partakers of grace by your intercessions, || O glorious Prophet Habbakuk.

Kontakion of the Prophet, tone 4 O divinely eloquent Habakkuk who announced the coming of God | from the over-shadowed mountain, that is the Virgin; | who stood in holy vigil and received the word from the radiant angel: | you proclaimed the resurrection to the world and so in gladness we sing to you: || Rejoice, O splendid gem among the prophets.

December 3 Prophet Zephaniah

Troparia and Kontakia

Troparion tone 1 You perceived from afar that which would come to pass, | and you clearly foretold our eternal redemption. | You proclaimed Christ as the king of Sion, | O holy prophet Zephaniah; | released from the condemnation we sing to him: | ~ Glory to him who has glorified you | ~ glory to him who has crowned you; || glory to him who through you grants forgiveness to all.

Kontakion, tone 4 Brilliant with the divine Spirit, O prophet Zephania, you proclaimed the coming of God: Rejoice greatly, O daughter of Zion. Proclaim him, O Jerusalem. Behold, your king comes to save mankind.

December 4 Great martyr Barbara Venerable John of Damascus

Troparion of the great martyr Barbara, tone 8 Let us honour holy Barbara, the honourable one who broke the snares of the foe || and was delivered from them like a bird, with the help of the weapon of the cross.

Troparion of John of Damascus, tone 8 Instructor of Orthodoxy, teacher of piety and purity; beacon for the world and divinely inspired adornment of monastics: John most wise, you enlighten all by your doctrines. O harp of the Spirit, entreat Christ our God that our souls may be saved.

Kontakion of Barbara, tone 4 Following God who is piously hymned in the Trinity, | O passion bearer Barbara | with manly mind, you dimmed the pagan temples: | in your suffering you feared not the torturers' threats as you proclaimed: | | I worship one divinity, the Trinity.

Kontakion of John of Damascus, tone 4 Let us hymn the honourable, divinely voiced John, | the composer of hymns, the instructor and teacher of the Church, | the opponent of the enemy with the cross of the Lord as a sword, | he has cut down the falsehood of heresy; || in fervent intercession before God, he begs forgiveness of transgressions for all.

December 5 Savva the Sanctified

Troparion, tone 8 With the streams of your tears you cultivated the barrenness of the desert, | and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: | radiating miracles you are a shining light for the world. || O Savvas our father, entreat Christ our God that our souls be saved.

Kontakion, tone 8 You offered yourself from childhood to God as a virtuous unblemished sacrifice, | becoming a gardener in the garden of piety, O blessed Savva. | You are the adornment of monastics and a truly praiseworthy citizen of the desert; || therefore we cry to you: Rejoice, O Savva most rich.

December 6 Hierarch Nicholas of Myra

Troparion, tone 4 Truly you were revealed to your flock | as a standard of faith, a model of humility and a teacher of abstinence. | Thus you reached the heights through lowliness | and wealth through poverty. || Holy hierarch Nicholas, pray to Christ our God for the salvation of our souls.

Kontakion, tone 3 In Myra, you were revealed as a servant of divine things, | O holy father Nicholas, | for there you fulfilled the Gospel of Christ | and gave up your life for your people |

and saved the innocent from death. | You have been sanctified O venerable father. || asa great steward of the grace of God.

December 7 Hierarch Ambrose of Milan

Troparion, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Ambrose, pray to Christ our God for the salvation of our souls.

Kontakion, tone 3 Resplendent with divine dogmas, you darkened the deception of Arius, O Ambrose, pastor and teacher of the mysteries: working miracles through the power of the Spirit, you became a healer of various passions, O venerable father: entreat Christ our God, that our souls be saved.

December 8 Venerable Patapius of Thebes

Troparion, tone 8 That which was created in the image of God was preserved in you, O father; | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. || Therefore O venerable Patapius your soul rejoices with the angels.

Kontakion, tone 3 Having found your church to be a place of spiritual healing, those who have zealous recourse to it ask to receive the healing of their infirmities and forgiveness of the transgressions committed in their lives; for you are seen as an intercessor for all who are in need, O venerable father Patapius.

December 9 Conception of the Mother of God

Troparion, tone 4 Today the bonds of barrenness are loosed, for God has heeded the voice of Joachim and Anna; promising that beyond all hope, they shall give birth to the divine maiden from whom shall be born the infinite one incarnate. He commands the angels to cry out to her: Rejoice, O full of grace, the Lord is with you.

Kontakion, tone 4 Today the world celebrates Anna's conceiving which was brought about by God; for she gave birth to the one who would indescribably give birth to the Word.

And on the same day, the icon of the BVM Unexpected Joy

Troparion, tone 4 O faithful, let us celebrate in spirit today, glorifying the fervent helper of Christians; and hastening to her most pure image, let us cry out: O most merciful Lady and Mother of God, grant unexpected joy to us who are weighed down by sins and sorrows, and deliver us from all evil, entreating your Son Christ our God that he save our souls.

Kontakion, tone 6 We have no other help, and no other hope than you, O Lady. Come to our help, for we trust in you and in you we boast, for we are your servants. Let us not be put to shame.

December 10 Martyrs Menas, Hermogenes and Evgraphus of Alexandria

Troparia and Kontakia

Troparion, tone 8 By abstinence, O martyrs of Christ you mortified the fiery forms and movements of the passions; | in your lifetime you received the grace of healing the infirm, | and to work miracles even after your death. | What a truly glorious wonder it is, that bare bones pour forth healings. | Glory to the only God and creator.

Kontakion, tone 4 The truly melodious sound of your words, O Menas, led Hermogenes from the depths of perdition and placed him on the rock of life; and Evgraphus, having denounced the emperor, had his glorious head severed with rejoicing: pray that those who honour you with love be saved.

December 11 The Sunday on or after

Troparion of the Forefathers, tone 2 By faith you justified your forefathers, | for through them you espoused yourself of old | to the Church which was set apart from the gentiles. | These holy ones rejoice in glory, | for from their seed has come a truly glorious fruit, | the one who gave birth to you without seed. || By their intercession O Christ our God, have mercy on us.

Kontakion of the Forefathers, tone 6 Defended by the indescribable essence, O thrice-bless'd ones, | you shunned the adoration of the image made by hands: | glorified by your ordeal by fire, | you stood in the midst of unbearable flames | and called upon God, saying: | Hasten and come quickly to our aid, O compassionate one, | in that you are merciful; || for you have the power to do as you will.

December 11 Daniel the Stylite of Constantinople

Troparion, tone 1 You were a pillar of patience, O venerable one, emulating the forefathers: Job in suffering, Joseph in temptations, and the life of the bodiless ones while in the body. O Daniel our father, entreat Christ our God that our souls be saved.

Kontakion, tone 8 Having ascended your pillar like a star of great radiance, you illumined the world with your venerable deeds, and dispelled the gloom of deception, O father; and so we implore you: Shine even now in the hearts of your servants with the unwaning light of knowledge.

December 12 Venerable Spiridon the miracle-worker, Bishop of Tremithus

Troparion of St Spyridon, tone 1 You were the champion of the first Council and a worker of miracles, | O Spiridon, our God bearing father: | you spoke to one dead in the grave | and changed a serpent into gold; | and Angels served with you as you recited your holy prayers, | Glory to him who gave you strength: | glory to him who has crowned you: | glory to him who through you works healings for all.

Kontakion of St Spiridon, tone 2 Wounded with love for Christ, you flew on the wings of the Spirit to radiant contemplation which inspired your mind and divine deeds, O sacred and God pleasing Spiridon, the sacred oblation who asks divine illumination for all.

December 13 Martyr Evstratius and those with him, and the martyr Lucia Herman of Alaska (the actual day of his burial)

Troparion of the Herman, tone 4 Venerable Herman, ascetic of the northern wilderness | and gracious advocate for all the world, | teacher of the Orthodox faith and salutary instructor in

piety, | adornment of Alaska and joy of America; || entreat Christ our God that he save our souls.

Kontakion of Herman, tone 8 O beloved of the Mother of God who received tonsure at Valaam, new zealot among the strugglers of the desert dwellers of old; wielding prayer as a spear and shield you were terrifying to demons and pagan darkness. Therefore we cry to you, O venerable Herman: Entreat Christ our God that our souls be saved.

Troparion of the martyrs, and Lucia, tone 4 In their sufferings, O Lord, | your martyrs received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Kontakion of Evstratius, tone 3 Speaking of divine things eloquently before the iniquitous, O most wondrous martyr, you endured beatings with a courageous heart, shone forth with godly signs and extinguished the towering flame of falsehood. And so we honour you O most blessed Evstratius, martyr of Christ.

December 14 Martyr Thyrsus and those with him

Troparion, tone 4 In their sufferings, O Lord, | your martyrs received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Kontakion, tone 2 Reviling the impious tyrant, O champions of faith and piety, you denounced his bestial thirst for blood: fortified by the help of Christ, O Thyrsus and Levcius, you vanquished his wrathful opposition. With those who suffered with you, pray for us.

December 15 Hieromartyr Eleutherius Venerable Paul of Mount Latros

Troparion of Eleftherios, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood. O hieromartyr Eleftherios, entreat Christ our God that our souls be saved.

Troparion of Paul, tone 4 We hymn you, O glorious Paul, as one who dwells with the bodiless host and as a companion of all the venerable; and we beseech you: Ever pray for us, that we may find mercy.

Kontakion of Eleutherius, tone 2 We praise you, for you are the adornment of the episcopate and the proclamation of the passion bearers, O venerable hieromartyr Eleftherios. We entreat you to free from every kind of misfortune those who celebrate your memory with love; may you pray unceasingly for us all.

Kontakion of Paul, tone 8 From your youth, O wise one, you bravely desired that which passes understanding and left behind the tumult of this world. In your divine way of life you became a dwelling place of the Trinity. You illumine those who come to you with faith, and so we cry out to you: Rejoice, O Paul most rich.

And on the same day, Venerable father Tryphon of Pechenga

Troparion of Tryphon, tone 8 You were a teacher and guide to the path which leads to life, for you were the first to reach the Norwegian land, to illumine the heathen at the uttermost ends of the northern lands, giving birth to them in water and the Holy Spirit. You planted your

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sacred children like olive trees in the barren wastes, and founded the great monastery of the Holy Trinity, establishing there a multitude of monks. And so we honour you as an equal to the apostles and the desert dwellers, and earnestly falling down before you we pray: Entreat the God of all for your land and for all who honour your memory.

Kontakion of Tryphon, tone 8 Giving wings to the desire of your mind that it might soar aloft to God, without wavering you followed his call with all your soul. Making your abode in the uttermost wilderness, living there an angelic and apostolic life, you became for many a path to salvation, and so God enriched you with the gift of miracles. Therefore we all sing to you: Rejoice, O Tryphon our father, the unshakable confirmation of your land.

December 16 Prophet Haggai Empress Theofania

Troparion of the prophet, tone 2 Celebrating the memory of your prophet Haggai, O Lord, || through him we entreat you to save our souls.

Troparion of St Theofania, tone 1 We hymn the divinely revealed empress and praise her venerable life, blessing her patience and humility, as we unceasingly cry out with love: O blessed Theofania, remember us in your ever-vigilant prayers to Christ.

Kontakion of the Prophet, tone 2 You have shone forth to the ends of the world, | illumined by the light of the Spirit. | You foretold in figures the things that were to come; || and were illustrious in your life, O wise Prophet Haggai.

Kontakion of Theofania, tone 3 Though crowned with a royal diadem on earth, O blessed Theofania, you desired a heavenly crown; therefore by vigilance and fasting, you afflicted your flesh, concealing a hair shirt with royal purple, offering fervent prayer to God at every hour and secretly performing ascetic feats. Therefore Christ our God, the judge of the contest, has glorified you openly, and now we all sing to you: Rejoice, O blessed empress, for you have been granted the heavenly kingdom.

December 17 Prophet Daniel and the three Holy Youths

Troparion, tone 2 Great are the accomplishments of faith, for in the fountain of flame as if in refreshing water, the three holy youths rejoiced, and the prophet Daniel was seen to be a shepherd of lions as if of sheep. Through their intercession, O Christ our God, save our souls.

Kontakion of the prophet Daniel, tone 3 Enlightened by the Spirit, your pure heart became a receptacle of most splendid prophecy, for you saw distant things as though they were present, and when cast into the pit, you tamed the lions. Therefore we honour you, O blessed and glorious prophet Daniel.

Kontakion of the three youths, tone 6 Defended by the indescribable essence, O thrice-bless'd ones, | you shunned the adoration of the image made by hands: | glorified by your ordeal by fire, | you stood in the midst of unbearable flames | and called upon God, saying: | Hasten and come quickly to our aid, O compassionate one, | as you are merciful; || for you have the power to do as you will.

December 18 The Sunday on or after: of the Genealogy, the Sunday before Christmas

Troparion of the Fathers, tone 2

Great are the accomplishments of faith, for in the fountain of flame as if in refreshing water, the three holy youths rejoiced, and the prophet Daniel appeared as a shepherd of lions as if of sheep. Through their intercession, O Christ our God, save our souls.

If it is the 24th of December, we also sing the troparion of the forefeast, tone 4

As it is written, Mary with elderly Joseph went to be taxed in Bethlehem, for they were of the lineage of David; and she carried in her womb the fruit that had not been sown. The time of the birth was at hand and there was no room at the inn; but the cave proved to be a beauteous palace for the queen. Christ is born, that he might restore the image that fell of old.

If it is the 18th or 19th of December, we use the Kontakion of the fathers (actually of the 3 youths), tone 6

Defended by the indescribable essence, O thrice- bless'd ones, | you shunned the adoration of the image made by hands: | glorified by your ordeal by fire, | you stood in the midst of unbearable flames and called upon God: | Hasten to our aid, O compassionate and merciful one; || for you have the power to do as you will.

If it is on or after the 20th of December, we use the Kontakion of the Forefeast, tone 1

Be glad, O Bethlehem | and be prepared O Ephratha! | For behold, the Virgin now hastens to give birth; | she who bears the lamb and great shepherd in her womb. | Seeing this, the God-bearing fathers are glad, |~ for together with the shepherds || they will hymn the Virgin who bearing him in her arms.

December 18 Martyr Sebastian and those with him

Troparion, tone 4 In their sufferings, O Lord, your martyrs | received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Kontakion, tone 4 You excelled in godly zeal | and gathered a band of martyrs from which you shine as a star. | The arrows that wounded your body, O Sebastian, | pierced the hearts of the enemy. || Therefore Christ has glorified you.

December 19 Martyr Boniface

Troparion, tone 4 In his suffering, O Lord, Boniface your martyr | received an imperishable crown from you, our God. | Armed with your might, he cast down tyrants | and crushed the feeble audacity of demons. || By his intercession, save our souls.

Kontakion, tone 4 You willingly came as an unblemished sacred offering to him who was born of the virgin for your sake, O wise Boniface, holy crown-bearer.

December 20 Forefeast of Christmas Hieromartyr Ignatius of Antioch

Troparion of the Forefeast, tone 4 Prepare yourself, O Bethlehem, | be open to all, O Eden. | Adorn yourself O Ephratha, | for the Tree of Life blossoms from the Virgin in the cave. | She appears as if a paradise, a divine garden, | eating from which we live, not dying like Adam. || Christ is born to raise up the image that fell of old.

Troparia and Kontakia

Troparion of Ignatius of Antioch, tone 4 You shared in the ways of the apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, Hieromartyr Ignatios entreat Christ our God that our souls be saved.

Kontakion of the forefeast, tone 3 Today the Virgin is coming to give birth indescribably | to the pre-eternal Word in the cave. | Hearing of this, O world, dance for joy | and with the angels and shepherds | glorify him who chose to appear as a young child, || the pre-eternal God.

Kontakion of St Ignatius, tone 3 The luminous day of your radiant struggles proclaims beforehand to all him who has been born in the cave, for thirsting to delight in his love, you hastened to be devoured by the wild beasts. Therefore you have been called the God-bearer, O Ignatios most wise.

December 21 Forefeast of Christmas Martyr Juliana of Nicomedia

Troparion of the martyr Juliana, tone 4 Your martyr Juliana loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you; | I suffer for your sake that I may reign with you; | I die for you that I may live with you. | Accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

And also the troparion of the forefeast Prepare yourself, O Bethlehem . .

Kontakion of the martyr Juliana, tone 3 Rendered fully pure by the beauties of virginity, and now crowned with wreaths of martyrdom, O virgin Juliana, you grant healing and salvation to those in need and affliction who approach your shrine; for Christ pours forth divine grace and life everlasting.

Kontakion of the Forefeast, tone 2 Beholding him who holds the whole world in his hands wrapped in swaddling bands in Bethlehem, let us offer up hymns of the forefeast to her who gave birth to him; for she rejoices maternally, holding the Son of God at her bosom.

December 22 Forefeast of Christmas Great martyr Anastasia, the deliverer from bondage

Troparion of Anastacia, tone 4 Your martyr Anastasia loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you; | I suffer for your sake that I may reign with you; | I die for you that I may live with you. | Accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

And also the troparion of the forefeast Prepare yourself, O Bethlehem . .

Kontakion of Anastasia, tone 2 Those amid temptations and sorrows who have recourse to your church | receive precious gifts through the divine grace which dwells within you, O Anastacia; | for you ever pour forth healings upon the world.

Kontakion of the forefeast, tone 3 Today the Virgin is coming to give birth indescribably | to the pre-eternal Word in the cave. | Hearing of this, O world, dance for joy | and with the angels and shepherds | glorify him who chose to appear as a young child, || the pre-eternal God.

**December 23 Forefeast of Christmas
The ten martyrs of Crete**

Troparion of the martyrs, tone 4 In their sufferings, O Lord, your martyrs | received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

And also the troparion of the forefeast Prepare yourself, O Bethlehem . .

Kontakion of the martyrs, tone 4 The honourable contest of the martyrs shines upon us as the morning star, giving prior illumination of him who is to be born in the cave, to whom the Virgin will give seedless birth.

Kontakion of the forefeast, tone 3 Today the Virgin is coming to give birth indescribably | to the pre-eternal Word in the cave. | Hearing of this, O world, dance for joy | and with the angels and shepherds | glorify him who chose to appear as a young child, || the pre-eternal God.

**December 24 Forefeast of Christmas
Venerable martyr Evgenia**

Troparion of the forefeast, tone 4 As is written, Mary with elderly Joseph | went to Bethlehem to be registered. | He was of the seed of David. | while she carried within her the fruit of a seedless conceiving. | The time of the birth was near and there was no room in the inn | but the cave proved to be a beautiful palace for the queen: || Christ is born, to restore the image fallen of old.

Kontakion of the forefeast, tone 3 Today the Virgin is coming to give birth indescribably | to the pre-eternal Word in the cave. | Hearing of this, O world, dance for joy | and with the angels and shepherds | glorify him who chose to appear as a young child, || the pre-eternal God.

There is no Troparion and Kontakion for the venerable martyr

December 25 Christmas, the Nativity of Christ

Troparion, tone 4 Your nativity O Christ our God, has shone upon the world as the light of knowledge; for thereby those who worshipped the stars were taught by a star to worship you, the Sun of Righteousness; and to know you, the Dayspring from on high. Glory to you, O Lord.

Kontakion, tone 3 Today the Virgin gives birth to the one who is above all being, and the earth offers a cave to him whom no man may approach. Angels with shepherds give glory, and Wise Men journey with a star; for unto us a child is born, the pre-eternal God.

December 26 The Sunday on or after

Troparion of the righteous ones, tone 4 Proclaim, O Joseph, the glad tidings to David the ancestor of God, for you have seen the Virgin give birth. With the shepherds give glory; and with the Magi offer worship. O Joseph, instructed by an angel, entreat Christ our God that he save our souls.

Kontakion of the righteous ones, tone 3 Divine David is now filled with gladness, and Joseph offers praise with James. They rejoice, receiving a crown through their kinship with

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Christ, and they praise him ineffably born on earth as they sing: O compassionate one, save those who give you honour.

And also the Troparion and Kontakion of Christmas

December 26 After-feast of Christmas Synaxis of the most holy Mother of God

We use the Troparion of Christmas

Kontakion of the Synaxis, tone 6 He who was born of the Father without a mother before the morning star today is incarnate on earth from you, without a father; and so the star announces glad tidings to the Magi, and the angels and shepherds hymn your ineffable birth giving, O full of grace.

December 27 After-feast of Christmas Protomartyr Stephen Venerable Theodore the Branded

Troparion of St Stephen, tone 4 You fought the good fight | and denounced the persecutors for their impiety, | O protomartyr and apostle of Christ; | stoned at the hands of the iniquitous, | you received from on high a crown from the right hand of the Lord; | for you cried out to God: || Do not hold this sin against them, O Lord.

Troparion of St Theodore the branded, tone 8 Instructor of Orthodoxy, teacher of piety and purity; beacon for the world and divinely inspired adornment of monastics: O Theodore most wise, you have enlightened all by your doctrines. O harp of the Spirit, entreat Christ our God that our souls may be saved.

Kontakion of Stephen, tone 3 Yesterday the Master came to us in the flesh, and today his servant departs from the flesh. Yesterday, he who reigns over the flesh was born, and today his servant is slain by stoning. For his sake, the godly protomartyr put to shame their impious wickedness.

and also the Troparion and Kontakion of Christmas

December 28 After-feast of Christmas Martyrs of Nicomedia

Troparion of the martyrs, tone 2 O athletes of the Lord, blessed is the earth which drank in your blood, and holy are the places which have received your bodies; for you vanquished the enemy in the arena and preached Christ with boldness. We pray you to entreat his goodness, that our souls be saved.

Kontakion of the martyrs, tone 2 With their souls made resolute through faith, the twenty thousand holy athletes accepted suffering by fire, crying out to him who was born of the Virgin: O pre-eternal God, accept us as wholeburnt offerings to you, as you accepted the gold, frankincense and myrrh from the kings of Persia.

and also the Troparion and Kontakion of Christmas

**December 29 After-feast of Christmas
The holy Innocents
Venerable Marcellinus the Abbot**

Troparion of the Holy Innocents, tone 1 May the agonies of these holy ones which they endured for you, O Lord, serve to entreat you as we pray to you to heal our pangs, O lover of mankind.

Troparion of the venerable Marcellus, tone 8 That which was created in the image of God was preserved in you, O Father; | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. || Therefore O venerable Marcellus your soul rejoices with the angels.

Kontakion of the Holy Innocents, tone 4 The star sent the Magi to him who was born, while Herod cruelly sent an righteous army, seeking to slay him who lay as an infant in the manger.

and also the Troparion and Kontakion of Christmas

**December 30 After-feast of Christmas
Martyr Anysia, Venerable Zoticus and Venerable Melania**

The Troparion and Kontakion of Christmas

There is no Troparion and Kontakion for the saints of this day

December 31 Apodosis of Christmas

The Troparion and Kontakion of the feast

**January 1 Circumcision of our Lord Jesus Christ
Basil the Great, archbishop of Caesarea**

Troparion of the Circumcision, tone 1 O Jesus, seated on a fiery throne in the highest with your unoriginate Father and the divine Spirit; you were willingly born on earth of your Mother, the unwedded Maiden, and therefore you were circumcised as a baby eight days old. Glory to your goodness: glory to your providence: glory to your condescension, O only lover of mankind.

Kontakion of the Circumcision, tone 3 The Lord of all endured circumcision, and as he is good, he cut away the transgressions of mankind: on this day he grants salvation to the world; and the creator's radiant and divine high priest of the mysteries of Christ, Basil, rejoices on high.

Troparion of St Basil the Great, tone 1 Your fame has gone out into all the earth which thereby was divinely taught by the sound of your voice. You expounded the nature of existence and dignified the ways of mankind. O venerable father Basil, in your royal priesthood beseech Christ our God to grant us his great mercy.

Kontakion of St Basil, tone 4 You were revealed as a sure foundation of the Church, granting to all an inviolate lordship and sealing it with your precepts, O venerable and heavenly father.

Troparia and Kontakia

January 2 Forefeast of Theophany Hierarchy Silvester, Pope of Rome

Troparion of the forefeast, tone 4 Prepare yourself O Zabulon: adorn yourself, O Nephtali. River Jordan, leap up and receive with joy the Master who comes to be baptized by John. Rejoice, O Adam with our first mother; and Eve, do not hide yourself as you did of old in Paradise; for he that beheld you naked has appeared so that he might clothe you in your primal garment. Christ appears, for he wishes to renew the whole creation.

Kontakion of the forefeast, tone 4 By the streams of the Jordan, the Lord cries out to John today: Fear not to baptize me, for I have come to save Adam the first formed man.

Troparion of the hierarchy, tone 4 Truly you were revealed to your flock | as a standard of faith, a model of humility and a teacher of abstinence. | Thus you reached the heights through lowliness and wealth through poverty. | Holy hierarchy Silvester, pray to Christ our God || for the salvation of our souls.

Kontakion of the hierarchy, tone 4 As a converser with the ascetics, you became a priest among the priests of God the king; and now you rejoice with the angelic choirs. O father Silvester, God-bearing shepherd dwelling in heaven, save those who with love celebrate your memory.

And on the same day, Venerable Seraphim of Sarov

Troparion of Seraphim, tone 4 From your youth you loved Christ, O blessed one, and aflame with the desire to serve him alone, you struggled in the wilderness in unceasing prayer and labour. With contrition of heart acquiring the love of Christ, you were a beloved favourite of the Mother of God. And so we cry to you: Save us by your prayers, O Seraphim our venerable father.

Kontakion of Seraphim, tone 2 Having forsaken the beauty of the world and its corruption, you took up you abode in the Monastery of Sarov; and living there like an angel, you became a path for many to salvation. And so Christ has glorified you, and enriched you with the gift of healing and miracles; and we sing to you: Rejoice, O our venerable father Seraphim.

And on the same day, righteous Juliana of Lazarevo

Troparion, tone 4 Shining with divine grace, even after death you revealed the radiance of your life, for you pour fragrant myrrh for healing of all the sick who approach the shrine of your relics with faith, AO righteous mother Juliana. Entreat Christ our God, that our souls be saved.

Kontakion, tone 8 All of us amid misfortune and pain hymn the holy Juliana as a helper quick to hear; for she lived a God-pleasing life in the world and gave countless alms to the poor. Therefore she has found the grace of miracles at the command of God.

January 3 Forefeast of the Theophany Prophet Malachi Martyr Gordius

Troparion of the forefeast, tone 4 Prepare yourself O Zabulon: adorn yourself, O Nephtali. River Jordan, leap up and receive with joy the Master who comes to be baptized by John. Rejoice, O Adam with our first mother; and Eve, do not hide yourself as you did of old in

Paradise; for he that beheld you naked has appeared so that he might clothe you in your primal garment. Christ appears, for he wishes to renew the whole creation.

Troparion of the Prophet Malachi, tone 5 Bearing the name of the Angels, O glorious Malachi, you lived the angelic life on earth. O pinnacle among the Prophets, you mystically conversed with Angels and were filled with divine glory, and you set forth knowledge of things to come, that we may be enlightened in soul.

Troparion of the martyr Gordius, tone 4 In his suffering, O Lord, Gordius your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion of the prophet Malachi, tone 4 Enriched by the gift of prophecy, | you clearly proclaimed salvation to the world, O prophet, | and also the advent of Christ, | by whose radiance || the world has been illumined.

Kontakion of the martyr Gordius, tone 8 The drops of your sweat have watered the whole earth, O most glorious Gordius, | and likewise you have gladdened it with your precious blood. | By your supplications, O divinely wise one, save all who hymn and bless you with faith, | singing a worthy hymn to you, O most praised one, as a great athlete.

January 4 Eve of Theophany
Synaxis of the Seventy Apostles
Venerable Theoctistus, abbot of Cucume in Sicily

Troparion of the forefeast, tone 4 Prepare yourself O Zabulon: adorn yourself, O Nephtali. O river Jordan, leap up and receive with joy the Master who comes to be baptized by John. Rejoice, O Adam with our first mother; and Eve, do not hide yourself as you did of old in Paradise; for he that beheld you naked has appeared so that he might clothe you in your primal garment. Christ appears, for he wishes to renew the whole creation.

Troparion of the apostles, tone 3 O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion of the Forefeast, tone 4 When the Lord descended into the streams of the Jordan, he cried out to John: Fear not to baptize me, for I have come to save Adam, the first-formed man.

Kontakion of the Apostles, tone 2, In godly hymns, O faithful, let us praise the choir of the seventy disciples of Christ. Through them have we all learned to honour the indivisible Trinity, for they remain beacons of the divine faith.

January 5 Eve of the Theophany

Troparion of the Eve of Theophany, tone 4 The river Jordan was once turned back by the mantle of Elisha when Elias was borne aloft, and the waters were parted on either side, and the path which before was wet became dry for him, as a true image of baptism whereby we pass through the flow of life. Christ appears in the Jordan to sanctify the waters.

Kontakion of the Eve of Theophany, tone 4 In the streams of the Jordan the Lord cries out to John this day: Fear not to baptize me, for I have come to save Adam, the first-created.

Troparia and Kontakia

January 6 The Theophany of our Lord Jesus Christ

Troparion, tone 1 O Lord, when you were baptized in the Jordan, the worship of the Trinity was made manifest. For the voice of the Father bore witness to you, calling you his beloved Son. And the Spirit, in the form of a dove, confirmed the certainty of his words. Glory to you, O Christ our God who has appeared and enlightened the world.

Kontakion, tone 4 Today you have revealed yourself to the world, O Lord, | and your light has shone upon us who sing to you with understanding. || O light unapproachable, you have come, you are revealed.

January 7 After-feast of the Theophany Synaxis of the holy and glorious forerunner John

Troparion and Kontakion of the feast

Troparion of the Forerunner, tone 2 The memory of the righteous is celebrated with hymns of praise, | but the Lord's testimony is sufficient for you, O Forerunner. | You are truly proven to be even more venerable than the prophets | for you baptized in the running waters him whom they proclaimed. | Having contested for the truth, | you rejoiced to announce the good tidings even to those in Hades: | that God has appeared, incarnate, || taking away the sin of the world and granting us great mercy.

Kontakion of the Forerunner, tone 6 Stricken with awe by your coming in the flesh, the Jordan turned back in fear; and John fulfilling the prophetic ministry, shrank back with trembling. the ranks of the angels were amazed to see you baptized in its streams, and all who were in darkness were enlightened, hymning you, who has appeared, who illumines all things.

January 8 After-feast of the Theophany Venerable George Kousevitis of Palestine Hieromartyr Isidore and those martyred with him in Estonia

Troparion and Kontakion of the feast

Kontakion of venerable George, tone 4 You were an all-radiant beacon illumining with divine rays the faithful who cry out to you: Pray for us to Christ the Master, who appeared in the streams of the Jordan and has enlightened mortals.

Troparion of the martyrs, tone 2 O blessed passion-bearers of the Lord, who preached the Orthodox faith of Christ with boldness, and at the tribunal denounced the false doctrine of the enemy; and so you were cast into the depths of the river, AO holy ones, yet your souls have made their abode in the mansions of heaven where, standing with the saints before the throne of God the king of all, you pray for all the Orthodox people who cherish your struggles with honour.

Kontakion of the martyr, tone 4 With hymns let us honour the choir of the martyrs of Christ who suffered mightily for the sake of the true Christian faith and utterly cast down the pride of the enemy. Illumined by the grace of the uncreated Trinity, O glorious ones who suffered with the hieromartyr Isidore, you shine like stars on the whole world. Pray unceasingly to Christ and defend us from invasion by enemy nations, O tireless advocates for our souls.

January 9 After-feast of the Theophany

Martyr Polyevctus of Melitene in Armenia

Troparion and Kontakion of the feast

Troparion of the martyr, tone 4 In his suffering, O Lord, Polyevctus your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion of the martyr, tone 1 When the Saviour bowed his head in the Jordan, the head of the serpent was crushed; and the decapitated head of Polyevctus has put the deceiver to shame.

And on the same day, Philip, Metropolitan of Moscow

Troparion, tone 8 O successor of the primates of Russia, pillar of Orthodoxy and champion of the truth, new confessor and holy hierarch Philip, you laid down your life for your flock: and as you have boldness before Christ, pray for your city and the people who honour your holy memory as is meet.

Kontakion, tone 3 Let us praise the most wise Philip, the instructor of Orthodoxy, the proclaimer of the truth and luminary of Russia, who noetically fed his children with the food of his words; for with his tongue he sang praise and with his lips he chanted hymnody, as a servitor of the grace of God.

**January 10 After-feast of the Theophany
Gregory, Bishop of Nyssa**

Troparion and Kontakion of the feast

Troparion of St Gregory and of Dometian, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Kontakion of St Gregory of Nyssa, tone 1 Keeping watch with the eye of your soul, you proved to be a vigilant pastor for the world, O holy hierarch; and with the staff of your wisdom and your fervent intercession you drove away the wolf-like heretics, preserving your flock unharmed, O most wise Gregory.

**January 11 After-feast of Theophany
Venerable Theodosius the Cenobiarch**

Troparion and Kontakion of the feast

Troparion of Theodosius, tone 8 With the streams of your tears you cultivated the barrenness of the desert, | and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: | radiating miracles you are a shining light for the world. || Theodosius our father, entreat Christ our God that our souls be saved.

Kontakion of Theodosius, tone 8 Planted in the courts of the Lord, you flourished most beautifully in your venerable virtues, and increased in number your children in the desert, watering them with the torrent of your tears, O godly chief shepherd of the divine flock. Therefore we sing: Rejoice, O father Theodosius.

Troparia and Kontakia

**January 12 After-feast of Theophany
Martyr Tatiana**

Troparion and Kontakion of the feast

Kontakion of the martyr, tone 4, You shone radiantly in your suffering, O passion-bearer, adorned with your blood, and like a beautiful turtle-dove you have soared to heaven, O Tatiana: pray for those who honour you.

On the same day, Savva, apostle to the Serbs

Troparion and Kontakion of the feast

Troparion of St Savva, tone 3 You were a guide to the path which leads to life, a primate and teacher; for having arrived, O holy hierarch Savva, you enlightened your native land, and having regenerated it by the Holy Spirit, like an olive tree in a noetic garden you planted your most sacred children. Honouring you as one equally enthroned with the apostles and hierarchs, we beseech you: Entreat Christ our God that he grant us great mercy.

Kontakion of St Savva, tone 8 The church of your people glorifies you as a great primate and companion of the apostles, O venerable one. As you have boldness before Christ our God, by your supplications save us from all misfortune, that we may sing to you: Rejoice, O divinely wise father Savva.

**January 13 After-feast of Theophany
Martyrs Herrmylus and Stratonicus,
and also the venerable martyrs of Sinai and Raithu**

Troparion and Kontakion of the feast

Troparion of the martyrs, tone 4 In their suffering, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Troparion of the venerable ones, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Kontakion of the venerable martyrs, tone 2 You fled the tumult of this world and found rest in the calm haven, crowned with the blood of martyrdom and the labours of asceticism. For this you have been brought to dwell with the martyrs and the venerable.

**January 14 Apodosis of the Theophany
Nina, equal to the apostles, enlightener of Iberia**

Troparion of Nina, tone 4 Holy Nina, equal to the apostles, servant of the Word of God who emulated the first-called Andrew and the other apostles in apostolic preaching, enlightener of Iberia and harp of the Holy Spirit: entreat Christ our God that our souls be saved.

Kontakion of Nina, tone 2 Let all come and hymn today the most praised Nina, the preacher of the Word of God, the equal of the apostles, who was chosen by Christ, the wise evangelist

who has led the people of Akartalinaia to the path of life and truth, the disciple of the Mother of God, our fervent helper and tireless guardian.

January 15 Venerable fathers Paul of Thebes and John the Hut-dweller

Troparion of the fathers, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Kontakion of venerable Paul, tone 3 Assembling today, let us praise in hymns the never-failing lamp of the noetic sun; who shines upon those in the darkness of ignorance, leading all to the divine heights, O venerable Paul, adornment of those of Thebes, firm foundation of the venerable.

Kontakion of venerable John, tone 2 Loving the riches which cannot be stolen, O wise John, you rejected the riches of your parents; and with the Gospel in your hands, you followed Christ our God to where you pray unceasingly for us all.

January 16 The Chains of the Apostle Peter

Troparion, tone 4 Without leaving Rome you come to us, O first-enthroned of the apostles, with the precious chains which you once carried; and bowing down before them with faith, we pray: Through your supplications to God, grant us great mercy.

Kontakion, tone 2 Let us praise the great Peter, chief and first among the apostles, the divine disciple of him who is truth; and with faith let us kiss his chains, receiving release from our transgressions.

January 17 Venerable Anthony the Great

Troparion, tone 4 Emulating Elias in his zeal, and following the Baptist with forthright steps, O Father Anthony, you were a dweller in the desert, and have given uprightness to the world by your supplications: entreat Christ our God that our souls be saved.

Kontakion, tone 2 Having rejected the tumult of this worldly life, you lived a life of stillness to the end, in imitation of the Baptist in every way, O venerable one, Therefore with him we honour you, O Anthony, first among the fathers.

January 18 Hierarchs Athanasius and Cyril of Alexandria

Troparion, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Alternative troparion, tone 3 Shining forth with works of Orthodoxy and reducing every heresy to ashes, you were victors and conquerors, enriching all with piety; and having greatly adorned the Church, as is fitting you have acquired Christ our God, who grants us great mercy.

Kontakion, tone 4 Planting Orthodox doctrine, you cut down the tares of heresy, causing the seed of faith to increase through the rain of the Spirit; therefore, we hymn you, O venerable ones.

Troparia and Kontakia

January 19 Venerable Macarius the Egyptian

Troparion, tone 1 Dwelling in the desert as an angel incarnate, | you proved to be a worker of miracles, O God-bearing father, Macarius. | Having received heavenly gifts through fasting, vigils and prayer, | you heal the infirmities and souls of those who come to you in faith. | Glory to him who gave you strength, ~| glory to him who crowned you; || glory to him who through you works healings for all.

Kontakion, tone 1 Having reached the end of this life with the choirs of the martyrs, you dwell in the land of the meek as is fitting, O God-bearing Macarius. Having populated the desert as if it were a city, you received from God the grace of miracles: therefore we honour you.

And on the same day, Hierarch Mark of Ephesus, the Confessor

Troparion, tone 8 Instructor of Orthodoxy and opponent of innovations, stairway of the faith, beacon of the Church and divinely inspired imprint of doctrine; O most wise Mark, the harp of the Spirit, through your writing you have enlightened all: entreat Christ our God that our souls may be saved.

Kontakion, tone 8 Taking the divinely wise writings of the theologians into your heart as one who is truly eloquent, you proclaimed the procession of the Holy Spirit as was needful, O ever-praised one; and so you sealed the most holy Symbol of the faith. Therefore we sing: Rejoice, O divinely eloquent Mark.

January 20 Venerable Evthemius the Great

Troparion, tone 4 Rejoice, O infertile desert, and be of good cheer though you have not felt the pain of birth; for the man of spiritual aspiration has multiplied children for you, planting them with piety and nurturing them with abstinence which leads to the perfection of the virtues: by his prayers bring peace to our lives, O Christ our God.

Kontakion, tone 8 Creation finds joy in your honoured nativity and in your divine memory, O venerable one, receiving the good cheer of your many miracles: give richly of them to our souls, and wash away the defilement of our sins, that we may sing to God: Alleluia.

January 21 Martyr Agnes of Rome

Troparion, tone 4 Your martyr Agnes loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you. | Accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Kontakion, tone 2 Finding your holy relics to be and ever flowing fount of healing for our afflicted souls and bodies, O holy martyr, all of us the faithful cry out to you in thanksgiving: O most blessed Agnes, innocent and unblemished lamb of the flock of Christ the chief shepherd, pray unceasingly that our souls be saved.

And on the same day, Venerable Maximus the Confessor, and the Martyr Neophitos

Troparion of Maximus the Confessor, tone 8 Instructor of Orthodoxy, teacher of piety and purity; beacon for the world and divinely inspired adornment of hierarchs: O Maximus most wise, you have enlightened all by your doctrines. O harp of the Spirit, entreat Christ our God that our souls may be saved.

Troparion of the martyr, tone 4 In his suffering, O Lord, Neophitos your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion of Maximus, tone 6 The thrice radiant light which dwelt in your soul has made you a chosen vessel, O blessed Maximus, revealing things divine to the ends of the earth: you provided an understanding of things hard to comprehend and you clearly preached to all the transcendent and unoriginate Trinity.

January 22 The Sunday on or after: the new martyrs and confessors of Russia

Troparion, tone 4 Holy hierarchs and royal passion bearers; | pastors, monastics and countless new martyrs and confessors; | men, women and children, the flowers of the spiritual meadow of Russia | who blossomed wondrously in time of bitter persecution, | bearing good fruit for Christ in your endurance: | entreat him, the one who planted you, | that he deliver his people from godless and evil men, | that the Church of Russia be made steadfast through your blood and suffering, || for the salvation of our souls.

Kontakion, tone 2 O new passion bearers of Russia, who by your confession finished your earthly course, receiving boldness through your sufferings, beseech Christ who strengthened you, that we also, whenever the time of trial may find us, may receive the gift of courage from God. For you are a model for us who venerate your struggle, for neither tribulation, prison, nor death, could separate you from the love of God.

**January 22 Apostle Timothy
Venerable martyr Anastasius the Persian**

Troparion of the apostle, tone 4 Learning goodness and being sober in all things with a good conscience, arrayed as a priest you drew forth ineffable things from the chosen vessel; and having kept the faith, you finished the even course. O Apostle Timothy, entreat Christ our God that our souls be saved.

Troparion of the martyr, tone 4 In his suffering, O Lord, Anastasius your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion of the apostle and of the martyr, tone 1 O faithful, let us all hymn Timothy, the divine disciple and companion of Paul, honouring with him the wise Anastasius who shone brightly from Persia like a star, dispelling the passions of our souls and our bodily infirmities.

January 23 Hieromartyr Clement of Ancyra

Troparion, tone 4 You have been given to the faithful, O sacred one, as a branch of holiness and a stem of struggle, as a most sacred flower and divinely bestowed and ever-blossoming fruit. As a fellow-sufferer of the martyrs and a colleague of hierarchs, entreat Christ our God that our souls be saved.

Troparia and Kontakia

Kontakion, tone 4 You were a precious offshoot of Christ the branch, O much-suffering and most praised Clement, and you cry out with those who have suffered: You are the radiant joy of the martyrs, O Christ.

January 24 Venerable mother Xenia of Rome

Troparion, tone 8 That which was created in the image of God was preserved in you, O Mother; for taking up the cross you followed Christ. By your deeds you have taught us to reject the flesh for it passes away, but to care for the soul as a thing immortal. Therefore O venerable Xenia your soul rejoices with the angels.

Kontakion, tone 2 Celebrating your strange memorial, O Xenia, we who honour you with love hymn Christ who gave you the power of healing in all things: to him may you ever pray on our behalf.

And on the same day, Venerable Xenia of St Petersburg

Troparion, tone 4 Spurning the vanity of this earthly world, | you took up the cross of a wandering life of homelessness. | You did not fear tribulation, deprivation and the mockery of men, | but came to know the love of Christ in which you now delight in heaven. || O divinely wise and bless'd Xenia, pray for the salvation of our souls.

Kontakion, tone 3 A stranger on earth and sighing for the heavenly homeland, | you were considered to be a fool by the foolish and unbelieving, | but are recognized as wise and holy by the faithful. | Now you are crowned by God with glory and honour, | O Xenia of manly mind and divine understanding, | to you we sing: Rejoice, || for after your earthly sojourn you dwell in the house of your Father.

January 25 Gregory the Theologian

Troparion, tone 1 The shepherd's pipe of your theology silenced the trumpeting of the orators, for beauties of discourse were added to you, who delved into the depths of the Spirit. O father Gregory, entreat Christ our God that our souls be saved.

Kontakion, tone 3 O glorious one who destroyed the orators' webs with the language of your theology, you have adorned the Church with the vesture of theology woven from on high; and the Church, wearing it, cries out with us, your children: Rejoice, O father, the utmost mind of theology.

January 26 Venerable Xenophon of Constantinople with his wife Mary and their sons Arcadius and John

Troparion, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Kontakion, tone 4 Having fled the sea of life, righteous Xenophon with his honourable spouse and children rejoice together in heaven, where they magnify Christ.

January 27 Translation of the relics of St John Chrysostom

Troparion, tone 8 Grace has shone forth from your mouth with the brilliance of fire enlightening the universe. | You gathered not the miserly treasures of this world, but have revealed to us the heights of lowliness of mind. | While you teach us by your words, O father John Chrysostom, || pray to Christ our God, the Word, that he may save our souls.

Kontakion of the translation of the relics, tone 1 The honourable Church was mystically gladdened by the return of your precious relics, and having hidden them like most precious gold, by your supplication she bountifully imparts the grace of healings to those who hymn you, O John Chrysostom.

January 28 Venerable Ephraim the Syrian

Troparion, tone 8 With the streams of your tears you cultivated the barrenness of the desert, | and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: | radiating miracles you are a shining light for the world. || Ephraim our father, entreat Christ our God that our souls be saved.

Kontakion, tone 2 Ever looking forward to the hour of judgment, you bitterly lamented, O venerable Ephraim, and though a lover of stillness, you were also a teacher of activity. Therefore, O universal father, you move the slothful to repentance.

January 29 Translation of the relics of Ignatius of Antioch

Troparion, tone 4 You shared in the ways of the apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, Hieromartyr Ignatios entreat Christ our God that our souls be saved.

Kontakion, tone 4 You shine forth from the east today, illumining all creation with your doctrines, and adorned with martyrdom, O God-bearing and divine Ignatius.

**January 30 Hierarchs Basil the Great, Gregory the Theologian
and John Chrysostom**

Troparion, tone 4 As you shared in the ways of the apostles, | O teachers of the world, | entreat the Master of all, | that he grant peace to the world || and great mercy to our souls.

Kontakion, tone 2 You have received into the enjoyment of good things, and into your rest, O Lord, | these sacred heralds of divine proclamation | and foremost among the teachers; | you have received their labours and death as surpassing any whole-burnt offering, || O Lord who alone glorifies your holy ones.

January 31 Unmercenary healers Cyrus and John

Troparion, tone 5 O Christ our God who has given us the miracles | of your holy martyrs as an invincible rampart, | through their supplications being down the counsels of the heathen | and strengthen the sceptres of kings, || as you alone are good and loving to mankind.

Kontakion, tone 3 Receiving the gift of miracles from divine grace O holy ones, | you work wonders unceasingly, | cutting down our passions with invisible skill, | O divinely wise Cyrus and glorious John; || for you are divine physicians.

Troparia and Kontakia

One may note that in this following month certain days have no Troparion, as Lent may have started. If needed, common Troparia may be used.

February 1 Forefeast of the Meeting of the Lord Martyr Tryphon

Troparion of the Forefeast, tone 1 The celestial choir of the angels, | oming down to earth, beholds the firstborn of all creation | carried into the Temple as a baby in the arms of the unwedded Mother. ~ Therefore let us sing || pre-festal hymns with rejoicing.

Troparion of the martyr Tryphon, tone 4 In his suffering, O Lord, Tryphon your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion of the martyr Tryphon, tone 8 You uprooted polytheism from the ends of the earth with the steadfastness of the Trinity, O glorious one; you vanquished the tyrants with the honour of Christ the Saviour, and for this you received a crown and gift of divine healing, as one invincible.

Kontakion of the Forefeast, tone 6 The Word who is invisibly with the Father is now seen in the flesh, ineffably born of the Virgin and given to the holy elder: let us worship him as our true God.

And on the same day, Venerable Bridget, Enlightener of Ireland

Troparion, tone 4 Instructed by the discourse of holy Patrick, you arrived at the uttermost west, heralding the Orient which has visited us from on high. Therefore we bless you, O venerable mother Bridget, and cry out to you: Pray for our souls.

Kontakion, tone 6 Rejecting your noble rank and loving the godly monastic life, from the wood of the oak you raised up a convent, the first in your land; and having gathered a multitude of nuns, you taught the surrounding lands to cry out to the Lord: O Almighty Saviour, have mercy on us.

February 2 The Meeting of the Lord

Troparion of the Meeting, tone 1 Rejoice, O virgin Mother of God, full of grace, | for from you has shone forth Christ our God, | the Sun of Righteousness who illumines those in darkness: | be glad also, O righteous elder, | who received into your arms || the deliverer of our souls, who grants us resurrection.

Kontakion of the meeting, tone 1 By your birth you sanctified the Virgin's womb, and fittingly blessed the hands of Simeon, thereby anticipating our salvation, O Christ our God. Give peace to your church in time of battle and strength to the Orthodox people whom you love, for you alone are the lover of mankind.

February 3 Afterfeast of the Meeting of the Lord Righteous Simeon and Anna the prophetess

Troparion and Kontakion of the Meeting

Kontakion of righteous Simeon, tone 4 Today the elder asked to be released from the bonds of this life of corruption, receiving in his arms Christ, the creator and Lord.

**February 4 Afterfeast of the Meeting of the Lord
Venerable Isidore of Pelusium**

Troparion and Kontakion of the Meeting

Troparion of St Isidore, tone 8 That which was created in the image of God was preserved in you, O Father; | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. || Therefore O venerable Isidore your soul rejoices with the angels.

Kontakion of St Isidore, tone 4 Finding you to be another morning star, O most glorious father, the Church cries out to you, illumined by the lightning flashes of your words. Rejoice, O blessed and divinely wise Isidore.

**February 5 Afterfeast of the Meeting of the Lord
Martyr Agatha of Palermo**

Troparion and Kontakion of the Meeting

Troparion of the martyr Agatha, tone 4 Your martyr Agatha loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you. | Accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Kontakion of the martyr Agatha, tone 4 Let the Church be adorned today with a glorious robe of purple dyed in the pure blood of the martyr Agatha, and cry out: Rejoice, O boast of Catania.

Troparion of Theodosius of Chernigov, tone 4 O holy hierarch Theodosius, most honoured among hierarchs, a beacon to your flock who has passed on to the mansions of heaven. Pray before the throne of the king of glory that he deliver us from the evils which assail us and save our souls, by your intercession, O holy one.

Kontakion of Theodosius of Chernigov, tone 4 O holy hierarch Theodosius who laboured for Christ the chief shepherd, nurturing your rational sheep in the spiritual pasture; and who received from Christ our God the gift of healing to cure the spiritual and bodily infirmities of all who with faith approach your healing relics. Pray, O holy one, that all who now call upon your name be saved from the assaults of the enemy, and that our souls find mercy.

**February 6 Afterfeast of the Meeting of the Lord
Hierarch Bucolus of Smyrna**

Troparion and Kontakion of the Meeting

Troparia and Kontakia

Troparion of the hierarch Bucolus, tone 4 Truly you were revealed to your flock | as a standard of faith, | a model of humility and a teacher of abstinence. | Thus you reached the heights through lowliness and wealth through poverty. | Holy hierarch Bucolus, | pray to Christ our God || for the salvation of our souls.

And on the same day, Photius the Patriarch

Troparion, tone 4 As one who was like the apostles in your life, | and as a teacher for the world, | entreat the Master of all, O Photius, | that he grant peace to the world || and great mercy to our souls.

Another troparion, tone 5 As a radiant beacon hidden in God and a defender of Orthodoxy revealed from on high, O great Photius, blessed adornment of patriarchs, you refuted the innovations of prideful heresy. O light of the holy Churches, luminary of the Orient on high, preserve them from all error.

Kontakion, tone 8 Now let the most brilliant luminary of the Church be crowned with flowers of hymnody; the most godly instructor of the Orthodox, the divinely inspired harp of the Spirit, the most might opponent of heresy; and let us cry out to him: Rejoice, O most honoured Photius.

February 7 Afterfeast of the Meeting of the Lord Hierarch Parthenius of Lampsacus, Venerable Luke of Hellas

Troparion and Kontakion of the Meeting

Troparion of Parthenius and Luke, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Kontakion of St Parthenius, tone 3 Filled with the divine Spirit, you shone forth in works of piety, O sacred wonder worker Parthenius, and turned men away from falsehood, healing the sufferings of the sick. O venerable father, entreat Christ our God that our souls be saved.

Kontakion of the venerable Luke, tone 8 Loving virtue from childhood, you avoided every pleasure, O wise one, with diligent fasting and abstinence. You did not follow your mother's desire, but secretly committed yourself to a life of wandering; but God revealed you again to your mother who justly lamented being deprived of you, most excellent one. Dwelling now with her, entreat Christ our God that he grant remission of transgressions to those who with love celebrate your holy memory.

February 8 Afterfeast of the Meeting of the Lord Great martyr Theodore the General

Troparion and Kontakion of the Meeting

Troparion of Theodore, tone 4 Through true recruitment | you became a worthy general of the heavenly king, | O passion bearer Theodore, who wisely put on the whole armour of God: | defeating legions of demons, you were a victorious athlete; || and so, with faith, we ever bless you.

Kontakion of Theodore, tone 2 Having put on the whole armour of faith with valour of soul, and taking the word of God as a spear, you conquered the enemy, O Theodore, great among the martyrs. With them never cease to entreat Christ our God for us all.

**February 9 Apodosis of the Meeting of the Lord
Martyr Nikiphorus**

Troparion and Kontakion of the Meeting

Troparion of the martyr Nikiphorus, tone 4 In his suffering, O Lord, Nikiphorus your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion of the martyr Nikiphorus, tone 1 Bound by the bond of love, O Nikiphorus, you destroyed the malice of hatred, and were beheaded by the sword as a divine martyr of the incarnate Saviour: entreat him on behalf of us who hymn your glorious memory.

February 10 Martyr Charalambos

Troparion, tone 4 In his suffering, O Lord, Charalambos your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion, tone 8 Perfected by the grace of the episcopate, O glorious one, you splendidly adorned the Church with your divine suffering, which you bravely accepted with rejoicing for Christ's sake, O Charalambos, an honoured beacon for the world, who illumines the ends of the earth, as one invincible.

February 11 Hieromartyr Blaise

Troparion, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood: O hieromartyr Blaise, entreat Christ our God that our souls be saved.

Kontakion, tone 8 Adorned with the anointing of the episcopate and the blood of martyrdom, | and joining chorus you shine in the highest, | watching over those who come to your church O glorious Blaise, || who there unceasingly sing to you: Preserve us all.

February 12 Hierarch Meletius of Antioch

Troparion, tone 4 Truly you were revealed to your flock | as a standard of faith, | a model of humility and a teacher of abstinence. | Thus you reached the heights through lowliness and wealth through poverty. | Holy hierarch Meletius, | pray to Christ our God || for the salvation of our souls.

Kontakion, tone 6 Fearing the boldness of your spirit, Macedonius the apostate ran from you, but we your servants celebrate a service of prayer for you, having recourse to you with love, O Meletius, conversor with the angels and fiery sword of Christ our God, which cuts down the ungodly: we hymn you as a beacon enlightening all.

Troparia and Kontakia

And on the same day, Alexis, Metropolitan of Moscow

Troparion, tone 8 Hastening to your precious shrine, O divinely wise wonder-worker, and assembling with love we celebrate with splendour the memory of you, O holy hierarch Alexis, equally enthroned with the apostles; the most good physician and truly pleasing servant. We rejoice with songs and hymns, glorifying Christ who has given you such grace to heal, and who has bestowed upon your city such a great defence.

Kontakion, tone 8 O people, hymning with faith the new wonder-worker Alexis, the godly and honourable hierarch of Christ, let us bless him with love as a great pastor, a most wise minister and teacher of the land of Russia. Hastening today to his memorial, let us joyfully utter a hymn to the God-bearer: As you have boldness before God, deliver us from various evil circumstances, that we may sing to you: Rejoiced, O confirmation of your city.

February 13 Venerable Martinian

Troparion, tone 8 With the torrent of your tears you quenched the fire of temptation, O blessed one, | and taming the billows of the sea and the raging of wild beasts, you cried out:| You are most glorious, O Almighty, who has saved me from fire and storm.

Kontakion, tone 2 As a skilled ascetic of piety, an honoured athlete by volition, and an inhabitant and citizen of the desert, we rightly praise in hymns the ever-honourable Martinian who trampled the serpent underfoot.

February 14 Venerable Avxentius

Troparion, tone 1 Dwelling in the desert as an angel incarnate, | you proved to be a worker of miracles, O God-bearing father, Avxentius. | Having received heavenly gifts through fasting, vigils and prayer, | you heal the infirmities and souls of those who come to you in faith. | Glory to him who gave you strength, ~| glory to him who crowned you; || glory to him who through you works healings for all.

Kontakion, tone 2 Delighting in abstinence and restraining the desires of the flesh, O divinely wise and sacred father Avxentius, you are seen to be shining with faith and blossoming like a plant in the midst of Paradise.

February 15 Apostle Onesimus

Troparion, tone 3 O holy apostle Onesimus, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion, tone 4 You shone upon the world as a bright ray, O blessed one, shining with the radiance of Paul, that sun who has illumined the world; and so we honour you, O glorious Onesimus.

February 16 Martyr Pamphilus and those with him

Troparion, tone 3 Let us praise with hymns the company of twelve martyrs | Pamphilus, Paul and Valens, | Porphyrius, Selevcos, Julian and Theodulos | with the five brothers Samuel, Elias, Daniel, Jeremiah and Isaiah; || for they ever pray to the Master for us all.

Kontakion, tone 4 Rejoicing in wisdom made manifest by heaven when dreadful torments lay before them, the valiant athletes decided amongst themselves not to spare their; and so they have inherited eternal glory, ever praying for us who praise their contest.

February 17 Great martyr Theodore the Recruit

Troparion, tone 2 Great are the achievements of faith, | for the holy martyr Theodore rejoiced in the fountain of flames | as though in the still waters of rest: | consumed in the fire he was offered as a sacrifice to the Trinity. || Through his intercession, save our souls, O Christ our God.

Kontakion, tone 8 You carried the faith of Christ within your heart like a shield | and trampled underfoot the power of the enemy, O greatly suffering martyr; | you have received a heavenly and eternal crown, | for you were undefeated in the battle.

And on the same day, Hieromartyr Hermogenes Patriarch of Moscow

Troparion, tone 4 O foremost hierarch of the Russian land and tireless advocate for it before God, laying down your life for the faith of Christ and your flock, you delivered your land from ungodliness. Therefore we cry out to you: Save us by your prayers, O hieromartyr Hermogenes our father.

Kontakion, tone 6 Wasting away in imprisonment and starvation, you remained faithful even to your death, O blessed Hermogenes, driving faint-heartedness from the hearts of your people and calling all to the common struggle. Thus you brought down the rebellion of the ungodly and made the land firm, that all may sing to you: Rejoice, O helper of the Russian land.

February 18 Hierarch Leo, pope of Rome

Troparion, tone 8 Instructor of Orthodoxy, teacher of piety and purity; beacon for the world and divinely inspired adornment of hierarchs: O Leo most wise, you have enlightened all by your doctrines. O harp of the Spirit, entreat Christ our God that our souls may be saved.

Kontakion, tone 3 Seated upon the episcopal throne, O glorious one, and having shut the mouths of the noetic lions, with the divinely inspired dogmas of the worshipful Trinity you shed upon your flock the light of the knowledge of God; and so you are glorified as a divine servitor of the mysteries of the grace of God.

February 19 Apostle Archippus

Troparion, tone 3 O holy apostle Archippus, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion, tone 4 Possessing you as a great star, O Archippus, and illumined by the rays of your miracles, the Church cries out to you: Save those who honour your memory with faith.

February 20 Venerable Leo, Bishop of Catania

Troparion, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Leo, pray to Christ our God for the salvation of our souls.

Troparia and Kontakia

Kontakion, tone 8 The Church possesses you, O blessed and venerable one, | as a great beacon shining more brightly than the sun: | by your supplications preserve it invincible, || unshaken and unharmed by any heresy, O ever-memorable Leo.

On the same day, hieromartyr Cornelius of the Pskov Caves

Troparion, tone 6 The monastery of the Pskov Caves, famous from of old for the miracles of the icon of the Mother of God, has raised many monks for God: there the venerable Cornelius fought the good fight, glorifying the wondrous Mother of God, enlightening the heathen and saving many monks and people, marvelously adorning and fortifying his habitation. There also he received bravely the crown of martyrdom after many years as a pastor. O people, let us hymn Christ our God and thank his most pure Mother, for he has given us the glorious hieromartyr as a truly blessed advocate for our souls.

Kontakion, tone 4 You were a radiant lamp of Orthodoxy and a double defense of the land of Pskov, O father, uprooting polytheism and guiding the people to God. By you the household of the Mother of God was made strong and glorious; and adorned with the virtues, you received the crown of martyrdom. O venerable Cornelius, remember us your children as you pray to the Lord.

February 21 Venerable Timothy of Symbola in Bithynia Hierarch Evstathius of Antioch

Troparion, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Kontakion, tone 4 Shining from the east like a most radiant star, you have shone the virtues of your wonders in the hearts of the faithful, O blessed wonder-worker Timothy.

And on the same day, the Kozelshanskaya Icon of the BVM

Troparion, tone 3 O most hymned Mother of God, hope of the world, grant us abundant gifts of grace from the inexhaustible fount of your wonder-working icon, that we may sing in thanksgiving: Rejoice, O most merciful Queen and Mother of Christians.

Kontakion, tone 1 As your divine Son raised the paralytic from his bed by his word alone, so also you raised up in an instant the ailing maiden. Have pity now on your people who offer you faith and fervent tears, and grant all their petitions which are expedient for them, protecting them from misfortunes, that we may sing: All things are possible for you; O Mother of God, save us.

February 22 Discovery of the relics of the martyrs at the gate of Evgenius

Troparion, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Kontakion, tone 8 O mighty pillars of the faith, truly victorious martyrs, | having suffered various torments for Christ, you remained hidden for many years, | and now you have been revealed like riches of great value, | carried with honour into the Church of Christ in the hands of the hierarch of God: | you grant that which is profitable, therefore pray for our souls.

February 23 Hieromartyr Polycarp of Smyrna

Troparion, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, O hiero-martyr Polycarp. Entreat Christ our God that our souls be saved.

Kontakion, tone 1 Offering to the Lord in sacrifice the virtues as spiritual fruit, O wise Polycarp, you were therefore glorified by God as a worthy hierarch. And so, enlightened today by your words, we hymn your praiseworthy memory, glorifying the Lord.

February 24 Finding of the head of the Forerunner

Troparion, tone 4 The head of the Forerunner has shone forth from the earth, shedding healing rays of incorruption upon the faithful. On high, it gathers a multitude of angels, and on earth it calls upon mankind with one voice to ascribe glory to our God.

Kontakion, tone 2 O prophet of God and herald of grace, having obtained your head from the earth as a most sacred rose, we ever receive healing; for still you preach repentance, as of old in the world.

February 25 Tarasius, Archbishop of Constantinople

Troparion, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Tarasius, pray to Christ our God for the salvation of our souls.

Kontakion, tone 3 Having illumined the church with orthodox dogmas and taught all to honour and venerate the precious icon of Christ, O blessed one, you denounced the godless decree of the iconoclasts, and so we sing to you: Rejoice, O wise father Tarasius.

February 26 Porphyrius, Archbishop of Gaza

Troparion, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Porphyrius, pray to Christ our God for the salvation of our souls.

Kontakion, tone 2 Adorned with sacred virtues, you were resplendent in the high-priestly vesture, O blessed and divinely wise Porphyrius, who spread beauty by your healings and exhortations, praying unceasingly for us all.

February 27 Venerable Procopius of Decapolis, the Confessor

Troparion, tone 8 With the streams of your tears you cultivated the barrenness of the desert, | and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: | radiating miracles you are a shining light for the world. || O Procopius our father, entreat Christ our God that our souls be saved.

Troparia and Kontakia

Kontakion, tone 4 Possessing you as a morning star | which dispels the darkness of heresy, the church today gives honour to you, | Procopius most glorious, || partaker of the heavenly mysteries.

February 28 Venerable Basil the Confessor, fellow ascetic of Procopius

Troparion, tone 1 Dwelling in the desert as an angel incarnate, | you proved to be a worker of miracles, O God-bearing father, Basil. | Having received heavenly gifts through fasting, vigils and prayer, | you heal the infirmities and souls of those who come to you in faith. | Glory to him who gave you strength, ~| glory to him who crowned you; || glory to him who through you works healings for all.

Kontakion, tone 2 Receiving divine revelation from on high, you withdrew from the midst of the tumult, O wise one; and having lived the monastic life venerably, you received the power to work miracles and to heal diseases by grace, O blessed and sacred Basil.

February 29 Venerable John Cassian the Roman

The Menaion provides no Troparion or Kontakion, but one may use these:

Troparion, tone 8 Desiring higher states of perfection, you lingered upon the spiritual meadows of the ascetics; then, bringing treasure from the east to the west, you recorded your wisdom for those who love the spiritual life. Having served the Lord faithfully in the land of the Gauls, and having planted monasteries there, O father John Cassian, pray for the salvation of your fellow ascetics.

Kontakion, tone 2 Having delighted in discipline, abstinence, and self control, | O divinely wise one, | and having bridled your carnal desires, you increased in faith; | and you flourished like the Tree of Life in the midst of Eden, || O blessed and sacred Father John Cassian.

March 1 Venerable martyr Evdokia

Troparion, tone 8 Having bound your soul to the love of Christ with uprightness of mind, as a disciple of the Word you avoided corrupt, transitory and beautiful things; and having mortified the passions by fasting, you put the enemy to shame by your suffering. Therefore Christ has granted you a twofold crown. Glorious Evdokia, venerable sufferer, entreat Christ our God that our souls be saved.

Kontakion, tone 4 Having contended well in your suffering, O martyr, | even after your death, with outpourings of wonders | you sanctify us, who with faith come to your divine church: | in celebration we entreat you, O venerable martyr Evdokia: | May we be delivered from spiritual afflictions and evoke the grace of miracles.

March 2 Hieromartyr Theodotus, Bishop of Kyrenia

Kontakion, tone 3 You denounced the sea of false belief, and with the faith of correct belief you wounded the falsehood of the godlessness of idolatry: as a divine immolation you bedew the ends of the earth with your wonder working, O holy hierarch Theodotus our father; entreat Christ our God to grant us great mercy.

And on the same day, the Reigning Kolomna Icon of the BVM

Troparion, tone 6 Seeking the city of Sion, we flee today beneath your protection, O pure Virgin, and no one can assail us, for there is no city as powerful as the one of him who is God, and no other power equal to that of the mercy of the virgin Lady.

Kontakion, tone 8 To you the champion leader, we your flock dedicate | a feast of victory and of thanksgiving, as ones rescued out of suffering O Mother of God. | But as you are invincible in power, deliver us from all dangers, | that we may cry to you, Rejoice O Bride unwedded.

March 3 Martyrs Evtropius, Cleonicus and Vasiliscus

The Menaion provides no Troparion or Kontakion, but these may be used

Troparion of the martyrs, tone 4 Let us praise Evtropius, Basiliscus and divine Cleonicus, the three holy Athletes of Christ. They surpassed human endurance in their contests and professed the supremacy of the Trinity, and ever intercede that we all may be saved.

Kontakion of the martyrs, tone 4 Evtropius, Kleonikus and Basiliskus, | bound together in unity of faith, || by their noble contest speedily destroyed the enemies' ranks.

March 4 Venerable Gerasimus of the Jordan

Troparion, tone 1 You shone as a desert dweller, | a summit of ascetics and a reflection of the angelic life; | you were made radiant with the light of the Spirit, | O Gerasimos, adornment of the righteous. | Therefore you unfailingly heal those who cry out: | Glory to him who has strengthened you; | glory to him who has crowned you; || glory to him who through you works healings for all.

Kontakion, tone 4 Burning with heavenly love | you preferred the harshness of Jordan's desert to the delights of the world; | hence a wild creature submitted to you | and became obedient even to your death, O father, | dying in obedience and grief on your grave; | and thus God glorified you. || And when you pray to him, O father Gerasimos, be mindful of us.

March 5 Martyr Conon

Troparion tone 5 Armed with the grace of the Spirit, | you mightily destroyed the power of ungodliness | and shone forth with miracles. | Dyed in the stream of your blood, | O Martyr Conon, | you now glorify God | | who through you grants us grace and great mercy.

Kontakion, tone 3 Having lived on earth as an angel in purity, you were granted to converse with the angels, having brought your parents to the knowledge of Christ: having confessed the one God in Trinity, you suffered to the shedding of your blood. O martyr Conon, ever entreat him for us all.

March 6 Forty two martyrs of Amorium

Troparion, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Troparia and Kontakia

Kontakion, tone 2 With wreaths of praise as is fitting, let us all crown the newly revealed stars of the faith who suffered ardently for Christ and who now pray to him for us, as they are pillars and ramparts of the Christian realm.

March 7 Hieromartyrs, the Bishops of Cherson

Troparion, tone 4 The sevenfold company of holy Hierarchs, | the martyred Bishops of Cherson, | have illumined the Church of Christ | by the inspired struggles of their contest. || By their intercession, O Christ our God, have mercy on us all.

Kontakion, tone 2 The radiant day of the pastors, the bishops in Cherson, has dawned with splendour; and we hymn the feast of those who suffered for the sheep of Christ. O hieromartyrs, entreat Christ the chief shepherd, that he honour us with a place with the sheep at his right hand, that we may sing to you: Rejoice, O sacred fathers who shed your blood for Christ.

March 8 Venerable Theophylactus the confessor, Bishop of Nicomedia

Troparion, tone 3 You were an unsleeping guardian of the Church and a refuter of ungodliness. You revered the icon of Christ, and so endured exiles and afflictions. Righteous Father Theophylact, entreat Christ our God to grant us his great mercy.

Kontakion, tone 2 You were proven to be a radiant beacon reaching the ends of the earth, O holy hierarch Theophylactus; and having preached the Word, of one essence with the Father and the Spirit, you enlightened the council of the godly fathers, seen as a favourite of the Trinity. Standing before him, pray unceasingly for us all.

March 9 The forty martyrs of Sevaste

Troparion, tone 1 May the agonies of these holy ones which they endured for you, O Lord, serve to entreat you as we pray to you to heal our pangs, O lover of mankind.

Kontakion, tone 6 Having abandoned the worldly army, you cleaved to the Master in heaven, O forty passion bearers of the Lord; for having passed through fire and water, O blessed ones, as is fitting, you received glory from heaven and a multitude of crowns.

March 10 Martyr Codratus and those with him

The Menaion provides no Troparion or Kontakion, but these may be used

Troparion of the Martyrs, tone 1 Let godly-minded Cadratus, Anektos, Paul, Dionysios, Cyprian and Crescens | be praised with tuneful hymns; | for as the sixfold choir of Christ's prizewinners || they ever pray for us to the Trinity.

Kontakion of the Martyrs, tone 4 Contesting bravely in Corinth, O wise martyrs, | you appeared as lamps of six lights; | ever lighting the way for Christ's faithful by the grace that was given to you.

March 11 Sophronius, Patriarch of Jerusalem

Troparion, tone 5 O Father Sophronius, | glorious in the splendour of sobriety, | you revealed your ineffable enlightenment from heaven through the radiance of your words. | Having attained wisdom in your life as an illustrious hierarch | you now now confirm your Church, || as an intercessor for us before the Lord.

Kontakion, tone 8 O Sophronius of Jerusalem, wise among patriarchs, | who strove with divine zeal, setting the foundations of the Church in good order, | and radiating the commandments of truth with your lips; | addressing those in the monastic ranks, you brought wise discourses to light. || Instructed thereby, we cry out to you: Rejoice, O splendid boast of the Orthodox.

March 12 Simeon the New Theologian

Troparion, tone 8 With the streams of your tears you cultivated the barrenness of the desert, | and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: | radiating miracles you are a shining light for the world. || O Simeon our father, entreat Christ our God that our souls be saved.

Kontakion, tone 4 The Church of Christ rejoices today, | celebrating your memory with splendour. | You have adorned it with your discourses and prayers, | guiding the children of faith to the mansions of heaven. | You have shone with ineffable light, | having received radiance from Christ our God, our sun, | Simeon, our venerable father.

March 12 Theophanes the Confessor of Mount Sigriana

Kontakion, tone 2 Receiving divine revelation from on high, with diligence you departed from the midst of the tumult of life; and having become a solitary, O venerable one, you received power to work wonders and the dignity of prophecy, having deprived yourself of wealth and wife.

March 12 Gregory the Dialogist, Pope of Rome

Troparion, tone 4 Receiving divine grace from God on high, and strengthened with the power thereof, O glorious Gregory, you chose to walk the path of the Gospel; and so you have received from Christ the reward of your labours, O blessed one: entreat him that he save our souls.

Kontakion, tone 3 As an emulator of Christ the chief shepherd, O father Gregory, you guided the orders of monks to the fold of heaven, from where you taught the flock of Christ his commandments; and now you rejoice and dance with them in the mansions of heaven.

March 13 Translation of the relics of Nicephorus the Patriarch

Troparion, tone 3 Your fragrant relics have been revealed as godly treasure | filled with life for the Church. | On their solemn translation we receive the gifts of the Spirit. | O righteous Father Nikephorus, | pray to Christ our God || to grant us his great mercy.

Kontakion, tone 1 The choir of patriarchs honours your holy memory with praises and hymns, O Nicephorus, for it received your soul at your translation, O glorious one. Therefore the holy Church today magnifies Christ the king, and glorifies him who alone loves mankind.

Troparia and Kontakia

March 14 Venerable Benedict of Nursia

Troparion, tone 1 By your ascetic struggles, O Godbearing Benedict, | you proved true to your name. | For you were the son of benediction, | and became a model and rule for those who emulate your life and cry: | Glory to him who has strengthened you; | glory to him who has crowned you; || glory to him who through you works healings for all.

Kontakion, tone 6 You were enriched by the grace of God and by your deeds you proclaimed your name. Through prayer and fasting you were full of the gifts of the Spirit of God, O Benedict, favoured one of Christ our God, the healer for the infirm, the repulser of the enemy and the ready helper of our souls.

March 15 Martyr Agapius and the six with him

The Menaion provides no Troparion or Kontakion, but these may be used

Troparion, tone 4 Your soul aflame with love for Christ, | you gathered a company of illustrious athletes, O glorious Agapius. | With them you excelled in righteous contest, | and together you were beheaded by the sword: | ever pray that we be granted the forgiveness of our sins.

Kontakion, tone 4 For love of Christ the sevenfold choir of martyrs spurned all earthly things. | As they were beheaded they cried out together: || O compassionate one, gladden your servants.

March 16 Edward, passion-bearer

See September 3

March 17 Hierarch Patrick, enlightener of Ireland

Troparion, tone 3 O holy hierarch Patrick, wonder worker equal to the apostles, enlightener of the Irish land: entreat the merciful God, that he grant our souls remission of transgressions.

Kontakion, tone 4 You became a true fisher of men, | as you cast the nets of the Gospel, | drawing the heathen into the kingdom of Christ, | enlightening with baptism those in the darkness of idolatry, | making them children of the living God. | O Patrick our father, || intercede for us who honour your memory.

And on the same day, Venerable Alexis, the man of God

Troparion, tone 4 Having mounted to virtue and cleansed your mind, you reached that which was your ultimate desire; and having adorned your life with dispassion and taken up exemplary fasting with a pure conscience, remaining in prayer like one of the bodiless host, you shone forth upon the world like the sun, O most blessed Alexis.

Kontakion, tone 2 Having the house of your parents as a foreign land, you dwelt there in the semblance of a pauper; and receiving after your repose a crown of glory, you were revealed as wondrous on earth, O Alexis, man of God, joy of both angels and men.

March 18 Kyril, Archbishop of Jerusalem

Troparion, tone 3 Clothed in a robe of godliness, you appeared in Zion | as an illustrious pillar of the Apostles' faith. | You became an heir of their grace, | and proclaimed their pious doctrines | and dispensed their talents of wisdom. | Pray for us, O Kyril, || our Father and Hierarch.

Kontakion, tone 1 With your tongue and through divine inspiration you enlightened your people to honour the one Trinity indivisible in essence and divided in persons; and so with rejoicing we celebrate your holy memory, proposing you before God as an intercessor.

March 19 Martyrs Chrysanthus and Daria

Troparion, tone 1 Let us honour the like-minded pair of Martyrs, | Chrysanthus scion of purity, and greatly modest Daria. | United in holiness of faith, they shone forth as communicants of God the Word. | They fought lawfully for him and now save those who sing: | Glory to him who has strengthened you; glory to him who has crowned you; || glory to him who through you works healings for all.

Kontakion, tone 1 O Chrysanthus, in the sweet fragrance of holiness | you drew Daria to saving knowledge. | Together in contest you routed the serpent, the author of all evil, || and were worthily taken up to the heavenly realm.

March 20 Fathers slain at St Savvas Monastery

Troparion, tone 4 As holy and chosen lambs of the Saviour, | from many lands you were gathered in the flock of wise Sabbas. | You were put to death by the cruelty of the barbarians | and you departed joyfully for the heavenly fold. || And now as righteous athletes you are praying for our souls.

Kontakion, tone 4 Rejecting earthly and corruptible things, and living in the desert | spurning the beauties of this world and that which passes away, | you were granted the kingdom of heaven, O blessed ones, | where you celebrate with the choirs of martyrs. | Honouring your memory | we earnestly cry to you: || Deliver us from misfortune, O venerable fathers.

March 21 Venerable James the Confessor, Bishop of Catania

Troparion, tone 5 Shining in holy abstinence, | as a Hierarch and servant of God the Word, | you rightly taught the inspired words of truth. | By your virtuous struggle | you confirmed and revealed the grace given to you | and taught all to worship the icon of the Saviour || to whom you pray for us all.

Kontakion, tone 8 You excelled in the gifts of the priesthood, and by your struggles were illustrious in confessing the faith. | Since you are a fruitful branch of Christ the true vine, | grant the new wine of forgiveness and salvation to those who cry: Rejoice, O Father James.

March 22 Hieromartyr Basil, Priest of the Church of Ancyra

Troparion, tone 3 By the inspiration of the Holy Spirit | you worthily received the anointing of the priesthood, O Basil. | You offered your martyr's contest as a royal sacrifice | to the eternal king. | O righteous Father, entreat Christ our God || to grant us his great mercy.

Troparia and Kontakia

Kontakion, tone 8 Running your race in righteousness, you kept the faith, O hieromartyr Basil, and so you have been granted crowns of martyrdom and have proved to be an unshakable pillar of the Church, confessing the Son as equally unoriginate with the Father and the Trinity as indivisible; and we entreat you that those who honour you be delivered from misfortunes, that we may sing to you: Rejoice, O divinely wise Basil.

March 23 Venerable martyr Nikon and his disciple martyred with him

Troparion, tone 4 Having conquered the crafty one by your asceticism | your holy life became a standard and model to your disciples. | With them you contended for the faith in the West, | and you have all attained glory in heaven, || O Nikon, our venerable father.

Kontakion, tone 8 With the discipline of asceticism you rivaled the athletes in holy zeal, | O steadfast and righteous Martyrs whose witness was an offering to the Lord, | for you had as your sure guide Nikon your glorious father. || Striving together with him you sang: Alleluia.

March 24 Forefeast of the Annunciation of Mary the Mother of God

Troparion of the forefeast, tone 4 Today the first-fruits of universal joy command us to sing pre-festal hymnody; for behold, Gabriel comes, bearing the announcement to the Virgin, and he cries to her: Rejoice, O full of grace, the Lord is with you.

Kontakion of the forefeast, tone 8 You are the beginning of the salvation of us mortals O virgin Mother of God; for Gabriel, the great supreme commander, the servant of God, sent from heaven to stand before you, offered you gladsome joy; and so we all sing to you: Rejoice, O Bride unwedded.

March 25 Annunciation of Mary the Mother of God

Troparion, tone 4 Today is the crown of our salvation | and the revelation of the mystery from eternity. | The Son of God becomes the Son of the Virgin | and Gabriel announces the glad tidings of grace. | Therefore with him let us sing to the Mother of God: | Hail, O full of grace, || the Lord is with you.

Kontakion, tone 8 To you the champion leader, we your flock dedicate | a feast of victory and of thanksgiving, as ones rescued out of suffering O Mother of God. | But as you are invincible in power, deliver us from all dangers, || that we may cry to you, Hail O Bride unwedded.

March 26 Apodosis of the Annunciation Synaxis of the Archangel Gabriel

Troparion of the feast, tone 4 Today is the crown of our salvation and the revelation of the mystery which is from eternity. The Son of God becomes the Son of the Virgin and Gabriel announces the glad tidings of grace. Therefore with him let us sing to the Mother of God: Hail, O full of grace, the Lord is with you.

Troparion of the Archangel, tone 4 Supreme commanders of the heavenly host, we unworthy ones implore you that by your supplications you encircle us within the shelter of the wings of

your immaterial glory, and guard us who fall down before you and fervently cry: Deliver us from dangers, as you are the leader of the host on high.

Kontakion of the Archangel, tone 8 O supreme commander, servant and glorious intercessor before the most radiant, worshipful, all creating, infinite and awesome Trinity: unceasingly pray that we be delivered from all tribulations and torments, that we may sing to you: Hail, O protection of your servants.

March 27 Venerable mother Matrona of Thessalonica

Troparion, tone 3 With undaunted spirit you preserved the faith, | and your soul was not enslaved by the cruel Jews. | You excelled in the contest and slayed the crafty one, O venerable Matrona, | and were mystically wedded to the Lord of creation. || Fervently entreat him to deliver us from all harm.

Kontakion, tone 2 Filled with the light of the Spirit, O Matrona, | you regarded your prison cell as a bridal chamber, | and from it you hastened to your radiant dwelling in heaven, crying out: || In divine love for you, O Word, I gladly endure scourgings.

On the same day, Hieromartyr Irenaeus (moved from March 26)

Troparion, tone 2 Sing and exult, O Church of Sirmium. Leap up, O waters of the River Sava, and adorn yourself in the name of the most praised Irenaeus; for he, having fought the good fight and kept the faith sealing it with his blood, has acquired great boldness before God, who he entreats without ceasing that his Christian flock be saved in peace.

Kontakion, tone 8 Let us hymn Irenaeus as is fitting, for he is the pastor of Sirmium, the namesake of peace and truly victoriously warrior of Christ, who most gloriously trampled the ancient prince of this world underfoot and strengthened his own hands for battle against him. Let us cry out to him with heartfelt love: Pray unceasingly to Christ the king of peace that he grant peace to the world and great mercy to our souls.

March 28 Venerable fathers Hilarion the New and Stephen the Wonderworker

Troparion, tone 1 Dwelling in the desert as an angel incarnate, | you proved to be a worker of miracles, O God-bearing father, *name*. | Having received heavenly gifts through fasting, vigils and prayer, | you heal the infirmities and souls of those who come to you in faith. | Glory to him who gave you strength, ~| glory to him who crowned you; || glory to him who through you works healings for all.

Kontakion of ven Hilarion, tone 4 Venerable father Hilarion, | who flourished like a fruitful olive tree, | with your oil you mystically make radiant | those who sing to you: Rejoice, || unwavering model for the righteous.

March 29 Mark, Bishop of Arethusa, Cyril the Deacon and those with them

Troparion, tone 3 You anointed an assembly of martyrs | and strengthened them by your steadfastness, | in preparation for the contest, O glorious Mark. | You finished your course with them, | and you were all granted the joys of heaven. | O righteous Father, | pray to Christ our God to grant us his great mercy.

Troparia and Kontakia

March 30

Venerable John of Sinai, author of *The Ladder*

Troparion, tone 8 With the streams of your tears you cultivated the barrenness of the desert, | and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: | radiating miracles you are a shining light for the world. || O John our father, entreat Christ our God that our souls be saved.

Kontakion, tone 4 Truly you have been set by the Lord | as a fixed star in the firmament of abstinence, || giving light to the ends of the earth, O father John our teacher.

And on the same day, Sophronius, Bishop of Irkutsk

Troparion, tone 4 From your youth you loved Christ, O blessed Sophronius, | and guided rightly communities of monastics; | and having been counted worthy of the priestly rank, | you shepherded the flock of Irkutsk. | Even after your repose you have from God the gift of miracles: | entreat Christ our God that he deliver us from misfortunes || and save our souls.

Kontakion, tone 4 With love, O faithful, | let us praise our father the holy hierarch Sophronius, | the excellent adornment of the Church of Irkutsk, | a hierarch whose name is chastity; || for he is the guardian of his city and land and the advocate for our souls.

March 31

Hierarch Hypatius the wonder worker, Bishop of Gangra

The Menaion provides no Troparion or Kontakion for st Hypatius

And on the same day, Innocent, Metropolitan of Moscow, Enlightener of Siberia and America

Troparion, tone 1 Your sound went forth into the lands of the midnight sun, for with the light of the Gospel you enlightened the ignorant who accepted your words, and whom you taught in a godly manner, and you adorned their native customs. O holy hierarch Innocent our father, boast of Russia and apostle to Siberia and America, entreat Christ our God that our souls be saved.

Kontakion, tone 4 You were a true and wonderful teacher; for having done what the Lord commanded, you thereby taught and instructed in piety those who came to you, enlightening unbelievers to recognize the true faith, and illumining them with holy baptism. Therefore you rejoice with the apostles, receiving the honour of an evangelist of Christ.

April 1

Venerable Mary of Egypt

Troparion, tone 8 That which was created in the image of God was preserved in you, O Mother; for taking up the cross you followed Christ. By your deeds you have taught us to reject the flesh for it passes away, but to care for the soul as a thing immortal. Therefore O venerable Mary your soul rejoices with the angels.

Kontakion, tone 3 Once you were defiled with every impurity but today through repentance you have become a bride of Christ. Desiring the life of the angels you have cast down demons with the weapon of the cross: therefore O glorious Mary you were made a bride of the kingdom.

April 2

Venerable Titus the Wonder-worker

Kontakion, tone 4 You forsook the tumult of life and having lived your life in tranquility, O wise one, you passed over to God, venerable wonder-worker Titus our father.

April 3 Venerable Niketas, Abbot of Medikion Monastery

Kontakion, tone 2 Having acquired a heavenly mind and life, you shone as brightly as the sun with the splendour of your deeds and enlighten those in the darkness of life, leading all to God: Father Niketas, pray unceasingly for us all.

April 4 Venerable fathers Joseph the Hymnographer and George, of Mount Maleon

Kontakion of Joseph, tone 4 You are an inexhaustible fountain of repentance and a giver of endless consolation and compunction, O Joseph. Grant us tears of divine repentance, in the shedding of which may we obtain consolation from God, asking your aid, O holy one.

April 5 Martyrs Theodulus and Agathopodes and those with them

The Menaion provides no Troparion or Kontakion

April 6 Evtichius, Archbishop of Constantinople

Troparionk tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Evtichius, pray to Christ our God for the salvation of our souls.

Kontakion, tone 8 With faith and love, O people, in song let us bless godly Evtichius as a great pastor and servant, a most wise teacher and expeller of heresies, who entreats the Lord for us all.

April 7 Venerable George, Bishop of Mitylene

The Menaion provides no Troparion or Kontakion

April 8 Apostles Herodian, Agabus, Asyncritus, Rufus, Phelgos, Hermes and those with them

Kontakion, tone 2 You are revealed as honourable disciples and apostles of Christ, O glorious Herodian, Agabus, Asyncritus, Rufus, Phelgos and Hermes: ever pray to the Lord that he grant forgiveness of offences to us who hymn you.

April 9 Martyr Evpsychius

The Menaion provides no Troparion or Kontakion

Troparia and Kontakia

April 10 Martyrs Terence, Pompey and those with them

Kontakion, tone 2 Today has come the honourable memorial of the martyrs Terence and his companions, which gladdens all things; so let us hasten that we may receive healing, for they have received from God the grace of the Holy Spirit, for healing the infirmities of our souls.

April 11 Hieromartyr Antipas, Bishop of Pergamum

Troparion, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, O hiero-martyr Antipas entreat Christ our God that our souls be saved.

Another troparion, tone 4 You demolished the false idols, O Antipas, and trampling upon the power of the devil, you boldly confessed Christ in the face of those who fought against God. We honour you, dwelling in the highest amid the ranks of the angels and sending glorifications to the Master of all, where you offer supplications of thanksgiving for us, granting us the grace of healing: O hieromartyr Antipas, entreat Christ our God that he save our souls.

Kontakion, tone 4 You occupied the throne of the apostles and were the adornment of holy hierarchs, O blessed and sacred Antipas, and glorified in martyrdom you have shone like the sun, illumining all, and destroying the deep night of ungodliness. We honour you as a godly hieromartyr and giver of healings.

April 12 Basil the Confessor, Bishop of Parium

Kontakion, tone 2 Illumined with the light of the Most High, O blessed father, you enlighten all who with love venerate your honourable suffering: O sacred athlete Basil, entreat Christ our God unceasingly on behalf of us all.

April 13 Hieromartyr Artemon

The Menaion provides no Troparion or Kontakion

April 14 Marin the Confessor, Pope of Rome

The Menaion provides no Troparion or Kontakion

On the same day, Martyrs Anthony, John and Evstathius, slain for the faith in Vilnius, Lithuania

Troparion, tone 4 O valiant and honoured athletes who spurned earthly honours and glory, who mightily and manfully endured torments for the sake of the faith, giving yourselves over to death for the Master the life of all. Therefore with a pillar of cloud from heaven Christ most gloriously illumined you: standing before him with the angels, pray that our souls be saved.

Another troparion, tone 4 Having caused branches of the Orthodox faith to spring from a barren root, O most blessed ones, you were proven to be namesakes of the protomartyr, for you were not daunted by the wrath of the evil and impious prince who commanded you to renounce Christ. Having received crowns of victory and standing with the angels before the

throne of the Master, O most blessed ones, pray for us who in the Orthodox manner honour your holy memory.

Kontakion, tone 3 Having forsaken the deception of your fathers, O holy ones, you cleaved to Christ; and with ardour of soul you stood firmly with many mind in the face of death: you have truly accepted the trophy of victory, and you unceasingly entreat the Master for all of us.

April 15 Apostles Aristarchus, Pudens and Trophimus

Kontakion, tone 4 This honoured festival of the apostles has appeared today, illumining us and dispelling the darkness of sin from those who cry: Light has appeared and deliverance has come.

April 16 Martyrs Agape, Irene and Chionia

Kontakion, tone 4 You mightily armed your soul with faith, O martyrs, clearly putting the evil one to shame, and you brought to Christ myriad multitudes of men, O blessed ones; and, enrobed with the purple of your blood, you now rejoice with the angels.

**April 17 Hieromartyr Simeon, Bishop of Persia
Hierarch Acacius, Bishop of Mitelene**

No Tropation is provided but this may be used: Troparion of St Simeon Tone 4 As an instructor of divinely inspired doctrines | you trained martyrs for contest by your words and deeds. | O holy Hierarch Simeon, you suffered with them | and cried out to Christ while hastening to him: | We are counted as sheep for the slaughter for love of you, O Saviour.

April 18 Venerable John, the disciple of Gregory the Decapolite

Kontakion, tone 4 Adorning your life with abstinence, you mortified your flesh, | and so you vanquished the attacks of the enemy, O blessed John, | and as a worthy heir of eternal life free from sorrow, | you passed over to God: | pray to him that we be saved.

April 19 Venerable John of the Ancient Cave

No troparion is provided but this may be used, tone 5 From your youth you were a lover of Christ, | and filled with the grace of the Holy Spirit you followed your call. | In purity of heart you lived as an Angel on earth. | Venerable Father John, / together with the Angels || intercede that we may be saved.

April 20 Venerable Theodore 'of the hairshirt'

Kontakion, tone 4 Your life was seen to be most wondrous, O wise father Theodore, for changing your rags of haircloth, which are more precious than royal treasure on earth, in their place you received heavenly vesture: ever pray for us, O venerable one.

And on the same day, Venerable Anastasius, Abbot of Sinai

Troparia and Kontakia

Kontakion, tone 2 Come, and with hymns let us now bless the namesake of the resurrection, the hesychast of Sinai; who emulating Moses who saw God, ascended the sacred mountain to heed the divine voice and have the law of grace divinely engraved upon the tablets of his heart. Praising him as a servitor of the mysteries of God and emulator of the angels, a champion of Orthodoxy and divinely wise instructor of monks, let us sing with heartfelt love: Rejoice, O Anastasius, the boast of Sinai.

April 21 Hieromartyrs Januarius and companions, Theodore of Perge

Kontakion of the hieromartyrs, tone 3 You were adorned with the anointing of the priesthood and the blood of martyrdom, O glorious Januarius and Theodore, and you shine forth everywhere and dance in the highest where you regard us who have come to your church where we unceasingly cry out: Preserve us all, and entreat God who loves mankind.

April 22 Hierarch Theodore of Sykeon, Bishop of Anastasiopolis

Troparion, tone 2 Known to be sanctified from earliest infancy, and seen as one full of grace, you illumined the world with miracles, and drove out a multitude of demons, O sacred minister Theodore: pray to the Lord for us.

Kontakion, tone 3 Mounting upon the virtues as upon a chariot of fire, O God-bearer, you ascended to the heavenly abodes: you dwelt like an angel with men and as a man you have joined the choir of angels; and you are seen to be a divine receptacle of miracles, O venerable Theodore.

April 23 Great martyr George

Troparion, tone 4 With faith you fought the good fight, O athlete of Christ | and denounced the ungodliness of the tyrants. | You offered yourself to God, O holy one, | as a truly acceptable sacrifice. | Therefore you have received a crown of victory | and by your supplications, || you bestow the forgiveness of transgressions.

Another troparion, tone 4 As a liberator of captives, a helper of the poor and a physician of the infirm, O champion of kings, and victorious great martyr George, entreat Christ our God, that our souls be saved.

Kontakion, tone 4 Having been cultivated by God, you proved to be an honourable tiller of piety, gathering to yourself the sheaves of the virtues; for, having sown in tears you reaped in gladness, and having suffered through the shedding of your blood, you received Christ. By your prayers, O holy one, grant forgiveness of transgressions to all.

April 24 Martyr Savvas the General

Troparion, tone 4 In his suffering, O Lord, Savvas your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion, tone 4 As an invincible athlete, you overcame the wiles of the barbarians, O glorious one, and having contended most steadfastly, you vanquished a multitude of the invisible foe: O blessed Savvas, entreat Christ for us who honour you with faith.

April 25 Apostle and Evangelist Mark

Troparion, tone 3 O holy apostle and evangelist Mark, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Another troparion, tone 3 You were an apostle of Christ, who learned from Peter the pre-eminent, | and shone like the sun, adorning the lands of the Alexandrians. | Through you, Egypt was released from deception, O blessed one | who as the Church's pillar of fire illumines all with your Gospel teachings. | Honouring your memory, we keep splendid festival: | O divinely eloquent Mark, entreat God who was announced by you, || that he grant our souls remission of offences.

Kontakion, tone 2 Receiving from on high the grace of the Spirit, you destroyed the snares of the orators, O apostle; and in hunting the nations, you brought them to your Master, O glorious Mark, preacher of the divine Gospel.

April 26 Hieromartyr Basil of Amasea

No troparion is provided but this may be used, tone 4 As a servant of the King of Glory you withstood the lawless king, | O blessed and glorious Hieromartyr Basil. | Beheaded, you entered the heavenly mansions rejoicing. | Pray that we who celebrate your memory || may be found worthy of like reward.

Kontakion, tone 4 Having spurned the imperial edict, O Basil, you received the kingdom of heaven; and joining the chorus therein, be mindful of us who honour your memory, O hieromartyr.

And on the same day, Hierarch Stephen of Perm

Troparion, tone 4 Afire with divine desire from the years of your youth, O most wise Stephen, you took up the burden of Christ: sowing the divine seed in the hearts of the people of old hardened by unbelief, you brought them to birth through the Gospel. Honouring your most glorious memory, we beseech you: Entreat him whom you preached, that he save our souls.

Kontakion, tone 8 You were called, not for those who sought you, O holy hierarch, but to free men from the falsehood of idolatry and to lead them to the Christian faith. You disgraced the sorcerer Pamoï and became the first Bishop and teacher of Perm. Therefore we your spiritual children, as ones delivered by you from idols, sing to you in hymns of thanksgiving: Rejoice O Stephen, most wise teacher.

April 27 Hieromartyr Simeon, the kinsman of Christ

Troparion, tone 1 In a sacred manner we praise you, O holy hierarch Simeon, as the kinsman of Christ and a steadfast martyr who destroyed deception and kept the faith. Celebrating today your most holy memory, we receive remission of sins through your supplications.

Kontakion, tone 4 Today the Church, possessing the divinely eloquent Simeon as a most great star, shines and sings: Rejoice, O honoured crown of martyrs.

April 28 Apostles Jason and Sosipater

Troparia and Kontakia

Troparion of the apostles, tone 3 O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Alternative troparion, tone 4 We honour the like-minded pair of Christ's Apostles, | Divinely inspired Jason and noble Sosipater; | for they received the words of grace | and enlightened Corfu with the light of godliness. || They now intercede with Christ that our souls may be saved.

Kontakion, tone 4 You appear as most radiant stars, illumining the world with the light of your preaching, O divine apostles Jason and Sosipater. Save those who honour you with faith.

April 29 Nine Martyrs of Cyzicus

Kontakion, tone 2 The steadfast and splendid choir of the nine martyrs who confessed the three-sunned divinity, cried out to him at the tribunal: O Master, we offer our blood, souls and bodies to you as an unblemished sacrifice: number us among the heavenly choirs, as you are our merciful God.

April 30 Apostle James, the brother of John the Theologian

Troparion, tone 3 You were a chosen apostle of Christ, | O most praiseworthy James, | the only brother of the beloved Theologian: | implore the remission of the sins | of those who hymn you, || and for our souls great mercy.

Kontakion, tone 2 Hearing the voice of God calling to you, O glorious James | you left the love of your father, | and with your brother you hastened after Christ. | And with him you were counted worthy || to behold the glorious transfiguration of the Lord.

May 1 Prophet Jeremiah

Troparion, tone 2 Celebrating the memory of your prophet Jeremiah, O Lord, through him we beseech you to save our souls.

Or this, tone 1 From the womb you were sanctified by Creator, and from your swaddling bands you were filled with prophetic wisdom. O wise Jeremiah, who lovingly lamented the fall of Israel, honouring you as a Prophet and Athlete we sing to you: Glory to him who has glorified you; glory to him who has crowned you; glory to him who has given you as a fervent intercessor.

Kontakion, tone 3 Having cleansed your radiant heart with the Spirit, O glorious Jeremiah, you received from on high the gift of prophecy and proclaimed among the nations: Behold, our God; there is no other to compare with him who has appeared incarnate on earth.

And on the same day, Tamara of Georgia

Troparion, tone 1 Having served the king of kings diligently on earth, O Tamara, queen of great renown, you entered the heavenly Jerusalem with honour and brought to Christ your glory as a gift. Celebrating and joining chorus today, with joy we unceasingly cry: Glory to him who has given you glory; glory to him who has crowned you; glory to him who grants the fulness of forgiveness by your intercession.

Kontakion, tone 4 Prepare, O heavenly Jerusalem: open your gates, O Eden. Join chorus together, O choirs of the righteous, and you people of Iberia keep festival. And you, O holy

Nina, greet the glorious Tamara who on this day has come to the kingdom of heaven to be crowned by the hand of God.

And also the martyred monks Evthemius, Ignatius and Acacius

Troparion, tone 1 Equal in number with the uncreated Trinity, O wise ones, with the choirs of angels and the ranks of martyrs you stand rejoicing before the throne of the divinity; and receiving effulgence therefrom through communion, you impart to the faithful a fount of healings and divine enlightenment. O Evthemius, martyr of Christ, Wise Ignatius and godly Acacius, ever pray for us.

Kontakion, tone 4 The new celebration of the three passion bearers today is today proclaimed in the Church, illumining the fullness of the Orthodox as with beacons, O Christ.

May 2 Hierarch Athanasius the Great

Troparion, tone 3 You were a pillar of orthodoxy, strengthening the Church with divine dogmas. O sacred hierarch Athanasius you put Arius to shame; preaching the Son as consubstantial with the Father, entreat Christ our God, O venerable father, that he grant us great mercy.

Kontakion, tone 2 Planting Orthodox doctrines, you cut down the thorns of heresy, increasing the seed of the faith with the rain of the Spirit, O venerable one; therefore we hymn you, O Athanasius.

Boris, King and Equal to the Apostles, Enlightener of Bulgaria

Troparion, tone 6 Full of the fear of God and enlightened by holy baptism, you became a habitation of the Holy Spirit, O right-believing king Boris; and having established the Orthodox faith in the land of Bulgaria and set aside the sceptre of kingship, you made your abode in the wilderness. Flourishing in ascetic struggles, you found grace before the Lord; and now, standing before the throne of the Most High, pray that he grant us who entreat you salvation for our souls.

Kontakion, tone 8 As a leader chosen by God the Most High, by the power of the cross you triumphed over the uprising of darkness and planted piety in your land. As you have boldness before the Lord, by your supplications preserve your posterity, that we may sing to you: Rejoice, O king Boris, equal of the apostles and baptizer of the land of Bulgaria.

May 3 Martyrs Timothy and Mavra

Troparion, tone 4 In their suffering, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Kontakion, tone 4 Having endured various kinds of wounds, you received crowns from God: O most great and glorious Timothy and Mavra, pray to the Lord for us who celebrate your most sacred memory, that he grant peace to our city / village / or monastery, as he is the confirmation of the faithful.

And also venerable Theodosius of the Kiev Caves

Troparia and Kontakia

Troparion, tone 8 From your youth, on wings of virtue you valiantly attained your desire, as with love for the monastic life, you dwelt within a cave; and having adorned your life with asceticism and splendour, as one of the bodiless you abode in prayer, a radiant beacon in the Russian land. Father Theodosius, entreat Christ our God, that our souls be saved.

Kontakion, tone 3 We honour today the star of Russia who shone from the east and arrived in the west: blessed Theodosius who enriched his whole land and its people with miracles and goodness by the implementation and grace of the monastic rule.

May 4 Venerable martyr Pelagia

Troparion, tone 4 Your martyr Pelagia loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you. | Accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Kontakion, tone 3 You rejected that which is transitory, and have become a partaker of the good things of heaven where you received a crown for your suffering, O most honoured Pelagia, as you brought the torrent of your blood as a gift to Christ the Master. Pray that he deliver from misfortune us who honour your memory.

May 5 Venerable martyr Irene of Thessalonica

Troparion, tone 4 Your Martyr Irene loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you. | Accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Kontakion, tone 3 Adorned with the beauties of virginity, through your suffering you became most beautiful, dyed in your own flowing blood, you cast down the falsehood of ungodliness, O virgin Irene; and so you received the honour of victory from the hand of your creator.

May 6 Venerable Job of Pochaev

Troparion, tone 4 Acquiring the patient endurance of the long suffering forefather, emulating the abstinence of the Baptist, and sharing in the divine zeal of both, you were deemed worthy to receive their names, and were a fearless preacher of the true faith. Therefore you led a multitude of monks to Christ, and confirmed all the people in Orthodoxy. Job our venerable father, pray that our souls be saved.

Kontakion, tone 4 You were proven to be a pillar of the true faith, a zealot of the commandments of the Gospel, the reproof of pride, and an intercessor and instructor for the lowly. Therefore, beg forgiveness of sins for those who bless you, and keep your monastery unharmed, O Job our father, emulator of the long suffering one of old.

And also Righteous Job the Long-suffering

Troparion, tone 1 Seeing the richness of the virtues of Job, the enemy of the righteous plotted to steal them; yet though he broke down the tower of his body, he could not steal the treasure of his soul: for he who, stripped me bare and took me

captive of old, found the soul of the blameless one fully armed. Anticipating my need before the end, O Saviour, deliver me from the deceiver and save me.

May 7 The appearing of the cross above Jerusalem

Troparion, tone 8 The image of your cross has now shone more brightly than the sun, and you have extended it from the holy mountain to Golgotha, and in this you have revealed your power, O Saviour. Strengthening all the faithful Orthodox Christians thereby, O Christ our God, save them and keep them in peace, and by the supplications of the Mother of God, save us.

Kontakion, tone 4 The most pure cross which opened the heavens which were shut, has shed upon the earth most radiant beams of heavenly glory; and we, receiving the effulgence of its activity, are guided to the light which never fades, and amid battles we have it as a weapon of peace, and invincible trophy.

And also our venerable father Nilus of Sora

Troparion, tone 1 Having spurned that which is worldly, O venerable and God-bearing father Nilus, fleeing the tumult of life you readily gathered the flowers of paradise from the writings of the fathers; and having made your abode in the wilderness, you flourished like a lily of the field; and so you have passed over to the mansions of heaven. Teach us who honour you to tread also your royal path, and pray for our souls.

Kontakion, tone 8 Fleeing the tumult of the world for the sake of Christ's love, with joyous soul you made your abode in the wilderness; and struggling well therein O father Nilus, you lived on earth like an angel, as you wasted your body through fasting and vigils for the sake of eternal life; and granted it, you stand with the saints before the most holy Trinity in the light of ineffable joy. We your children pray to you that we be preserved from every assault of foes seen and unseen and from trials, and that our souls be saved.

May 8 Apostle and Evangelist John the Theologian

Troparion, tone 2 Beloved apostle of Christ our God, | hasten to deliver a defenceless people; | for he who permitted you to recline against his breast | receives you prostrate in supplication. | Beg him, O Theologian | to dispel the gloom of godlessness which surrounds us, || and ask for us peace and great mercy.

Kontakion, tone 2 Who can describe your mighty deeds, O virgin apostle? | For you pour out miracles and cause healings to flow forth. | As you are the theologian and beloved of Christ, || intercede with him for our souls.

Also Venerable Arsenius

Troparion, tone 8 With the streams of your tears you cultivated the barrenness of the desert, | and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: | radiating miracles you are a shining light for the world. || O Arsenius our father, entreat Christ our God that our souls be saved.

May 9 Prophet Isaiah, and the martyr Christopher

Troparion of the prophet, tone 2 Celebrating the memory of your prophet Isaiah, O Lord, through him we entreat you to save our souls.

Troparia and Kontakia

Troparion of the martyr, tone 4 Arrayed in vesture dyed with your own blood, you stand before the King of Hosts, O ever-memorable Christopher: therefore with the bodiless ones and the martyrs you sing the thrice-holy with awesome melodies: by your supplications, save our souls.

Kontakion of the prophet, tone 2 Receiving the gift of prophecy, O martyred prophet Isaiah, the herald of God, you explained the incarnation of the Lord, exclaiming loudly to the ends of the earth: Behold, the virgin shall conceive in her womb.

And on the same day, the translation of the relics of St Nicholas

Troparion, tone 4 A day of splendid solemnity has come, the city of Bari rejoices and with it the whole world exults with hymns and spiritual songs. For today is the sacred feast of the transfer of the precious and healing relics of the hierarch Nicholas the wonder-worker. Like the never-setting sun he shines with brilliant beams of light, dispelling the darkness of temptation and misfortune from those who cry out with faith: Save us, O Nicholas, our intercessor.

Kontakion, tone 3 Your relics have moved like a star from the east to the west, O holy hierarch Nicholas; and the sea has been sanctified by their passing. The city of Bari receives grace through you, for you have become for us a worker of miracles, O illustrious, wondrous and merciful one.

May 10 Venerable Isidora of Tavenna

Troparion, tone 8 That which was created in the image of God was preserved in you, O Mother; for taking up the cross you followed Christ. By your deeds you have taught us to reject the flesh for it passes away, but to care for the soul as a thing immortal. Therefore O venerable Isidora your soul rejoices with the angels.

Kontakion, tone 2 Having acquired the mind of Christ, O divinely wise one, you rejected the wisdom of this world, appearing as a drunkard to men but worshipping God with understanding, meditating on his wisdom every hour, filled with the Holy Spirit. And so we all sing: Rejoice, O Isidora, the boast of Tavenna.

And also the apostle Simon the zealot

Troparion, tone 3 O holy apostle Simon, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion, tone 2 With praises, let us bless divinely eloquent Simon, | who diligently imparted the doctrines of wisdom to the hearts of the pious; | for he now dwells with the bodiless ones, || standing before the throne of glory, praying unceasingly for us all.

May 11 Kyril and Methodius, equals of the apostles

Troparion, tone 4 As you shared in the ways of the apostles, O divinely wise Kyril and Methodius, teachers of the Slavonic lands, entreat the Master of all, that he confirm all the Slavic peoples in Orthodoxy and oneness of mind, granting peace to the world and salvation to our souls.

Kontakion, tone 3 Let us honour our two sacred enlighteners, who poured upon us a spring of divine knowledge through their translation of the divine scriptures. Drawing abundantly from which to this very day, we bless you, O Kyril and Methodius, who stand before the throne of the Most High and fervently pray for our souls.

And hieromartyr Joseph, Metropolitan of Astrakan

Troparion, tone 4 Having fought the good fight and crowned your life with sufferings for the truth, you passed over to make your abode in the mansions of heaven. As you stand there before the throne of the Holy Trinity, O holy hierarch Joseph, pray that the city of Astrakan and your homeland be saved in peace.

Kontakion, tone 2 You shone in Astrakan like a most radiant star, O holy hierarch Joseph, for there you were born and raised. You accepted a martyr's death out of loyalty to God and to the lawful authorities, and so we honour your sufferings and cry out to you: O holy hierarch Joseph, slain by rebels, entreat Christ our God for us.

And on the same day, the hieromartyr Mocius

Troparion, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, O hiero-martyr Mocius. Entreat Christ our God that our souls be saved.

Kontakion, tone 2 Armed with the shield of faith, you cut down legions of the ungodly and received a crown from Christ, O hieromartyr Mocius. As you rejoice with the angels, save from misfortune those who hymn you, and pray unceasingly for us all.

May 12 Hierarchs Epiphanius of Cyprus, Germanus of Constantinople

Troparion, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Kontakion, tone 4 O faithful, as is fitting, let us praise the two wondrous hierarchs, Germanus and godly Epiphanius; for as if with fire they have utterly consumed the utterances of the ungodly, proclaiming wise dogmas for all those who in the Orthodox manner hymn the great mystery of faith.

May 13 Martyr Glykeria

Troparion, tone 4 Your martyr Glykeria loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you. | Accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Kontakion, tone 3 With love for Mary, the Mother of God, you preserved your virginity incorrupt, and with burning love for the Lord, you suffered with manly mind even to death. And so Christ our God has crowned you with a twofold crown, O virgin martyr.

May 14 Martyr Isidore of Chios

Troparion, tone 4 In his suffering, O Lord, Isidore your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Troparia and Kontakia

Kontakion, tone 4 In your supplications to God, O holy one, you are a mighty helmsman for the world, and so we hymn you, O divinely wise and glorious martyr Isidore.

May 15 Venerable Pachomius the Great

Troparion, tone 8 With the streams of your tears you cultivated the barrenness of the desert, | and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: | radiating miracles you are a shining light for the world. || O Pachomius our father, entreat Christ our God that our souls be saved.

Kontakion, tone 2 You became a radiant luminary to the ends of the earth, and populated the desert with multitudes of monastics as with cities. Crucifying yourself, you took your cross upon your shoulders, and laid waste to the body through asceticism, praying unceasingly for us all.

May 16 Venerable Theodore the Sanctified

Troparion, tone 1 Dwelling in the desert as an angel incarnate, | you proved to be a worker of miracles, O God-bearing father, Theodore. | Having received heavenly gifts through fasting, vigils and prayer, | you heal the infirmities and souls of those who come to you in faith. | Glory to him who gave you strength, ~| glory to him who crowned you; || glory to him who through you works healings for all.

Kontakion, tone 2 You flourished in the house of God like a palm tree, and through excellent ascetic activity you brought forth the fruit of the virtues for the Lord, O venerable father; and so, as one who stands with the bodiless hosts, you are called blessed.

May 17 Apostle Andronicus and those with him

Troparion, tone 3 O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion, tone 2 Let us praise Andronicus the apostle of Christ, the most radiant star who has illumined the nations with the light of divine knowledge; and with him the divine Junia who shone forth in piety; and let us cry out: Entreat Christ our God without ceasing for our souls.

May 18 Martyrs: Theodotus of Ankyra, the seven virgins, Peter, Dionysius and those with them

None is given, but this may be used, tone 4 In their suffering, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Kontakion, tone 2 Having contested well as an athlete, O Theodotus, with the athletes and passion bearings virgins you have received crowns of honour: therefore entreat Christ our God unceasingly for us all.

May 19 Hieromartyr Patrick of Prussa and those with him

None is given, but this may be used, tone 4 In their suffering, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Kontakion, tone 4 Resplendent in the beauty of the priesthood and further adorned with the blood of martyrdom, O Patrick, standing before Christ with those who suffered with you, be mindful of us, as you are an honoured passion bearer.

May 20 Martyr Thalalaeus

None given, but this may be used, tone 4 In his suffering, O Lord, Thalalaeus your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion, tone 3 As a fellow sufferer and warrior with the martyrs, you were an excellent warrior of the king of glory, and by trials and tortures you trampled the arrogance of the idolaters underfoot, and so we hymn your honoured memory, O wise Thalalaeus.

May 21 Constantine and Helen

Troparion, tone 8 Seeing the image of the cross in the heavens and like Paul receiving a call not from men, your apostle among kings placed the imperial city into your hands O Lord. May you ever preserve it in peace, through the intercessions of the Mother of God, O lover of mankind.

Kontakion, tone 3 Today Constantine and his mother Helen reveal the cross, the most precious wood which puts to shame the Jews and is the weapon of faithful kings against the adversary. The great standard has appeared for our sake, terrible in battle.

May 22 Martyr Basiliscus

Troparion, tone 4 In his suffering, O Lord, Basiliscus your martyr | received an imperishable crown from you, our God. | Armed with your might, he cast down tyrants | and crushed the feeble audacity of demons. || By his intercession, save our souls.

Kontakion, tone 8 Mighty and manly in suffering and all-wondrous in miracles, and clearly bearing forth the name of Christ you put the tyrant to shame. Therefore we honour you, most honoured Basiliscus, ever crying to you: Rejoice, O splendid adornment of the martyrs.

May 23 Venerable Michael the confessor, bishop of Synada

None is given, but this may be used, tone 8 Instructor of Orthodoxy, teacher of piety and purity; beacon for the world and divinely inspired adornment of monastics: O Michael most wise, you have enlightened all by your doctrines. O harp of the Spirit, entreat Christ our God that our souls may be saved.

Kontakion, tone 8 As an honourable hierarch and sacred sufferer for piety, undaunted by the threats of the vile one, you vanquished his heretical opposition, crying out clearly: I venerate the icon of Christ and his most pure Mother. Therefore we honour you, O Michael.

Troparia and Kontakia

May 24

Venerable Simeon of the Wondrous Mountain

Troparion, tone 1 Dwelling in the desert as an angel incarnate, | you proved to be a worker of miracles, O God-bearing father, Simeon. | Having received heavenly gifts through fasting, vigils and prayer, | you heal the infirmities and souls of those who come to you in faith. | Glory to him who gave you strength, ~| glory to him who crowned you; || glory to him who through you works healings for all.

Kontakion, tone 2 Desiring the highest and putting away things below, you fashioned a pillar which became like heaven. Thereby you shone with the radiance of miracles, O venerable one, and you pray unceasingly to Christ our God on behalf of us all.

May 25

The 3rd finding of the head of the Forerunner

Troparion, tone 4 Like a divine treasure hidden in the earth, your head has been revealed to us by Christ, O prophet and forerunner; and so, assembling for the feast of its discovery, let us all sing divinely sounding hymns to the Saviour who saves us from corruption by his supplications.

Kontakion, tone 6 The splendid and divine pillar in the world, the forerunner, the brilliance of the sun, shows his radiant and divine head to the ends of the earth and sanctifies those who bow down before it with faith who cry out: Save us all, O wise baptizer of Christ.

May 26

Apostle Carpus

Troparion, tone 3 O holy apostle Carpus, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion, tone 4 Illumined with the great outpouring | of your miracles, O apostle Carpus, | the Church has acquired you | as a greatly radiant star: || save those who honour your memory with faith.

May 27

Hieromartyr Therapon

None is given, but this may be used, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, O hiero-martyr Therapon entreat Christ our God that our souls be saved.

No Kontakion is given

On the same day, John the Russian

Troparion, tone 4 The Lord who summoned you from your earthly captivity to the mansions of heaven, preserves your body intact, and gives to it the ability to heal, O righteous John; for you, captured in Russia and sold in Asia, lived piously among the Moslem infidels in great endurance, and having sown here in tears, you reap there in ineffable joy. Therefore entreat Christ our God that our souls be saved.

Kontakion, tone 4 The day of the commemoration of your holy deeds has dawned, O holy father John, gladdening the souls of the pious who honour you with faith.

May 28 Niketas, bishop of Chalcedon

Troparion, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Niketas, pray to Christ our God for the salvation of our souls.

Kontakion, tone 8 You shone forth in the splendour of your deeds and became an heir to the throne of the apostles, O venerable Niketas: wholly filled with divine doctrines, O Father, you shone like the sun upon the flock, and so we sing to you: Rejoice, O adornment of Chalcedon.

May 29 Martyr Theodosia

Troparion of the, tone 4 Beauteously attaining virtue, O martyr, | you became a pure habitation of Christ and an abode of the Holy Spirit. | Having suffered courageously you shamed the enemy | who wages war upon the human race; | and with the sword of faith, O Theodosia, | you cut down Copronymus. | With rejoicing you have passed over to the heavenly bridal chamber, | where may you ever pray for great mercy || for those who honour you with faith.

Kontakion, tone 2 Through labours you attained the life abounding in ease, | and with your blood you choked Copronymus, the enemy of the Church of Christ, | O blessed martyr Theodosia; | and now you rejoice with the armies on high, || protecting those who honour your memory.

May 30 Venerable Isaacus of the Dalmatian Monastery

None is given, but one may use this, tone 3 You were a model of abstinence and a foundation of the Church, O Isaacus, bright light among the Fathers; for your life was radiant with virtues and you openly proclaimed the Orthodox faith. O righteous Father, pray to Christ our God to grant us his great mercy.

Kontakion, tone 8 Burning with zeal in the Church of Christ as a faithful favourite of God, you held the reins of Valens, O venerable one, and spoke to him in prophecy concerning the captivity of the Church and his abominable death: ever pray for those who honour you, O venerable Isaacus.

May 31 Martyr Hermias

Troparion, tone 4 In his suffering, O Lord, Hermias your martyr | received an imperishable crown from you, our God. | Armed with your might, he cast down tyrants | and crushed the feeble audacity of demons. || By his intercession, save our souls.

Kontakion, tone 6 Having struggled eagerly for Christ, you gained courage at an advanced age, O martyr Hermias; and having trampled the machinations of the iniquitous underfoot by the power of Christ, you remained unharmed by the potions of sorcerers, as you cried: God is with me, who can be against me?

June 1 Martyr Justin the philosopher and those with him

Troparia and Kontakia

Troparion, tone 4 In their suffering, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Kontakion, tone 2 The whole Church of God is armed with the wisdom of your divine words, O Justin, and with the radiance of your life it illumines the world: having received a crown through the outpouring of our blood, standing with the angels before Christ pray unceasingly for us all.

June 2 Nikephorus the confessor, patriarch of Constantinople

Troparion, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Nikephorus, pray to Christ our God for the salvation of our souls.

Kontakion, tone 4 As you have received a crown of victory from God in heaven, O Nikephorus, save those who honour you with faith as a hierarch of Christ and teacher.

June 3 Martyr Lucillian and those with him

Troparion, tone 4 In their suffering, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

No Kontakion is provided for these martyrs

June 4 Metrophanes, patriarch of Constantinople

Troparion, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Metrophanes, pray to Christ our God for the salvation of our souls.

Kontakion, tone 4 From childhood you were seen to be a precious vessel, becoming a chosen hierarch of God to whom you cry out in gladness: O Christ, you are equal to the Father and the Spirit.

June 5 Martyr Dorotheus, bishop of Tyre

Troparion, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, O hiero-martyr Dorotheus. Entreat Christ our God that our souls be saved.

Kontakion, tone 5 Resplendent with virtues brighter than the sun | you shone forth and illumined the land, | with your sufferings, O blessed Dorotheus, | dispelling the darkness of polytheism and vile heresy; || therefore we celebrate your memory with splendour.

June 6 Venerable Bessarion the wonder worker and Hilarion the New

Troparion of the venerable ones, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Kontakion of Hilarion, tone 2 Like a shepherd you preserved in your fold the flock of your life-bearing pasture, and were proven to be great by the loftiness of your works, O Hilarion the New, having endured much suffering and sorrow in your piety; and so you have made your dwelling in the most joyful life of the heavenly Sion: pray for us, O venerable father.

Kontakion of Bessarion, tone 2 Emulating the powers on high, your life was like that of the birds, O venerable father, for you put transitory things from your mind, you were led to the heavenly beauties of Christ the king, your constant desire: having come to him, O Bessarion, entreat him unceasingly on behalf of us all.

June 7 Hieromartyr Theodotus

Troparion of the hieromartyr, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, O hieromartyr Theodotus. Entreat Christ our God that our souls be saved.

Kontakion of the Hieromartyr, tone 4 As one among the hierarchs who lived piously and traversed the path of martyrdom, you extinguished the immolations of the idols, and became a champion for your flock, O divinely wise one. Honoring you, we mystically cry out to you: By your entreaties deliver us from misfortunes, O Theodotus our father.

June 8 Theodore the General

Troparion, tone 4 Through a true recruitment, O passion bearer Theodore | you became a comely general of the heavenly king; | for you wisely arrayed yourself with the weaponry of faith | and became a victorious athlete; || and so we ever bless you.

Kontakion, tone 2 Arrayed in faith with manliness of soul, and taking in your hand the word of God as a spear, you conquered the enemy, O Theodore, great among the martyrs: with them, never cease to entreat Christ our God on behalf of us all.

June 9 Kyril, Archbishop of Alexandria

Troparion, tone 8 Instructor of Orthodoxy, teacher of piety and purity; beacon for the world and divinely inspired adornment of monastics: O Kyril most wise, you have enlightened all by your doctrines. O harp of the Spirit, entreat Christ our God that our souls may be saved.

Kontakion, tone 6 You pour upon us the depths of the doctrines of theology from the Saviour's fountain, drowning heresies and saving your flock unharmed from storm-waves, O blessed Kyril, the guide for all lands, the venerable one who has revealed things divine.

June 10 Hieromartyr Timothy of Prussa

Troparia and Kontakia

Troparion, tone 4 You shared in the ways of the Apostles | and occupied their throne, | and your deeds were a passage to the divine vision, | O divinely inspired one. | Obedient to the word of truth, | you suffered for the faith even to the shedding of your blood: || Hieromartyr Timothy, entreat Christ our God that our souls be saved.

No Kontakion is provided, but we may use this, tone 4 You followed the teaching of the Lord, | and as a shepherd laid down your life for your flock. | We praise you, O Timothy, the glory of Prussa, | for the Lord has crowned you by his life-giving hand: || pray to him for us all, O holy hieromartyr.

June 11

Apostles Bartholemew and Barnabas

Troparion of the apostle Barnabas, tone 8 O exalted Barnabas, apostle of the Saviour and receptacle of faith | Son of Consolation and calm of the storm-tossed, | eniment, pray unceasingly as you have boldness that our souls be preserved in peace || on this day of your commemoration.

Troparion of the apostles, tone 3 O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion of Bartholomew, tone 4 You appeared as a great sun for the world, | shining with the radiance of doctrines and awesome miracles, | and illuminating those who honour you, | O holy Bartholomew, || apostle of the Lord.

Kontakion of Barnabas, tone 3 You became a perfect and faithful servant of the Lord, O Barnabas, | and were foremost among the seventy apostles. | Worthy to be the companion of Paul in his preaching, | you convinced many that Christ is the Saviour; | and so we celebrate || your divine memory with sacred hymns and songs.

also the New-martyrs of China

Troparion of the new-martyrs, tone 5 In a pagan land you were enlightened by the Orthodox faith, | and having lived in the faith but a little time, | you inherited the eternal kingdom. | By your Christian purity you proved Confucian piety to be false | and trampled demon-inspired Buddhism underfoot as refuse, | sanctifying the land of China with your blood. | Entreat the Master of all, we pray you, | that he enlighten your land with the Orthodox faith, || and by your prayers strengthen us.

Kontakion, tone 1 O martyrs of these latter times, you whitened your garments in the blood of the Lamb, and shed your own blood for Christ. You now minister to him day and night in the Church of heaven: entreat Christ for us, O glorious martyrs, that he hide his little flock from the beguilement of Antichrist, and that he lead all of us out of great tribulation to the land of never-waning light.

And also the Icon Truly it is right...

Troparion of the icon, tone 4 O faithful, let us confidently hasten to the Mother of God, our merciful Queen; and with contrition let us cry out to her: Impart to us your rich mercy: preserve our Church and maintain your people in prosperity; deliver our land from every evil circumstance; grant peace to the world and salvation to our souls.

Troparion of the icon, tone 4 The whole of Athos celebrates today, for it has miraculously received from the angel the hymn to the pure Mother of God, whom all creation honours, rendering her glory.

June 12

Venerable fathers Onuphrius and Peter the Athonite

Troparion of venerable Onuphrius and Peter, tone 1 In the flesh you lived the life of Angels,/ you were citizens of the desert and treasures of grace,/ O Onuphrios adornment of Egypt, and Peter the light of Athos./ Wherefore we honour your struggles as we sing to you:/ Glory to him who has strengthened you; glory to him who has made you wonderful;/ glory to him who through you works healings for all.

Kontakion of Onuphrius, tone 3 Illumined by the radiance of the most holy Spirit, you abandoned the tumults of life, and on reaching the desert, O venerable father, you brought joy to God the creator who is over all things. Therefore Christ the bestower of gifts has glorified you, O blessed father Onuphrius.

Kontakion of Peter of Athos, tone 2 Having withdrawn yourself from human companionship, out of divine desire and love for the Lord, O Peter, you dwelt in stony caves and deep ravines; and you have received from him a crown. Pray unceasingly that we be saved.

June 13

Martyr Aquilina, and Hierarch Triphyllius of Levcosia

Troparion of the martyr, tone 4 Your martyr Aquilina loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you; | accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Troparion of the hierarch, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Triphyllius pray to Christ our God for the salvation of our souls.

Kontakion of the hierarch, tone 8 Through the excellence of your life, O Triphyllius, you received the purity of virginity: as the first bishop of Levcosia you were its evangelist and instructor in the knowledge of God. Therefore with joy we sing to you: Rejoice, O adornment of hierarchs.

Kontakion of the martyr, tone 2 Having purified your soul with the beauties of virginity and reaching the heights through martyrdom, O most honoured Aquilina, and wounded with the love of Christ your bridegroom, you stand before him in gladness with the angels: with them never cease to pray for us all.

June 14

Prophet Elisha and Methodius the Patriarch of Constantinople

Troparion of the prophet, tone 4 Angelic in body, the foundation of prophecy, the second forerunner of the coming of Christ: the glorious Elias from on high sent down grace upon Elisha to dispel infirmities and to cleanse lepers. Therefore he pours healings on those who honour him.

Troparion of Methodios, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Methodios, pray to Christ our God for the salvation of our souls.

Troparia and Kontakia

Kontakion of the prophet, tone 2 You appeared as a prophet of God, | receiving a twofold measure of grace | which was truly appropriate for you, as the companion of Elias; || with whom you unceasingly entreat Christ our God for us all.

Kontakion of Methodios, tone 2 You struggled on earth as if a bodiless being, and have inherited heaven, O Methodios. As you explained the veneration of icons to the ends of the earth you were subjected all the more to labours and hardship; and you continue to denounce those who reject the icons of Christ.

June 15 Prophet Amos

Troparion, tone 2 Celebrating the memory of your prophet Amos, O Lord, through him we beseech you to save our souls.

Kontakion, tone 4 Having cleansed your radiant heart by the Spirit, O glorious prophet Amos, you received the gift of prophecy from on high, and proclaimed throughout the land: Behold our God; there is no other like him.

and on the same day Jonah, Metropolitan of Moscow

Troparion, tone 4 Having dedicated yourself wholly to the Lord from your youth, you became a model of virtue in prayer, work and fasting: and God, seeing your good intention, appointed you as the hierarch and pastor of his Church. Your precious body has been preserved whole and incorrupt after your repose: holy hierarch Jonah, entreat Christ our God that he save our souls.

Kontakion, tone 8 From childhood you enslaved yourself to the Lord, O wise one: | wasting your body through fasting and vigils, you became a pure vessel and abode of the most holy Spirit. | Ordained by the Lord as a hierarch and pastor for his Church, and having tended it well, you departed to him whom you loved. | We beseech you: Remember us who honour your holy memory with faith, as we sing to you: || Rejoice, O father Jonah, most honoured and holy hierarch.

June 16 Hieromartyr Tichon of Amathus (Cyprus)

Troparion, tone 1 Dwelling in the desert as an angel incarnate, | you proved to be a worker of miracles, O God-bearing father, Tichon. | Having received heavenly gifts through fasting, vigils and prayer, | you heal the infirmities and souls of those who come to you in faith. | Glory to him who gave you strength, ~| glory to him who crowned you; || glory to him who through you works healings for all.

Kontakion, tone 3 Persevering in the struggle of the love of God, O holy one, from on high you received the power of the Comforter to cast down the idols of falsehood, to save men, to cast out demons and to heal sickness; and so we honour you as a friend of God O blessed Tichon.

June 17 Martyrs Manuel, Sabel and Ismael

Troparion, tone 4 In their suffering, O Lord, your martyrs | received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Kontakion, tone 2 Wounded by the faith of Christ, O blessed ones, and having faithfully drained the cup thereof, you cast to the ground the worship and audacity of the Persians, and you make supplications for us all, O martyrs equal in number to the Trinity.

June 18 Martyr Leontius

Troparion, tone 4 In his suffering, O Lord, Leontios your martyr | received an imperishable crown from you, our God. | Armed with your might, he cast down tyrants | and crushed the feeble audacity of demons. || By his intercession, save our souls.

Kontakion, tone 3 You confounded the wicked plots of the tyrants, and denounced the ungodly religion of the Greeks, though your teaching of piety, O divinely wise martyr, you shone forth the knowledge of God upon all; and so with love we honour your memory, O most wise Leontios.

June 19 St John of San Francisco

Troparion, tone 5 Like a spiritual daystar in heaven's firmament | you encompassed the world and enlightened men's souls. | Hence your name is glorified in the east and the west, | where you shone with the grace of the Sun of Righteousness, | O John our beloved shepherd. | Therefore cease not to entreat Christ, | that he may have mercy on our souls.

Kontakion of John, tone 8 Chosen miracle worker and superb servant of Christ, who pours out in this present age streams of inspiration and countless miracles. We praise you with love and call out to you: Rejoice, O holy hierarch John, miracle worker of this present age.

and on the same day, the apostle Jude

Troparion, tone 1 Knowing you to be a kinsman of Christ and a steadfast martyr, O Jude, with sanctity we praise you, who trampled falsehood underfoot and preserved the faith. We celebrate your memory today, for through your supplications we receive remission of sins.

Kontakion, tone 2 Because of your firmness of mind you were chosen to be a disciple and steadfast pillar of the Church of Christ, and you preached the message of Christ to the nations, instructing them to believe in the one deity: glorified by him you have received the gift of healing, to cure the infirmities of those who have recourse to you, O most praised apostle Jude.

June 20 Hieromartyr Methodius, bishop of Patara

Troparion, tone 2 Your blood mystically cries out to God from the earth like that of Abel, O divinely wise and holy hierarch Methodius, who clearly preached the incarnation of God, thereby shaming the deception of Origen. You have passed over to the heavenly bridal chamber where may you entreat Christ our God that he save our souls.

Kontakion, tone 4 You were a priest of the mysteries of the Holy Trinity which pass all understanding, a proclaimer of the commandments of God and the confirmation of the Orthodox, O Methodius; having denounced the notions of the heretics for the sake of the right faith, even to the shedding of your blood as a hieromartyr: standing before Christ with the angels, entreat him that we be saved.

June 21 Martyr Julian

Troparia and Kontakia

Troparion, tone 4 In his suffering, O Lord, Julian your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion, tone 2 Let us all give fitting praise today to Julian, the invincible warrior of piety and harmonious swordsman of the truth; and let us sing to him: Entreat Christ our God on behalf of us all.

June 22 Hieromartyr Evseвий, bishop of Amatosia

Troparion, tone 1 Dwelling in the desert as an angel incarnate, | you proved to be a worker of miracles, O God-bearing father, Evseвий. | Having received heavenly gifts through fasting, vigils and prayer, | you heal the infirmities and souls of those who come to you in faith. | Glory to him who gave you strength, ~| glory to him who crowned you; || glory to him who through you works healings for all.

Kontakion, tone 4 Having piously lived in the episcopal rank, and having traversed the path of martyrdom, you extinguished the burnt offerings of the heretics. O holy Hierarch Evseвий, as you have boldness before God, entreat him that our souls be saved.

June 23 Martyr Agrippina

Troparion, tone 4 Your martyr Agrippina loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you; | accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Kontakion, tone 4 The radiant day of your splendid struggle has dawned, on which the divine Church, in honour of the martyrs summons all together to sing to you with gladness: Rejoice, O virgin and martyr, most honoured Agrippina.

and on the same day, the Vladimir icon of the BVM (also Aug 26)

Troparion, tone 4 Today the glorious city of Moscow is adorned, having received your wonder working icon like the radiance of the sun; and we, hastening to it and entreating you, O Lady, cry out thus: O most wondrous Lady, the Mother of God, entreat Christ our God who became incarnate through you, that he deliver that city and the lands where Christians dwell unharmed by their foes, and save our souls, as you are compassionate.

Kontakion, tone 8 Delivered from evils by the arrival of your precious image, we splendidly sing hymns of victory to you on this feast of your coming to us, and we sing to you our customary hymn, O Lady and Mother of God: Rejoice, O Bride unwedded.

June 24 Nativity of John the Baptist

Troparion, tone 4 O prophet and forerunner of the coming of Christ, we who honour you with love cannot praise you worthily; for your glorious and honoured nativity saved your mother from barrenness and your father from muteness, and proclaimed to the world the incarnation of the Son of God.

Kontakion, tone 3 Today, she who before was barren gives birth to the forerunner of Christ, the fulfillment of prophecy. For, laying his hand in the Jordan upon him whom the prophets foretold, he is seen to be in himself the prophet and herald, the forerunner of the Word of God.

**June 25 Afterfeast of the Nativity of John the Baptist
Venerable martyr Fevronia**

Troparion, tone 4 Your martyr Fevronia loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you; | accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Kontakion of the martyr, tone 6 The martyr Fevronia cried out thus: O my Bridegroom, Jesus most sweet, it is not difficult for me to follow you, for the sweetness of your love has given wings of hope to my soul, and the beauty of your mercy has sweetened my heart, that I might drain the cup of sufferings in emulation of you, that you may count me among the wise virgins who dance with you your bridal chamber. And therefor, O venerable passion bearer, honouring the struggles of your labours, we entreat you: Pray that we not find the portals of the bridal chamber to be locked to us.

June 26 Venerable David of Thessalonica

Troparion, tone 8 That which was created in the image of God was preserved in you, O Father, for taking up the cross you followed Christ. By your deeds you have taught us to reject the flesh for it passes away, but to care for the soul as a thing immortal. Therefore O venerable David your soul rejoices with the angels.

Kontakion, tone 1 You appeared as an ever-flowering garden bearing the fruits of the virtues, and as a truly melodious bird in a tree of a grove, O divinely wise one. You received in your heart the Tree of Life, and cultivated it there like a garden, you have thereby nurtured us with grace: pray for us, O most blessed David.

and on the same day, the Tikhvin icon of the BVM

Troparion, tone 4 Today your most precious icon has shone upon us in the air like the radiant sun, O Lady, illumining the world with rays of mercy; and the expanse of Russia, reverently receiving it from on high as a gift of God, glorifies you as the sovereign of all, O Mother of God, and joyously magnifies Christ our God who was born of you. Entreat him, O Lady, our queen and Mother of God, that he preserve all cities and lands where Christians live unharmed by all the assaults of the enemy, and save those who with faith worship before your most honoured image of him and you, O unwedded Virgin.

Kontakion, tone 8 Let us hasten to the virgin Mother of God and Queen, O people, and give thanks to Christ our God; and gazing with contrition upon her miraculous icon, let us fall down and cry out to her: O Mary, our Lady who has visited Tikhvin with the miraculous appearance of your precious icon, save our Orthodox hierarchs and all Christians in peace and prosperity; may we be inheritors of the life of heaven who with faith sing to you: Rejoice, O Virgin, salvation of the world.

June 27 Venerable Sampson the Hospitable

Troparia and Kontakia

Troparion, tone 8 In your patience, O venerable father, you acquired your reward; having endured in unceasing prayer, and in love for the poor and in providing for them. Beseech Christ out God, O merciful and blessed Sampson, that our souls be saved.

Kontakion, tone 8 Rejoicing with psalms and hymns O divinely wise and venerable Sampson, and hastening to your divine shrine as to an excellent physician and truly acceptable intercessor, we glorify Christ who has given you such gifts of healing.

Fathers of Optina, revealing of their relics

Troparion of the fathers, tone 1 Abiding in unceasing prayer | and embracing the wicked as well as the good with love, | O venerable elders of Optina, you served God and your neighbour, | and through vigils, tears and fasting received the gift of miracles. | Glory to him who has given us such mediators: | ~ glory to him who has glorified you: || glory to God who is wondrous in his saints.

Kontakion of the Fathers, tone 8 Having withdrawn from vain work and discovering a treasure through a pure life, | you have not abandoned your care for sinners in this world. | As guides for the lost, you deliver us from worldly vanity, || and so we may say: Rejoice, divinely-wise elders.

June 28 Martyrs and healers Cyrus and John

Troparion, tone 5 You have granted us the miracles of your holy martyrs | as an impregnable stronghold, O Christ our God. | Through their intercession, keep us safe from all strife | and preserve our country in peace; | for you alone are good and loving to mankind.

Kontakion, tone 3 Receiving the gift of miracles | from divine grace, O holy ones, | unceasingly you work wonders, | cutting away all our afflictions with invisible skill, | O divinely-wise Cyrus and glorious John, || since you are divine physicians.

Venerable fathers Sergius and Herman of Valaam

Troparion, tone 4 Fulfillers of the Gospel of Christ, | loving him alone and rejecting earthly cares, you settled on an island. | There you struggled in fasting, vigil and prayer | subjecting your bodies to the spirit. | You received crowns and now stand before the Trinity: | pray, O Fathers Sergius and Herman, | that our souls may be saved.

Kontakion tone 4 You left the world to follow in Christ's footsteps | and reached Lake Neva and the Island of Valaam. | From there, having lived the angelic life | you were translated to the heavenly Bridal chamber. | As you stand with the Angels remember your spiritual descendants, | as they with us joyfully cry to you: | Rejoice, venerable Fathers Sergius and Herman.

June 29 Apostles Peter and Paul

Troparion, tone 4 First-enthroned among the apostles | and teachers of the world: | entreat the Master of all, | that he grant peace to the world || and great mercy to our souls.

Kontakion, tone 2 O Lord, you have taken to your eternal rest and to the delight of your good things those infallible and divinely eloquent preachers, the foremost of your apostles; for you have accepted their struggles and death as greater than any holocaust, as you know the hearts of men.

June 30 Synaxis of the twelve Apostles

Troparion, tone 4 First-enthroned among the apostles | and teachers of the world: | entreat the Master of all, | that he grant peace to the world || and great mercy to our souls.

Kontakion of the Synaxis, tone 2 Christ the rock radiantly glorifies the one who is the rock of faith, the most excellent of his disciples, and likewise Paul and the assembly of the twelve today; and faithfully celebrating their memory, we glorify him who has glorified them.

July 1 Unmercenary healers Cosmas and Damian

Troparion, tone 8 O holy unmercenaries and wonder-workers Cosmas and Damian, visit our infirmities: as you have freely received, so freely give to us.

Kontakion, tone 2 Having received the grace of healings, you extend health to those in need, O most glorious physicians and wonder workers. By your visitation, cast down the audacity of the enemy and heal the world with miracles.

July 2 Deposition of the robe of the BVM at Blachernae

Troparion, tone 8 Ever virgin Mother of God, the protection of mankind, who gave your city a mighty legacy, the robe and cinture of your most honoured body, which remained incorrupt through your seedless birth giving which renewed nature and time. Therefore we beseech you to grant peace to your people and great mercy to our souls.

Kontakion, tone 4 O pure one and protector of mankind, full of divine grace, you have given your sacred robe, a garment of incorruption for all the faithful. With love we celebrate its deposition and cry out to you with fear: Rejoice, O Virgin, the boast of Christian people.

and on the same day, Juvenal, Patriarch of Jerusalem

Troparion, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Juvenal, pray to Christ our God for the salvation of our souls.

Kontakion, tone 2 Gathering today, let us honour with hymns Juvenal, the namesake of youth and the boast of Jerusalem, who has been translated to the life which ages not. He is an heir of the apostles, fellow servant of the mysteries with the God-bearing fathers, instructor in the tenets of Orthodoxy, denouncer of false doctrines and a universal teacher of the truth.

July 3 Martyr Yakinthos

Troparion, tone 4 In his suffering, O Lord, Yakinthos your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Kontakion, tone 6 Having acquired your faith, O Christ, in the midst of his soul like a tree of life, your martyr became like that of the Garden of Eden, boldly destroying the tree of the serpent's deception by his spirit, and he was crowned with glory, O most merciful one.

Troparia and Kontakia

July 4

Hierarch Andrew, archbishop of Crete, and the venerable mother Martha

Troparion of Andrew of Crete, tone 4 Truly you were revealed to your flock as a standard of faith, a model of humility and a teacher of abstinence. Thus you reached the heights through lowliness and wealth through poverty. Holy hierarch Andrew, pray to Christ our God for the salvation of our souls.

Another troparion of Andrew, tone 5 Like the Prophet David, you sang a new song in the assembly of the righteous. As a servant of the Holy Spirit, you thundered forth your hymns of grace, and the word of righteousness for our salvation, O Andrew glory of the Fathers.

Troparion of the venerable Martha, tone 8 That which was created in the image of God was preserved in you, O Mother; for taking up the cross you followed Christ. By your deeds you have taught us to reject the flesh for it passes away, but to care for the soul as a thing immortal. Therefore O venerable Martha your soul rejoices with the angels.

Kontakion of Andrew of Crete, tone 2 Trumpeting forth hymns of divine sweetness, O venerable Andrew, you were seen to be a most radiant beacon for the world, shining with the light of the Trinity. Therefore we all cry out to you: May you never cease to pray for us all.

Kontakion of Martha, tone 2 Standing before the Lord and the most pure virgin Mother of God in prayer, O honoured Martha, and offering up hymnody and praises, you gave birth to a sacred child, the most wondrous Simeon, a beacon for the world. With him, may you ever pray for us all.

and on the same day, the royal martyrs of Russia

Troparion, tone 5 Meekly you endured the loss of your earthly kingdom, | and the bonds and sufferings inflicted upon you by those opposed to God, | and you witnessed to Christ even to death. | O great passion bearer and divinely crowned Nicholas, | Christ our God has crowned you in heaven with a martyr's crown, | together with your spouse, your children and your servants: || implore him to have mercy on the Russian land and to save our souls.

Kontakion, tone 6 You strengthened the hope of the passion-bearing Tsar with his family, who took flight to your love, proclaiming beforehand their future rest: through their prayers, O Lord, have mercy on us.

July 5

Venerable Athanasios of Athos

Troparion, tone 3 The ranks of angels marvelled at your earthly life, O ever-glorious one, how you conducted your physical struggle with invisible foes and wounded the hoards of demons. Hence Christ has bestowed rich gifts upon you, O Athanasios: therefore pray that our souls be saved.

Kontakion, tone 8 Your flock calls upon you, O divinely-eloquent one, as an excellent seer of immaterial things and of them a most true and active interpreter. Do not fail in your prayer for your servants, and deliver from dangers and assaults those who cry to you: Rejoice, O father Athanasios.

and on the same day, the uncovering of the relics of Sergius of Radonezh

Troparion of Sergius of Radonezh, tone 8 From your youth you received Christ within your soul, O venerable one, and desired more than all to withdraw from the tumult of the world. By dwelling bravely in the wilderness you produced the fruit of humility, the children of obedience. As the abode of the Trinity, you illumine with your miracles all who have recourse to you with faith, granting abundant healing to all. O Sergius our father, entreat Christ our God, that he save our souls.

Kontakion of the uncovering of the relics of Sergius, tone 8 Your precious relics, shining forth from the ground today like the all-radiant sun, have been found to be incorrupt, resplendent with a multitude of miracles like a fragrant flower, pouring forth divers healings upon all the faithful, and gladdening your chosen flock, which you wisely assembled and shepherded well. On their behalf you now stand in supplication before the Trinity, praying that victory be granted to our Orthodox hierarchs over all heresies, that we may all sing to you: Rejoice, O divinely wise Sergius.

and on the same day the new martyrs Elizabeth and Barbara

Troparion of the martyrs Elizabeth and Barbara, tone 4 With meekness, humility and love dwelling in your soul, | you earnestly served the suffering, | O holy passion bearer princess Elizabeth, | with faith you endured sufferings and death for Christ: || with the martyr Barbara pray for those who honour you with love.

Kontakion of the new martyrs Elizabeth and Barbara, tone 4 Taking up the cross of Christ, | you passed from royal glory to that of heaven, | praying for your enemies, | O holy martyred Princess Elizabeth; | and with the martyr Barbara | you found everlasting joy, || where you pray for our souls.

July 6 Venerable Sisoe the Great

Troparion, tone 1 Dwelling in the desert as an angel incarnate, | you proved to be a worker of miracles, O God-bearing father, Sisoe. | Having received heavenly gifts through fasting, vigils and prayer, | you heal the infirmities and souls of those who come to you in faith. | Glory to him who gave you strength, ~| glory to him who crowned you; || glory to him who through you works healings for all.

Kontakion, tone 4 Having struggled, you are seen to be an angel on earth, | O venerable father, | ever illumining with divine signs | the thoughts of the faithful, || and so we honour you with faith, O Sisoe.

July 7 Venerable fathers Thomas of Mt Maleum and Acacius of Sinai

Troparion, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Kontakion of venerable Thomas, tone 4 Aflame with divine zeal, you were greatly victorious, | as you overcame the corrupt king, | and forsaking all beauties you dwelt on Mount Maleum, | from where you ascended to the king of kings in heaven: || venerable Thomas, pray unceasingly for us all.

Kontakion of venerable Acacius, tone 2 Forsaking the world, you followed Christ from childhood, O wise and venerable Acacius; emulating his voluntary humility, you cast down the prideful tyrant. Pray unceasingly on behalf of us all.

Troparia and Kontakia

July 8

Great martyr Procopius

Troparion, tone 4 In his suffering, O Lord, Procopius your martyr | received an imperishable crown from you, our God. | Armed with your might, he cast down tyrants | and crushed the feeble audacity of demons. || By his intercession, save our souls.

Alternative Troparion, tone 3 O follower of the pre-eminent Apostle, you were clothed with divine power from on high. Your sacred vestments were dyed with the stream of your blood. O holy Hierarch Pancratius, pray to Christ our God that he save our souls.

Kontakion, tone 2 Afire with divine zeal for Christ, and protected by the might of the cross, you cast down the audacity and boldness of the enemy, and raised up an honourable Church, O Procopius who excelled in faith and enlightens us.

and on the same day, Kazan icon of the BVM (also October 22)

Troparion of the icon, tone 4 Sincere helper and mother of the Lord, the Most High, | who entreats Christ, your Son and our God, | bringing salvation to all who have recourse to your mighty protection; | O Lady, Queen and Sovereign: | help us, burdened with many sins amid temptations, sorrows and sickness, | who stand before your most pure image with contrite soul and broken heart, | who with tears pray with unflinching hope in you: | grant that which is beneficial and deliverance from every evil, || O Mother of God, the divine protection of your servants.

Kontakion of the Icon, tone 8 Let us flee to the protection of the Virgin, O people, | that calm and good haven, the speedy helper, the ready and fervent salvation. | Let us hasten to prayer and repentance, before the most pure Mother of God | who pours upon us unflinching mercies as she goes before us to intercede for us; || delivering her goodhearted and God-fearing servants from misfortune and evil.

July 9

Hieromartyr Pancratius, bishop of Tavromenia

Troparion, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, O hiero-martyr Pancratius. Entreat Christ our God that our souls be saved.

Kontakion, tone 4 You were proven to be a brilliant star for the people of Tavromenia, O Pancratius, and were shown also to be a sufferer for Christ. Standing now before him, pray for those who honour you, O blessed one.

July 10

45 martyrs of Nikopolis in Armenia

Troparion, tone 4 In their suffering, O Lord, your martyrs | received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Kontakion, tone 8 For the sake of Christ, you endured many torments, O martyrs. You brought down idolatrous polytheism and destroyed all falsehood of ungodliness, trampling them down by the power of Christ; and you teach us all to sing openly: Alleluia.

and on the same day, the deposition of the Robe of our Lord

Troparion, tone 4 O faithful, let us hasten to the divine and healing robe of God our Saviour, for it was his good pleasure to wear it in the flesh and to shed upon the cross his holy blood, with which he has redeemed us from slavery to the enemy. Giving thanks, let us cry out to him: Save our Orthodox hierarchs, defend this city and all people by your precious robe, and save our souls, as you love mankind.

Kontakion, tone 4 The precious robe with which you willingly clad the life bearing and holy flesh of your divine manhood, the robe of incorruption and of salvific healing, you have given to all as a divine treasure, O Master. Receiving it with gratitude, we celebrate it with splendour, awe and love; and we sing to you, O Christ our benefactor: Preserve in peace our Orthodox hierarchs and people, according to your great mercy.

**and on the same day, St Anthony of the Kiev Caves,
the founder of monasticism in Russia**

Troparion, tone 4 Renouncing the tumult of the world | you followed Christ in accordance with the Gospel; | and reaching the haven of Athos | you lived the angelic life. | From there with the father's blessing you illumined your homeland at Kiev, | where you brought a multitude of monks | along the path of Christ to his kingdom: || Implore him, O venerable Antony, that he save our souls.

Kontakion, tone 8 Cleaving to God from your youth, with love you followed him with all your soul; | and holding the corrupt world to be as naught, you made a cave in the ground. | Striving well against the invisible foe, you shone like the radiant sun upon the ends of the earth, | and in gladness you passed over to the mansions of heaven, | where standing with the angels before the throne of the Master, be mindful of us | who honour your memory, as we cry out to you: Rejoice, O Anthony our father.

**July 11 Martyr Evthemia the all-praised
and Olga, princess of Russia**

Troparion of Evthemia, tone 4 Your martyr Evthemia loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you; | accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Troparion of Olga, tone 4 Having furnished your mind with wings of divine knowledge, you soared far above the visible creation: seeking God the creator of all, you found him and through baptism received rebirth: delighting in the tree of life, O ever glorious Olga, you remain incorrupt for ever.

Kontakion of Evthemia, tone 6 Your achievements in the contest and your struggles in the faith you fervently undertook for the sake of your bridegroom; and now, through the Mother of God, pray that the audacity of the foe and every heresy be subdued beneath the feet of Orthodox hierarchs, O most praised Evthemia, who accepted and preserved the definition of the fathers of the Council.

Kontakion of Olga, tone 4 Today we hymn God the benefactor of all, who glorified the divinely wise Olga in Russia, that through her prayers he grant our souls remission of sins.

July 12 Martyrs Proclus and Hilarion,

Troparia and Kontakia

and the venerable father Michael of Malenius

Troparion of the martyrs, tone 4 In their suffering, O Lord, Proclus and Hilarion your martyrs | received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Troparion of the venerable one, tone 8 That which was created in the image of God was preserved in you, O Father; | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. || Therefore O venerable Michael your soul rejoices with the angels.

Kontakion of the martyrs, tone 4 The honourable sufferings of Proclus and Hilarion | shine forth like the morning star, | illumining us with the splendour of their wonders. | Therefore we celebrate their memory, as we sing to them: || Entreat Christ our God, that he save our souls.

Kontakion of the venerable one, tone 2 You lightened the burden of the flesh by your works | and gave swift wings to your soul by enlightenment, O Michael; | and you have shown yourself to be a dwelling place for the Trinity, | beholding whom, O blessed one, || pray unceasingly for all of us.

July 13 – the Sunday on or after: Fathers of the first six Ecumenical Councils

Troparion of the Fathers, tone 8 You are most glorious, O Christ our God, | for you have established our fathers on the earth as radiant stars, | and by them you have guided us to the true faith. | Glory to you, O greatly compassionate one.

Kontakion of the Fathers, tone 8 The preaching of the apostles and the teachings of the fathers | have sealed the unity of the faith of the Church. | Clad in the robe of truth woven with inspired theology, || they properly explain and glorify the great mystery of faith.

July 13 Synaxis of the archangel Gabriel, Venerable Stephen the Sabaite

Troparion of the archangel, tone 4 Supreme commander of the heavenly host, we unworthy ones implore you that by your supplications you encircle us within the shelter of the wings of your immaterial glory, and guard us who fall down before you and fervently cry: Deliver us from dangers, as you are the leader of the host on high.

Kontakion, tone 2 Supreme commander of God and minister of the divine glory, guide of men and leader of the bodiless host; ask for that which is to our profit and for great mercy, since you are the supreme commander of the bodiless host.

July 14 Apostle Aquila, martyrs Kyrikus and Julitta

Troparion of the Apostle, tone 3 O holy apostle Aquila, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Alternative Troparion of the Apostle, tone 1 As a disciple and companion of Paul, you received in your soul the grace of preaching. You shone in the night of error and in contest, to the glory of the Lord. O Aquila, we all acclaim you, sacred minister of the Saviour.

Troparion of the martyrs, tone 4 In their suffering, O Lord, your martyrs | received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Kontakion of the apostle, tone 4 Having acquired you as a great sun, O glorious Aquila, apostle of the Lord, the Church enlightens with the splendour of your teaching those who faithfully honour you.

Kontakion of the martyrs, tone 4 Having Kyriakus in her embrace, Julitta the martyr of Christ cried out, exulting bravely in the contest: Christ is the boast of the martyrs.

July 15 Great prince Vladimir, equal to the apostles

Troparion, tone 4 O Vladimir glorious in might, | on the exulted throne of Kiev, the mother of cities saved by God, | you emulated the merchant who sought the goodly pearl: | searching, you sent emissaries to the Imperial City to learn of the Orthodox faith, | and you found Christ, the priceless Pearl, who chose you as a second Paul | and in the holy font removed your spiritual and bodily blindness. | We your people celebrate your passing. | Pray that Russia, your land, may be saved, || and that peace and great mercy be granted to Orthodox people.

Kontakion, tone 8 Emulating Paul the great Apostle in your maturity, O glorious Vladimir, | and putting aside your zeal for idols as childish thoughts, | you adorned your purple robe with that of divine baptism. | Standing in gladness before Christ the Saviour, pray that your land be saved, | and that peace and great mercy be granted to Orthodox people.

July 16 Hieromartyr Athenogenes and his 10 disciples

Troparion, tone 4 In their suffering, O Lord, your martyrs | received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Kontakion, tone 4 Following the love of the Master, as an excellent pastor you laid down your life for the sheep of Christ, O hieromartyr Athenogenes; and so we praise you and also the ten disciples who suffered with you, instructed by the fear of God and by your teaching. With his life-creating right hand the Master has crowned you, for you were pleasing to him: entreat him on behalf of us all.

July 17 Great martyr Marina

Troparion, tone 4 Your martyr Marina loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you; | accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Kontakion, tone 3 Arrayed in the beauties of virginity, O virgin Marina, you were crowned with an imperishable crown: stained with the blood of your martyrdom, you received the trophy of victory for your suffering, piously shining with miracles of healing.

July 18 Martyr Emilian

Troparia and Kontakia

Troparion, tone 4 In his suffering, O Lord, Emilian your martyr | received an imperishable crown from you, our God. | Armed with your might, he cast down tyrants | and crushed the feeble audacity of demons. || By his intercession, save our souls.

Kontakion, tone 3 Aflame with divine zeal, you were not afraid of the ministering fire, but fearlessly ascending of your own will, you were consumed by the kindled flames and offered yourself to the Master in sacrifice. O glorious martyr Emilian, entreat Christ our God that he grant us his mercy.

July 19

**Venerable Macrina,
and venerable Dius**

Troparion of Macrina, tone 8 That which was created in the image of God was preserved in you, O Mother; for taking up the cross you followed Christ. By your deeds you have taught us to reject the flesh for it passes away, but to care for the soul as a thing immortal. Therefore O venerable Macrina your soul rejoices with the angels.

Troparion of Dius, tone 1 Dwelling in the desert as an angel incarnate, | you proved to be a worker of miracles, O God-bearing father, Dius. | Having received heavenly gifts through fasting, vigils and prayer, | you heal the infirmities and souls of those who come to you in faith. | Glory to him who gave you strength, ~| glory to him who crowned you; || glory to him who through you works healings for all.

Kontakion, tone 4 You loved the good God with all your heart, O venerable Macrina; and taking his precious cross upon your shoulder, you zealously followed him, and thus you found forgiveness of offenses.

Kontakion on Dius, tone 2 Divinely armed with purity of soul, and mightily wielding unceasing prayer as a spear, you cut down hoards of demons. O Dius our wonder working father, pray unceasingly for us all.

And on the same day, Venerable Seraphim of Sarov

Troparion of Seraphim, tone 4 From your youth you loved Christ, O blessed one, and aflame with the desire to serve him alone, you struggled in the wilderness in unceasing prayer and labour. With contrition of heart acquiring the love of Christ, you were a beloved favourite of the Mother of God. And so we cry to you: Save us by your prayers, O Seraphim our venerable father.

Kontakion of Seraphim, tone 2 Having forsaken the beauty of the world and its corruption, you took up your abode in the Monastery of Sarov; and living there like an angel, you were a path for many to salvation. And so Christ has glorified you, O father Seraphim, and enriched you with the gift of healing and miracles; and we sing to you: Rejoice, O our venerable father Seraphim.

July 20

Prophet Elias

Troparion, tone 4 Angelic in body, the foundation of prophecy, the second forerunner of the coming of Christ: the glorious Elias from on high sent down grace upon Elisha to dispel infirmities and to cleanse lepers. Therefore he pours healings on those who honour him.

Kontakion, tone 2 O glorious prophet Elias, who foresaw the glories of God, by your command you withheld the rains from heaven: intercede for our sake with him who is truly the lover of mankind.

**July 21 Venerable Simeon and John,
and the prophet Ezekiel**

Troparion of the venerable ones, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Troparion of the prophet Ezekiel, tone 2 Celebrating the memory of your prophet Ezekiel, O Lord, through him we entreat you to save our souls.

Kontakion of the venerable ones, tone 2 Let us praise God-bearing Simeon | who appeared bodily as a bodiless one, an equal to the angels, | and with him ever-memorable John: || who with faith and love unceasingly entreat the Lord for us.

Kontakion of the prophet, tone 4 You have appeared as a prophet of God, | O wondrous Ezekiel, | who proclaimed the incarnation of the Lord, | the Lamb, the Creator, the Son of God, || who has revealed himself to the ages.

**July 22 Mary Magdalene, Myrrh-bearer and Equal to the Apostles,
the return of the relics of the Hieromartyr Phocas of Sinope**

Troparion of the myrrh-bearer, tone 1 The honourable Mary Magdalene, keeping his precepts and laws, followed Christ who for our sake was born of the Virgin: celebrating her holy memory today, through her supplications we receive remission of sins.

Troparion of the hieromartyr, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, O hieromartyr Phocas entreat Christ our God that our souls be saved.

Kontakion of the myrrh-bearer, tone 3 Standing before the cross of the Saviour with many others, suffering with the Mother of the Lord and pouring forth tears, the most glorious Mary Magdalene made this offering as praise, saying: What is this strange wonder: is it your will to suffer, O upholder of all creation? Glory to your dominion.

Kontakion of the hieromartyr, tone 6 As a bishop you offered sacrifice, O father, and ultimately you offered yourself as a living sacrifice, bearing witness under the law to Christ our God. Strengthened by angels as you assented to death, look upon those who sing to you O Phocas,; Come and be with us, and none shall be against us.

July 23 Martyrs Trophimus, Theophilus and those with them

Troparion, tone 4 In their suffering, O Lord, your martyrs | received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

No Kontakion is provided

and on the same day, the Pochaev icon of the BVM

Troparia and Kontakia

Troparion, tone 5 Before your holy icon O Lady those who pray are granted healings, receive the knowledge of the true faith and withstand the assaults of the infidels. Therefore for us who fall down before you, entreat the remission of our sins, enlighten our hearts with thoughts of piety, and offer supplication before your Son, for the salvation of our souls.

Kontakion, tone 1 Your icon of Pochaev has been proven to be a source of healings and the confirmation of the Orthodox faith, O Mother of God: free us who have recourse to it from misfortune and harm, keep your Lavra safe, establish Orthodoxy in its surrounding lands, and remit the sins of those who pray to you, for you can do that which you desire.

July 24

Martyr Christina

Troparion, tone 4 Your martyr Christina loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you; | accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

Kontakion, tone 4 You were know to be a radiant dove with wings of gold, as you soared aloft to the heights of heaven, O honoured Christina; and we, celebrating your glorious festival bow down before the shrine of your relics with faith, from which divine healing for our souls and bodies flows forth upon all in abundance.

and on the same day, the martyrs Boris and Gleb

Troparion, tone 2 O righteous passion bearers, chaste Boris and innocent Gleb, truly obedient to the Gospel of Christ, you did not resist your brother slaying your bodies yet not harming your souls. Let the evil lover of power therefore lament, as you rejoice with the angelic powers, standing before the Holy Trinity: pray that the realm of your kinsmen be pleasing to God, and that the children of Russia be saved.

Kontakion, tone 3 Today your most glorious memory shines forth, O truly noble passion bearers of Christ Boris and Gleb, summoning us to the praise of Christ our God. Hastening to the shrine of your relics, we receive gifts of healings by your supplications, O holy ones, for you are divine physicians.

July 25

Dormition of righteous Anna, mother of the Mother of God

Troparion, tone 4 In your womb, O divinely wise Anna, you carried the pure Mother of God who gave birth to him who is life. And so you now rejoice in glory, having been translated to the mansions of heaven, the dwelling place of those who rejoice. O ever-blessed one, implore the cleansing of transgressions for those who honour you with love.

Kontakion, tone 2 We celebrate the memory of the ancestors of Christ, entreating them with faith, that with their help we may be delivered from every ordeal, who sing: Our God is with us – the God who in his good pleasure has glorified them.

July 26

Hieromartyr Hermolaos and those with him

Troparion, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Kontakion, tone 4 Having lived piously as a hierarch, you received the crown of martyrdom; extinguishing the sacrifices to idols, you were a good shepherd of the flock of Christ. You were also a true teacher for Pantelimon, O wise one. Therefore we honour you in hymns as we sing: Deliver us from harm by your supplications, Hermolaus our father.

July 27 Martyr Pantelimon

Troparion, tone 3 O holy passion-bearer and healer Pantelimon, entreat the merciful God that he grant our souls remission of transgressions.

Kontakion, tone 5 Emulating the merciful one and receiving from him the grace of healing, O passion-bearer and martyr of Christ our God, heal our spiritual infirmities by your supplications, ever driving away the temptations of the foe from those who faithfully cry to you to save us, O Lord.

July 28 Deacon-apostles Prochoros, Nikanor, Timon and Parmenas

Troparion, tone 3 O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Alternative Troparion, tone 4 Holy companions of the Apostles of Christ, God chose you as ministers of his flock, O Prochoros preacher of things divine, holy Nicanor, Timon and Parmenas. Intercede with Christ our God that we may be granted the forgiveness of our sins.

Kontakion, tone 1 Glorious Prochoros, Nikanor, Timon and Parmenas, the honoured deacons and eyewitnesses of the Word, you have appeared as chosen vessels of the faith, therefore we celebrate your sacred memory today, blessing you with gladness of heart.

July 29 Martyr Callinicus

Troparion, tone 4 In his suffering, O Lord, Callinicus your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Or this, tone 3 You received a worthy crown and prize | for your victory over tyrants, | for you finished your course and were glorified as a noble athlete: | O glorious Martyr Callinicus, | entreat Christ our God || to grant us his great mercy.

Kontakion, tone 2 Rightly you have inherited the beautiful things of heaven, | for you were inflamed greatly with the love of Christ, | with which you manfully braved fires on earth, O Callinicus. | Since you now stand before him, || cease not to pray on behalf of us all.

July 30 Apostles Silas and Silvan and those with them

Troparion, tone 3 O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion, tone 4 You have appeared as branches of the vine of Christ, bearing as grapes the clusters of the virtues, pouring forth for us the wine of salvation, receiving which we are filled with gladness, celebrating your most honoured memory, O wise ones: may you pray, O apostles of the Lord, for the remission of our sins.

Troparia and Kontakia

and on the same day, the martyr John the warrior

Troparion, tone 4 O John the wonder worker, the truly faithful servant and soldier of God the supremely good king: having bravely suffered for the faith and finished your course in blessedness, in the heavens you now see most splendidly the Lord and creator of all, and you help men who suffer amid all kinds of trials. You strengthened soldiers in battle, rescuing them from capture by the enemy, from wounding, sudden death and cruel misfortune; and therefore you entreat Christ the Master, O ever memorable one, that he deal mercifully with us in every circumstance, that he lead us not into temptations, but save our souls, as he loves mankind.

Kontakion, tone 6 With hymns let us give truly fitting praise to John the warrior, the pious soldier of Christ, who vanquished spiritual and physical enemies with divine wisdom. Working miracles, he bestows abundant healings upon suffering people, and entreats the Lord God to save the Orthodox from all misfortune.

July 30 Apostles Silas and Silvanus and those with them

Troparion, tone 3 O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion, tone 4 You became branches of the vine of Christ, bearing clusters of the virtues, pouring forth for us the wine of salvation, receiving which we are filled with gladness. Celebrating your most honoured memory, we pray, O wise apostles of the Lord, for the remission of our sins.

July 31 Forefeast of the Procession of the Cross, and righteous Evdocimus

Troparion of the cross, tone 1 O Lord, save your people and bless your heritage; grant victory to Orthodox Christians over their enemies, and protect your people by your cross.

Troparion of Evdocimus, tone 4 He who summoned you from the earth to the mansions of heaven preserved your body incorrupt after death, O holy Evdocimus; for you lived a pure life in chastity, without defiling the flesh, O blessed one: entreat Christ our God with boldness that we be saved.

Kontakion of Evdocimus, tone 2 Desiring higher things, and uniting yourself with those on high, you made your soul a fiery chariot by the divine ascents of the virtues, O blessed Evdocimus, and living on earth like one of the bodiless ones, you were pleasing to the creator of all.

and on the same day, the new martyr Benjamin, Metropolitan of St Petersburg

Troparion, tone 1 As a shining luminary you came to the city of Saint Peter, | good shepherd, hieromartyr, father Benjamin, | planting love and good deeds in the hearts of the faithful, | and inspiring them to give help to those enduring hunger and poverty. | Therefore we come to you and call to you with faith: ~| Pray to the merciful God ~| to strengthen your homeland in Orthodox faith and piety, || to give peace to the Church and great mercy to our souls.

Kontakion, tone 6 From your youth you took the yoke of Christ upon your shoulders | and became a true guardian of the Orthodox Church. | Courageously you accepted lies and imprisonment, | and suffered the unjust allegations of the lawless; | protecting sacred objects from desecration, | filled with Christ's gift of patience and love, with thanksgiving, | O hiero-martyr Benjamin, in martyrdom at the end you cried out: || Glory to you, O Lord, for all things.

**August 1 Procession of the Cross,
and the Maccabean Martyrs**

Troparion of the cross, tone 1 O Lord, save your people and bless your heritage; grant victory to Orthodox Christians over their enemies, and protect your people by your cross.

Troparion of the martyrs, tone 1 May the agonies of these holy ones which they endured for you, O Lord, serve to entreat you as we pray to you to heal our pangs, O lover of mankind.

Kontakion or the martyrs, tone 2 O most wise Maccabees, the seven pillars of the wisdom of God, and the seven-branched lamp of the divine light, great among the martyrs; with them, entreat the God of all, that we who honour you may be saved.

Kontakion of the cross, tone 4 O Christ our God who willingly chose to be raised upon the cross, | grant your mercies to the new nation named after you. | Gladden with your power Orthodox Christians, | granting them victory over enemies. || May they have as your help the weapon of peace, the invincible trophy.

August 2 Protomartyr Stephen

Troparion, tone 4 Your head was crowned with a royal diadem, for the sufferings you endured for Christ our God, O Stephen, the foremost among those who have suffered. Having denounced the insanity of the Jews, you saw your Saviour at the right hand of the Father: therefore entreat him for our souls.

Kontakion, tone 6 You were the first to be sown on the earth by the heavenly cultivator, O most praised Stephen, as you were the first to shed your blood for Christ, O blessed one; and you were the first to be crowned with the wreath of victory in Heaven, first among the contestants, O crown-bearer, the first among the martyrs.

Blessed Basil of Moscow, the Fool for Christ

Troparion, tone 1 Harkening to the voice of Paul your apostle, | saying: We are fools for the sake of Christ; | your servant Basil adopted foolishness on earth for your sake, O Christ our God. |~ Therefore, as we honour his memory, || we entreat you, Lord, to save our souls.

Kontakion, tone 6 In foolishness for the sake of Christ, O blessed Basil, | you lived barefooted and in tatters, in asceticism on the streets of Moscow. | You set sinners on the right path, and with insight reprimanded nobles and even the Emperor; | and after suffering greatly from cold, hunger and the insults of men, | you were honoured in death by hierarchs and royalty, | and now receiving honours in heaven, || you pray for our souls.

August 3 Venerable fathers Isaacius, Dalmatius and Faustus

Troparia and Kontakia

Troparion, tone 4 O God of our Fathers, regard us ever according to your kindness; take not your mercy from us, but through the intercessions of these holy ones, direct our lives in peace.

Kontakion, tone 2 With hymns let us praise Isaacius, Dalmatius and Faustus, who shone forth like beacons through fasting, and turned away heresies with faith; for they are holy men of God who entreat him for us.

August 4 Seven Holy Youths of Ephesus

Troparion, tone 2 How great is the miracle of faith, | for the seven holy youths remained in the cave as if in a royal chamber. | They died without falling into corruption, | and after many years they arose as if from sleep, | as an assurance of the general resurrection. || Through their supplications, O Christ our God, have mercy on us.

Kontakion, tone 4 Forsaking the corrupt things of this world and receiving gifts of incorruption, the seven holy youths, although dead, remained untouched by decay. And so they arose after many years, burying the unbelief of the wicked. O faithful, as we sing their praises, let us glorify Christ.

August 5 Forefeast of the Transfiguration

Troparion of the forefeast, tone 4 Let us go forth, O faithful, to meet the transfiguration of Christ, splendidly celebrating the forefeast thereof, and let us cry out: The day of divine gladness has arrived; the Master ascends Mount Tabor, to shine forth the beauty of his divinity.

Kontakion of the forefeast, tone 4 Human nature is now made divinely luminous, by the transfiguration of God; and cries out in gladness: Christ is transfigured, thereby saving us all.

August 6 The Transfiguration of the Lord

Troparion of the feast, tone 7 You were transfigured on the mountain O Christ our God, | showing your disciples as much of your glory as they could bear. | At the intercession of the Mother of God | may your everlasting light shine also upon us sinners. || Glory to you, O giver of life.

Kontakion of the feast, tone 7 On the mountain you were transfigured O Christ our God, | revealing to your disciples as much of your glory as they could bear; | so that when they would see you crucified, | they would know your passion to be willing, and would preach to the world || that you are truly the splendid outpouring of light from the Father.

August 7 Afterfeast of the Transfiguration Venerable martyr Dometius

Troparion of the monk martyr, tone 4 Having struggled in fasting upon the mountain, O blessed one, | you destroyed the noetic foe with the weaponry of the cross | Thus you bravely arrayed yourself for battle, | slaying Copronimus with the sword of faith. | For both of these deeds | you have been crowned by God, || O ever-memorable martyr, venerable Dometius.

Kontakion of the monk martyr, tone 6 Having utterly spurned corruptible things | and the thoughts which drag one down to the depths, | venerable martyr Dometius, | you showed yourself to be a great leader of monks, | turning to fear the wrath of the king | who did not wish

to worship Christ as the true God. | Therefore in death you chanted the hymn: || God is with me and no one can be against me.

**August 8 Afterfeast of the Transfiguration
Emilian the Confessor**

Troparion of St Emilian Tone 3 In confessing the faith you proclaimed the doctrines of Orthodoxy | and were unjustly exiled for rebuking the wicked king. | O righteous and glorious Emilian, the boast of Kyzikos, || pray to Christ our God to grant us his great mercy.

Kontakion of Emilian the confessor, tone 3 The Church for which you suffered | sings to your glory, O Emilian, | for you proved to be a mighty champion of the Trinity, | and so we honour your memory. | Deliver your servants from the invasions of the heathen.

**August 9 Afterfeast of the Transfiguration
Apostle Matthias**

Troparion of the apostle, tone 3 Holy apostle Matthias, intercede with the merciful God, that he grant our souls remission of transgressions.

Another Troparion, tone 3 Called by the Holy Spirit you complemented the twelve-fold choir of the Apostles. | You proclaimed with them the condescension of God the Word, | O wondrous and glorious Apostle Matthias. | Pray that those who praise you | may receive great mercy and forgiveness.

Kontakion of the apostle tone 4 Your luminous sound has gone out through all the world, like the sun illuminating the Church of the nations with grace, O wondrous apostle Matthias.

**August 10 Afterfeast of the Transfiguration
Martyr Lawrence**

Troparion of the martyr, tone 4 In his suffering, O Lord, Lawrence your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Alternative Troparion of the martyr Lawrence, tone 3 Aflame with the Spirit like a living coal, you burnt away the thorns of error, O blessed trophy-bearer Laurence, archdeacon of Christ. Like living incense you became a whole burnt offering to him who has exalted you May you shelter from the assaults of the enemy those who now give you glory.

Kontakion of the martyr, tone 2 Kindling the divine fire in your heart, you utterly reduced the fire of the passions to ashes, O God bearing martyr Lawrence, the confirmation of athletes. In the midst of your sufferings you cried out in faith: Nothing can separate me from the love of Christ.

**August 11 Afterfeast of the Transfiguration
Martyr Evplus**

Troparion of the martyr, tone 4 In his suffering, O Lord, Evplus your martyr received an imperishable crown from you, our God. Armed with your might, he cast down tyrants and crushed the feeble audacity of demons. By his intercession, save our souls.

Troparia and Kontakia

Kontakion of the martyr, tone 1 Holding the laws of Christ in your hand, you stood before the enemy in the arena and cried out: I am determined to suffer steadfastly. And so, you gladly finished your course, bowing your neck to the sword.

August 12 Afterfeast of the Transfiguration Martyrs Photius and Anicetus Maximus the Confessor

Troparion of the martyrs, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Troparion of the confessor, tone 8 Instructor of Orthodoxy, teacher of piety and purity; beacon for the world and divinely inspired adornment of monastics: Maximus most wise, you have enlightened all by your doctrines. O harp of the Spirit, entreat Christ our God that our souls may be saved.

Kontakion of the confessor, tone 6 The thrice radiant light dwelling in your soul made of you a chosen vessel revealing divine things to the ends of the earth, O blessed Maximus: you elucidated difficult concepts, clearly proclaiming the transcendent and unoriginate Trinity.

August 13 Apodosis of the Transfiguration

Troparion of the feast, tone 7 You were transfigured on the mountain O Christ our God, | showing your disciples as much of your glory as they could bear. | At the intercession of the Mother of God | may your everlasting light shine also upon us sinners. || Glory to you, O giver of life.

Kontakion of the feast, tone 7 On the mountain you were transfigured O Christ our God, | revealing to your disciples as much of your glory as they could bear; | so that when they would see you crucified, | they would know your passion to be willing, and would preach to the world || that you are truly the splendid outpouring of light from the Father.

August 14 Forefeast of the Dormition

Troparion of the forefeast, tone 4 O people leap for joy and clap your hands, | and lovingly cry out with radiant gladness. | For the ever-virgin Mary | is about to pass from those on earth to those on high. | Let us ever glorify her as the Mother of God.

Kontakion of the forefeast, tone 4 Embroidered by the immaterial Spirit for your glorious memorial, the universe noetically cries out in gladness: Rejoice, O Virgin, the boast of Christians.

August 15 The Dormition of the Mother of God

Troparion of the feast, tone 1 In giving birth you preserved your virginity; | and in your falling asleep you did not abandon the world. | O Mother of God, as the mother of Life, | you were translated to him who is life, || delivering our souls from death by your intercession.

Kontakion of the feast, tone 2 Neither the grave nor mortality could confine the Mother of God, | who is ever vigilant in her supplication | and our sure hope in her intercession; | for as

she is the mother of life, | she has passed over to him who is life, || who dwelt in her ever virgin womb.

**August 16 Afterfeast of the Dormition
Image Not-Made-By-Hands**

Troparion of the image, tone 2 We venerate your most pure image O good one, and ask forgiveness of our transgressions O Christ our God. Of your good will you chose to ascend the cross in the flesh to deliver your creatures from bondage to the enemy. Therefore with thankfulness we cry out to you: You have filled all things with joy, O our Saviour, who came to save the world.

Kontakion of the image, tone 2 O Word of the Father who is uncircumscribable, | seeing the un-inscribed and divinely wrought victorious image | of your indescribable and divine dispensation toward mankind; | recognising there your true incarnate form, || we honour it with veneration.

**August 17 Afterfeast of the Dormition
Martyr Myron**

Kontakion , tone 4 Having loved Christ from childhood O glorious Myron, and observed his divine commandments, with your whole being you hastened to him, where you pray with the angels. Beg the forgiveness of sins for those who honour your memory.

**August 18 Afterfeast of the Dormition
Martyrs Florus and Lavrus**

Troparion of Florus and Lavrus, tone 4 O faithful, let us praise as is right, blessed and honourable Florus and Lavrus, that beauteous and divinely wise pair, who earnestly and boldly proclaimed the uncreated Trinity to all. May they who suffered even to the shedding of their blood thus receiving most splendid crowns, entreat Christ our God that he save our souls.

Kontakion of Florus and Lavrus, tone 8 The world gloriously honours Florus and Lavrus today, as martyrs of piety and divinely wise athletes of Christ, that we may receive grace and mercy through their prayers, and be delivered from tribulations and dangers and from wrath and sorrow on the day of judgment.

**August 19 Afterfeast of the Dormition
Martyr Andrew the General and those with him**

Troparion of the martyrs, tone 5 Abandoning the glory of an earthly rank, | you inherited the kingdom of heaven; | with an incorruptible crown of precious stones. | You led to Christ a company of athletes,| and with the choirs of angels you found Christ, the never setting sun | in the place of unwaning light. | O holy general Andrew, with those who suffered with you, || ever entreat him to save our souls.

Kontakion of the martyr Andrew, tone 2 Standing before the Lord in prayer like a star preceding the sun, you attained the sight of the desired treasure of the kingdom, full of ineffable joy. O general Andrew, to the unending ages you sing to the immortal king together with the angles: with them pray unceasingly for us all.

Troparia and Kontakia

August 20 Afterfeast of the Dormition Prophet Samuel

Troparion of the prophet, tone 2 Celebrating the memory of your prophet Samuel O Lord, through him we beseech you to save our souls.

Alternative Troparion of the Prophet, tone 4 You blossomed as a scion of righteousness | from a barren mother. | O great Prophet Samuel, | you revealed beforehand the blessings we would receive. | From childhood you served the Lord in the priestly office, | and as a prophet you anointed kings: || ever remember those who honour you.

Kontakion of the prophet, tone 8 As a gift of great value given to God before your conception, from infancy you served him, O blessed one. You were granted to declare beforehand the things of the future. Therefore, we cry out to you: Rejoice, O Samuel, prophet of God, and a great high priest.

August 21 Afterfeast of the Dormition Apostle Thaddeus

Troparion of the apostle, tone 3 Holy apostle Thaddeus, intercede with the merciful God, that he grant our souls remission of transgressions.

Kontakion of the apostle, tone 4 The Church, ever enlightened by your miracles, has acquired you as an all-radiant star, O apostle Thaddeus. Save those who with faith honour your memory.

August 22 Afterfeast of the Dormition Martyr Agathoicus and those with him

Troparion of the martyrs, tone 4 In their sufferings, O Lord, your martyrs received imperishable crowns from you, our God. Armed with your might, they cast down tyrants and crushed the feeble audacity of demons. By their intercession save our souls.

Kontakion, tone 1 Having acquired a good name, O glorious Agathonikus, | not fearing torture, you converted the wicked to the faith. | Therefore you have become an heir of good things, | ~ and with those who suffered with you, || you have received worthy crowns.

August 23 Apodosis of the Dormition

Troparion of the feast, tone 1 In giving birth you preserved your virginity; | and in your falling asleep you did not abandon the world. | O Mother of God, as the mother of Life, | you were translated to him who is life, || delivering our souls from death by your intercession.

Kontakion of the feast, tone 2 Neither the grave nor mortality could confine the Mother of God, | who is ever vigilant in her supplications | and our sure hope in her intercession; | for as she is the mother of life, | she has passed over to him who is life, || who dwelt in her ever virgin womb.

August 24 Hieromartyr Evtychius

Troparion, tone 4 You shared in the ways of the Apostles and occupied their throne, and your deeds were a passage to the divine vision, O divinely inspired one. Obedient to the word of truth, you suffered for the faith even to the shedding of your blood, O hiero-martyr Evtyches entreat Christ our God that our souls be saved.

Alternative Troparion, tone 4 You were a teacher of godliness | O Evtyches, disciple of the holy Apostles. | You openly proclaimed the incarnation of the Word, | and suffered as a martyr. | You confirmed your teaching of the faith by your miracles, | O Hieromartyr and Father Evtyches, || pray to Christ our God for the salvation of our souls.

Kontakion, tone 2 Sharer of the throne of the apostles | a gem among holy hierarchs | O Evtyches, you were glorified in martyrdom, | shining forth like the sun, | illumining all and dispelling the profound night of ungodliness. | Therefore we honour you || as a truly divine servitor of the mysteries of Christ.

August 25 Apostles Batholemew and Titus

Troparion of the Apostles, tone 3 O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

Kontakion of the Apostle Titus, tone 2 Revealed as a companion of Paul, O ever memorable Apostle Titus the recounter of sacred mysteries, with him you preach to us the words of divine grace. Therefore we cry out to you: Never cease to pray for us all.

Kontakion of Bartholomew, tone 4 You became a great sun for the world, | shining with the radiance of doctrine and awesome miracles, | and illumining those who honour you, | O Bartholomew, || apostle of the Lord.

August 26 Martyrs Adrian and Natalia

Troparion, tone 4 In their sufferings, O Lord, your martyrs | received imperishable crowns from you, our God. | Armed with your might they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

Kontakion, tone 4 The divine commemoration of the martyrs has shone forth upon us and radiantly illumined all the ends of the earth with the gladness of those who sing: You are the joy of the martyrs, O Christ.

August 27 Venerable Pimen the Great

Troparion, tone 8 With the streams of your tears you cultivated the barrenness of the desert, | and with the sighs of your labours from the depths of your soul you brought forth fruit a hundredfold: | radiating miracles you are a shining light for the world. || O Pimen our father, entreat Christ our God that our souls be saved.

Kontakion, tone 4 Today has dawned the holy memory of your splendid struggles, O father, gladdening the souls of the pious, O divinely wise Pimen, our venerable father.

and the great martyr Phanourios of Rhodes

Troparia and Kontakia

Troparion, tone 4 A heavenly song of praise is chanted radiantly on earth; the company of Angels joyfully celebrates an earthly festival, and from on high with hymns they praise your struggle, and from below the Church proclaims the heavenly glory which you found by your labours and struggles, O glorious Phanourios.

Kontakion, tone 3 You saved the Priests from ungodly captivity, and broke their bonds by divine power, O godly-minded one; you bravely shamed the audacity of the tyrants, and gave joy to the orders of the Angels, O great martyr. Therefore, we honour you, O divine warrior, glorious Phanourios.

August 28 Venerable Moses the Black

Troparion, tone 1 You shone as a desert dweller, | a summit of ascetics and a reflection of the angelic life; | you were made radiant with the light of the Spirit, | O Moses, adornment of the righteous. | Therefore you unfailingly heal those who cry out: | Glory to him who has strengthened you; | glory to him who has crowned you; || glory to him who through you works healings for all.

Kontakion, tone 4 Having overcome the Moors and spat in the face of the demons, you shine forth immaterially like the radiant sun, directing our lives by the light of your life and your teaching.

And on the same day, the relics of Venerable Job of Pochaev

Troparion, tone 4 With the patient endurance of the long suffering forefather, and emulating the abstinence of the Baptist, you shared in the divine zeal of both and received their names, becoming a fearless preacher of the true faith. Therefore you led a multitude of monks to Christ, and confirmed the Orthodox faith of the people. Job our venerable father, pray that our souls be saved.

Kontakion, tone 4 You were seen to be a pillar of the true faith, a zealot of the commandments of the Gospel, the reproof of pride, and an intercessor and instructor for the lowly. Therefore, beg forgiveness of sins for those who bless you, and keep your monastery unharmed, O Job our father, the emulator of the long suffering one of old.

August 29 Beheading of John the Baptist

Troparion, tone 2 The memory of the righteous is celebrated with hymns of praise, | but the Lord's testimony is sufficient for you, O Forerunner. | You are truly proven to be even more venerable than the prophets | for you baptized in the running waters him whom they proclaimed. | Having contested for the truth, | you rejoiced to announce the good tidings even to those in Hades: | that God has appeared, incarnate, || taking away the sin of the world and granting us great mercy.

Kontakion of the beheading, tone 5 The glorious beheading of the forerunner was part of God's providence whereby he proclaimed to those in Hades the coming of the Saviour. Let Herodias who demanded the iniquitous murder therefore lament, for she loved not the law of God neither life unaging, but rather this false and transitory one.

August 30 Afterfeast of the beheading of St John the Baptist Alexander Nevsky

Troparion of St Alexander Nevsky, tone 4 As a Russian Joseph not reigning in Egypt but in heaven, | O Alexander the right-believing prince, | recognize your brothers and accept their entreaties. | Increase the harvest of your people through the fertility of your land | and protect the cities of your dominion by your supplications; | and with our Orthodox hierarchs || battle against all heresies.

Kontakion of St Alexander Nevsky, tone 4 As your kinsmen Boris and Gleb appeared to you, | bringing you help from heaven, O bless'd Alexander, | when you fought against Velgar the Swede and his warriors, | so now come to the aid of your people || and contend against those who wage war upon us.

August 31

Deposition of the Robe of the Mother of God

Troparion, tone 8 Ever-virgin Mother of God, the protection of mankind, | you have given your people a mighty legacy, the cincture which robed your honourable body | which has remained incorrupt through your seedless maternity; by which nature and time have been renewed. | We implore you to grant peace to your people and great mercy to our souls.

Kontakion, tone 4 Today your church celebrates the deposition of your precious cincture, | and it earnestly cries out to you, the exalted Lady: || Rejoice, O Virgin, the boast of Christians.

Troparion of the fathers of the Kiev Caves, tone 4 Let us honour today the noetic sun and the radiant moon, the first leaders of the Caves; illumining the firmament of the Church, with the whole assembly of the venerable, they enlighten those who languish in the darkness of the passions, and by their supplications grant help from Christ our God amid tribulations, and implore deliverance for our souls.

Kontakion of the fathers, tone 8 Venerable and holy ones of the Caves, favourites of God, | elect of the generations of men, who shone in the virtues upon these mountains: | earth did not conceal you, but heaven was opened to you as a dwelling in paradise: | on this day of your commemoration we offer praise to God who has glorified you. | As ones foremost before God, by your supplications deliver us from misfortunes, || for you are our helpers and mediators.

Troparia and Kontakia

The Common Troparia and Kontakia

For a Prophet *Troparion, tone 2* Celebrating the memory of your prophet *name*, O Lord, || through him we beseech you to save our souls.

For an Apostle *Troparion, tone 3* O holy apostle *name*, | intercede with the merciful God, || that he grant our souls remission of transgressions.

For Apostles *Troparion of the Apostles, tone 3* O holy apostles, | intercede with the merciful God, || that he grant our souls remission of transgressions.

For a Hierarch *Troparion, tone 4* Truly you were revealed to your flock | as a standard of faith, a model of humility and a teacher of abstinence. | Thus you reached the heights through lowliness | and wealth through poverty. || Holy hierarch *name*, pray to Christ our God for the salvation of our souls.

For Hierarchs *Troparion, tone 4* O God of our Fathers, | regard us ever according to your kindness; | take not your mercy from us, | but through the intercessions of these holy ones, || direct our lives in peace.

For a Monk *Troparion, tone 8* That which was created in the image of God was preserved in you, O Father, | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. || Therefore O venerable *name* your soul rejoices with the angels.

Another, tone 1 Dwelling in the desert as an angel incarnate, | you proved to be a worker of miracles, O God-bearing father, *name*. | Having received heavenly gifts through fasting, vigils and prayer, | you heal the infirmities and souls of those who come to you in faith. | Glory to him who gave you strength, ~| glory to him who crowned you; || glory to him who through you works healings for all.

For a Nun *Troparion, tone 8* That which was created in the image of God was preserved in you, O Mother; | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. || Therefore O venerable *name* your soul rejoices with the angels.

For Monastics *Troparion, tone 4* O God of our Fathers, | regard us ever according to your kindness; | take not your mercy from us, | but through the intercessions of these holy ones, || direct our lives in peace.

For a Martyr *Troparion, tone 4* In his suffering, O Lord, *name* your martyr | received an imperishable crown from you, our God. | Armed with your might, he cast down tyrants | and crushed the feeble audacity of demons. || By his intercession, save our souls.

For Martyrs *Troparion, tone 4* In their suffering, O Lord, your martyrs | received imperishable crowns from you, our God. | Armed with your might, they cast down tyrants | and crushed the feeble audacity of demons. || By their intercession save our souls.

For a Hieromartyr *Troparion, tone 4* You shared in the ways of the Apostles | and occupied their throne, | and your deeds were a passage to the divine vision, | O divinely inspired one. | Obedient to the word of truth, | you suffered for the faith even to the shedding of your blood, || O hiero-martyr *name* entreat Christ our God that our souls be saved.

For Hieromartyrs *Troparion, tone 4* O God of our Fathers, | regard us ever according to your kindness; | take not your mercy from us, | but through the intercessions of these holy ones, || direct our lives in peace.

For a Monk-martyr *Troparion, tone 8* That which was created in the image of God | was preserved in you, O Father, | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. | Therefore O venerable *name* || your soul rejoices with the angels.

For a woman martyr *Troparion, tone 4* Your martyr *name* loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you; | accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

For women martyrs *Troparion, tone 4* Having finished the race and kept the faith, | through martyrdom as reason-endowed sheep | you were lead to Christ the lamb and shepherd; | and so with joyous soul we celebrate your holy memory today, || magnifying Christ, O truly wondrous ones.

For a righteous woman *Troparion, tone 8* That which was created in the image of God was preserved in you, O Mother; | for taking up the cross you followed Christ. | By your deeds you have taught us to reject the flesh for it passes away, | but to care for the soul as a thing immortal. || Therefore O venerable *name* your soul rejoices with the angels.

For a Nun-martyr *Troparion, tone 4* Your martyr *name* loudly cries to you, O Jesus: | I love you, my bridegroom, | seeking you I pass through many struggles; | in your baptism I am crucified and buried with you: | I suffer for your sake that I may reign with you; | I die for you that I may live with you; | accept me as an unblemished sacrifice | as I sacrifice myself with love for you. || By her intercession save our souls, as you are merciful.

For a Confessor *Troparion, tone 8* Instructor of Orthodoxy, teacher of piety and purity; | beacon for the world and divinely inspired adornment of monastics: | O *name* most wise, you have enlightened all by your doctrines. || O harp of the Spirit, entreat Christ our God that our souls may be saved.

For the Unmercenary Healers *Troparion, tone 8* O holy unmercenaries and wonder-worker(s) *name or names*, visit our infirmities: | as you have freely received, so freely give to us.

For a Fools for Christ *Troparion, tone 1* Harkening to the voice of Paul your apostle, | saying: We are fools for the sake of Christ; | your servant *name* became a fool on earth for your sake, O Christ our God. |~ Therefore, as we honour his memory, || we entreat you, Lord, to save our souls.